



**Congregation Tifereth Beth David Jerusalem**

TIFERETH JERUSALEM • BETH DAVID • BETH YITZCHOK • KEHAL YESHURIN

בס"ד

## ק"ק תפארת בית דוד ירושלים

6519 Baily Road, Côte Saint-Luc, Québec H4V 1A1 Canada

514-489-3841 ■ director@tbdj.org ■ www.tbdj.org

Rabbi  
Yechezkel Freundlich

Chazan Sheini  
Reverend Amiel Bender

President  
Jonathan Gal

Executive Director  
Joyce Reinblatt

## Shabbat Parshat Vayak'hel Pekudei / Parshat Parah

### שבת פרשת ויקהל-פקודי / פרשת פרה

*Rosh Chodesh Nisan 5778: Shabbat March 17 ראש חודש ניסן ה'תשע"ח*

*Daylight Saving Time begins the morning of Sunday, March 11 – "spring" forward one hour*

### Erev Shabbat, Friday, March 9

- 5:20pm: Mincha and Kabbalat Shabbat –  
Emet L'Yaacov Sephardic Minyan of TBDJ
- 5:34pm: Candle Lighting
- 5:35pm: Mincha and Kabbalat Shabbat –  
Main Sanctuary
- 5:52pm: Sh'kiah

### Shabbat, March 10 / כג אדר ה'תשע"ח שבת פרשת ויקהל-פקודי / פרשת פרה

- 8:00am: Shacharit – Hashkama Minyan – Library
- 8:30am: Shacharit – Sephardic Minyan – Chapel
- 8:40am: Chumash Shiur with Rabbi Freundlich
- 9:00am: Shacharit – Main Sanctuary
- 9:11am: Sof Zman K'riyat Shma
- On hiatus: Youth Minyan with Rabbi Shostak
- 10:00am: "Camp Ilan @ TBDJ" Shabbat Programs
- 4:30pm: Daf Yomi
- 5:20pm: Mincha and Seudah Shleesheet
- 5:54pm: Sh'kiah / 6:37pm: Havdala

Thank You

תודה רבה

...to Olivia & Laurent Oiknine for sponsoring today's  
Sephardic Minyan Kiddush in memory of David Knafo  
(David ben Nisim ז"ל).

### Community News

### חדשות הקהילה

Mazal Tov to Batsheva Brodt, Emma Israel, Liela Silbiger, Lieba Bacher-Spitzer and Ashley Steinberg on becoming B'not Mitzvah on Sunday, March 11 with the Hebrew Academy 5778 Bat Mitzvah Program. Proud parents are Karen & Abba Brodt, Elizabeth & Meir Israel, Jacqui & Michael Silbiger, Carrie & Avi Spitzer and Jennifer & Jeffrey Steinberg.

### Service Times and Weekly Programs

#### Mincha / Maariv:

Sunday, March 11 to Thursday, March 15 =  
6:40pm Daylight Saving Time

#### Shacharit:

Sunday = 8:00am and 9:00am (due to change of clocks)  
Monday and Thursday = 6:50am  
Tuesday, Wednesday and Friday = 7:00am

#### Daf Yomi in the Library

Sunday = 7:15am / Monday to Friday = 6:15am  
Second Daf Yomi follows Shacharit Mondays to Fridays

Parsha of the Week "Lunch and Learn" Class  
with Rabbi Freundlich in the TBDJ Library  
Wednesdays

Light buffet lunch begins at 11:30am, class begins at 12:15pm.  
No charge for class, \$10 cash "at the door" for lunch.

Pre-Pesach Gemara Shiurim with Rabbi Freundlich  
"Leaning to the Left, and the Four Cups of Wine"  
Thursdays at 8:00pm in the TBDJ Library.  
March 8, 15 and 22.

#### Erev Shabbat, Friday, March 16

#### Mincha and Kabbalat Shabbat

Emet L'Yaacov Sephardic Minyan of TBDJ = 6:30pm  
Main Sanctuary = 6:45pm  
Candle Lighting = 6:43pm / Sh'kiah = 7:02pm

**Chazan Sheini Amiel Bender is available  
for Mechirat Chametz every weekday  
after Shacharit & Mincha / Maariv services  
up until Wednesday, March 28.  
Feel free to write [amiel@tbdj.org](mailto:amiel@tbdj.org)  
if you require further information.**

# PARENTING CAN BE A PLEASURE!

## 3-PART SERIES WITH RABBI FREUNDLICH

Parenting young kids doesn't have to be stressful. Drawing on classic Torah sources as well as noted authors Faber and Mazlish, the Love and Logic technique and more, Rabbi Freundlich will lead 3 sessions of parenting tools and strategies aimed at bringing the pleasure back to parenting.

Focused on children ages 2-10. Sessions will be Tuesday nights at various homes, and will be available as a live stream for those who can't attend in person.

## Next Session:

*Raising Responsible Kids –  
Your Children's Mistakes are  
their Greatest Gift!*

Tuesday, March 13, 8:30pm

Hosted by

Dahlia & Michael Hollander,  
6863 Emerson in Cote St. Luc

Can't attend? Watch the shiur  
live on our YouTube Channel!



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# ROSH CHODESH PROGRAM FOR WOMEN

ניסן - Nisan 5778



## ROSH CHODESH NISAN PROGRAM

with

Rabbi Yechezkel Freundlich

Wednesday, March 21 8:00pm

Hosted by Elizabeth Israel

78 Hampstead Road, Hampstead

Please email us at [roshchodesh@tbdj.org](mailto:roshchodesh@tbdj.org) to let us know you're coming

# The Kaddish Circle

The "Kaddish Circle" is designed for people who are  
within their year of mourning the loss of a loved one.

This group meets once a month with  
Rabbi Freundlich to study a short but relevant Torah  
teaching about mourning and grieving, and to allow  
people to share their experience in a constructive,  
meaningful and comforting way.



## Next Sessions:

Sunday, March 18

Sunday, April 22

10:00am-11:00pm in the library

Write [rabbifreundlich@tbdj.org](mailto:rabbifreundlich@tbdj.org)  
to let him know you will attend.



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[WWW.TBDJ.ORG](http://WWW.TBDJ.ORG)



## More TBDJ Programs and Events



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514-489-3841 [director@tbdj.org](mailto:director@tbdj.org)

### **בואו נלמד עברית !!!**

**Hebrew Classes with Mora Cheryl Bender**  
**Spring 5778 Session**  
**\$90 for nine classes.**



#### **Beginners' Class**

**For novice students  
with no knowledge of Hebrew!**

**Tuesdays, 7:00pm-8:00pm**

**April 10 to June 12**

**(except no class on April 17)**

**Pre-registration required.**

**Go to**

**[tbdj.org/Hebrew5778spring](http://tbdj.org/Hebrew5778spring)**

#### **Intermediate Class**

**For students with a basic  
knowledge of Hebrew letters  
and basic reading skills.**

**Wednesdays, 7:00pm-8:00pm**

**April 11 to June 13**

**(except no class on April 18)**

**Pre-registration required.**

**Go to**

**[tbdj.org/lvrit5778spring](http://tbdj.org/lvrit5778spring)**

## **להתראות!**

*Programs and Events in the Jewish Community*



Come to  
BNEI AKIVA MONTREAL'S  
**Snif**

BNEI AKIVA  
SHABBAT PROGRAMMING

GRADES  
**1-6**

**MARCH 10**

**SNIF BEGINS AT 5:45 PM | PICKUP AT 6:45 PM**

**WALKING GROUPS:**

**TBDJ - LEAVING 5:20 PM**

**BETH ZION - LEAVING 5:20 PM**



*Parents please pick up ON TIME*



Nefesh  
B'Nefesh

# ALIYAH FAIR 2018 MONTREAL

**MARCH 13<sup>TH</sup>**  
GELBER CONFERENCE CENTRE

YOUR **CHANCE TO LEARN**  
ABOUT ALIYAH.

YOUR **OPPORTUNITY TO MEET**  
ISRAELI VENDORS, & COMMUNITY REPRESENTATIVES.

YOUR **DAY TO ENGAGE**  
WITH OTHER ALIYAH-MINDED PEOPLE.

## ALIYAH: IT'S YOUR MOVE

**TUESDAY, MARCH 13, 2018 • 5:00-9:00PM**

GELBER CONFERENCE CENTRE • 5151 CHEMIN DE LA CÔTE-SAINTE-CATHERINE, MONTRÉAL

[WWW.NBN.ORG.IL/YOURLMOVE](http://WWW.NBN.ORG.IL/YOURLMOVE)

Nefesh  
B'Nefesh

WORKING IN PARTNERSHIP TO BUILD A STRONGER ISRAEL THROUGH ALIYAH



הסוכנות היהודית  
JEWISH AGENCY  
FOR ISRAEL



JEWISH  
NATIONAL  
FUND  
USA



**It's that time of year again!**

**Order your**

# **Passover Baskets**

**before they are all sold out!**

Each basket contains Kosher for Passover food and an assortment of gift items that everyone will love.

Makes a wonderful gift for family, friends,  
business contacts and more!

**\$50 each includes FREE DELIVERY**

**ORDER DEADLINE March 16  
or while quantities last.**

Delivered the week of March 25, in time  
for Erev Passover March 30.

**To order: call 514-933-8461, email [info@montreal.chw.ca](mailto:info@montreal.chw.ca),**

**Online: [www.chw.ca/montreal](http://www.chw.ca/montreal)**

**Include your children or grandchildren as Mini-Matzohs  
on the attached honour scroll (\$5/name)**

*The proceeds from this project support CHW programs and services for  
Children, Healthcare, and Women in Israel and Canada.*



## PASSOVER MITZVAH MEAL CARDS

### HELP A SENIOR IN NEED THIS PASSOVER

Looking for a meaningful way to honour your family and friends? Your contribution to the CJCS Foundation's Mitzvah Meal Program will provide nutritional meals to seniors in need. We will mail a beautifully designed customized card to acknowledge your generous donation.

#### Cards begins at \$18:

**\$18** = 2 Meals on Wheels

**\$36** = 4 Meals on Wheels

**\$54** = 7 Meals on Wheels

*\*Income tax receipt will be issued for full amount of donation*

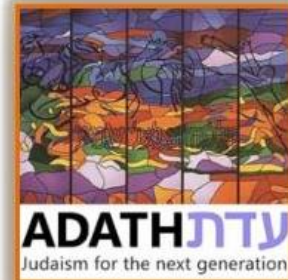
**The deadline to ensure delivery before  
Passover is Friday, March 23.**



**TO ORDER CALL 514.734.1769**

**[CUMMINGSCENTRE.ORG/MITZVAHMEALS](http://CUMMINGSCENTRE.ORG/MITZVAHMEALS)**





**B'NAI BRITH QUEBEC COMMUNITY VOLUNTEER SERVICES  
AND THE ADATH SYNAGOGUE  
ARE PROUD TO ANNOUNCE**

**SUNDAY MUSIC BRUNCHES FOR SENIORS**  
**SUNDAY, MARCH 11TH**  
**10:30AM – 1:30PM**

**A DELICIOUS KOSHER BRUNCH WILL BE SERVED  
AND MUSIC WILL BE PROVIDED BY  
GRAMMY AWARD WINNER JENNIFER GASOI!!**



**SINGING, DANCING, EATING & SHMOOZING INCLUDED!**  
**THE ADATH SYNAGOGUE: 223 HARROW, HAMPSTEAD QC H3X 3X7**  
**TO RESERVE YOUR SEAT PLEASE CALL: 514-482-4252 EXT#1**  
**ENTRANCE FEE: \$10.00 DROP-INS ARE WELCOME!**



**JE VEUX QUE TU TE RAPPELLES ... UNE ENFANCE PERDUE**

***I WANT YOU TO REMEMBER ... A CHILDHOOD LOST***



# **YOM HASHOAH**

## **יום השואה**

**COMMÉMORATION, MERCREDI 11 AVRIL 2018 À 19H30**

**COMMEMORATION, WEDNESDAY, APRIL 11, 2018 AT 7:30 PM**

Congregation Tifereth Beth David Jerusalem (6519, ch. Baily, Côte St-Luc)

[info@museeholocauste.ca](mailto:info@museeholocauste.ca) (514) 345-2605



**Musée Holocauste Montréal**  
**Montreal Holocaust Museum**

# MAKE THIS YOUR BEST. SUMMER. EVER.



## SPEND IT IN ISRAEL

**Experience four weeks in Israel.**

Visit numerous historical sites in Israel plus jeeping, rappelling, snorkeling, torpedo boating and more.

### **THE JERUSALEM JOURNEY (TJJ)**

is the most affordable and highest quality Israel summer trip for Jewish teens.

Find out how you can be a part of this amazing journey!

**LEARN MORE AND REGISTER:  
SUMMER.NCSY.ORG**

Mindy Zobin: [mindy@ncsy.ca](mailto:mindy@ncsy.ca)

