



SUGGESTED PACKING LIST

Pack wisely and be sure to pack lightly! If you can't lift it yourself, then you have too much stuff in your bag!

For visits to religious sites and areas, we recommend that you bring some modest clothing. This means skirts or pants that hit below the knee for women (a wrap-around skirt that can be easily worn over clothes is a great solution), kippot (or some other head covering) for men, and shirts covering shoulders for both men and women.

You will need a day pack to carry with you on the bus and you may want to pack it with writing materials if you're keeping a journal, camera, hat, water bottle, medicine, a sweatshirt, etc. basically stuff that you'll want during the day.

Be sure to pack enough prescription medication for the ENTIRE trip (please pack this in your carry-on) plus an extra supply in your check-in luggage. We also recommend bringing a spare prescription.

The summer weather in Israel can vary a great deal from very hot and very humid on the coast, to cool and dry desert evenings. Temperatures can reach the 100s or fall as low as the 60s. Please bring suitable clothing for the hot summer days and possibly cool nights of Israel. In other words, bring layers! We recommend checking the weather prior to arrival as well at <http://www.accuweather.com/en/il/tel-aviv/215854/weather-forecast/215854>

MISCELANEOUS ITEMS

- Hats
- Sunglasses
- Sunscreen
- Toiletries (shampoo, toothbrush, etc.)
- Insect Repellent
- Travel alarm clock
- Adapter for electrical appliances
- Camera, memory card and batteries
- Plastic bag for wet or dirty clothes
- Small books/reading material for the bus
- Water bottle
- Bathing suit
- Comfortable walking sneakers (super important!)
- Water shoes (1 pair- necessary for water hike and recommended for Dead Sea. For water hike you cannot use sandals and you don't want wet sneakers)
- Sandals (for the beach & pool)



- Backpack (for daily activities)

Miscellaneous:

- **Extra Copy of Passport:** A good idea is to bring a copy of your passport and photo ID to Israel with you in case of emergency. A copy of these important documents can only be helpful!

Be sure to adhere to security guidelines about liquids in your carry-on luggage. And if you forget anything, don't panic. You can purchase what you might need in Israel!

Sincerely, The Israel Experts Team