

## A Practical Guide to Proper Observance of the Nine Days

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### Until When Do the Laws Apply?

- 1) The nine days from Rosh Chodesh Av through Tisha B'Av are a time of increased mourning over the destruction of the Beis Hamikdash<sup>א</sup>.
- 2) As such, custom prohibits eating meat, drinking wine, laundering clothes, and bathing during this time<sup>ב</sup>.
- 3) It is proper to continue these restrictions until midday on the 10<sup>th</sup> of Av, as the Beis Hamikdash, though lit on fire on the 9<sup>th</sup>, was still burning throughout the 10<sup>th</sup><sup>ג</sup>.
- 4) However, in a year such as this, when the 9<sup>th</sup> of Av is on Shabbos and the fast is pushed off until Sunday, once the fast ends at nightfall all the restrictions are lifted, though it is still proper to refrain from eating meat and drinking wine until the next morning<sup>ד</sup>.
- 5) Therefore, this year, the restrictions of the "Nine Days" are in effect from sunset on August 1 until nightfall on August 11th (for most of the above mentioned restrictions) and until sunrise on August 12th (for meat and wine).

*Note: This column is not comprehensive; please consult your Rav for more details.*

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<sup>א</sup> שו"ע או"ח סימן תקנ"א ס"א.  
<sup>ב</sup> שו"ע סימן תקנ"א ס"ט ומ"ב ס"ק נ"ח.  
<sup>ג</sup> שו"ע ורמ"א או"ח סי' תקנ"ח.  
<sup>ד</sup> שם ומ"ב שם ס"ק ד', וע"ש בשעה"צ ס"ק ז'.