

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Meyer Keslassy
Vice President
Isaac Cohen

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Chief Rabbi
Haham Amram Assayag
Hazan
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch

Perashat Nitzavim פרשת נצבים
Shabbat September 8th, 2018, כח' אלול תשע"ח / 28 Elul 5778
Perasha Page 1086 Haftara 1202 in Artscroll

Shabbat Prayer Times

שיר השירים Shir Hashirim	7:15 p.m.
מנחה Minha	7:30 p.m.
קבלת שבת Kabalat Shabbat	7:45 p.m.
הדלקת נרות Candle Lighting	7:25 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikim	5:50 a.m.
שחרית (Main Synagogue/Barechu:9:35) Shacharit	8:30 a.m.
דף יומי Daf Yomi	5:00 p.m.
שעור רמב"ם Rambam Shiur	5:45 p.m.
תהלים Tehilim	6:30 p.m.
מנחה Minha	7:00 p.m.
שבת שבע טוב Shabbat Ends	8:24 p.m.

Ereb Shabbat, Friday September 14th, 2018
Minha 7:15 p.m. (Candle Lighting 7:12 p.m.)

Weekday Services at Medrash Torah Vehayim

<i>שחרית Shacharit Sunday</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.
<i>שחרית Shacharit Weekdays</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
מנחה Minha	7:20 p.m.
ערבית Arbit	8:00 p.m.

Shabat Zemanim- Netz- נץ- 6:49 am, Keriat Shema- שמע- 9:26 am, Shekia- שקיעה- 7:41 pm

Mazal Tov

To Mr. and Mrs. Roman and Camille Esther Yakobov on the birth of baby girl
Proud Grandparents: Mr. and Mrs. Joseph and Mercedes Beniluz, Mr. and Mrs. Simon and Miri Yakobov
Proud Great-Grandparents: Mr. and Mrs. Samuel and Gracia Keslassy and Mrs. Camila Beniluz.

Kiddush

This Shabbat Kiddush is sponsored by **Mr. and Mrs. Roman and Camille Esther Yakobov** in celebration of the birth of baby girl and the baby naming.
Everyone is welcome

Seuda Shelishit

This Shabbat, Seuda Shelishit is sponsored by:
Meyer Keslassy, in loving memory of his mother-in-law Emma Bitton ז"ל
Simon Sabbah, in loving memory of his wife Ruth Sabbah ז"ל
Isaac and Giny Abitbol, Joseph Abitbol and Jacques and Rebecca Ponte, in loving memory of their father Armando Abitbol ז"ל
Warren and Miriam Essebag, in loving memory of his mother Mercedes Essebag ז"ל
Meyer and Suzy Benchetrit, Jacob and Lucie Benchetrit, in loving memory of their mother Messody Benchetrit ז"ל.
Everyone is welcome.

To increase participation during Tefila, this bulletin should not be read during the conduction of prayer services.
This bulletin must be discarded in a proper Geniza. 7026 Bathurst Street Thornhill, Ont. L4J 8K3
Tel: (905) 669 7654 Fax: (905) 669 5138

Nahalot

Emma Bitton ל"י 29 Elul/ Sunday September 9th

Shalom Attias ל"י, Ruth Sabbah ל"י 1 Tishrei/ Monday September 10th

Mercedes Essebag ל"י, Armando Abitbol ל"י 2 Tishrei/ Tuesday September 11th

Messody Benchetrit ל"י 4 Tishrei/ Thursday September 13th

Meyer Rudik ל"י 5 Tishrei/ Friday September 14th

Nahalot for the following week

Djamile Malinowicz ל"י 6 Tishrei/ Shabbat September 15th

Mordechai Bensalmon ל"י 7 Tishrei/ Sunday September 16th

Yamin Beniluz ל"י 8 Tishrei/ Monday September 17th

Avraham Aaron Senechal ל"י 9 Tishrei/ Tuesday September 18th

Reuben Benquesus ל"י, Perla Amar ל"י 10 Tishrei/ Wednesday September 19th

Perla Ohana ל"י 11 Tishrei/ Thursday September 20th

Synagogue News

Condolences

Our deepest and most sincere condolence to Mrs. Odette Bitton on the passing of her beloved husband Mr. Claude Bitton and to his children Mrs. Michelle Moyale her husband Serge and to his sons Adam and Avi. May his Neshama rest in Gan Eden, Amen.

Selichot

Selichot services will begin 45 minutes before each respective Shaharit minyan.

Dues & Pledges

As we approach Rosh Hashanah, we ask everyone to make an effort to settle their accounts for past pledges and dues. Statements were sent out last week but if you need to know your balance, please call the office or send an e-Mail to social@kehilacentre.com.

Annual Communal Selihot Services

Come join the entire Sephardic Community for our annual inspirational night of Selihot, Motsae Shabat, September 16th at 12:30 a.m..



Weekly Classes at Abir Yaakov

Daf Yomi

Please join us daily for Gemara Daf Yomi with Haham Assayag, one hour before Minha in the Midrash upstairs.

Tuesday Night LIVE with Tomer Malca

Please join Tomer Malca on Tuesday nights in the Midrash at 7:30 PM. for a shiur on relevant halacha topics of the day.

Night Yeshiva - Wednesday Nights at 8pm

Attention high school and university boys: Come and enjoy a learning session followed by an intense game of basketball. Every Wednesday beginning at 8pm. Special activities and trips take place bimonthly. For more information contact Yossi Azulay or Isaac Nacson.

Kollel Yismach Moshe

Please join us every Wednesday night at 8:20 PM upstairs in the Midrash for a very inspiring learning experience with the Avreichim of the Kollel Yismach Moshe. Topics will vary.

Kehila Boys Mishmar Program- Grades 5-8

Boys Grades 5-8, come out for a great time and see your friends from all schools! Every Wednesday we'll be meeting in the Red Room at 7:00 PM for some learning, snacks and prizes followed by our own basketball league in the gym.

For any questions or for sponsorship opportunities, please contact yosazulay@gmail.com

If you have a Mazal Tob that you would like to share with the congregation or if you have a change of address or email please contact the office at (905) 669-7654 Ext. 1.

Please be advised that the cutoff time for insertion in the bulletin is Wednesday at 4:00 p.m.

This bulletin is printed courtesy of Print Three Concord (905) 738-5682.

INSIGHTS ON THE TORAH By HAHAM AMRAM ASSAYAG

Shabat Nitzabim

The Hachamim always cared not only for the spiritual well being of the Jew, but also for his physical well being. Thus we find that the Mekubalim composed certain Tefilot and Segulot that protect the person from difficult and painful occurrences that

G-d forbid, one may find in the world.

Among these Tefilot we find the service of Tikun Karet composed by the Mekubal Rav Hida (Rebbe Chaim Yosef David Azulay) which purposes to protect a person from a sudden or untimely death. May Hashem preserve everyone "Amen". The services held through the entire night were Mishnayot, Rambam, and the entire Book of Tehilim are recited, added to the Tikun Hasot that is recited daily at midnight for the destruction of the Beth Hamikdash. In fact, this Tikun was established right after Arbit ending with Tefilah. The Hachamim also tells us that although this can be said any night, Thursday night is a preferred time. Being impractical for us due to our occupations, the service takes place on Motzai Shabat. However, this causes a problem as the Halacha states that the spirit of Shabat extends until midnight and one must avoid services that are not of that spirit. Undoubtedly, some Hachamim allow it after Shabat because it is merely the study of Torah. Nevertheless, due to practical reasons, and not to find ourselves in a situation of doubt we begin our services of Tikun Karet at the time of midnight according to Halacha.

Hatarat Nedarim: To make promises or even to state the intention of doing some actions and not fulfilling them even unintentionally is considered a grave transgression. Therefore, it is our custom to annul all promises that we may have made before Rosh Hashana by Hatarat Nedarim and once before Yom Kippur with Kol Nidre.

TORAH BITES By RABBI KADOCH

Nitzavim 5778 – It's not just in the heart

"והתברך בלבבו לאמר שלום יהיה לי" (כט:יח)

"He will bless himself in his heart saying: I will be at peace."
(29:18)

Rav Yehuda Tzadka, the famed Rosh Yeshiva from Porat Yosef used to say that the aforementioned pasuk was the justification for the irreligious to boost their claim that the performance of mitzvot is unnecessary, "for as long as a Jew has a **good heart**, then he's doing what's right." I'm not going to dare speak against the qualities that come with having a "good heart" for that is clearly the prerequisite for building any spiritual connection with God. However, under no circumstance does such a thought replace the need for actual performance of mitzvot. It's unfortunate that there are countless Jews in the world that firmly believe that kindness and good-heartedness is suffice when serving God. There is no greater connection to the Omnipresent then performing his commandments. The power and effect of a mitzva simply cannot be measured.

Rav Shalom Schwaradron once gave a parable to explain this oversight. Imagine a man walks into a hospital and sees a person groaning in pain. He is without arms or legs and most of his body is in shambles. The man asks the sick patient, "What did the doctors say about your heart?" To which the sick man answers: "They said the heart is fine." The man replies, "If so, why are you groaning? Your heart is healthy!" The message is sharp and direct. Don't let your "healthy heart" supersede the fact that you don't take physical action in the performance of mitzvot. Sending Rosh Hashana flowers to your neighbor is beautiful thing to do, but it doesn't take the place of attending synagogue and listening to the Shofar. Wishing you friend "Hag Sameah" is a kind gesture and should be emulated by everyone, but don't compare it to the actual building and sitting in a Sukkah. As we look forward to the upcoming Day of Judgment let's not ignore the obstacles that keep us from growing spiritually higher. Let us build on our goodheartedness to add many many mitzvot to our resume. With that combination, we'll

be sure to receive a year of blessing and good fortune. Shana Tova!

HALACHA CORNER By RABBI ELI MANSOUR

Rosh Hashanah – Changing the Parochet: Customs of the Night of Rosh Hashana

It is customary to exchange the Parochet in the synagogue with a white Parochot for the period of the Yamim Nora'im, as white symbolizes the purity of repentance, when we clear away the sins from our record. The obligation of "Mosifin Me'hol Al Ha'kodesh" – to add some time onto the holiday – applies on Rosh Hashanah just as it does on Shabat. This means that we should begin the holiday several minutes before sundown, rather than waiting until sunset to accept the onset of the Yom Tob. One should enter the synagogue on the night of Rosh Hashanah with a sense of awe and dread, recognizing that the judgment is getting underway. Although the actual judgment of Rosh Hashanah does not take place until the daytime, the night of Rosh Hashanah is when the chairs are being set up in the heavenly courtroom, so-to-speak, and this realization should bring awe and fear as we begin the evening service on the night of Rosh Hashanah. The Arbit service should be recited with intense feeling and concentration.

It is customary to sing the "Ahot Ketana" hymn on the night of Rosh Hashanah. The refrain of this hymn, "Tichleh Shana Ve'kileloteha," is taken from the Gemara in Masechet Megila (31), and means, "The year shall end along with its curses." The plain meaning of this sentence is that it expresses our wish that the end of the year shall bring an end to all our hardships and difficulties. However, the students of the Arizal taught that the term "curses" here also refers to our sins, and means that we hope the end of the year marks the end of our wrongful behavior. Likewise, the concluding passage of the hymn, "Tahel Shana U'birchoteha" – "The year shall begin along with its blessings" – refers to both material and spiritual blessings, expressing our hope that the new year shall bring success and prosperity, as well as spiritual achievement and the fulfillment of the Mivot.

Can a Man Represent His Wife in Hatarat Nedarim?

Is it permissible for a man to represent his wife for hatarat nedarim?

Usually, a person must stand before a beit din of three men and ask for an absolution of his vows, known as hatarat nedarim. The Shulhan Arukh (234:56) rules that a husband may serve as a shaliach (agent) for his wife and to absolve her vows. The Taz (46) explains that he may do this based upon the principle of "ishto kegufo," which teaches that a man's wife is like him for certain laws. It is, however, important that the husband informs the beit din that he is acting as her agent and that he specify her vow. The Ben Ish Hai (Rav Paalim 4:34) rules that only a husband can serve as his wife's agent for hatarat nedarim.

The halacha also says that the husband should not gather a beit din, rather, he may only approach them to absolve the vows of his wife if they were already assembled..

Summary: A husband can represent his wife in front of a beit din and perform hatarat nedarim, as long as the beit din is aware that he is absolving her vows, and that he specify his vows to the beit din.

High Holidays Schedule

Rosh Hashana Eve Sun. Sept. 9th

Candle lighting 7:20 p.m.
Minha 7:20 p.m.

1st Day Rosh Hashana Mon. Sept. 10th

Shaharit 8:30 a.m.
Minha 7:15 p.m.
Candle lighting After 8:20 p.m.

2nd Day Rosh Hashana Tues. Sept. 11th

Shaharit 8:30 a.m.
Minha 7:15 p.m.
Hag Ends 8:20 p.m.

Erev Yom Kippur Tues. Sept. 18th

Minha 2:00 p.m.
Candle lighting 7:00 p.m.
Kal Nidre 6:45 p.m.

Yom Kippur Wed. Sept. 19th

Shaharit 8:00 a.m.
Minha 4:00 p.m.
Neila 6:40 p.m.
Shofar 8:03 p.m.

Wishing you all a Shana Toba with good health,
long life, joy and happiness

לשנה טובה תכתבו לחיים טובים ולשלום

Please be informed that security will be in place on the High Holidays and everyone will be required to have a ticket in order to enter the building.

Hatarat Nedarim

We will be doing Hatarat Nedarim following each respective Shaharit Minyan on Erev Rosh Hashana, Sunday September 9th and on Erev Yom Kippur, Tuesday September 18th.

Tashlich

For those who are walking, we will meet at the synagogue and walk to Tashlich on Monday October 3rd at 6:00 p.m. For those who are not walking, Tashlich will be held at Abir Yaakob at 6:50 p.m.

Shabat Teshuba Derasha with Haham Amram Assayag

Join us next Shabbat, September 15th, as Haham Amram Assayag will deliver the Shabbat Teshuba Derasha in the main Sanctuary at 5:45 p.m., followed by Tehilim at 6:15 p.m. and Mincha at 6:45 p.m.

Kaparot

We will be doing Kaparot Tuesday September 18th at 5:30 a.m. People are able to participate by giving in names to the office with the submission of a small donation.

Tzom Gedalia

Tzom Gedalia will take place on Wednesday September 12th. Fast starts 5:40 a.m. Mincha will be at 7:00 p.m. Fast ends 8:15 p.m.

Daf Yomi Schedule for Rosh Hashana

1st day - 6:00 p.m., 2nd day 6:30 p.m.

Erev Yom Kippur Mikveh

Mikve for Men: The Mikve will be available for all men on Erev Yom Kippur, Tuesday September 18th, between the hours of 2:30 p.m. - 4:30 p.m. Please bring your own towels. Free for members, \$15 per non-member.