



Sephardic Kehila Centre

יגדיל בתורת א-להינו ירבה בתוך הקהילה

Abir Yaakob Congregation

Rabbi
Rabbi David Kadoch

Rabbi Emeritus
Hacham Amram Assayag

President
Jimmy Keslassy

Vice President
Isaac Cohen

Shaliach Tzibur
Marc Kadoch

Parnas
Avi Azuelos



Shabbat Bo
January 20th 2024 | 10 Shevat, 5784
Parasha pg. 340 | Haftara pg. 1151

פרשת בא
"שבת תשפ"ד"

Shabbat Zemanim: Netz - - 7:46 am | Keriat Shema - - 10:07 am | Amida - - 10:54 am | Shekia - - 5:11 pm

Shabbat Services

מנחה Minha - Main Synagogue	4:50 pm
הדלקת נרות Candle Lighting / Mizmor Shir	4:52 pm
שחרית מנין החיד"א (וטיקין) Shacharit Ha'Hida Vatikim	6:45 am
Shiur Hilchot Tefila	8:15 am
שחרית Shacharit - Main Synagogue	8:45 am

תהלים Tehilim	4:00 pm
מנחה Minha	4:30 pm
שבוע טוב Shabbat Ends	5:59 pm

Mazal Tov!

Abraham and Gabrielle Cohen on the birth of a baby boy

Proud Grandparents: Mr. & Mrs. Samuel and Elvy Cohen, Mr. & Mrs. Samuel and Vanessa Kadoch-Attias

Proud Great Grandparents: Mr. and Mrs. Albert and Esther Pinto, Mr. Levy Attias, Mrs. Shoshana Stein and Mr. Eliyahu Galor

Ayden Jacoby on celebrating his Bar Mitzvah

Proud Parents: Mr. & Mrs. Roy and Liraz Jacoby

Proud Grandparents: Mr. & Mrs. Moshe and Vera Jacoby and Mr. Tsvi Kabessa

Ben and Elsa Chevlin on the birth of a baby boy

Proud Grandparents: Mr. & Mrs. Jacob and Laurence Cohen, Mr. & Dr. Brian and Jill Chevlin

Proud Great Grandparents: Ms. Tany Cohen, Mr. & Mrs. Elisha & Solange Attias, Mr. & Mrs. Jack & Ethel Chevlin, Mrs. Arlene Schwartz

Happy Anniversary!

- Ari & Annie Benlezhrah
- Menahem & Rachel Azulay

Happy Birthday!

Adam Joe Dwek, Philip Stewart Dwek, Haim Joseph Moryousef, Eva Cohen, Tamar Kadoch, Jamie Afriat, Avi Benlezhrah, Ella Benquesus, Talia Luna Azoulay, Devora Arrobas, Biba Atara Benquesus, Joseph Mordechai Rothenberg, Hadassa Bohbot, Aaron Serruya

Weekday Services

Sunday	
וטיקין Vatikim	45 min before sunrise
מקדימים Makdimim*	8:00 am
קבועים Kevuim	9:00 am
*Rosh Hodesh 7:45am	

Monday - Friday

וטיקין Vatikim	45 min before sunrise
מקדימים Makdimim*	6:30 am
קבועים Kevuim*	8:00 am
מנחה Minha	5:05 pm
ערבית Arvit	18 min after sunset
*Rosh Hodesh 6:25am/7:45am	

Nahalot This Week

Shabbat 10 Shevat – January 20th | Sara Benarroch ז"ל, Emil Perez ז"ל

Sunday 11 Shevat – January 21st | Ayouch Azoulay ז"ל, Yaakob Cohen ז"ל

Tuesday 13 Shevat – January 23rd | Abraham Bentolila ז"ל, Mojluf Ruah ז"ל, Rabbi Shmuel Edery ז"ל

Friday 16 Shevat – January 26th | Alegria Benmaman ז"ל

Nahalot Next Week

Shabbat 17 Shevat – January 17th | Elie Oziel ז"ל

Sunday 18 Shevat – January 18th | Fortuna Benisty ז"ל, Fortuna Mazal Tov Oziel ז"ל, Cyla Goldlust ז"ל, Misa Dvash ז"ל, Sol Zagury ז"ל, Moses Benhaim ז"ל

Monday 19 Shevat – January 19th | David Amirian ז"ל, Rachel Sabbah ז"ל, Rebecca Abitbol ז"ל

Tuesday 20 Shevat – January 20th | Jacob Benaim ז"ל, Miryam Wolf ז"ל

Wednesday 21 Shevat – January 21st | Eliyahu Edery ז"ל

Friday 23 Shevat – February 2nd | Marcelle Simcha Aboudi ז"ל

Synagogue News

Avot U'Banim

Avot U'Banim resumes this week at 7:00 pm.

Pizza, prizes and more!

Shabbat Kiddush

This Weeks Congregational Kiddush is Sponsored By:

- Mr. & Mrs. Roy and Liraz Jacoby in honor of their son Ayden's Bar Mitzvah.

Everyone is Welcome

Seuda Shelishit

This Week's Seuda Shelishit is Sponsored By:

- Mr. & Mrs. Messod and Alegria Bentolila in memory of his father Abraham Bentolila ז"ל
- Mrs. Biba Benquesus & Mrs. Mercedes Bendayan in memory of their mother Alegria Benmaman ז"ל

Everyone is Welcome

Early Risers, Early Gainers

Join Rabbi Kadoch Shabbat mornings at 8:15 am for an informative shiur on Hilchot Tefila using the sefer Peninei Halakha. Coffee and tea are available.

Tefilot and Piyutim

The young boys of the community, led by Adam Ohayon, continue learning the songs and melodies that make our services unique. To have your child participate, bring him 30 minutes before Minha on Shabbat afternoon.

Parasha Prisms

Discover the timeless wisdom embedded in our sacred parashiyot and learn how to apply it to your everyday life. Let's come together to explore, reflect, and strengthen our connection to our Torah and Jewish values. Every Monday at 7:30pm

Special Shiur by Efi Palvanov

Join Efi Palvanov and his exciting series of classes every other week on Wednesdays in the Downstairs Synagogue.

The next class is next Wednesday. See you there!

Weekly Shiurim

Midrash by Night - **8:00-9:30 pm** Tuesday and Thursdays

Parashat HaShavua - **7:30 pm** Monday / **8:15 pm** Bilvavi-Mussar

Hilchot Shabbat - Shabbat at **8:15 am** Main Synagogue

Gemara Sanhedrin - Sundays at **7:15 am** Downstairs synagogue

Shovavim T"V - Shemot to Tetzave

Shovavim, refers to a special period in the Jewish calendar observed by many Jewish communities. This six-week period (leap year - 8 week) typically falls during the winter months and is dedicated to spiritual purification and repentance. The focus of Shovavim is on personal introspection, teshuvah (repentance), and strengthening one's connection with God. More important- ly, it is considered an opportunistic time to focus on family purity, shemirat ha'enayim (guarding of the eyes), and shemirat ha'berit (guarding of the berit). It is believed that during this time, individuals have a unique opportunity to rectify past mistakes in these areas and elevate their spiritual state. The SKC will be offering multiple shiurim over the next 8 weeks on Monday night for both men and women by various Rabbis in the Toronto community. These classes are open to everyone regardless of observance level.

Monday January 22 - Rav Moshe Rosenbaum Common misconceptions in Jewish family law (WOMEN)

Monday, January 29 - Rav Shmuel Pinto - The link between family purity and marriage (WOMEN)

Monday, February 5 - Rav David Kadoch - Shemirat Enayim (MEN)

Monday, February 12 - Rav David Kadoch - Shemirat Enayim (WOMEN)

**All Shiurim at 8 pm in the Downstairs Synagogue*

Security Update

A FOB system has been installed at all Main Entrance points into the building. We encourage all active participants to collect their own personal registered FOB Key from our office (Mon-Fri 9-5). This will allow you access into the building at set times during the day and night, allowing for the consistent locking of our entrance doors. Refundable security deposit is required.

If you see something, say something.

Rabbi David Kadoch

Parashat Bo 5784 - To Send The Flock or Not

One of many disputes between Moshe and Pharaoh during the negotiations to release the Jews from Egypt, comes in this week's parasha where they argue whether or not the flock should be allowed to leave with the people. Pharaoh wants the livestock to remain in Egypt - "*rak tzonechem uv'karchem yutzag*," but Moshe insists that Bene Yisrael will take all the livestock with them, claiming, "And we will not know with what we are to serve the Lord."

R' Mordechai Eliyahu, in his sefer Divre Mordechai, writes that from this argument, we see a fundamental principle in the service of Hashem: Pharaoh wants to limit Bene Yisrael in their service to Hashem, to set an allowance for their *avoda*. Therefore, he demands, "Only your flocks and your herds shall remain." But Moses responds that in the service of God, there is no limitation and no end; there is always room for elevation and progress. It may be that we will need additional animals in order to serve Him. Therefore, he answers Pharaoh, "And not a hoof will remain behind with us."

This principle in the service of Hashem was also evident with Yaakov Avinu. Our Sages said about him that he sought to dwell in tranquility. What was behind this thinking? Yaakov thought he had already overcome the evil inclination. He had already prevailed over Esav, Lavan, and Esav's ministering angel; now, surely the evil inclination would not come to tempt him. However, Hashem tells him: In this world, one cannot dwell in tranquility. When a person sits in tranquility, the *yetzer hara* jumps upon him and seeks to cause him to stumble. A person must constantly strive upwards, without pause and without limitation. Because of that, the debacle with Yosef came upon him.

This notion is also true in the study of Torah. The Midrash describes that when a person ascends to judgment, God asks him about his study: If he engaged in the five books of the Torah, he is asked why he did not study Aggadah; if he studied Aggadah, he is asked why he did not study Talmud; if he studied Talmud, he is asked if he "gazed into the chariot," (*ma'ase merkava*) i.e. Did he learn the secrets of the Torah? Everything a person does in Torah, in holiness, in mitzvot, and in the fear of heaven – he can always add to them here and there. The Talmud says: "The students of the wise, whenever they age, wisdom increases in them."

For this reason, the halacha is codified in Shulchan Aruch: "Any sin that one confessed for last Yom Kippur and he didn't mend his ways since, even so he can go back and repent for them." This is because when a person ascends in holiness throughout the year, the repentance of the past year was relatively limited compared to the repentance of this year. Only this year did he come to understand the value of the mitzvah and the gravity of the transgression, and regarding the difference between his knowledge and awareness of this year compared to the previous ones, he needs to repent. May we consistently seek to enhance our commitment to Torah study, mitzvot, and the fear of heaven, understanding that there is no end to spiritual growth and that continuous effort brings profound rewards in the eyes of Hashem.

Rabbi Eli Mansour

Parashat Bo - Our Top Priority

After being warned of the impending plague of Arbeh (locusts), Pharaoh enters into a dialogue with Moshe, expressing a willingness to allow Bene Yisrael to leave Egypt. He asks Moshe, "Mi Va'mi Ha'holechim" – "Who are the ones going?" – and Moshe responds that he intends to bring with him the entire nation: "With our youth and our elders we will go...for we have a festival to G-d." Pharaoh flatly denies this demand. He tells Moshe that he is prepared to allow the older members of the nation to leave, but not the youth.

At that point, the negotiations break down, and G-d unleashes the deadly plague of locusts against Egypt. Pharaoh understood one of the basic tenets of Jewish survival – it's all about the youth, the younger generation. He was ready to allow the adults to leave and worship their G-d. He was not worried about them. What he insisted upon was that the youngsters remain in Egypt, exposed to the lures of Egyptian culture and society.

The youth are impressionable, and Pharaoh did want them to come under the influence of the religious observance that Bene Yisrael had planned to conduct upon leaving Egypt. He wanted the Israelite youth to remain in Egypt, under the strong influence of Egyptian culture, so they would harbor no feelings of loyalty to their religious traditions.

Moshe therefore firmly declared, "With our youth and our elders we will go." Significantly, he first mentioned the youth before the elderly because the young generation was his priority. For the precise same reason that Pharaoh refused to allow the youth to go worship G-d, Moshe demanded that the youth go – and even made them the priority. From Moshe's perspective, if there would be room on the bus out of Egypt for either the youngsters or the older folks, the youngsters would be given the seats – because they, more than the others, needed to be removed outside the influence of Egyptian society, and brought into the service of the Almighty. This is a critical lesson for us, especially in contemporary society, where the influence and lure of anti-Torah culture, beliefs and behaviours is so strong and so pervasive.

Now, perhaps more than ever before, we must prioritize our children's education. Certainly, we must take care of the adults and elderly, too. But Moshe's proclamation – "With our youth and our elders we will go" – must serve as our motto, as well. The youth's education comes before all else. Impressionable minds in today's society, when people walk around with the very worst that culture has to offer in their pockets, need protection. And we must make this protection our highest priority, just as it was for Moshe. Tuition affordability is certainly a major challenge facing American Jewry.


But let us ask ourselves: if, Heaven forbid, an observant couple had a child who was considering marrying a non-Jew, how much money would they be willing to spend to convince him or her to end the courtship? I imagine they would be prepared to pay whatever sum was needed, even if this meant mortgaging the house and pawning their valuables. When we look at it from this perspective, the price of tuition does not seem quite so daunting. This is the price we need to pay in today's society to protect our children and guide them to a life of Torah observance. Baruch Hashem, our community is successful because it makes and has always made Torah education its highest priority.


This is the model and example we must continue to follow so that our children can successfully withstand the pressures of contemporary society and grow to be loyal and worthy of our sacred tradition.

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Avot U'Banim

Father-Son Learning Program
Learning & Tehillim • Amazing Prizes • Pizza • Treats & more...





Sephardic Kehila Centre - Lower Level Synagogue
7026 Bathurst Street, Thornhill, Ontario

7:00pm – 8:00pm
Motzaei Shabbat During The Winter Months

For more information or to sponsor an Avot U'Banim Program please contact Dr. Adam Ohayon at adamohayon@gmail.com

The Joe Dwek Ohr HaEmet Sephardic School

TU BISHVAT SEDER

Sponsored By:



Join **The Sephardic Kehila Centre** For
Our Annual Seder

WEDNESDAY
24
JANUARY 2024

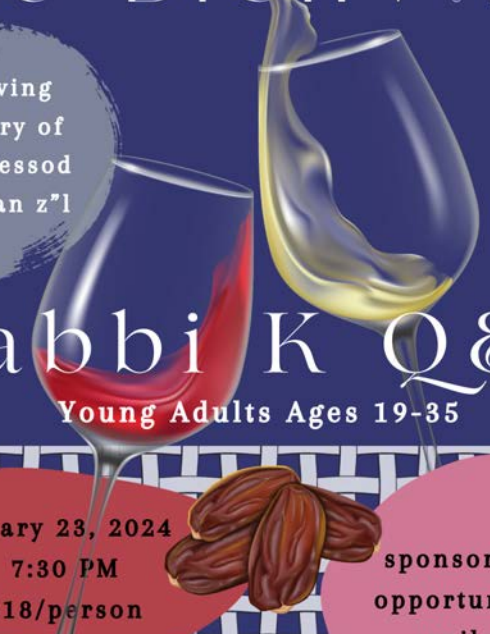
5:45 PM | **FREE** | Men & Women

LOCATION
Bottom Floor - Social Hall
SKC



TU BISHVAT

In loving
memory of
Tito Messod
Trojman z"l




Rabbi K Q&A


Young Adults Ages 19-35


January 23, 2024
7:30 PM
\$18/person

**sponsorship
opportunities
available**



Dinner Served
Register by the 19th
kehilacentre.com/event/tubishvat
647-545-4716





SEPHARDIC KEHILA CENTRE PRESENTS

Parasha Prisms

A TORAH CLASS ON THE WEEKLY PARASHA FOR
MEN & WOMEN OF ALL AGES AND LEVELS.

EVERY MONDAY AT 7:30PM.

DELIVERED BY RABBI DAVID KADOCH
LIVE IN PERSON AND ONLINE AT
TINY.CC/FHLIVE

