

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION

President
Jimmy Keslassy
Vice President
Isaac Cohen

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue



Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

Rosh Hashana ראש השנה

Shabbat September 16th 2023
א' תשרי תשפ"ד / 1 Tishrei 5784

HIGH HOLIDAYS SCHEDULE

Erev Rosh Hashana	Fri, Sept. 15TH, 2023
Candle Lighting	7:10pm
Minha	7:10pm
Arbit	7:35pm
Kiddush After	7:53pm
First Day of Rosh Hashana	Sat, Sept. 16TH, 2023
Shaharit	8:30am
Minha (Seuda Shelishit to Follow)	6:35pm
Arbit	7:50pm
Candle Lighting and Kiddush After	8:09pm
Second Day of Rosh Hashana	Sun, Sept. 17TH, 2023
Shaharit	8:30am
Tashlich	6:45pm
Minha	7:05pm
Arbit	7:55pm
Yom Tov Ends	8:08pm
Erev Yom Kippur	Sun, Sept. 24TH, 2023
Minha	2:00pm
Kal Nidre	6:30pm
Candle Lighting Before	6:53pm
Erev Yom Kippur	Mon, Sept. 25TH, 2023
Shaharit	8:00am
Minha	4:20pm
Neila	7:00pm
Shofar - Yom Tob Ends	7:53pm



Wishing you all a Shana Toba
with good health,
long life, joy and happiness

לשנה טובה תכתבו לחיים
טובים ולשלום

PLEASE NOTE:

There will be NO Seuda Shelishit on the first day of Rosh HaShanah. Please eat the seuda at home.
Minha on the First day of Rosh Hashanah will be at 6:50pm (not 6:35 pm)

Mazal Tov

Mr. & Mrs. Avi and Yael Benchetrit on the birth of a baby girl in Israel

Proud Grandparents: Mr. & Mrs. Sol and Bella Benchetrit, Mr. & Mrs. Dror and Anat Rozenblit

Proud Great-Grandfather: Mr. Albert Bitton

Mr. & Mrs. Nissim and Goldie Saban on the birth of a baby boy

Happy Anniversary

- Benjamin & Yaffa Bensimon

Happy Birthday

Yael Azoulay, Shani Hazan, Molly Eden Toby, Sylviane Bendelac, David Sadeh, Sara Mishan, Simon Serruya, Perla Azulay, Mimi Elmaleh, Jonathan Amar, Rebecca Benedid, Elias Azulay, Fanny Queroub

Nahalot

Shalom Attias ז"ל, Ruth Sabbah ז"ל **1 Tishrei** / Shabbat September 16th
Mercedes Essebag ז"ל, Armando Abitbol ז"ל **2 Tishrei** / Sun. Sept 17th
Messody Benchetrit ז"ל **4 Tishrei** / Tuesday September 19th
Djamile Malinowicz ז"ל **6 Tishrei** / Thursday September 21st
Mordechai Bensalmon ז"ל **7 Tishrei** / Friday September 22nd

Nahalot for the following week

Yamin Beniluz ז"ל **8 Tishrei** / Shabbat September 23rd
Herbert Stein ז"ל **9 Tishrei** / Sunday September 24th
Reuben Benquesus ז"ל **10 Tishrei** / Monday September 25th
Perla Ohana ז"ל, Rachel Esses ז"ל **11 Tishrei** / Tuesday September 26th
Camilla Hadida ז"ל, Carlos Abitbol ז"ל, Toby Kimelman Gornstein ז"ל
14 Tishrei / Friday September 29th

Synagogue News

Welcome To Our New Members

Mr. and Mrs. Gabriel and Esther Abecassis and Family
Mr. and Mrs. Itay and Adi Avitzur
Mr. and Mrs. Stefan and Gabriella Ayache and Family
Mr. Shimon Azoulay
Mr. and Mrs. Nathaniel and Rachel Benarroch and Family
Mr. Keenan Benarroch
Mr. and Mrs. Prosper and Robyn Benchetrit and Family
Mr. and Mrs. Maxwell and Maya Charlat
Mr. and Mrs. Aaron and Sarah Cohen
Mrs. Tany Cohen
Mr. and Mrs. Daniel and Ana Douek and Family
Mr. Amram Dayan
Mrs. Kely Granite and Family
Mr. Danny Ifergan
Mr. and Mrs. Henry and Claire Moyal and Family
Mr. and Mrs. Eduardo and Malka Nahmad
Mr. and Mrs. Josh and Biba Atara Rais
Mr. and Mrs. Isaac and Freda Savdie and Family

We wish them a Baruch Haba to our Kehila as well as a happy and healthy engagement in our services for many years to come.

Condolences

We extend our condolences to our friend and member, Mr. Liran Elimelech, to his siblings Coby, Tomer and Matan and to the entire family, on the passing of their father, Mr. Shalom Elimelech ז"ל.

May his neshama rest eternally in Gan Eden and may we only hear Besorot Tovot. Amen.

Tzom Gedalia

The fast of Tzom Gedaliah is on Monday September 18th
Fast begins 5:48am
Minha 6:45pm (main sanctuary)
Fast ends 7:47pm

Special Shiur by Efi Palvanov

After an extremely successful first class, Efi Palvanov will be back at the SKC, this Wednesday, September 20th. He will speak on Apocrypha: Exploring the Ancient Books of the Jubilees (Sefer HaYovel)
Men and women are invited to attend. 8:00pm

Late Minha/Arvit Begins This Week

Please note that we are now running winter scheduling for all Tefilot throughout the week.

Selihot

Selihot begins 45 minutes before each respective minyan. Please make every effort to attend to ensure minyan. Tizku LaMitzvot

SAVE THE DATE

SIMCHA TORAH LUNCHEON - SUNDAY OCTOBER 8TH

Upcoming Events @ the SKC

Motsae Shabbat September 23rd (Sunday 12:30am)

- Community Selihot

Monday October 2nd

- City-wide Simhat Bet HaShoeva Party

Tuesday October 3rd

- SKC Sukkah Party

Security Update

A great number of members, guests and participants from various minyanim in the building will be attending the high holidays in your building under security and police presence. Security measures have been prepared for the safety and security of all who attend but we ask you to be vigilant and be reminded to report any suspicious activity that you witness to a staff member, member of the board or member of security team.

*Jean-Claude Abtan -- Elias Anidjar -- Mose Bendayan --
Sol Benhetrit -- Eric Benchitrit -- Isaac Cohen -- Oren Dishy --
Oren Hyams*

If you see something, say something.

What's your impetus to change?

Rabbi David Kadoch

Seriously, ask yourself that question. What's the thing that gets you going? Not just getting out of bed to work, but getting you to change. We're smack in the midst of the month of Elul. Rosh Hashanah is just a few days away. What causes you to repent? For most people, it could be a really good speech from the Rabbi or a powerful video. For others, however, it can be a tragedy such as an untimely death or a bad diagnosis from the doctor. For the latter group, it was actually predicted in this week's Parasha when the Torah states that "it will be that all these things will come upon you, the blessing and the curses, and then you will return to your hearts (teshuva)..." Clearly, when encountering curses (as outlined in last week's parasha) we are often motivated to change. Yet, paying close attention to the pasuk, you might wonder why the word "blessing" was also included. Generally, when I experience blessing, I feel content with what I have and with my life and that usually won't push me to change in any way bit. So why does the pasuk also include blessing as an impetus for repentance?

This question was asked by Ohr HaHayim HaKadosh in his commentary and he writes that the Torah may shed light on the thoughts that led to the repentance of Bene Yisrael. When they were living without sin and enjoying abundant blessings, they didn't connect their good fortune to their way of life. They took these blessings for granted, believing they were entitled to them. It was only when they lost these blessings that they began to realize that their previous way of life was a result of Hashem's special blessings upon them.

Blessings in one's life often serve as a catalyst for teshuva, the profound process of repentance and spiritual return. When we recognize and appreciate the abundant blessings surrounding us—be it good health, loving relationships, or opportunities for growth—it awakens a sense of gratitude and introspection. These blessings, rather than being taken for granted, become a poignant reminder of our responsibility to live with purpose and integrity. In their radiance, we may acknowledge past mistakes or mis-deeds and feel compelled to make amends, striving to align our actions with the goodness bestowed upon us.

In addition, the blessings in our lives have a unique way of illuminating the path to repentance. They serve as a mirror, reflecting not just the goodness we receive but also the potential within us to reciprocate that goodness. When we pause to appreciate the love, abundance, and opportunities surrounding us, we often find ourselves humbled by the sheer grace of it all. This humility fosters a desire for self-improvement and a commitment to rectify past wrongs, knowing that our actions should align with the generosity we've experienced. The blessings, therefore, become a driving force propelling us toward teshuva, urging us to seek forgiveness, mend relationships, and lead a life more aligned with the values and principles that underpin the blessings we hold dear. Blessings, in their magnanimity, guide us towards teshuva, a journey of self-improvement and reconnection with our higher selves and the divine. This is why the Torah felt it necessary to include beracha as a catalyst to return closer to Hashem.

What We Celebrate on Rosh Hashanah

by Rabbi Eli Mansour

The Torah never directly commands sounding the Shofar on Rosh Hashanah. Instead, it tells us, in Parashat Emor (Vayikra 23:24), that we must observe the first of Tishri as a "Zichron Teru'a" – literally, "the remembrance of a Shofar blast." What exactly does this mean, and what might this reflect about the nature of the Rosh Hashanah celebration?

Rashi explains that on this day, we recite in our prayers verses that relate to theme of "Zichronot" – G-d's remembering all past events, and that relate to the sounding of the Shofar. For this reason, Rosh Hashanah is called a day of "Zichron Teru'a."

The Ramban, after a lengthy discussion of Rashi's comments, offers a different explanation. He writes that on this day, we sound the Shofar in order that we be remembered favorably before G-d. Rosh Hashanah is a day of "Zichron Teru'a" in the sense that we sound the Shofar in order to arouse G-d's mercy and compassion, so that we are remembered favorably as we stand trial on this day of judgment. On every Rosh Hodesh and holiday, we add the "Ya'aleh Ve'yabo" paragraph in the three daily prayers, and in Birkat Ha'mazon. In "Ya'aleh Ve'yabo," we ask

that our "remembrance" ("Zichronenu U'f-ikdonenu") should come before G-d favorably, meaning, that He should view us in a favorable light. We recite "Ya'aleh Ve'yabo" on Rosh Hashanah, just as on all holidays, but there is a fundamental difference between its recitation on Rosh Hashanah and its recitation on other occasions. On Rosh Hashanah, this prayer expresses the essence of the day, what this celebration is all about. Rosh Hashanah revolves around the notion of "Zikaron," that G-d remembers us and thinks of us favorably on this day of judgment. The essence of Rosh Hashanah is not the judgment itself, but rather the "Zikaron," the fact that by observing this day properly, through our prayers, repentance and the sounding of the Shofar, we are judged favorably. And thus the "Ya'aleh Ve'yabo" recitation assumes special significance of this day, as it expresses the core essence of the Rosh Hashanah celebration. This insight answers a very basic question that we might have otherwise asked about Rosh Hashanah. All the holidays and other events on the Jewish calendar commemorate events that are unique to our nation. Pesach celebrates the Exodus from Egypt; Shabuot celebrates Matan Torah; Tisha B'Ab mourns the tragedies that have befallen our people; Sukkot memorializes our ancestors' experience while traveling through the desert, and so on. Rosh Hashanah, how-

ever, appears – at first glance – to have no specific connection to the Jewish People. It marks the beginning of the new year, the anniversary of the creation of Adam, the father of all humanity, and it is the day when the entire earth – not just Am Yisrael – is judged. Seemingly, this special day has no unique significance for us, the Jewish Nation.

Moreover, I am sure everyone has often wondered why we observe Rosh Hashanah as a day of festive celebration, enjoying lavish meals and scrumptious foods, if our fate is being determined on this day. Why would we joyously celebrate on the day when our lives are literally being held in the balance? The Ramban's comments provide us with the answer to these questions. We celebrate Rosh Hashanah as a day of "Zichron Teru'a," a day when we are able to earn Hashem's favor and compassion. We rejoice on this day because He has shown us, His treasured nation, the way to be judged favorably. While Rosh Hashanah is, on the one hand, a frightening day, it is also a joyous day – because Hashem has taught us how to earn His mercy. May we all use this precious opportunity to make a sincere commitment to strengthen our connection to Hashem, and truly celebrate the special privilege we have been given to forge this relationship, through which we become worthy of being inscribed for a year of health, happiness, prosperity and fulfillment, Amen

Community

Selichot

Motzae Shabbat
September 23rd,
Beginning at 12:30am
(September 24th)

Join the entire Sephardic Community as we unite in reciting some of our favorite and most inspiring prayers in preparation of Yom Kippur



Sephardic Kehila Centre

LIVING
A
DOUBLE
LIFE

**What to look out for
and how to fix it**

Derasha delivered by
Rabbi David Kadoch



Sephardic Kehila Centre
7026 Bathurst St



Shabbat September 23rd
5:10PM

**For Jews of all ages and
religious levels**

Shabbat Shuva
5784



JOIN US FOR THE
HIGH HOLIDAYS



Rosh Hashana

JOIN US ON THE 2ND DAY WHEN WE WILL AWARD THE MITZVAH OF PARNASA AT THE END OF SERVICES TO ONE LUCKY MEMBER OF THE CONGREGATION THROUGH A GORAL (LOTTERY).

THE WHOLE KAHAL GETS A CHANCE AT THIS
IMPORTANT MITZVA.

בס"ד

Misheberach Program

A Misheberach Prayer will be recited all year long
by our Rabbi during Shabbat services for:

Physical cure, Spiritual healing,
Asking for blessing, Compassion,
Restoration, Strength,
For yourself, friends, and loved ones.

\$720 for the year!

In addition:
The Tuesday Tehillim Group will recite Tehillim for program participants!



Sign up at: <https://www.kehilacentre.com/event/misheberach>