

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION

President  
Jimmy Keslassy  
Vice President  
Isaac Cohen



Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

שבת שלום ברוכים הבאים  
Shabbat Shalom Welcome to our Synagogue

פרשת מטות-מסעי Shabbat Matot-Masei

Shabbat July 15th 2023, כ"ו תמוז תשפ"ג / 26 Tammuz 5783  
Perasha Page 900 Haftarah 1193 שמעו in Artscroll

### Shabbat Prayer Times

מנחה Mincha (Main Synagogue)	6:45 p.m.
הדלקת נרות Candle Lighting - Early Shabbat	7:30 p.m.
הדלקת נרות Candle Lighting - Standard	8:40 p.m.
שחרית מניין החיד"א (ותיקין) Shahrarit Ha'Hida Vatikim	4:50 a.m.
Shiur Hilchot Shabbat	8:30 a.m.
שחרית Shahrarit (Main Synagogue)	9:00 a.m.
Shiur Mesilat Yesharim	7:05 p.m.
תהלים Tehilim	7:50 p.m.
מנחה Mincha	8:20 p.m.
שבת טוב Shabbat Ends	9:51 p.m.



Shabat Zemanim- Netz- נץ- 5:50 am, Keriat Shema- קריאת שמע- 9:36 am, Shekia- שקיעה- 8:57 pm

### Weekday Services

שחרית Shahrarit Sunday	שחרית Shahrarit Weekdays
ותיקין Vatikim 5:10 a.m.	ותיקין Vatikim 5:10 a.m.
מקדימים Makdimim 8:00 a.m.	מקדימים Makdimim 6:30 a.m.
קבוים Kebuim 9:00 a.m.	קבוים Kebuim 8:00 a.m.
	מנחה Mincha 7:10 p.m.
	ערבית Arbit Arbit immediately following Mincha

### Mazal Tov

Mr. & Mrs. Uri Mamroud on the birth of their first great grand daughter **Charlotte Noa** born to Michael & Sarah Garbuz LL.B

Proud Grandparents: Dr. Howard & Hanna Garbuz, Judge Stephan Firestone & family

Mr. Yaakob Elmaleh and Ms. Hadassah Ben-Attar on their recent engagement

Proud Parents: Mr. & Mrs. Moses and Mercedes Elmaleh and Mr. & Mrs. Itzhak and Michal Ben-Attar

### Happy Anniversary

•Jimmy & Natalie Bitton

### Happy Birthday

Zachary Woznica, Tamara Elmaleh, Gabriel Eliyahu Bensimon, Yaacov Medina, Nathan Jacob Coleman, Amram Yoseph Bensimon, Jordana Toby, Yaakob Aboudi, Cindy Amiel, Shira Bar-Yoseph, David Ahula, Gad Elmaleh

## Nahalot

Salomon Benmaman ז"ל, Nissim David Benzaquen ז"ל 29 Tammuz / Tuesday July 18th  
Esther Gulersen ז"ל 2 Av / Thursday July 20th

## Nahalot for the following week

David Ohayon ז"ל 4 Av / Shabbat July 22nd  
Elias Benatar ז"ל 5 Av / Sunday July 23rd  
Tilda Sher ז"ל, Esther Benatar ז"ל 7 Av / Tuesday July 25th  
Esther Afriat ז"ל 8 Av / Wednesday July 26th  
Hanania Abtan ז"ל 9 Av / Thursday July 27th

## Synagogue News

### Condolences

We regret to inform you of the passing of our dear member Mr. Albert Esses Z"L, dear father to our members, Mrs. Dalia Shayo, Mr. Shlomo Esses and Mrs. Daphna Smuckler, also brother to our dear member Mr. Jacques Esseis. May Hashem send comfort to the entire family.  
May his neshama rest eternally in Gan Eden, Amen.

### Rosh Hodesh Av

Rosh Hodesh Av is Wednesday July 19th (Tuesday night)

### Shabbat Kiddush

Kiddushim bring everyone together on multiple levels and we are thrilled to welcome everyone to SKC for a congregational Shabbat Kiddush. Anyone interested in sponsoring all or part of a kiddush or even helping us enhance the weekly kiddush is asked to call the office at 905-669-7654 x200 or send an e-mail to [social@kehilacentre.com](mailto:social@kehilacentre.com).

**This week's Shabbat Kiddush is sponsored by  
The Sephardic Kehila Centre**

*Everyone is Welcome*

### Seuda Shelishit

Over the past few months, the Divre Torah during Seuda Shelishit have tackled interesting and thought-provoking topics. Joins us after Mincha on Shabbat to hear this week's insight.

This week's Seuda Shelishit is sponsored by

- ◆ Mr. & Mrs. Jack and Biba Benquesus, in memory of her grandfather, Salomon Benmaman z"l
- ◆ Mr. and Mrs. Marc and Judy Kadoch in memory of her brother's first nahala, Nissim David Benzaquen z"l
- ◆ Mr. & Mrs. Ovadya and Elvira Gulersen, in memory of his mother Esther Gulersen z"l

*Everyone is Welcome*

### Mesilat Yesharim - Back for another summer!

Men and women are invited for another summer to hear words of inspiration and Torah values from the book Mesilat Yesharim. Join Rabbi Kadoch every Shabbat, 45 minutes before Tehilim, to absorb the profound words of this masterpiece.

**This week at 7:05 pm in the main synagogue.**

### Early Risers, Early Gainers

Rabbi Kadoch's Shabbat morning Shiur prior to Shaharit continues this Shabbat at 8:30 am.

### Shabbat Kids Program - On Hiatus For Summer

The Shabbat program for children will be on hiatus during the summer and we look forward to welcoming everyone back in the new year when everyone comes back from their summer activities.

### SKC CALENDAR 2023-2024

We are pleased to introduce to you the SKC Community Calendar. The SKC will be producing this attractive multi-color publication, and mailing it to the entire membership and community free of charge.

The Calendar will include detailed information about upcoming Holidays, upcoming special events, Shabbat and Holiday candle lighting times, Nahalot and Birthdays. The practical design also provides ample room for the recording of personal information and appointments.

**Send an email to [calendar@kehilacentre.com](mailto:calendar@kehilacentre.com) with your interest and to receive a price list**

### Weekly Shiurim

Midrash by Night - Tuesday and Thursdays following Arvit

Parashat HaShavua - Thursdays @8pm HYBRID\*

Hilchot Shabbat - Shabbat at 8:30am Main Synagogue

Gemara Sanhedrin - Sundays at 7:15am Downstairs synagogue

**Zachary Benatar**

Weekly on Mondays @ 2:45pm: Parasha (men and women)

## Mase'i 5783 - Never forget the good

Rabbi David Kadoch

The parasha begins with the numeration of the 42 encampments of the Jewish people in their journey to Eretz Yisrael. These 42 stops have tremendous significance in our history as each of them alludes to another important moment of our past. The number 42 is not random either, as it represents one of Hashem's holy names. Notwithstanding that, one can argue that the entire section is extra. Until now, we have already been told how the Jews traveled and where they stopped. What is the purpose of repeating the 42 pitstops of the nation?

Simply, we can answer based on a verse found in Yeshayahu - וְיִשְׁשׁוּם מִדְבָּר וְצִיָּה וְתִגַּל עֲרָבָה וְתִפְרַח כְּחִבְצֵלֶת "Desert and wasteland shall rejoice over them, and the plain shall rejoice and shall blossom like a rose." Yeshayahu prophesizes that in the future Hashem will blossom the dry desert and turn it into sprouting green pasture and fields." One can ask why this is necessary. The purpose of the desert is to be dry. For one, deserts, both hot and cold, play a part in moderating Earth's temperature. This is because they reflect more of the incoming light and their albedo is higher than that of forests or the sea. The answer is that Hashem teaches us how to be grateful for even the things that may seem dry and insignificant.

The Jews traveled in the desert for 40 years, hopped from place to place and Hashem enumerates each of those places in order that, in due time, they receive the reward deserving of them. Even though the desert technically didn't do anything - it didn't invest any fortune and only acted as a hostel and resting place for the Jewish people, that was enough for Hashem to repay it back multi-fold in the future.

How often do we receive assistance from our friends or colleagues, or a nice word, or a piece of advice that enabled us to push through challenging times - that gave us some satisfaction in life? Small moments like that need to be remembered, not just to know that you have a person who cares for you, but so that you can repay the deed when he/she is in need of assistance as well. Reciprocating acts of kindness is essential as it allows us to honor and appreciate the generosity we have received. When we repay kindness, we not only acknowledge the effort and compassion of the person who extended it to us, but we also create a ripple effect of goodwill. We contribute to the positive energy in our relationships and communities, fostering a culture of empathy and support. It demonstrates our gratitude and reinforces the bonds of trust among one another. It serves as a reminder that acts of kindness should not exist in isolation but rather as a continuous flow of compassion and care. By doing so, we perpetuate a cycle of giving and receiving that strengthens our connections and enhances the overall well-being of everyone involved. If Hashem recognized the greatness of the desert's contribution, a piece of land that has no feelings or understanding of what is pain/happiness, then all the more so we need to recognize the good people do for us so that, when it's time, we can help turn their life from a dry desert to a lush forest.

### Generating Positivity

by Rabbi Joey Haber

Parashat Maseh discusses the subject of עֲרֵי מִקְלָט the "cities of refuge" which were to be designated for the purpose of protecting people who killed somebody by accident. Angry relatives of the victim might want to murder the killer, and so the Torah commanded setting aside special cities where the killer could escape to and be protected from the victim's relatives seeking revenge.

Included in this mitzvah is a requirement to post signs directing people to these cities. In order to ensure that the accidental killer could reach the עֵיר מִקְלָט swiftly and easily, without too much trouble or delay, the authorities were to put up signs throughout the country showing the way to these cities.

Rav Aharon Kotler raised the question of why there is no requirement to put up signs directing people to Yerushalayim and the Bet Ha'mikdash. Three times a year - on Pesach, Shavuot and Sukkot - there was an obligation of טעלייה לרגל, go to the Bet Ha'mikdash. People would also go there on other occasions, when

they needed to bring a sacrifice. Why would the Torah make a point of requiring signs directing accidental killers to the עֵיר מִקְלָט something which, hopefully, was not needed very often - but did not require signs to help people each time they needed to go to the Bet Ha'mikdash, which happened at least three times a year?

Rav Kotler gave what I believe is a very important and relevant answer.

He explained that if there were no signs to the עֵיר מִקְלָט then the killer would need to ask people along the road for directions. They would then likely start asking him what happened, and he would have to tell them about how he tragically caused somebody's death. The Torah wants to minimize negative talk, and so it required placing signs, such that the killer would not have to get into this conversation. When somebody is traveling to the Bet Ha'mikdash, however, the Torah specifically wants him to speak to people and tell them where he's going. They will respond enthusiastically, wishing him a happy Yom Tov, and talking about the privilege of seeing the Bet

Ha'mikdash. The Torah did not want signs directing people to the Bet Ha'mikdash so that they will ask for directions, leading to an upbeat, joyous conversation about the Bet Ha'mikdash.

A crucial part of creating and maintaining a nurturing home environment, in which our children can thrive, is generating positivity and avoiding negativity. We need to try, as much as possible, to avoid negative comments and complaints, and to instead shower our children with compliments and praise. We should keep criticism to a minimum, and speak positively as much as we can. This is the kind of environment the Torah wants us to create as a nation, and this is the kind of environment that every family needs to create in their home. It is such an environment in which our children will feel safe, secure, loved, cherished and valued, a feeling which is necessary for them to grow and develop into the outstanding, accomplished people that they are capable of becoming.





# MIDRASH BY NIGHT

Tuesdays & Thursdays  
Following Arvit throughout the  
summer

*Torah learning opportunities for everyone  
Learn with a havruta partner or at your own pace*

Various shiurim by R' David Kadoch,  
R' Shemuel Pinto, R' Yitzhak Hakak and others  
Speak to Rabbi Kadoch to find the right class for you

7026 Bathurst Street - Downstairs Synagogue  
(Coffee and tea available)



Sephardic  
Kehila  
Centre

# MESILAT YESHARIM

With Rabbi David Kadoch

SHABBAT AFTERNOONS

The book that every  
Jew must learn!

Beginning Saturday April 29th  
45 minutes before Tehilim - Main Synagogue

ת"ס

Sephardic Kehila Centre

# BOWLING NIGHT

Ages  
20-40

July 30th 8 - 11pm

\$25 Per Person | 60 Spots Available

Food Included



<https://tinyurl.com/nhvwwv88>

**PLAYTIME**  
BOWL & ENTERTAINMENT

# Bar Mitzva Club

Learning and sports  
with Rabbi Pinto  
Tuesday nights  
6:10 - 7:45 pm

Sephardic Kehila Centre  
Lower level midrash

Sponsorships Available

