

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION

President
Jimmy Keslassy
Vice President
Isaac Cohen

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue



Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

Shabbat Shelah פרשת שלח

Shabbat June 17th 2023, כח' סיון תשפ"ג / 28 Sivan 5783
Perasha Page 798 Haftarah 1184 וישלח in Artscroll

Shabbat Prayer Times

מנחה Mincha (Main Synagogue)	6:45 p.m.
הדלקת נרות Candle Lighting - Early Shabbat	7:30 p.m.
הדלקת נרות Candle Lighting - Standard	8:44 p.m.
שחרית מנין החיד"א (וטיקין) Shaharit Ha'Hida Vatikim	4:35 a.m.
Shiur Hilchot Shabbat	8:30 a.m.
שחרית Shaharit (Main Synagogue)	9:00 a.m.
Shiur Mesilat Yesharim	7:10 p.m.
תהלים Tehilim	7:55 p.m.
מנחה Mincha	8:25 p.m.
שבת טוב Shabbat Ends	9:58 p.m.



Shabat Zemanim- Netz- נץ- 5:36 am, Keriat Shema- קריאת שמע- 9:26 am, Shekia- שקיעה- 9:02 pm

Weekday Services

שחרית Shaharit Sunday	שחרית Shaharit Weekdays
וטיקין Vatikim 4:55 a.m.	וטיקין Vatikim 4:55 a.m.
מקדימים Makdimim 8:00 a.m.	מקדימים Makdimim 6:30 a.m.
קבועים Kebuim 9:00 a.m.	קבועים Kebuim 8:00 a.m.
	מנחה Mincha 7:15 p.m.
	ערבית Arbit Arbit immediately following Mincha

Mazal Tov

Mr. & Mrs. Jacob and Vanessa Benarroch on the Bar Mitzva of their son, Amram Noah
Proud Grand-Parents: Mr. & Mrs. Amram and Anita Benarroch, Mr. & Mrs. Robert & Nancy Abourmand
Proud Great Grandmother: Mrs. Anna Halioua

Happy Anniversary

•Ney & Mercedes Bendayan •David & Ady Dana •Ari & Svetlana Benchetrit •Jordan & Lisa Nahmias
•Meir & Rachelle Cohen

Happy Birthday

Isaac Oziel, Yaacov Azagury, Aaron Hadida, Ashley Amar, Myriam Abecassis, David Mishan,
Marvin Igelman, Daniel Wexler, Adina Benarroch, Eliyah Concister and Orit Saban

Nahalot

Yishai Tzion Ohayon ז"ל 28 Sivan / Shabbat June 17th
Henri Aaron Dahan ז"ל 29 Sivan / Sunday June 18th
Leon Nahmias ז"ל 3 Tammuz / Thursday June 22nd
Flora Benoualid ז"ל 4 Tammuz / Friday June 23rd

Nahalot for the following week

Saada Dahan ז"ל, David Elmaleh ז"ל, Rahel Malka Azuelos ז"ל 5 Tammuz / Shabbat June 24th
Reina Dayan ז"ל, Rahel Abihira ז"ל, Moshe Elfassy ז"ל 6 Tammuz / Sunday June 25th
Esther Cohen Assayag ז"ל 7 Tammuz / Monday June 26th
Isaac Oziel ז"ל 10 Tammuz / Thursday June 29th

Synagogue News

Condolences

Our condolences go to Mrs. Mercedes Cohen on the passing of her sister, Mrs. Alegria Melul z"l.
May her neshama rest eternally in Gan Eden, Amen.

Rosh Hodesh Tammuz

Rosh Hodesh Tammuz is on Monday and Tuesday (Sunday night)

Shabbat Kiddush

Kiddushim bring everyone together on multiple levels and we are thrilled to welcome everyone to SKC for a congregational Shabbat Kiddush. Anyone interested in sponsoring all or part of a kiddush or even helping us enhance the weekly kiddush is asked to call the office at 905-669-7654 x200 or send an e-mail to social@kehilacentre.com.

This week's congregational Kiddush is co-sponsored by
Mr. & Mrs. Jacob and Vanessa Benarroch in honor of their son Amram Noah's Bar Mitzva
Everyone is Welcome

Seuda Shelishit

Over the past few months, the Divre Torah during Seuda Shelishit have tackled interesting and thought-provoking topics. Joins us after Mincha on Shabbat to hear this week's insight.

This week's Seuda Shelishit is sponsored by

- **Mr. & Mrs. Henri and Chantal Ohayon, in memory of his father, Yishai Tzion Ohayon z"l**
- **Mr. & Mrs Simon and Barbara Dahan, in memory of his father, Henri Aaron Dahan z"l**

Everyone is Welcome

Mesilat Yesharim - Back for another summer!

Men and women are invited for another summer to hear words of inspiration and Torah values from the book Mesilat Yesharim. Join Rabbi Kadoch every Shabbat, 45 minutes before Tehilim, to absorb the profound words of this masterpiece.

This week at 7:10 pm in the main synagogue.

Early Risers, Early Gainers

Rabbi Kadoch's Shabbat morning Shiur prior to Shaharit continues this Shabbat at 8:30 am.

Shabbat Kids Program

We encourage parents to bring their children to the program knowing they are well taken care of by our experienced staff. We have a fresh new program and exciting activities to entertain the children.

Kehila Kidz program is located in the Lower Level Social Hall (Restaurant) and will run from 10:00 am until 12:00 pm (noon) on Shabbat.

Please remember that your children are your responsibility while at SKC and that if they are not participating in the children's program, that they should be sitting with you. We appreciate your understanding and cooperation.

Graduating?

If you or any of your children are graduating this year in whichever stage of their education, we want to hear about it and announce it.

Send an email to social@kehilacentre.com with the name of the graduate and school they are graduating from.

List of names will be posted at the end of the month.

SKC Calendar 2023-2024

We are pleased to introduce to you the SKC Community Calendar. The SKC will be producing this attractive multi-color publication, and mailing it to the entire membership and community free of charge.

The Calendar will include detailed information about upcoming Holidays, upcoming special events, Shabbat and Holiday candle lighting times, Nahalot and Birthdays. The practical design also provides ample room for the recording of personal information and appointments.

For more information and pricing, please contact the synagogue office

SKC Sisterhood Book Club

Join us for weekly discussions on the learnings from

***Life is a Test*, by Rebbetzin Esther Jungreis**

Saturdays May 13th, 2023 - July 1st, 2023 (5:00 pm).

(Note: No classes will be held on May 27th and June 10th)

Sephardic Kehila Centre (Ohr Haemet School Boardroom)

Weekly Shiurim

Midrash by Night - Tuesday and Thursdays following Arvit

Parashat HaShavua - Thursdays @8pm HYBRID*

Hilchot Shabbat - Shabbat at 8:30am Main Synagogue

Gemara Sanhedrin - Sundays at 7:15am Downstairs synagogue

Zachary Benatar

Weekly on Mondays @ 2:45pm: Parasha (men and women)

Bar Mitzva Club

Learning and sports
with Rabbi Pinto
Tuesday nights
6:10 - 7:45 pm

Sephardic Kehila Centre
Lower level midrash

Sponsorships Available



Shelah 5783 - Reincarnating Tzelofhad

Rabbi David Kadoch

The Midrash explains, that the person who cut trees on Shabbat did it LeShem Shamayim. Since after the sin of the spies, the Jews were decreed not to enter the Land of Israel, and they began to think that from now on they were no longer obligated to the mitzvot. That's why he "stood and profaned the Shabbat so that he would be killed and others would see him". In other words, the whole purpose of the mitzvah was to teach the Jews that they are still bound by the mitzvah. This leads us to the following question - Why did he choose to desecrate the mitzvah of Shabbat, which is considered a serious sin that required a death penalty? Let him violate another mitzvah, an easier mitzvah, which is punishable by payment of money or whippings, thereby achieving its goal and still not committing to death?

The Maharsha gives the explanation for this: if a person does on Shabbat a melacha she'ena tzericha legufa - "work in which the outcome isn't needed", such as digging a hole but he doesn't need the dirt -he is exempt from any punishment from the Torah.

The person chose to chop wood on Shabbat because it was a melacha she'ena tzericha legufa." After all, he didn't really need the wood, so his intention was not for the purpose of the job itself, but so that he would be punished and thus the Jews would learn that they are obligated to the mitzvot, even though they have not yet entered the Land of Israel.

In other words, the person in question wanted to do an act that would not be a sin according to Torah law, and at the same time achieve his goal, and this is only possible under the prohibitions of Shabbat according to the law of "melacha she'ena tzericha legufa." At the same time, he was punished by stoning because when it comes to the law we take into account the action and not the intention behind it.

There is a story in the Gemara of one Hasid who saw a breach in his field on Shabbat, and thought of a building the fence on Sunday. He regretted that he thought this idea on Shabbat, and decided that he would never build the fence. A miracle happened to him and thorny plant grew for him the next day that closed the breach.

The Ari HaKadosh says about this - that Hasid was an reincarnation of the woodcutter, whose name was Tzelofhad. As I explained, according to the Torah, the mekoshesh did not sin at all, but the Sages forbade this practice, and because Tzelofhad was a devout follower of the mitzvot, there was still a need for correction in this matter according to the opinion of the Hachamim. Therefore the mekoshesh was reincarnated as the same Hasid, who was a devout follower of Shabbat observance, even though he did not actually profane Shabbat but he corrected the matter also according to the opinion of the sages.

There is a wonderful hint for this as the name of the one thorny bush that grew for this man was - תרן the same name as Tzelofhad.

Parashat Shelah: Yehoshua and Kaleb

Rabbi Eli J. Mansour

Parashat Shelah tells the tragic story of the Meragelim, the scouts sent to Eretz Yisrael who came back with a discouraging report and urged the nation not to proceed into the land. Two of the twelve scouts – Yehoshua and Kaleb – dissented and presented a favorable report about the land and the prospects of its conquest. Unfortunately, the majority prevailed, and the people were persuaded not to proceed.

When the Torah lists the names of the twelve scouts, it refers to Yehoshua – who was the closest disciple of Moshe Rabbenu – by the name "Hoshea." Rashi explains that this was Yehoshua's original name, but Moshe added the letters "Yod" and "Heh" to form the name "Yehoshua." These letters, which spell a Name of Hashem ("Y-ah"), were added as a prayer to G-d that "Y-ah Yoshi'acha Me'asat Ha'meragelim" – "G-d shall save you from the plot of the scouts." Moshe knew through prophetic insight that the scouts would plot to dissuade the people

from entering the land, and he thus prayed that his dear student would be protected from their influence and have the fortitude to oppose them.

The second dissenter, Kaleb, also received the strength to oppose the majority through the power of prayer. As Rashi tells later in the Parasha, when Kaleb arrived in Eretz Yisrael he temporarily separated from the other spies and went to Hebron, to the site of Me'arat Ha'machpela, where the patriarchs are buried. He went there in order to pray for assistance in resisting the influence of the scouts.

Yehoshua and Kaleb were outstanding Sadikim, and yet they needed special prayers for protection from the influence of their peers. Moshe was concerned about his closest and most outstanding disciple, and Kaleb did not feel confident in his ability to withstand the pressure without reciting a special prayer at a holy site. The power of peer influence is so strong that even the greatest Sadikim are vulnerable to its force, and can get thrown off course by their surroundings. As great as Yehoshua and

Kaleb were, they needed special divine protection to be able to withstand the pressure exerted by the other ten scouts.

This message assumes special importance in contemporary times, when we live in a society that has, unfortunately, plummeted to such depths of immorality. We are bombarded on a daily basis by messages that run in direct contrast to the Torah values which we hold dear. We are far from the level of Yehoshua and Kaleb, and yet we are exposed to unrelenting-sinful influences constantly. If Yehoshua and Kaleb needed special prayers to protect them, then we can only imagine what kind of lengths we must go to in order to protect ourselves and our children from the negative influences exerted upon us. In every generation, but especially in ours, we must work vigorously to shield ourselves from the influences around us, through prayers, Torah learning and education, and by surrounding ourselves with like-minded devoted Jews so we come under their positive Torah influence instead of being exposed to the negative influences of contemporary society.



MIDRASH BY NIGHT

Tuesdays & Thursdays
Following Arvit throughout the
summer

*Torah learning opportunities for everyone
Learn with a havruta partner or at your own pace*

Various shiurim by R' David Kadoch,
R' Shemuel Pinto, R' Yitzhak Hakak and others
Speak to Rabbi Kadoch to find the right class for you

7026 Bathurst Street – Downstairs Synagogue
(Coffee and tea available)



Sephardic
Kehila
Centre

MESILAT YESHARIM

With Rabbi David Kadoch

SHABBAT AFTERNOONS

The book that every
Jew must learn!

Beginning Saturday April 29th
45 minutes before Tehilim – Main Synagogue



Womans Wellness Program

Music Movement & Meditation

Get ready to feel energized and inspired as Esther Willinger, a life coach and breath-work instructor, guides us through a transformative experience. We'll explore the connection between our mind, body and soul through music, body and breath-work. Take some time for yourself and join us for a rejuvenating evening.



Sunday May 7th 8:00-9:30 pm
Sunday May 28th SKC SOCIAL HALL
Monday June 5th Members: \$5
Monday June 19th Non-Members: \$10

This program is designed to be enjoyed by women of all ages. We look forward to see you there.

Note: Dress comfortably to move your body. Bring water, and a Yoga Mat if you have one (but not necessary to participate). Eye masks are also an added enhancer if you wish.



Register at

THE ESTRELLA BENAIM, Z'L' FOUNDATION



2ND ANNUAL GOLF TOURNAMENT

INVITES ALL MEN AND WOMEN!!!!

THURSDAY JULY 13, 2023



LEBOVIC GOLF RESORT
14020 LESLIE STREET, AURORA, ONTARIO

\$225 PER GOLFER

One round of golf, food

BONUS voucher for one round of golf.

*You may play your free round of golf anytime after you sign up and pay. It is valid immediately. Non transferable Free round does not include food.

TO REGISTER, EMAIL MAX.GOLFDAY@GMAIL.COM

SPONSORSHIP AVAILABLE

\$360 – HOLE SPONSORSHIP
\$1300 – HOLE SPONSOR WITH 4 FOURSOME TICKETS
\$3600 – TOURNAMENT SPONSOR WITH 8 TICKETS
ALL TAX DEDUCTIBLE



TO LIVE IS TO GIVE