

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Jimmy Keslassy
Vice President
Isaac Cohen

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

Shabbat Vayelech פרשת וילך
Shabbat October 1st 2022, ו' תשרי תשפ"ג / 6 Tishrei 5783
Perasha Page 1094 Haftarah 1204 שובה in Artscroll

Shabbat Prayer Times

מנחה Minha (Main Synagogue)	6:30 p.m.
הדלקת נרות Candle Lighting	6:42 p.m.
שחרית מנין החיד"א (ותיקין) Shaharit Ha'Hida Vatikin	6:15 a.m.
Shiur Hilchot Shabbat	8:30 a.m.
שחרית Shaharit (Main Synagogue)	9:00 a.m.
Shabbat Shuva Derasha	5:00 a.m.
תהלים Tehilim	5:45 p.m.
מנחה Minha	6:25 p.m.
שבת שובע טוב Shabbat Ends	7:42 p.m.



Shabat Zemanim- Netz- נץ- 7:08 am, Keriat Shema- שקיעת שמע- 10:08 am, Shekia- שקיעה- 7:11 pm

Weekday Services

שחרית Shaharit Sunday	שחרית Shaharit Weekdays
ותיקין Vatikin 6:35 a.m.	ותיקין Vatikin 6:35 a.m.
מקדימים Makdimim 8:00 a.m.	מקדימים Makdimim 6:30 a.m.
קבועים Kebuim 9:00 a.m.	קבועים Kebuim 8:00 a.m.
	מנחה Minha 6:40 p.m.
	ערבית Arbit 18 minutes after sunset

Birthdays this week

Daniel Moshe Cohen, Michelle Benchetrit, Esther Rina Serruya, Ari Benchetrit, Esther Bensimon, Rachel Boussidan, Ethan Attias, Joe Elmaleh

Wishing you all a Shana Toba with good health, long life, joy and happiness
לשנה טובה תכתבו לחיים טובים ולשלום



Nahalot

Djamile Malinowicz ל"י 6 Tishrei / Shabbat October 1st
Mordechai Bensalmon ל"י 7 Tishrei / Sunday October 2nd
Yamin Beniluz ל"י 8 Tishrei / Monday October 3rd
Herbert Stein ל"י, Harold Zeldin ל"י 9 Tishrei / Tuesday October 4th
Reuben Benquesus ל"י, Perla Amar ל"י, Catherine Rosenfeld ל"י 10 Tishrei / Wednesday October 5th
Perla Ohana ל"י 11 Tishrei / Thursday October 6th

Nahalot for the following week

Camilla Hadida ל"י, Toby Kimelman Gornstein ל"י 14 Tishrei / Sunday October 9th
David Elmaleh ל"י, Aaron Bensimon ל"י, Salomon Assayag ל"י 15 Tishrei / Monday October 10th
Licy Azulay ל"י, Isaac Bentolila ל"י, Sarah Kadoch ל"י 16 Tishrei / Tuesday October 11th
Haim Queroub ל"י, Estrella Anidjar ל"י, Moshe Benggio Bar Reuben ל"י, Abraham Anidjar ל"י 17 Tishrei / Wednesday October 12th
Suzane Levy ל"י, Samuel Melul ל"י, Hanania Zrihen ל"י 19 Tishrei / Friday October 14th

Synagogue News

Hatarat Nedarim

Hatarat Nedarim will take place after each Shaharit minyan this Tuesday, October 4th.

Shabbat Shuva

This Shabbat is Shabbat Shuva.

Dr. Adam Ohayon will be addressing the Kahal during Shaharit with a sermon titled

"The Secret to Achieving a Clean Slate without Yom Kippur."

Rabbi Kadoch will deliver the traditional Shabbat Shuva address at 5pm titled: Man's Mission - Lessons from Sefer Yonah.

Reuben Benquesus will speak during Seuda Shelishit on the topic "BeRov Am Hadrat Melech."

(Men and Women are encouraged to attend all lectures)

Shabbat Kiddush

Kiddushim bring everyone together on multiple levels and we are thrilled to welcome everyone back to SKC for a congregational Shabbat Kiddush.

Anyone interested in sponsoring all or part of a kiddush or even helping us enhance the weekly kiddush is asked to call the office at 905-669-7654 x200 or send an e-mail to social@kehilacentre.com.

Kiddush this week is sponsored by the Sephardic Kehila Centre.

Seuda Shelishit

Over the past few months, the Divre Torah during Seuda Shelishit have tackled interesting and thought-provoking topics such as:

- Leaving negative reviews online
- Adding a name for a sick person
- Stepping and walking on graves
- Carrying weapons on Shabbat

This week's topic:

Seuda Shelishit this week is sponsored by the Sephardic Kehila Centre

Early Risers, Early Gainers

Join Rabbi Kadoch at 8:30am Shabbat mornings prior to Shaharit in the main synagogue for an informative shiur on Hilchot Shabbat. Start your day with an infusion of Torah. Open to everyone - (coffee and tea available).

Security For High Holidays

As a reminder, please bring your High Holiday Tickets to enter the building for the Hagim. Security will be checking diligently for tickets allowing access to only those who have membership.

If you see something, say something. Do not allow unknown individuals to enter your building. Do not allow packages to lie around un-inspected. Do not leave doors unlocked or unattended and immediately report any suspicious activity that you witness to a staff member or to a member of the board.

Mitzva Gedola Liyot Besimha

The synagogue is organizing a donation drive for Beer, Wine, Whisky to enjoy at the Kiddushim. Special Bracha for Parnassa & Refoua by Rabbi David Kadoch to all those who participate in this great Mitzva.

May we all be blessed with many simchot! Amen

Selihot

Selihot is scheduled for 45 minutes prior to each Shaharit minyan. The 8:15am minyan (7:30am Selihot) will take place in the main synagogue until following the High Holidays.

Community Selihot

The annual Community Selihot will take place at the Sephardic Kehila Centre on Motsae Shabbat October 1st, beginning at 12:30am (October 2nd).

Special guest speaker R' Eliyahu Ohayon from the Toronto Sephardic Kollel

(A Sunday morning Selihot service will be available at 7:15am in the downstairs synagogue)

Tefilot and Piyutim

Tefilot and Piyutim will start after Sukkot b"h.

Weekly Shiurim

Parashat HaShavua - Thursdays @8pm HYBRID*

Hilchot Shabbat - Shabbat at 8:30am Main Synagogue

Gemara Sanhedrin - Sundays at 7:15am Downstairs synagogue

Zachary Benatar

Weekly on Mondays @ 2:45pm: Parasha (men and women)

To be added to Zach's Shiur group, please contact Max Benatar at (416) 802-3824

Catering Update

BOOK YOUR SIMCHA NOW!

Please call Raphy Amar at (416) 822-7056 to book your next simcha. www.gladstonescaterer.com

Vaughan Mayoral Candidate Visit

This Shabbat, Vaughan mayoral candidate Mrs. Sandra Yeung Racco will be visiting the SKC.

Please feel free to introduce yourself during the Kiddush.

Shabbat Kids' Program

We encourage parents to bring their children to the program knowing they are well taken care of by our experienced staff. We have a fresh new program and exciting activities to entertain the children. Kehila Kidz program is located in the Lower Level Social Hall (Restaurant) and will run from 10:00 am until 12:00 pm (noon) on Shabbat.

Please remember that your children are your responsibility while at SKC and that if they are not participating in the children's program, that they should be sitting with you. We appreciate your understanding and cooperation.

Help us celebrate your child's birthday by updating your membership profile with their birthday information, or reach out to Laura Harroch via email at KehilaKidz@kehilacentre.com.

Vayelech – Yehoshua: The First Pulpit Rabbi

Rabbi David Kadoch

(ר.א'ל) "חזק ואמץ"

"Be strong and courageous." (31:7)

It's amazing what you can discover by reading an excerpt with more intensity. On Thursday, one of the boys of the school was reading the parasha when I was hit with a question as I focused on the words I was hearing. Moshe calls Yehoshua over in front of all the Jewish people and encourages him to be strong and courageous - - Hazak Ve'ematz, for he's going to be the one to bring them into the Promised Land. Immediately thereafter, Moshe commands the Jewish people one of the final mitzvot in the Tora, the mitzva of Hakhel; the mitzva where once every seven years all the Jews gather together to hear the reading of the Tora from the king. My inquiry was whether or not there seems to be a connection between the two juxtaposed set of verses. It seems strange that after Moshe's words of wisdom to Yehoshua, he would then command the Jewish people of the mitzva of Hakhel. Why not repeat the vitality of Shabbat or the prohibition of Avoda Zara? I scoured some books and I'd like to present you with what I believe is the connection.

The commentaries on the words Hazak Ve'ematz explain that Moshe was forewarning Yehoshua not to let his inclination take over his leadership duties. Yehoshua must do his utmost not to let his rise to power bring him to haughtiness and over-control of the general public. His words of Hazak Ve'ematz were actually a blessing to him that he should conquer this inclination which would be sure to test him. According to the Hizkuni, the commandment of Hakhel was commanded to Yehoshua. He was to be the first "king" of the Jews who would be obligated to read the Tora in front of the congregation. Yehoshua would be the first person to publicly teach the lessons of the Tora after the death of Moshe. The pressure mounted on him would be incredible and too much to bear for the average person. Moshe needed to bless him to be able to stand from the political and societal pressures that come along with teaching the Tora; remaining true to its lessons, laws and practices. Moshe foresaw this as an unfortunate reality as the torch of Tora teachers and community spiritual leaders gets passed down from Yehoshua, to kings, to Kohanim, to Nesi'im and eventually to the rabbis of today. A good rabbi is steadfast in his beliefs and places the lessons of the Tora at the forefront. Rabbis are constantly faced with many pressures that could alter their way of thought and decision processes. Monetary pressures, assertive community members and inability to stare problems in the face are just some of the reasons why Moshe had to bless Yehoshua with those two words - Hazak Ve'ematz - Don't let outside obstacles cloud the vision of the Tora. Don't let the pressures of dominating individuals hinder you to make the right decisions. Yehoshua was the first modern day pulpit rabbi, 2400 hundred years ago. He was successful and he had Moshe to thank.

Shabbat Shuva- Teshuba & Torah Learning

Rabbi Eli J. Mansour

The famous Haftara read on Shabbat Shuva - the Shabbat in between Rosh Hashanah and Yom Kippur - comes from the Book of Hoshea, and begins with the prophet calling to the people, "Return, O Israel, unto Hashem your G-d, for you have stumbled through your sin" (14:2). Hoshea then instructs us how to embark on this road of repentance: "Kehu Imachem Debarim Ve'shubu El Hashem" - "Take with yourselves words, and return to G-d" (14:3).

Rav Aharon Kotler (1892-1962) explains that these "words" are the words of the Torah. In order to properly repent, one must devote time to the study of Torah.

In truth, this is stated explicitly in the Midrash (Yalkut Shimoni, 935), which teaches: "If a person stumbled upon a sin for which he liable to death at the hands of G-d, what shall he do so he may live? He should involve himself in Torah. If he was accustomed to reading one page, he should read two pages; to learn one chapter, he should learn two chapters." The Midrash tells us that one can avoid the repercussions of his

wrongdoing by increasing the amount of time he spends learning Torah.

Why is Torah learning a crucial component of Teshuba? The Rambam famously lists the four elements that comprise the process of repentance - discontinuing the sinful behavior, remorse, confession, and committing not to repeat the sin in the future. All these stages are readily understandable, as they relate to the sin itself. But how does this additional component - Torah study - relate to the process of Teshuba?

The answer can be found in a well-known Mishna in Pirkeh Abot (3:6) which teaches that whenever somebody learns Torah, the Shechina (divine presence) is with him. Each and every time we open a Torah book, or listen to a Torah class, G-d is present. We are all very enthusiastic when we have the privilege of meeting with a famous Sadik for five minutes; but in truth, every time we learn Torah, we are together with G-d throughout the entire period we spend learning. He is right there with us each and every time we study Torah.

Sin creates distance between us and G-d. It severs the connection between us. We all become frazzled when we are

somewhere without a Wi-Fi connection, or without cellphone reception. But losing our connection with G-d is much more serious. G-d is the source of all blessing and goodness in our lives; when we lose our connection to Him, we lose our connection to everything that we need and want. Teshuba literally means "return." As we cited earlier, Hoshea calls to us and pleads, "Return, O Israel, unto Hashem your G-d." Teshuba is the process of rebuilding our connection with Hashem after having severed that connection through our misconduct.

As we think about the way we need to grow and improve during this period of repentance, let us include as well as resolution to increase the amount of time we devote to Torah learning. Our efforts to "return" to G-d, to rebuild and enhance our connection with Him, must include a commitment to Torah learning, which brings Hashem into our lives and brings us closer to Him. Let us make Torah study an important part of our Teshuba process during this season, and we will, please G-d, be worthy of being inscribed in the Book of Life and of being blessed with a year of joy, success and prosperity, Amen.

HIGH HOLIDAYS SCHEDULE

Erev Rosh Hashana	Sun, Sept. 25TH, 2022
Candle Lighting	6:51pm
Minha	6:50pm
Arbit	7:15pm
Kiddush After	7:34pm
First Day of Rosh Hashana	Mon, Sept. 26TH, 2022
Shaharit	8:30am
Tashlich	6:25pm
Minha	6:45pm
Arbit	7:20pm
Candle Lighting and Kiddush After	7:32pm
Second Day of Rosh Hashana	Tues, Sept. 27TH, 2022
Shaharit	8:30am
Minha	6:45pm
Arbit	7:35pm
Yom Tov Ends	7:49pm
Erev Yom Kippur	Tues, Oct. 4TH, 2022
Minha	2:00pm
Kal Nidre	6:15pm
Candle Lighting Before	6:35pm
Yom Kippur	Weds, Oct. 5TH, 2022
Shaharit	8:00am
Minha	4:00pm
Neila	6:40pm
Shofar - Yom Tob Ends	7:34pm

Community

Selichot

Motzae Shabbat
October 1st,
 beginning at 12:30am
 (October 2nd)

Join the entire Sephardic Community as we unite in reciting some of our favorite and most inspiring prayers in preparation of Yom Kippur



Sephardic Kehila Centre



KEHILA KIDS WEEKLY SHABBAT PROGRAM

Every Shabbat from 10:00am till 12:00pm

Amazing activities & games
 Tefillah Fun Interactive Parasha
 Games Food Art fun Circle time
 songs and stories Snacks Monthly
 Raffles Birthday celebrations
 Experienced staff and youth
 leaders And so much more!

Offering programs for kids of all
 ages: **Kehila Tots 3-6**
Kehila Kidz 7-12

Celebrate your child's birthday or special
 event by sponsoring program snacks or
 donating to our program, so many ways to
 participate and make our Kehila Kidz
 Program a success.

For more information contact Laura Harroch
 @ KehilaKidz@kehilacentre.com

Pencil it in...

Stay tuned for some wonderful programming and events on the horizon that we are working on.

- ⇒ Sukkah Hop 4 Kidz - First Day of Sukkot (Mon Oct 10)
- ⇒ Simhat Bet HaShoevah - Wed Oct 12th
- ⇒ Rabbi Kadoch pop-in Sukkah gathering for youth - Thurs Oct 13th
- ⇒ Simhat Torah Luncheon - Tues Oct 18th
- ⇒ Oneg Shabbat with Rabbi Kadoch and Family - Friday November 11th
- ⇒ Avot U'Banim Starting November 12th
- ⇒ Motsei Shabbat dodgeball with Jack Bennaroch.
- ⇒ Canada vs Morocco World Cup viewing party at SKC - Thursday Dec 1st
- ⇒ Buffalo Sabres vs San Jose Sharks Hockey game in Buffalo - Sunday Dec 4th

We need your help to volunteer.