

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Jean-Claude Abtan
Vice President
Eric Benchetrit

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

Parashat Bereshit פרשת בראשית
Shabbat October 2nd 2021, כ"ו תשרי תשפ"ב / 26 Tishrei 5782
Perasha Page 2, Haftarah 1130 in Artscroll

Shabbat Prayer Times

מנחה Minha	6:40 p.m.
הדלקת נרות Candle Lighting	6:40 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikim	6:15 a.m.
שחרית (Main Synagogue) Shacharit	9:00 a.m.
תהלים Tehilim	5:40 p.m.
מנחה Minha	6:10 p.m.
שבת טוב Shabbat Ends	7:39 p.m.

Weekday Services at Medrash Torah Vehayim

שחרית Shacharit Sunday	
ותיקין Vatikim	6:40 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.
שחרית Shacharit Weekdays	
ותיקין Vatikim	6:40 a.m.
מקדימים Makdimim	6:30 a.m.
קבועים Kebuim	8:00 a.m.
מנחה Minha	6:35 p.m.
ערבית Arbit	18 minutes after Sunset

Shabbat Zemanim- Netz- ז- 7:17 am, Keriat Shema- שקיעה- 6:56 pm, Shekia- 10:11 am

Mazal Tov

To our Hatanim this past Simhat Torah
Sam Essebag, Avraham Ohayon, David Toledano, Samuel Toby

Mr. & Mrs. Ilan and Jennifer Gershon on the Bar Mitzvah of their son, Seth
Proud Grandparents: Mr. Simon Sabbah and Mrs. Emmy Gershon

Mr. & Mrs. David and Dina Azulay on the Bat Mitzvah of their daughter, Alegria
Proud Grandparents: Mr. & Mrs. Elias and Perla Azulay and Rabbi and Mrs. Yedidya and Denise Ohayon

Mr. & Mrs. Avi and Yael Benchetrit on the birth of a Baby Boy in Israel
Proud Grandparents: Mr. & Mrs. Sol and Bella Benchetrit and Mr. & Mrs. Dror and Anat Rozenblit
Proud Great-Grandfather: Mr. Albert Bitton

Birthdays this week

Michelle Benchetrit, Esther Rina Serruya, James A. Benchetrit, Rachel Boussidan, Ethan Attias,
Joe Elmaleh, Miriam Bendelac, Steele Serruya, Lior Kozai

Nahalot

Rachel Benaim ז"ל, Elimelech Wolf ז"ל **26 Tishrei** /Shabbat Oct. 2nd
Amilia Solomon ז"ל **28 Tishrei** /Monday Oct. 4th
Esther Berdugo ז"ל, Messod Dadoun ז"ל **29 Tishrei** /Tuesday Oct. 5th
Myriam Medina ז"ל, Rachel Benaim ז"ל, Mair Oziel ז"ל **30 Tishrei**
/Wednesday Oct. 6th
Miriam Benhaim ז"ל, Aliya Oziel ז"ל **1 Heshvan** /Thursday Oct. 7th
Hanna Anidjar ז"ל, Messod Benarroch ז"ל, Nissim Elkaim ז"ל, Hassibe
Zeitoune ז"ל, Ambrosio Ederly ז"ל **2 Heshvan** /Thursday Oct. 8th

Nahalot for the following week

Rabbi Elias Toby ז"ל **3 Heshvan** / Shabbat October 9th
Joseph Benhaim ז"ל, Camille Beniluz ז"ל, Abraham Cohen ז"ל, Eliahu Weiz-
mann ז"ל **4 Heshvan** / Sunday October 10th
Mercedes Anidjar ז"ל **5 Heshvan** /Monday October 11th
Aida Bendrihen ז"ל **6 Heshvan** /Tuesday October 12th
Estrella Rashty ז"ל, Bertha Benquesus ז"ל **7 Heshvan** /Wed. October 13th
Rebeca Revivo ז"ל **9 Heshvan** /Friday October 15th

Synagogue News

JNF Honouree

We are happy to announce that our own **Rabbi David Kadoch** will be honoured by JNF and Negev, along with other rabbis around the city for their incredible work and devotion to the community throughout the COVID-19 pandemic. See flyer in the foyer for more details. Hazak U'Baruch to Rabbi Kadoch!

Rosh Hodesh Heshvan

Rosh Hodesh (Mar)Heshvan will be on Wednesday and Thursday.

Kiddush Is Back!

Kiddushim have long been an opportunity for everyone to socialize and see each other. We are thrilled to be able to welcome everyone back. We will need everyone to be mindful of social distancing and of COVID restrictions. Anyone who wishes to sponsor Kiddush to celebrate an occasion, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at sulty@kehilacentre.com.

Kiddush, this week, is sponsored by Mr. & Mrs. Ilan and Jennifer Gershon, in honour of their son Seth, on the occasion of his Bar Mitzvah

Seuda Shelishit

We are holding Seuda Shelishit again, between Minha and Arbit on Shabbat, with some adjustments due to COVID restrictions. Anyone who wishes to sponsor Seuda Shelishit in memory of a loved one, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at sulty@kehilacentre.com.

Seuda Shelishit, this week, is sponsored by the Sephardic Kehila Centre

Kid's Program Is Back

We are thrilled to celebrate the return of the kids' program. We have four young women from the community led remotely by Ashlene Azulay, who have gotten together to create a program of activities to entertain and educate children of the community while their parents pray. We encourage parents to bring their children to the centre and feel comfortable that they are in a safe and healthy environment.

The kid's program is located in the Lower Level Social Hall (Restaurant) and will run from 9:30 am until 11:30 am on Shabbat.

Early Risers, Early Gainers

Rabbi Kadoch will start a new shiur on Hilchot Shabbat at 830am Shabbat mornings prior to Shaharit in the main synagogue. Start your day with an infusion of Torah. Open to everyone - (coffee and tea available)

Weekly Shiurim

Monday - Study of the Amida (men and women) @ 8 pm
(resuming after holidays)

Tuesday - Torah Learning-Limud Torah BACK TO BASICS @ 8 pm

Thursday - Weekly Parasha (men and women all ages) @ 8 pm

Sunday - Gemara Masechet Sotah @ 7:15am

Shabbat - Hilchot Shabbat (main synagogue) @ 8:30 am

Zachary Benatar

Monthly on Mondays @ 2:45pm:

Parasha (men and women)

Join SKC Whatsapp group for link and times

Parashat Bereshit - פרשת בראשית

Bereshit - Longing for Shabbat

Rabbi David Kadoch

ושמרו בני ישראל את השבת, לעשות את השבת ברית עולם, ביני ובין בני ישראל אות היא לעולם"

"And the Children of Israel will safeguard the Shabbat, to make the Shabbat an eternal covenant, between me and the Children of Israel, a sign forever."

The Imrei Shefer notes that the Jews and gentiles have different opinions as to what constitutes a day. The day according to the Jewish calendar begins at the previous night, while the gentiles include the current night as part of the current day. We are taught that night symbolizes affliction, strict judgment and troubles. Based on our current understanding of how the day works, this can be used as an allegory to Olam Haze and Olam Haba. The Jews first face affliction and troubles in this world but they are aware that in the end, the sun will rise and will provide healing and salvation in the next world. On the other hand, the gentiles begin their day with the morning, which symbolizes good times, but in the end, the next world, there is darkness.

This is why the Jewish day of rest (Shabbat), comes at the end of the week; to signify that first we work hard in this world, albeit in difficult times, but in the end we receive our rest (reward) in the next world. This coincides with the Talmudic saying "One who works on Erev Shabbat, will eat on Shabbat" (Avodah Zara 3a). However, with regards to the gentiles, their day of rest (Sunday), comes at the beginning of the week. They start off with rest and relaxation yet the hard work and troubles will arrive later i.e. the next world. The Vilna Gaon asks: Why is the word עולם (in the above verse) written first with the letter "vav" and then it's written without one. He answers that this hints to a special halacha with regards to someone who doesn't know what day of the week it is. In this scenario, he should count six days from the day he's in doubt, and on the 7th day, he should observe the Shabbat.

So when Jews are observing Shabbat in normal circumstances we apply the words as follows: ושמרו בני ישראל את השבת...ברית (עולם), the word is spelled correctly with a "vav", implying the eternal covenant the Torah speaks about. However, if a person is unaware which day it is because he forgot, i.e. the day is "hidden" (נעלם from him, then he should just count six days, כי ששת ימים עשה ה' את השמים ואת הארץ, because Hashem created the world in six days and that is what he must do. It's not a coincidence that the letter missing is which has the numerical value of six as well.

Parashat Bereshit: Producing Biological and Spiritual Children

Rabbi Eli Mansour

There is a longstanding tradition among Torah scholars to find connections between the end of the Torah and the beginning of the Torah. This enterprise is aimed at underscoring the fact that the Torah is "circular," that the process of learning never ends, that we always have more knowledge and insight to gain. As we know, each year on Simhat Torah, as soon as we finish the Torah reading, we immediately read the first chapter of the Torah, demonstrating that we never consider ourselves "finished" learning Torah. Some have suggested that this is the deep meaning of the "Hakafot," our dancing in circles on Simhat Torah to celebrate the conclusion of the Torah reading. We dance in circles to show that Torah is "circular," that there is no beginning and no end. Similarly, Darshanim (lecturers) throughout the ages have sought to identify connections between the end of the Torah and the beginning, as part of this effort to emphasize the "circular" nature of Torah learning.

One such connection is drawn by Rav Haim Palachi (Turkey, 1788-1868), in his work Birkat Moadecha Le'Haim. He writes that if a couple is struggling to conceive, they should donate a Sefer Torah, as this is a Segula for begetting children. The reason, Rav Palagi explains, is that the final Misva in the Torah is the Misva to write a Sefer Torah (Debarim 31:19), and the first Misva in the Torah is "Peru U'rebu" – the obligation to procreate (Bereshit 1:28). These two Misvot are closely linked to one another, and thus in the merit of writing a Sefer Torah, one earns the privilege of fulfilling the Misva of "Peru U'rebu."

On a deeper level, the Kabbalists explain that there are two forms of "procreation" in which we are to involve ourselves. The first, and more obvious, form is biological procreation. Quite simply, we are required to try to beget and raise children. But in addition, we are bidden to involve ourselves in spiritual procreation, to produce Kedusha. This is done by writing Torah scrolls, but also by producing other forms of Torah literature. The Tur (Rabbenu Yaakov Ben Asher, 1269-1343) cites his father, the Rosh (Rabbenu Asher Ben Yehiel, Germany-Spain, 1250-1327), as ruling that nowadays, when we learn not from Torah scrolls, but from texts such as the Talmud and its commentaries, we fulfill the Misva of writing a Sefer Torah by producing and purchasing these texts. Accordingly, the Kabbalists teach, when a Torah scholar conceives of new Torah insights and writes them down, this is a form of "procreation." The pen is comparable to the male, and the paper corresponds to the woman. Just as a man impregnates a woman to produce a child, the pen applies ink to the paper to produce a "child" – written Torah.

It has been suggested that this is why the Tur and Shulhan Aruch present the laws of writing a Torah scroll in the 270th chapter of the Yoreh De'a section. The letters representing the number 270 are "Ayin" and "Resh," which spell "Er" – the name of Yehuda's son, who, as we read in Parashat Vayesheb (Bereshit 38), did not want to produce children, and engaged in marital relations in a manner that would not result in conception. This sin is rectified not only through begetting biological children, but also by begetting spiritual children, by writing Sifre Torah and other books of Torah literature, whereby we increase sanctity and spirituality in the world.

May Hashem grant us the assistance we need to both produce and raise biological offspring, and also produce holiness in the world through our efforts to learn Torah and facilitate the proliferation of Torah learning throughout the Jewish Nation.



TORAH LEARNING - LIMUD TORAH BACK TO BASICS

Wednesdays
Beginning Oct 13th

IN PERSON

**WED.
8PM**

Rabbi David Kadoch

- Gemara Berachot (30 min)
- Tanach w/ Rashi (20 min)
- Halacha Shulhan Aruch (20 min)
 - Open to learners of all levels
 - Refreshments to be served

Having your own sefer (book) is strongly recommended. Please contact Rabbi Kadoch if you would like to have him purchase a copy for you.

VIDEO CONFERENCING

**WED.
8PM**

Rabbi David Kadoch

- Also available via video conferencing
 - <https://global.gotomeeting.com/join/450150709>

Shiur archives can be found on the the Finding Holiness podcast at findingholiness.buzzsprout.com