

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Jean-Claude Abtan  
Vice President  
Eric Benchetrit

שבת שלום  
*Shabbat Shalom*

ברוכים הבאים  
*Welcome to our Synagogue*

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

*Parashat Vayelech פרשת נצבים*  
Shabbat September 11th 2021, ה' תשרי תשפ"ב / 5 Tishrei 5781  
Perasha Page 1094, Haftarah 1204 in Artscroll

### Shabbat Prayer Times

מנחה Mincha	7:10 p.m.
הדלקת נרות Candle Lighting	7:18 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikim	5:50 a.m.
Shabbat Shuva Derasha	5:40 p.m.
תהלים Tehilim	6:20 p.m.
מנחה Mincha	6:50 p.m.
שבת שוב טוב Shabbat Ends	8:18 p.m.

### Weekday Services at Medrash Torah Vehayim

<i>שחרית Shacharit Sunday</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	7:45 a.m.
קבועים Kebuim	9:00 a.m.
<i>שחרית Shacharit Weekdays</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	6:30 a.m.
קבועים Kebuim	8:00 a.m.
מנחה Mincha	7:20 p.m.
ערבית Arbit	18 minutes after Sunset

Shabat Zemanim- Netz- נץ- 6:53 am, Keriat Shema- קריאת שמע- 10:03 am, Shekia- שקיעה- 7:34 pm

### Mazal Tov

Dr. Adam and Esther Ohayon on the birth of a baby boy.  
Proud grandparents: Mr. and Mrs. Henri and Chantal Ohayon and Mrs. Kathryn Edery  
Proud great-grandparents: Mr. and Mrs. Jack and Suzanne Benchimol and Mrs. Messoda Ohayon

### Happy Anniversary

Benjamin & Yaffa Bensimon

### Birthdays this week

Liat Benchluch, Suzy Benchetrit, Albert Anidjar, Ethan Abecassis, Jade Serruya, Noah Amiel, Samuel Serruya, Molly Eden Toby, Sylviane Bendelac, Yael Azoulay

## Nahalot

Djamile Malinowicz ז"ל 6 Tishrei / Sunday September 12th  
Mordechai Bensalmon ז"ל 7 Tishrei / Monday September 13th  
Yamin Beniluz ז"ל 8 Tishrei / Tuesday September 14th  
Herbert Stein ז"ל 9 Tishrei / Wednesday September 15th  
Reuben Benquesus ז"ל, Perla Amar ז"ל, Perla Ohana ז"ל, Catherine Rosenfeld ז"ל 10 Tishrei / Thursday September 16th

## Nahalot for the following week

Camilla Hadida ז"ל 14 Tishrei / Monday Sept. 20th  
David Elmaleh ז"ל, Aaron Bensimon ז"ל, Salomon Assayag ז"ל 15 Tishrei / Tuesday Sept. 21st  
Isaac Bentolila ז"ל, Rachel Edery ז"ל, Licy Azulay ז"ל, Sarah Kadoch ז"ל 16 Tishrei / Wednesday September 22nd  
Estrella Anidjar ז"ל, Haim Queroub ז"ל, Abraham, Anidjar ז"ל, Moshe Benggio bar Reuben ז"ל 17 Tishrei / Thursday September 23rd

## Synagogue News

### Selihot

Selihot continues this week, 45 minutes before each respective minyan.

### Baruch Haba

We have been blessed to welcome many new members this year and wish to formally welcome our latest members to the Kehila Family

**Mr. & Mrs. Nir and Dalia Shayo**

**Mrs. Mimi Ohayon**

**Mr. & Mrs. Jacob and Vanessa Benarroch**

**Mr. & Mrs. Aaron and Rivka Hadida**

### Shabbat Shuva Derasha

Shabbat Shuva Derasha by Rabbi Kadoch will take place in the main synagogue this Shabbat at 5:40pm. Everyone is welcome.

### Community-Wide Selihot Service

IT'S BACK! After a one-year hiatus, the entire community is invited to participate in a Selihot service at the SKC on Motsae Shabbat, Parashat Ha'azinu (Saturday night/Sunday September 11/12 at 12:30am) Speaker to be announced.

### Winter Schedule

This Shabbat we will begin our winter scheduling for Tefila, including weeknights. See times above for times and information.

### Mishmara

The Mishmara of Mrs. Estrella Rashty z"l will be on Motsae Shabbat September 11th following Arbit. Cemetery service will be at Pardes Shalom Cemetery on Sunday September 12th at 10:00 am

### Cemetery Service

Cemetery service for Mr. Amram Benmaman z"l will be at Pardes Shalom Cemetery on Sunday September 12th at 10:30 am

### The Kol Shmuel Shofar Program

If you know of anyone that is not able to attend Synagogue on Rosh Hashana or on Yom Kippur, the Kol Shmuel Shofar Program, organized by Max Benaim and his group of amazing volunteers will try to come by to blow the Shofar for them before Roah Hashana or between Rosh Hashana and Yom Kippur. Max Benaim can be reached at 416-918-0676. The Kol Shmuel Shofar Program is being offered to our Community for its 13th year in memory of Mr. Samuel Oziel z"l.

### 5782 Membership Update

We have sent out statements to all members with the dues for 5782 membership and any outstanding pledges that have accumulated over the year. All outstanding amounts must be paid in order to receive high holiday tickets. If you have any questions, please call Sultry in the office at 905-669-7654 x200 or via e-Mail at [sultry@kehilacentre.com](mailto:sultry@kehilacentre.com).

### Kiddush Is Back!

Kiddushim have long been an opportunity for everyone to socialize and see each other. We are thrilled to be able to welcome everyone back.

We will need everyone to be mindful of social distancing and of COVID restrictions.

Anyone who wishes to sponsor Kiddush to celebrate an occasion, should contact Sultry in the office at 905-669-7654 x200 or via e-Mail at [sultry@kehilacentre.com](mailto:sultry@kehilacentre.com).

**Kiddush, this week, is sponsored by Sephardic Kehila Centre**

### Seuda Shelishit

We are holding Seuda Shelishit again, between Minha and Arbit on Shabbat, with some adjustments due to COVID restrictions. Anyone who wishes to sponsor Seuda Shelishit in memory of a loved one, should contact Sultry in the office at 905-669-7654 x200 or via e-Mail at [sultry@kehilacentre.com](mailto:sultry@kehilacentre.com).

**Seuda Shelishit, this week, is sponsored by Mr. and Mrs. Moshe Dayan in memory of Haim Ben David Dayan & Simha Bat David Dayan**

### Kid's Program Is Back

We are thrilled to celebrate the return of the kids' program. We have four young women from the community led remotely by Ashlene Azulay, who have gotten together to create a program of activities to entertain and educate children of the community while their parents pray. We encourage parents to bring their children to the centre and feel comfortable that they are in a safe and healthy environment. The kid's program is located in the Lower Level Social Hall (Restaurant) and will run from 9:30 am until 11:30 am on Shabbat.

### Weekly Shiurim

Monday - Study of the Amida (men and women) @ 8 pm (resuming after holidays)

Tuesday - Halacha (university-aged boys) @ 8 pm

Thursday - Parashat HaShavua (men and women all ages) @ 8 pm

Sunday - Gemara Masechet Sotah @ 7:15am (resuming after holidays)

# High Holidays Schedule

## Erev Yom Kippur

Wednesday September 15th

Minha	2:00 p.m.
Candle lighting before	7:09 p.m.
Kal Nidre	6:50 p.m.

## Yom Kippur

Thursday September 16th

Shaharit	8:00 a.m.
Minha	4:30 p.m.
Neila	7:10 p.m.
Shofar -Yom Tov ends	8:09 p.m.

Wishing you all a Shana Toba with good health, long life, joy and happiness

## Vayelech - Teshuva and your final day on Earth

Rabbi David Kadoch

What would you do on your final day on Earth? It's not a question we often think about, but I'm sure it's crossed our mind at some point in our lives. I guess most would say they'd like to spend time with their family, say their final goodbyes and best wishes. Others, if given the opportunity, may attempt some crazy adventure like skydiving. Whatever it is, I bet writing thirteen Sifre Torah on your final day wasn't in your plans. Truth be told, only one person can accomplish such a feat and only one person can choose to do this on the final day of his life; Moshe Rabenu.

Moshe devoted the final day of his life to write a Sefer Torah for each tribe and one extra that was to be placed in the Holy Ark. The one and only message he wished to impart to the people he was leaving was that there's nothing more precious in this world than the Torah. When a Jew feels connected to the Torah then the rest of his life just falls into place as necessary. As the Jews prepare to enter the holy land of Israel, Moshe warns them that the spiritual presence of G-d encountered upon in the desert won't be as apparent in the new land. The land requires work, physical toiling and often moments of sorrow. The warning to take heed of the Torah and its commandments is crucial to the survival of the land and to conquer the land and build their lives. Maybe that's why the Medrash writes that the 13th Torah was removed from the Holy Ark by the Angels in heaven in order that they read from it every Monday and Thursday.

So what's the message for Yom Kippur? The Talmud tells us the trick to attaining effective, permanent repentance. Ready for it? Here it is: Imagine that every day is your last. It's a scary thought, but when fully internalized it can change a person's life. This week, we will read about Moshe Rabenu's last day. Guess what? He didn't go skydiving. He changed the world.

## Shabbat Shuva- Teshuba & Torah Learning

Rabbi Eli Mansour

The famous Haftara read on Shabbat Shuva – the Shabbat in between Rosh Hashanah and Yom Kippur – comes from the Book of Hoshea, and begins with the prophet calling to the people, "Return, O Israel, unto Hashem your G-d, for you have stumbled through your sin" (14:2). Hoshea then instructs us how to embark on this road of repentance: "Kehu Imachem Debarim Ve'shubu El Hashem" – "Take with yourselves words, and return to G-d" (14:3).

Rav Aharon Kotler (1892-1962) explains that these "words" are the words of the Torah. In order to properly repent, one must devote time to the study of Torah.

In truth, this is stated explicitly in the Midrash (Yalkut Shimoni, 935), which teaches: "If a person stumbled upon a sin for which he liable to death at the hands of G-d, what shall he do so he may live? He should involve himself in Torah. If he was accustomed to reading one page, he should read two pages; to learn one chapter, he should learn two chapters." The Midrash tells us that one can avoid the repercussions of his wrongdoing by increasing the amount of time he spends learning Torah.

Why is Torah learning a crucial component of Teshuba? The Rambam famously lists the four elements that comprise the process of repentance – discontinuing the sinful behavior, remorse, confession, and committing not to repeat the sin in the future. All these stages are readily understandable, as they relate to the sin itself. But how does this additional component – Torah study – relate to the process of Teshuba?

The answer can be found in a well-known Mishna in Pirkeh Abot (3:6) which teaches that whenever somebody learns Torah, the Shechina (divine presence) is with him. Each and every time we open a Torah book, or listen to a Torah class, G-d is present. We are all very enthusiastic when we have the privilege of meeting with a famous Sadik for five minutes; but in truth, every time we learn Torah, we are together with G-d throughout the entire period we spend learning. He is right there with us each and every time we study Torah.

Sin creates distance between us and G-d. It severs the connection between us. We all become frazzled when we are somewhere without a Wi-Fi connection, or without cellphone reception. But losing our connection with G-d is much more serious. G-d is the source of all blessing and goodness in our lives; when we lose our connection to Him, we lose our connection to everything that we need and want. Teshuba literally means "return." As we cited earlier, Hoshea calls to us and pleads, "Return, O Israel, unto Hashem your G-d." Teshuba is the process of rebuilding our connection with Hashem after having severed that connection through our misconduct.

As we think about the way we need to grow and improve during this period of repentance, let us include as well as resolution to increase the amount of time we devote to Torah learning. Our efforts to "return" to G-d, to rebuild and enhance our connection with Him, must include a commitment to Torah learning, which brings Hashem into our lives and brings us closer to Him. Let us make Torah study an important part of our Teshuba process during this season, and we will, please G-d, be worthy of being inscribed in the Book of Life and of being blessed with a year of joy, success and prosperity, Amen.