

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Jean-Claude Abtan
Vice President
Eric Benchetrit

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

Parashat Nitzavim פרשת נצבים
Shabbat September 4th 2021, כז' אלול תשפ"א / 27 Elul 5781
Perasha Page 1086, Haftarah 1202 in Artsroll

Shabbat Prayer Times

מנחה Minha	7:20 p.m.
הדלקת נרות Candle Lighting	7:31 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikin	5:45 a.m.
תהלים Tehilim	6:30 p.m.
מנחה Minha	7:00 p.m.
שבע טוב Shabbat Ends	8:32 p.m.

Weekday Services at Medrash Torah Vehayim

שחרית Shacharit Sunday

ותיקין Vatikin	6:05 a.m.
מקדימים Makdimim	7:45 a.m.
קבועים Kebuim	9:00 a.m.

שחרית Shacharit Weekdays

ותיקין Vatikin	6:05 a.m.
מקדימים Makdimim	6:30 a.m.
קבועים Kebuim	8:00 a.m.
מנחה Minha	7:30 p.m.
ערבית Arbit	18 minutes after Sunset

Shabat Zemanim- Netz- נץ- 6:45 am, Keriat Shema- קריאת שמע- 10:00 am, Shekia- שקיעה- 7:48 pm

Mazal Tov

Warren & Miriam Essebag on the Bar Mitzvah of their son, Samuel
Proud Grandparents: Mr. & Mrs. Sam & Alegria Toby

Happy Anniversary

Leon & Marie Benchabo, Robi & Mirey Bahar, Jimmy & Limor Keslassy, Avi & Francine Azuelos

Birthdays this week

Judith Kadoch, Ross Savatti, Keira Benquesus, Linda Ungar, Judah Benquesus, Renee Edery, Aaron Dahan, Robert Stein, Elie Azulay, Sarah Buzaglo, Hanna Ohayon, Shoshana Assayag, Coby Sadeh

Nahalot

Emma Bitton ז"ל 29 Elul /Monday Sept. 6th
Shalom Attias ז"ל, Ruth Sabbah ז"ל 1 Tishrei /Tuesday Sept. 7th
Armando Abitbol ז"ל, Mercedes Essebag ז"ל 2 Tishrei /Wed. Sept. 8th
Messody Benchetrit ז"ל 4 Tishrei /Friday September 10th

Nahalot for the following week

Djamile Malinowicz ז"ל 6 Tishrei / Sunday September 12th Mordechai
Bensalmon ז"ל 7 Tishrei / Monday September 13th
Yamin Beniluz ז"ל 8 Tishrei /Tuesday September 14th
Herbert Stein ז"ל 9 Tishrei /Wednesday September 15th
Reuben Benquesus ז"ל, Perla Amar ז"ל, Catherine Rosen-feld ז"ל 10
Tishrei /Thursday September 16th
Perla Ohana ז"ל 11 Tishrei / Friday September 17th

Synagogue News

Selihot

Selihot continues this week, 45 minutes before each respective minyan.

Baruch Haba

We have been blessed to welcome many new members this year and wish to formally welcome our latest members to the Kehila Family
Mr. & Mrs. Jack and Bella Azulay
Mr. Simon Benmergui
Mr. & Mrs. Albert & Leni El-Faks

Tashlich

Tashlich will take place in the main lobby of the building at 7:00pm on Tuesday September 7th.

Tzom Gedalia

The Fast of Tzom Gedalia will be on Thursday September 9th
Fast starts at 5:38am. Fast ends at 8:11pm

Community-Wide Selihot Service

IT'S BACK! After a one-year hiatus, the entire community is invited to participate in a Selihot service at the SKC on Motsae Shabbat, Parashat Ha'azinu (Saturday night/Sunday September 11/12 at 12:30am)
Speaker to be announced.

Selihot Inspiration with Em HaBanim (Tirat HaKarmel)

Thank you to everyone who joined this past Sunday for a moving and inspirational event connecting our synagogue with Em HaBanim in Tirat HaKarmel. We heard powerful words from our own Rabbi Kadoch and Rabbi Eliad Skuri, in addition to some beautiful piyutim. We hope to continue this connection with more programs in the future.

Winter Schedule

This Shabbat we will begin our winter scheduling for Tefila, including weeknights. See times above for times and information.

Mishmara

The Mishmara of Mrs. Estrella Rashty ז"ל will be on Motsae Shabbat September 11th following Arbit.
Cemetery service will be at Pardes Shalom Cemetery on Sunday September 12th at 930am

The Kol Shmuel Shofar Program

If you know of anyone that is not able to attend Synagogue on Rosh Hashana or on Yom Kippur, the Kol Shmuel Shofar Program, organized by Max Benaim and his group of amazing volunteers will try to come by to blow the Shofar for them before Roah Hashana or between Rosh Hashana and Yom Kippur. Max Benaim can be reached at 416-918-0676. The Kol Shmuel Shofar Program is being offered to our Community for its 13th year in memory of Mr. Samuel Oziel ז"ל.

5782 Membership Update

We have sent out statements to all members with the dues for 5782 membership and any outstanding pledges that have accumulated over the year. All outstanding amounts must be paid in order to receive high holiday tickets.

If you have any questions, please call Sultry in the office at 905-669-7654 x200 or via e-Mail at sultry@kehilacentre.com.

Kiddush Is Back!

Kiddushim have long been an opportunity for everyone to socialize and see each other. We are thrilled to be able to welcome everyone back. We will need everyone to be mindful of social distancing and of COVID restrictions.
Anyone who wishes to sponsor Kiddush to celebrate an occasion, should contact Sultry in the office at 905-669-7654 x200 or via e-Mail at sultry@kehilacentre.com.

Kiddush, this week, is sponsored by Warren & Miriam Essebag in honour of their son, Samuel's Bar Mitzvah

Seuda Shelishit

We are holding Seuda Shelishit again, between Minha and Arvit on Shabbat, with some adjustments due to COVID restrictions. Anyone who wishes to sponsor Seuda Shelishit in memory of a loved one, should contact Sultry in the office at 905-669-7654 x200 or via e-Mail at sultry@kehilacentre.com.

Seuda Shelishit, this week, is sponsored by

Mr. Simon Sabbah in memory of his wife, Ruth Sabbah ז"ל
Mr. & Mrs. Isaac Abitbol, Dr. Joseph Abitbol and Mrs. Rebeca Ponte in memory of their father, Armando Abitbol ז"ל
Mr. & Mrs. Meyer Benchetrit in memory of his mother, Messody Benchetrit ז"ל

Weekly Shiurim

Monday - Study of the Amida (men and women) @ 8 pm (resuming after holidays)
Tuesday - Halacha (university-aged boys) @ 8 pm
Thursday - Parashat HaShavua (men and women all ages) @ 8 pm
Sunday - Gemara Masechet Sotah @ 7:15am (resuming after holidays)

Last Minute Ticket Pickup

The office will be open on Sunday, September 5th from 5 PM to 7:00 PM and Monday, September 6th from 9:00 AM to Noon for people needing to pay their balances and/or pickup their tickets for the high holidays.

High Holidays Schedule

Rosh Hashana Eve Monday September 6th

Candle lighting	7:25 p.m.
Minha	7:25 p.m.
Arbit	7:50 p.m.
Kiddush after	8:28 p.m.

1st Day Rosh Hashana Tuesday September 7th

Shaharit	8:30 a.m.
Tashlich	7:00 p.m.
Minha	7:15 p.m.
Arbit	7:55 p.m.
Candle lighting and Kiddush after	8:25 p.m.

2nd Day Rosh Hashana Wednesday September 8th

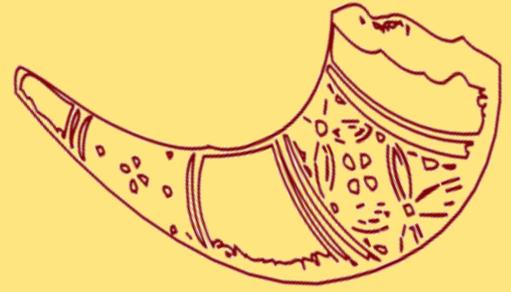
Shaharit	8:30 a.m.
Minha	7:15 p.m.
Arbit	7:50 p.m.
Havdala/Yom Tov ends	8:24 p.m.

Erev Yom Kippur Wednesday September 15th

Minha	2:00 p.m.
Candle lighting before	7:09 p.m.
Kal Nidre	6:50 p.m.

Yom Kippur Thursday September 16th

Shaharit	8:00 a.m.
Minha	4:30 p.m.
Neila	7:10 p.m.
Shofar -Yom Tov ends	8:09 p.m.



Wishing you all a Shana Toba with good health,
long life, joy and happiness

לשנה טובה תכתבו לחיים טובים ולשלום

Nitzavim 5778 – It's not just in the heart

והתברך בלבו לאמר שלום יהיה לי (כט:יח)

Rabbi David Kadoch

"He will bless himself in his heart saying: I will be at peace." (29:18) Rav Yehuda Tzadka, the famed Rosh Yeshiva from Porat Yosef used to say that the aforementioned pasuk was the justification for the irreligious to boost their claim that the performance of mitzvot is unnecessary, "for as long as a Jew has a good heart, then he's doing what's right." I'm not going to dare speak against the qualities that come with having a "good heart" for that is clearly the prerequisite for building any spiritual connection with God. However, under no circumstance does such a thought replace the need for actual performance of mitzvot. It's unfortunate that there are countless Jews in the world that firmly believe that kindness and good-heartedness is suffice when serving God. There is no greater connection to the Omnipresent then performing his commandments. The power and effect of a mitzva simply cannot be measured.

Rav Shalom Schwardron once gave a parable to explain this oversight. Imagine a man walks into a hospital and sees a person groaning in pain. He is without arms or legs and most of his body is in shambles. The man asks the sick patient, "What did the doctors say about your heart?" To which the sick man answers: "They said the heart is fine." The man replies, "If so, why are you groaning? Your heart is healthy!"

The message is sharp and direct. Don't let your "healthy heart" supersede the fact that you don't take physical action in the performance of mitzvot. Sending Rosh Hashana flowers to your neighbor is beautiful thing to do, but it doesn't take the place of attending synagogue and listening to the Shofar. Wishing you friend "Hag Sameah" is a kind gesture and should be emulated by everyone, but don't compare it to the actual building and sitting in a Sukkah. As we look forward to the upcoming Day of Judgment let's not ignore the obstacles that keep us from growing spiritually higher. Let us build on our goodheartedness to add many many mitzvot to our resume. With that combination, we'll be sure to receive a year of blessing and good fortune. Shana Tova!

Rosh Hashana- The Proper Way To Blow The Shofar

Rabbi Eli Mansour

One of the three types of shofar blasts is the "Tekia"- the straight simple sound. While Ashkenazim have a custom to finish the Tekia with an upward sounding tail, the Sepharadim blow a solid flat sound. This is what the Gemara refers to as "Peshuta"-the simple sound. The "Shevarim" blast is three distinct sounds which must be blown in one breath. If the Ba'al Tokeah took a breath in between, the blast is invalid, even B'diavad-after the fact.

There are different customs how to blow the staccato "Teruah" blast.

The Poskim disagree whether the combination of "Shevarim-Teruah" should be blown in the same breath or be separated by a breath. One who fears Heaven should fulfil both opinions: During the first set, Tekiot D'myushav, the combination is blown in the same breath, which is why there is a hyphen between the Shevarim and the Teruah in the Mahzor, whereas the rest of the "Shevarim Teruah" are blown in separate breaths. Even the blasts blown in the same breath should be separated by a narrow margin.

Rabbenu Ha'ari (Rav Yishak Luria of Tsfat, 1534-1572) writes in the Sha'ar Hakavanot that each section of Shofar blasts is a Tikun for a different type of transgression. The first set of thirty blasts rectifies the inclination of idolatry. The blasts sounded during the silent Amidah neutralize the urge for immorality, the thirty blasts during the repetition counteract the evil inclination for bloodshed and the final ten are against Lashon Hara (slander).