

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Jean-Claude Abtan  
Vice President  
Eric Benchetrit

שבת שלום  
*Shabbat Shalom*

ברוכים הבאים  
*Welcome to our Synagogue*

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

*Parashat Shofetim פרשת שופטים*  
Shabbat August 14th 2021, ו' אלול תשפ"א / 6 Elul 5781  
Perasha Page 1024, Haftarah 1199 in Artscroll

### Shabbat Prayer Times

מנחה Minha	6:45 p.m.
הדלקת נרות / Candle Lighting / Kabalat Shabbat / Mizmor Shir LeYom HaShabbat	7:30 p.m.
שחרית מנין החיד"א (ותיקין) / Shaharit Ha'Hida Vatikim	5:20 a.m.
תהלים Tehilim	7:10 p.m.
מנחה Minha	7:40 p.m.
שבת טוב Shabbat Ends	9:10 p.m.

### Weekday Services at

### Medrash Torah Vehayim

#### שחרית Shaharit Sunday

ותיקין Vatikim	5:45 a.m.
מקדימים Makdimim	7:45 a.m.
קבועים Kebuim	9:00 a.m.

#### שחרית Shaharit Weekdays

ותיקין Vatikim	5:45 a.m.
מקדימים Makdimim	6:30 a.m.
קבועים Kebuim	8:00 a.m.
מנחה Minha	6:40 p.m.
ערבית Arbit	18 minutes after Sunset

Shabat Zemanim- Netz- נץ- 6:22 am, Keriat Shema- שמע 9:51 am, Shekia- שקיעה- 8:22 pm

### Mazal Tov

Rebecca and Avi Somech on their recent wedding in Montreal  
Proud Parents: Mr & Mrs Gilles Benchaya and Mr & Mrs Yaacov Somech  
Proud Grandparents: Mr. Yaacov Medina, Mrs. Addie Abitbol Mines and Mr & Mrs Albert Benchaya

Elsa and Ben Chevlin on their recent wedding  
Proud Parents: Mr. & Dr. Brian and Jill Chevlin and Mr. & Mrs. Jack and Laurence Cohen  
Proud Grandparents: Mr. & Mrs. Elisha and Solange Attias, Mr. & Mrs. Jack and Ethel Chevlin, Mrs. Tany Cohen and Mrs. Arlene Schwartz

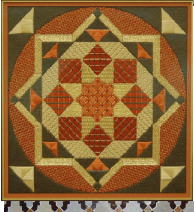
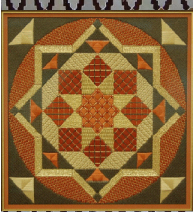
Raquel & Coby Elimelech on their recent wedding  
Proud Parents: Mr. & Mrs. Jacob and Mercedes Abecassis and Mr. & Mrs. Shimon and Hageet Elimelech  
Proud Grandparents: Mr. & Mrs. Amram & Bruria Gozlan, Mr. & Mrs. Albert & Esther Pinto, Mrs. Esther Abecassis

### Happy Anniversary

Victor & Ilana Arrobas, Meyer & Suzy Benchetrit, Joseph & Lana Shemesh, Yaacov & Aliza Benyair, Elias & Adina Toby, Marcos & Ora Edery

### Birthdays this week

Arielle Abtan, Miguel Benaim, Bracha Bohbot, Lee Benchetrit, Hootan Tabesh, Reut Cohen, Yehuda Bohbot, Daniel Shemesh, Jordan Levy, Dustin Stein, Joe Boussidan, Robert Abtan, David Cohen, Samuel Wexler



## Nahalot

David Cohen ז"ל, Osvaldo Faierman ז"ל **6 Elul** / Shabbat Aug 14th  
David Revivo ז"ל **7 Elul** / Sunday August 15th  
Jacob Benmergui ז"ל, Miriam Hochman ז"ל, Sol Serfaty-DeCohen ז"ל, Mary  
Benchimol ז"ל **8 Elul** / Monday August 16th  
Mercedes Serruya ז"ל **9 Elul** / Tuesday August 17th  
Esther Azoulay ז"ל **12 Elul** / Friday August 20th

## Nahalot for the following week

David Menahem Nacson ז"ל **13 Elul** / Shabbat August 21st  
Adell Totah ז"ל **15 Elul** / Monday August 23rd  
Armand Sabbah ז"ל, Clara Edery ז"ל **16 Elul** / Tuesday August 24th  
Joseph Afriat ז"ל, Biba Assayag ז"ל, Juda Lalou ז"ל **19 Elul** / Friday August  
27th

## Synagogue News

### Selihot

Selihot continues this week, 45 minutes before each respective minyan.

### Baruch Haba

We have been blessed to welcome many new members this year and wish to formally welcome our latest members to the Kehila Family  
Uri Grinwald and Ayelet Bercovich and their children, Noa, Liam and Leor  
Ariel and Tayla Concister and their children, Yosef Chaim and Eliyah

### 5782 Membership Update

We have sent out statements to all members with the dues for 5782 membership and any outstanding pledges that have accumulated over the year. All outstanding amounts must be paid in order to receive high holiday tickets.

If you have any questions, please call Sulty in the office at 905-669-7654 x200 or via e-Mail at [sulty@kehilacentre.com](mailto:sulty@kehilacentre.com).

### Kiddush Is Back!

Kiddushim have long been an opportunity for everyone to socialize and see each other. We are thrilled to be able to welcome everyone back.

We will need everyone to be mindful of social distancing and of COVID restrictions.

Anyone who wishes to sponsor Kiddush to celebrate an occasion, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at [sulty@kehilacentre.com](mailto:sulty@kehilacentre.com).

**Kiddush, this week, is sponsored by the Sephardic Kehila Centre**

### Seuda Shelishit

We are holding Seuda Shelishit again, between Minha and Arbat on Shabbat, with some adjustments due to COVID restrictions. Anyone who wishes to sponsor Seuda Shelishit in memory of a loved one, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at [sulty@kehilacentre.com](mailto:sulty@kehilacentre.com).

**Seuda Shelishit, this week, is sponsored by Sam Serruya, in memory of his mother, Mercedes Serruya z"l Armando Cohen, in memory of his father, David Cohen z"l**

### Weekly Shiurim

Monday - Study of the Amida (men and women) @ 8 pm  
Tuesday - Halacha (university-aged boys) @ 8 pm  
Thursday - Parashat HaShavua (men and women all ages) @ 8 pm  
Sunday - Gemara Masechet Sotah @ 7:15am

### Weekly Shiur by Zachary Benatar

Join us weekly for inspirational words of wisdom on Judaism by Zachary Benatar. Only half an hour weekly. Gain a deeper understanding of the world through Hashem's eyes. We look forward to having men and women tune in. **Every Monday at 2:45 p.m.**

<https://us04web.zoom.us/j/75974587379?pwd=bDVheFIZRnhuckVITE1NYnBxa2R6QT09>. Meeting ID is 759 7458 7379  
Passcode 12345

## **Torah Bites** By Rabbi Kadoch

### Parashat Shofetim

#### Shofetim - Focus on your own gates

Bene Yisrael are commanded in this week's Parasha to place judges and officers throughout the cities. On a simple level, this means that there must be a court system consisting of members of Sanhedrin in addition to officers to reprimand those who do not obey the commandments and laws set out by the courts. Our rabbis famously explain this verse to inform us that the Jewish people must place "judges and officers" in our own gates, i.e. any opening to our body. Whether that means the way we speak, what we see or what we eat, one must create a line of defense to ensure that everything we do is pure and holy in the eyes of God. In fact, the acronym for the word **יניימש, יניימע אשר, גלר, דיים, רסכ. ישעריך** Teeth, eyes, head, feet hands, and stomach. When using these parts of our body, a Jew has to employ a security system to make sure that they are "working" the way they should be.

However, when I see this pasuk I see a superfluous word - - לך. The pasuk could have just written, **ושופטים ושוטרים תתן בכל שעריך**. I think that the word **ולך** to teach us that a person must focus on improving his own flaws before those of others. We tend to see the mistakes and faults of our friends and family and our quick to point out where they lack. Statements such as "He doesn't stop eating" or "she has no filter" or "he needs to watch what he says" are unfortunately common among our everyday use of words. Besides being a blatant transgression of Lashon Hara, a person should resist commenting about such a person and actually look in a mirror to see how he or she fared that day. Ask the following questions: "Did I say something that may have hurt someone? Did I see something that maybe I shouldn't have gazed upon? Did I do all that I can to make sure I can eat this product." - - This is called **תתן לך**. Place the guard for yourself, not on others. A powerful lesson for the month of Elul.