

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Jean-Claude Abtan
Vice President
Eric Benchetrit

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

פרשת עקב *Parashat Ekev*
Shabbat July 31st 2021, כב' אב תשפ"א / 22 Av 5781
Perasha Page 980, Haftarah 1197 in Artscroll

Shabbat Prayer Times

מנחה Minha	6:55 p.m.
הדלקת נרות / Candle Lighting / Kabalat Shabbat / Mizmor Shir LeYom HaShabbat	7:40 p.m.
שחרית מנין החיד"א (ותיקין) / Shacharit Ha'Hida Vatikim	5:05 a.m.
תהלים Tehilim	7:30 p.m.
מנחה Minha	8:00 p.m.
שבת טובה Shabbat Ends	9:32 p.m.

Weekday Services at

Medrash Torah Vehayim

שחרית / Shacharit Sunday

ותיקין / Vatikim	5:30 a.m.
מקדימים / Makdimim	8:00 a.m.
קבועים / Kebuim	9:00 a.m.

שחרית / Shacharit Weekdays

ותיקין / Vatikim	5:30 a.m.
מקדימים / Makdimim	6:30 a.m.
קבועים / Kebuim	8:00 a.m.
מנחה / Minha	6:55 p.m.
ערבית / Arbit	18 minutes after Sunset

Shabat Zemanim- Netz- נץ- 6:06 am, Keriat Shema- שמע- 9:44 am, Shekia- שקיעה- 8:41 pm

Mazal Tov

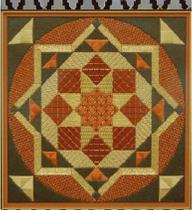
Mr. & Mrs. Sol and Bella Benchetrit on the recent wedding of their son, Yehuda to Jordana Ekstein

Happy Anniversary

Eric & Sophie Attias
Michel & Esther Ohana
Armando & Enny Cohen
Joe & Shulamit Elmaleh
Isaac & Giny Abitbol

Birthdays this week

Esther Cohen, Adam Ohayon, Amram Ponte, Sean Dana, Ruth Stein, Ami Benarroch, Amy Bensimon, Armando Abitbol



Nahalot

Alice Feldman ז"ל 22 Av / Shabbat July 31st
Leah Chai ז"ל 23 Av / Sunday August 1st
Mojluf Bendelac ז"ל, Samuel Oziel ז"ל, Rachel Perez ז"ל 24 Av / Monday August 2nd
Zamila Mouyal ז"ל 26 Av / Wednesday August 4th
Mindel Adina Gal-Kurtz ז"ל, Simon Elgrichi ז"ל, Yael Brigitte Nahmias ז"ל 27 Av / Thursday August 5th
Mercedes Benmergui ז"ל, Freidel Stefania Gal ז"ל 28 Av / Fri. Aug. 6th

Nahalot for the following week

Abraham Shvartsman ז"ל 2 Elul / Tuesday August 10th
Sarah Benatar ז"ל 3 Elul / Wednesday August 11th
Ezra Totah, Shamil Kardashov ז"ל 4 Elul / Thursday August 12th

Synagogue News

Condolences

Rabbi Asher Abitbol on the passing of his sister Ninette Assaraf bat Rahel z"l in Israel. Our deepest and most sincere condolences go out to the entire family on their loss. May her neshama rest eternally in Gan Eden, Amen.

Kiddush Is Back!

Kiddushim have long been an opportunity for everyone to socialize and see each other. We are thrilled to be able to welcome everyone back. We will need everyone to be mindful of social distancing and of COVID restrictions.

Anyone who wishes to sponsor Kiddush to celebrate an occasion, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at sulty@kehilacentre.com.

Kiddush, this week, is sponsored by the Sephardic Kehila Centre

Seuda Shelishit

We are holding Seuda Shelishit again, between Mincha and Arvit on Shabbat, with some adjustments due to COVID restrictions. Anyone who wishes to sponsor Seuda Shelishit in memory of a loved one, should contact Sulty in the office at 905-669-7654 x200 or via e-Mail at sulty@kehilacentre.com.

Seuda Shelishit, this week, is sponsored by Isaac Oziel in memory of his father, Samuel Oziel z"l.

Re-Opening Ontario - Step 3

On Friday, July 16th, Ontario will move to Step 3. This means that there are no longer any capacity limits for religious services as long as physical distancing is respected. The board is working on the resumption of synagogue activities and will be announcing details shortly. For those of you planning a simha, the banquet hall is once again available for events. We will have a maximum capacity of 145 people for any events. If you have any questions, please call the office.

Weekly Shiurim

Monday - Study of the Amida (men and women) @ 8 pm
Tuesday - Halacha (university-aged boys) @ 8 pm
Thursday - Parashat HaShavua (men and women all ages) @ 8 pm
Sunday - Gemara Masechet Sotah @ 7:15am

Weekly Shiur by Zachary Benatar

Join us weekly for inspirational words of wisdom on Judaism by Zachary Benatar. Only half an hour weekly. Gain a deeper understanding of the world through Hashem's eyes. We look forward to having men and women tune in. **Every Monday at 2:45 p.m.**

<https://us04web.zoom.us/j/75974587379?pwd=bDVheFIZRnhuckVI-TE1NYnBxa2R6QT09>. Meeting ID is 759 7458 7379

Passcode 12345

Torah Bites By Rabbi Kadoch

Parashat Ekev - פרשת עקב

Ekev - The order of blessings

I don't know of many people who grew up with even the most basic form of Jewish education that doesn't know the 7 grains/fruits of Israel. As a child, I remember learning the verse as a song and it stuck with me to this very day.

ארץ חטה ושעורה וגפן ותאנה ורמון, ארץ זית שמן ודבש.

The seven grain/fruits listed in this pasuk are: wheat, barley, grapes, figs, pomegranates, olives, and dates; in that order. Embedded within the fruits is the word ארץ (land) written twice. Many were perplexed as to why the need for the Torah to include the word two times. The most accepted answer is that the word ארץ is actually teaching us a halachic principle when it comes to reciting blessings over these fruit. The fruit that is closest to the word ארץ gets precedent. For example, wheat comes before grapes. Therefore we would recite a "bore minei mezonot" on a cracker before "bore peri ha'etz" on the grape. However a grape is closer than a pomegranate, so the grape comes first.

However, the need for the second word ארץ arises when dealing with a more complex scenario. Let's say you have a date (דבש) and a fig. One might think that since the fig תאנה is closer to the beginning of the verse it takes precedent, but that is not the case. The date דבש is second from the second word ארץ and the fig תאנה is fourth away from the first world ארץ. Therefore the date comes before the fig. When tied, such as in the case of the olive (1st from 2nd ארץ) and wheat (1st from 1st ארץ), bless on what is closer to the first ארץ, so in that case it would be "Bore minei mezonot."

It turns out that the blessing of "mezonot" always comes first (unless there's bread). But I admit that this can be slightly confusing. So here's a little trick to remember the order of the fruits (excluding wheat and barley) simply by looking at the amount of seeds/pits the fruit has.

- #1 Olive - since it has only one pit.
- #2 Date - since its pit is actually creased down the middle and gives the appearance as two pits.
- #3 Grape - when a grape has seeds there are usually three of them.
- #4 Fig - Figs have multiple seeds inside of them.
- #5 Pomegranate - The fruit that has the most seeds of all.