

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Jean-Claude Abtan
Vice President
Eric Benchetrit

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

פרשת בהעלותך *Parashat Beha'alotcha*
Shabbat May 29th 2021, יח' סיון תשפ"א / 18 Sivan 5781
Perasha Page 774, Haftarah 1182 in Artscroll

Shabbat Prayer Times

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| מנחה <i>Minha</i> | 7:00 p.m. |
| הדלקת נרות <i>Candle Lighting</i> | 7:45 p.m. |
| שחרית מנין החיד"א (ותיקין) <i>Shaharit Ha'Hida Vatikin</i> | 4:40 a.m. |
| תהלים <i>Tehilim</i> | 7:45 p.m. |
| מנחה <i>Minha</i> | 8:15 p.m. |
| שבע טוב <i>Shabbat Ends</i> | 9:44 p.m. |

Weekday Services at Medrash Torah Vehayim

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|--------------------------------|-------------------------|
| שחרית <i>Shaharit Sunday</i> | |
| ותיקין <i>Vatikin</i> | 4:50 a.m. |
| מקדימים <i>Makdimim</i> | 8:00 a.m. |
| קבועים <i>Kebuim</i> | 9:00 a.m. |
| שחרית <i>Shaharit Weekdays</i> | |
| ותיקין <i>Vatikin</i> | 4:50 a.m. |
| מקדימים <i>Makdimim</i> | 6:30 a.m. |
| קבועים <i>Kebuim</i> | 8:00 a.m. |
| מנחה <i>Minha</i> | 7:05 p.m. |
| ערבית <i>Arbit</i> | 18 minutes after Sunset |

Shabat Zemanim- Netz- נץ- 5:41 am, Keriat Shema- שמע 9:27 am, Shekia- שקיעה 8:50 pm

Mazal Tov

To Rabbi & Mrs. Messod Azoulay on the Bar Mitzvah of their son, Yosef
Proud Grandparents: Mr. & Mrs. Joe & Esther Azoulay and Rabbi & Mrs. Refael Guy

To Yarden Mamane and Ariel Kamel on their recent engagement in New York
Proud Parents: Mr. & Mrs. Joseph and Brigitte Mamane and Mr. & Mrs. Danny and Juliet Kamel
Proud Grandparents: Mr. & Mrs. Isaac and Solika Mamane

Anniversaries

Carlos & Rosie Melul
Uri & Anisoara Kozai
Joey & Rebecca Benedid

Birthdays this week

Isaac Abitbol, Lucie Benchetrit, Orli Bahar, Lake Benaim, Ady Dana, Yitzi Gal, David Ohayon, Rachel Ungar, Isaac Nacson, Robi Bahar, Ortal Ohayon, Pooyan Rahimy, Chana Bohbot

Nahalot

Rachel Bracha Bohbot ז"ל, Messoda Benaksas ז"ל, Lea Cuñio ז"ל
20 Sivan/Monday May 31st
Zohra Azoulay ז"ל 21 Sivan/Tuesday June 1st
Luna Cohen ז"ל 22 Sivan/Wednesday June 2nd
Rahma Piedad Ohana ז"ל 23 Sivan/Thursday June 3rd
Moshe Cohen ז"ל, Nissim Azoulay ז"ל 24 Sivan/Friday June 4th

Nahalot for the following week

Hillel Edery ז"ל, Shlomo Ben-Assor ז"ל 25 Sivan / Shabbat June 5th
Yishai Tzion Ohayon ז"ל 28 Sivan/ Tuesday June 8th
Henri Aaron Dahan ז"ל 29 Sivan/ Wednesday June 9th

Synagogue News

COVID Update

The Government of Ontario has released a roadmap for reopening that indicates that current restrictions will remain until the end of June 2021. We will info the community of any changes in upcoming weeks through the bulletin. We also ask everyone to continue to respect the restrictions and ensure the safety of the community by wearing masks when in the Sephardic Kehila Centre, practicing social distancing and making use of the many sanitizing options available throughout the building. We do realize that some of you are unable to attend services because of health considerations and we do not want to miss anyone who needs religious and spiritual assistance. Whether it is a Nahala or a religious event, please do not hesitate to reach out to the office and we will work with all of our members to support them during this difficult period.

SKC Calendar - Nahalot Listings

We are working on the 5782 version of the Sephardic Kehila Centre calendar, which will be sent out to the membership later this summer. As in previous years, we can include the date(s) of the Nahalot of our dearly departed. Please note that if your nahalot have been included in past editions of our Jewish Calendar, we still ask that you confirm your Nahalot for them to be included again as well. If you do not confirm, they will not be added to this year's upcoming Jewish Calendar.

If you wish to have the dates of your loved ones' Nahalot included in the upcoming calendar, please contact the office with the name of the deceased and the date of their Nahalot in order for them to be added; each listing will cost \$26. If you have a business and would like to advertise, please contact our office administrator, Sulty Mamane, at 905-669-7654 x200 or at sulty@kehilacentre.com. All arrangements for the upcoming Jewish Calendar must be made before Wednesday, June 16th, 2021, as we cannot accept any Nahalot entries or advertisements after this date.

Weekly Shiurim

Monday - Mishle/Proverbs (men and women all ages)
Tuesday - Halacha (university-aged boys)
Wednesday - Parashat HaShavua (Post-Seminary Girls)
Thursday - Parashat HaShavua (men and women all ages)
All classes at 8:00pm.
Sunday - Gemara Masechet Sotah 7:15am
Link <https://global.gotomeeting.com/join/450150709>

Weekly Shiur by Zachary Benatar

Join us weekly for inspirational words of wisdom on Judaism by Zachary Benatar. Only half an hour weekly. Gain a deeper understanding of the world through Hashem's eyes. We look forward to having men and women tune in. **Every Monday at 2:45 p.m.**
<https://us04web.zoom.us/j/75974587379?pwd=bDVheFIZRnhuckVI TE1NynBxa2R6QT09>. Meeting ID is 759 7458 7379
Passcode 12345

Torah Bites By Rabbi Kadoch

Parashat Behaalotecha – פרשת בהעלותך

Behaalotecha 5776 - Be very humble

והאיש משה עניו מאד מכל האדם אשר על פני האדמה"ו

One of the most fascinating stories in the Torah is the Lashon Hara spoken by Miriam about her brother Moshe and her consequential removal from the camp for 7 days due to her skin illness. One of the interpretations discussed as to what she actually said includes her disbelief that Moshe separated from his wife for so many years as he received prophecy. She claimed that herself, Aharon and many others received Divine communication and yet they did not have to separate from their spouses. If this explanation is true, then Miriam, was in fact looking out for her brother (and sister in law), not god-forbid slandering them. Nevertheless, this was considered Lashon Hara and punishment was necessary.

According to some explanations, Moshe was present when she said these words. That is why the following Pasuk states "And Moshe is the most humble person from all persons on the face of the earth." Moshe could have simply responded to her that his prophecy is much different than theirs. His comes from a much higher place in Heaven. As a matter of fact, this response is actually stated by Hashem when he reprimands her. Nonetheless, in order that he didn't glorify himself in front of her and sound egotistical, he chose to remain quiet and let "God do the talking." Notice that the word עניו, which means humble, is spelled without the "yud." One of the reasons given for this is because Moshe (and Aharon) showed a slight lack of humility in the story of the Mei Meriva (water from the rock). Moshe claimed to the Jewish People "Can WE take water out of this rock?" when he should have said "Can HE (God) take water out of this rock?" By giving credit to himself, he lost the letter "yud" in the word עניו.

Another explanation is that the word "anav" spelled without a "yud" can be pronounced "Anu" (they answered). When Bene Yisrael saw that Moshe was standing right there hearing Lashon Hara about himself and chose to remain silent, all of them exclaimed "And Moshe is the most humble person from all persons on the face of the earth."

Humility is learned from three Jewish figures in history: Avraham, David and Moshe. Avraham compared himself to dust and ashes, David compared himself to a worm but Moshe took it one step further; he compared himself to nothing. That is why the word מאד is used in the aforementioned pasuk, for otherwise it is extra; to teach us that his level of humility was one level higher than both Avraham and David's. The acronym of the word מאד is משה בן אברהם משה Moshe is listed first. This explains why in Pirke Avot we are requested to act in "very lowly spirit" - מאד מאד הוא שפל רוח. The Mishna precedes the teaching with the words מאד מאד. How should we act? Like Moshe, Avraham and David