

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Meyer Keslassy  
Vice President  
Jean-Claude Abtan

שבת שלום  
Shabbat Shalom

ברוכים הבאים  
Welcome to our Synagogue

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

פרשת תולדות Parashat Toledot

Shabbat November 21st, 2020, ה' כסלו תשפ"א / 5 Kislev 5781  
Perasha Page 124, Haftarah 1137 in Artscroll

### Shabbat Prayer Times

מנחה Mincha	4:30 p.m.
שיר השירים Shir Hashirim	4:45 p.m.
הדלקת נרות Candle Lighting	4:29 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikin	6:20 a.m.
שחרית (Main Synagogue) Shacharit	9:00 a.m.
תהלים Tehilim	3:55 p.m.
מנחה Mincha	4:25 p.m.
שבת טוב Shabbat Ends	5:34 p.m.

### Weekday Services at Medrash Torah Vehayim

שחרית Shacharit Sunday	
ותיקין Vatikin	6:45 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.
שחרית Shacharit Weekdays	
ותיקין Vatikin	6:45 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
מנחה Mincha	4:30 p.m.
ערבית Arbit	18 minutes after Sunset

Shabat Zemanim- Netz- 7:21 am, Keriat Shema- שמע - 9:06 am, Shekia- שקיעה - 4:47 pm

### Mazal Tov

Mazal Tov to Emma Emunah Yael Benarroch on the occasion of her Bat Mitzvah.  
Proud Parents: Michael and Judy Benarroch  
Proud Grandparents: Ami and Anita Benarroch and Isaac and Sylviane Bendelac

### Nahalot

Ruben Tabesh ז"ל, Rachel Bitton ז"ל, Mordechai Kadoch ז"ל, Chemaya Keslassy Bar Mordechai ז"ל, Moshe Ben Aaron Sliman ז"ל 5 Kislev / Shabbat November 21st  
Yosef Dayan ז"ל, Amram Saporta ז"ל 6 Kislev / Sunday November 22nd  
David Nissan ז"ל 7 Kislev / Monday November 23rd  
Luna Ouaknine ז"ל 8 Kislev / Tuesday November 24th  
**Nahalot for the following week**  
Hanna Fruma Chai ז"ל 13 Kislev / Sunday November 29th  
Joseph Benchetrit ז"ל, Isaac Beniluz ז"ל 14 Kislev / Monday November 30th  
Joseph Abitbol ז"ל 15 Kislev / Tuesday December 1st  
Esther Weizman nee Assayag ז"ל, Salomon Cohen ז"ל 16 Kislev / Wednesday December 2nd  
Jacob Hassan ז"ל, Freha Soudry ז"ל 17 Kislev / Thursday December 3rd  
Suzy Esseis ז"ל, Yitzhak Arie Chai ז"ל 18 Kislev / Friday December 4th

**Mishmara**

The Mishmara (sheloshim) for Mrs. Estrella Rashty z"l will take place this Monday night beginning with Minha at 4:30pm.

**Condolences**

We regret to inform you of the passing of Mrs. Simha Hazan z"l, sister of our dear member Mr. Albert Dayan, in Spain this morning. Our condolences go to Albert and to the entire family on their loss. May her neshama rest eternally in Gan Eden, Amen.

**Mishmara**

The Mishmara (sheloshim) for Mr. Amram Benmaman z"l will take place this thursday night beginning with Minha at 4:30pm. Cemetery service will take place next Sunday November 29th at 12:30 pm at Pardes Shalom cemetery .

**Avot Ubanim - this Shabbat at 7pm**

It's back! Fathers and sons can come out for a great night of learning, snacks and prizes.

Continues this Motsae Shabbat at 7pm.

For more information and to sponsor a learning contact Rabbi Kadoch. (Cost of sponsorship is \$200)

**Weekly Shiurim**

Monday - Mishle/Proverbs (men and women all ages)

Tuesday - Halacha (university-aged boys)

Wednesday - Parashat HaShavua (Post-Seminary Girls)

Thursday - Parashat HaShavua (men and women all ages)

All classes at 8:00pm.

Link <https://global.gotomeeting.com/join/450150709>

**Weekly Shiur by Zachary Benatar**

Join us weekly for inspirational words of wisdom on Judaism by Zachary Benatar. Only half an hour weekly. Gain a deeper understanding of the world through Hashem's eyes. We look forward to having men and women tune in.

**Every Tuesday at 2:45 p.m.**

<https://us04web.zoom.us/j/75974587379?pwd=bDVheFIZRnRuckVITE1NynBxa2R6QT09>

Meeting ID is 759 7458 7379

Passcode 12345

**Board of Governors Elections 2020 Update**

We are pleased to update you that nominations are closed and that a slate of candidates has been finalized. Ballots have been mailed to all members and we ask that you mail them back as soon as possible to make sure that they arrive before the deadline. Ballot counting will start at 10 AM on Sunday, Dec. 6 and results will be announced once counting is final.

All members have also been sent a stamped self-addressed envelope to mail the ballot back. Members are permitted to drop off sealed ballots to the SKC office before December 6th, so that they can be counted on December 6th.

For any questions, please contact [elections2020@kehilacentre.com](mailto:elections2020@kehilacentre.com)

**Toledot - Spiritual guidance**

ותלך לדרש את ה' (כה:כב)

"And she went to inquire of Hashem." (25:22)

It's been a long standing custom for Jews to seek spiritual advice and guidance from Rabbinical scholars and leaders. Whether it's for financial problems at work or at home, issues with business partners or other social matters, shalom bayit, children's education or even just a blessing for good fortune, today's Rabbi has become the "go-to" individual to help us face all of our life's challenges and to find the strength and courage to overcome them.

Where did this idea come from? How did it come about that people's personal dilemmas turned into automatic consultation meetings with their spiritual leader? Further, it would seem illogical to approach a person with little to no understanding of the matter at hand to give advice and attempt to solve the problem. Yet, we see that not only do people seek their advice, but adhere to it with no variation or hesitation.

I'd like to say that the source for this tradition is found in this week's Parasha. Rivka finds herself in a very strange dilemma. After finally conceiving a child, she experiences lots of unsettling in her womb as she goes about her day. Rashi, in the name of the Medrash

points out, that when she passed in front of the House of Study, she felt kicking and movement. Nevertheless, she felt the same kicking and movement when she crossed a house of idol worship. Which direction would child grow up to follow; one of good, one of evil, or worse, one of both?

Not willing to face this quandary for the duration of her pregnancy and even throughout her child's adolescence, the pasuk gives us the punchline - - - ותלך לדרש את ה' "And she went to inquire of Hashem." One would normally explain this to mean that she went to pray, but that's not Rashi's commentary. Rashi says she went to the School of Shem and Ever to seek Rabbinic counsel from the leaders of the generation. The next verse, which begins with the words "And God said to her," (v.23) is not to be taken literally because Rivka still did not attain prophecy. Rather, Shem revealed to Rivka that she was to have twins, who will oversee two kingdoms. The question is, how did Shem know this information to deliver such a serious statement which could have a tremendous impact on the world? Let's remember that there were no ultrasounds three thousand years ago. Rashi says, Shem learned of the information through Divine Inspiration (Ruach HaKodesh).

I will not go on a public form to state that Rabbis today use Divine Inspiration when giving advice to those who seek it. Very few people in a generation have that ability. However, there is no doubt in my mind that Rabbis receive a certain amount of Divine Assistance (Siyata DiShmaya) in order that their decisions and advice should be the correct one.

Rivka teaches us that it's okay to ask a Rabbi for counsel to deal with our personal problems. For those that already practice this, Kol HaKavod to you. For those that shy away from the opportunity or simply feel uncomfortable to approach a rabbinical scholar for life's issues, I ask that you give it a try. I can assure one thing...that God is always looking out for your best interests and he provides the Rabbis with the spiritual assistance necessary to ensure that whatever guidance you get, is one you can trust.