

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Meyer Keslassy  
Vice President  
Jean-Claude Abtan

שבת שלום  
*Shabbat Shalom*

ברוכים הבאים  
*Welcome to our Synagogue*

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

*Parashat Shofetim פרשת שופטים*  
Shabbat August 22nd, 2020, ב' אלול תש"פ / 2 Elul 5780  
Perasha Page 1024, Haftarah 1199 in Artscroll

### Shabbat Prayer Times

מנחה Minha	6:30 p.m.
שיר השירים Shir Hashirim	6:45 p.m.
הדלקת נרות Candle Lighting (early)	7:20 p.m.
הדלקת נרות Candle Lighting (regular)	7:53 p.m.
שחרית מנין החיד"א (ותיקין) Shoharit Ha'Hida Vatikim	5:30 a.m.
שחרית (Main Synagogue/Barechu:9:35) Shoharit	9:00 a.m.
תהלים Tehilim	7:15 p.m.
מנחה Minha	7:45 p.m.
שבת שוב טוב Shabbat Ends	8:55 p.m.

### Weekday Services at Medrash Torah Vehayim

*שחרית Shoharit Sunday*

ותיקין Vatikim	5:50 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.

*שחרית Shoharit Weekdays*

ותיקין Vatikim	5:50 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
מנחה Minha	6:25 p.m.
ערבית Arbit	6:40 p.m.

Shabat Zemanim- Netz- נץ- 6:30 am, Keriat Shema- שקיעה- 9:55 am, Shekia- שקיעה- 8:10 pm

### Mazal Tov

Mazal Tov to **Raquel Brudner and Ryan Green** on their wedding.  
**Proud Parents:** Mr. and Mrs. Reuven and Sandy Brudner, Mr. and Mrs. Marlon and Clara Green  
**Proud Grand Parents:** Mr. and Mrs. Seymour and Rita Brudner, Mr. and Mrs. Jack and Biba Benquesus, Mr. Sam Green, Mrs. Rebecca Benitah  
**Proud Great Grand Parents:** Mr. and Mrs. Amram and Alegria Benmaman  
To **Robi and Mirey Bahar** on the Bar Mitzvah of their son, **Albi**  
**Proud Grand Parents:** Mr. and Mrs. Albert and Suzet Bahar and Mr. and Mrs. Avram and Ester Avimeleh

### Nahalot

Abraham Shvartsman ז"ל 2 Elul / Shabbat August 22nd  
Sarah Benatar ז"ל 3 Elul / Sunday August 23rd  
Shamil Kardashov ז"ל, Ezra Totah ז"ל 4 Elul / Monday August 24th  
David Cohen ז"ל, Osvaldo Faierman ז"ל 6 Elul / Wednesday August 26th  
David Revivo ז"ל, Charles Toledano ז"ל 7 Elul / Thursday August 27th  
Jacob Benmergui ז"ל, Sol Serfaty-DeCohen ז"ל, Miriam Hochman ז"ל, Mary Benchimol ז"ל 8 Elul / Friday August 28th  
**Nahalot for the following week**  
Mercedes Serruya ז"ל 9 Elul / Shabbat August 29th  
Nissime Mamane ז"ל 10 Elul / Sunday August 30th  
Esther Azoulay ז"ל 12 Elul / Tuesday September 1st  
Simha Toledano ז"ל, David Menahem Nacson ז"ל 13 Elul / Wednesday September 2nd  
Adell Totah ז"ל 15 Elul / Friday September 4th



## Synagogue News

### **Selihot**

Selihot will begin 45 minutes before each respective minyan.

### **Tefila Update**

A reminder that all Shaharit minyanim have reverted back to reciting Hazara following the silent Amida. Halacha requires ten men (9 plus Hazan) to answer Amen during Hazara in order to avoid Beracha LeVatala. Therefore, to avoid the possibility of transgressing this serious prohibition, if there are not 10 people together ready to begin the Silent Amida at the time the Hazan reaches גאל ישראל the Kahal should say only one Amida together (without Hazara). The Hazan in each respective minyan will determine to recite Hazara or not by making a quick count prior to starting the Amida. At this time, Minha Sundays to Thursdays and Musaf Shabbat will remain without Hazarat Amida.

### **General Assembly Reminder**

A reminder that a General Assembly of SEF members is scheduled for this Sunday, August 23, 2020 at 8:00 PM in the Banquet Hall. All members are encouraged to attend and hear an update on our financial and operational status from our outgoing President and Board of Governors. This is also an opportunity for members to have their questions answered and to present concerns appropriate for a general forum and will be the **final opportunity to present nominations for this year's Board of Governors elections**. Due to York Region regulations, masks will be mandatory and social distancing rules will be in effect.

### **Mask Are Mandatory for All at SKC - IT'S THE LAW!**

York Region Public Health rules state that face masks are now mandatory at all time in all indoor public spaces, including synagogues (until November 30, 2020). We ask everyone to respect and follow this rule and in order to keep with recommendation of social distancing we would also appreciate it if members can minimize their movement during services in the synagogue. Masks will be available at the front if you forget one but we ask everyone not to take extras; we have gone through over 3,000 masks so far!

## **Torah Bites** By Rabbi Kadoch

### **Shofetim - Focus on your own gates**

Bene Yisrael are commanded in this week's Parasha to place judges and officers throughout the cities. On a simple level, this means that there must be a court system consisting of members of Sanhedrin in addition to officers to reprimand those who do not obey the commandments and laws set out by the courts. Our rabbis famously explain this verse to inform us that the Jewish people must place "judges and officers" in our own gates, i.e. any opening to our body. Whether that means the way we speak, what we see or what we eat, one must create a line of defense to ensure that everything we do is pure and holy in the eyes of God. In fact, the acronym for the word יניימם וניימע ושעריך יניימם, Teeth, eyes, head, feet hands, and stomach. When using these parts of our body, a Jew has to employ a security system to make sure that they are "working" the way they should be.

However, when I see this pasuk I see a superfluous word - - לך. The pasuk could have just written, שופטים ושוטרים תתן בכל. I think that the word לך is to teach us that a person must focus on improving his own flaws before those of others. We tend to see the mistakes and faults of our friends and family and our quick to point out where they lack. Statements such as "He doesn't stop eating" or "she has no filter" or "he needs to watch what he says" are unfortunately common among our everyday use of words. Besides being a blatant transgression of Lashon Hara, a person should resist commenting about such a person and actually look in a mirror to see how he or she fared that day. Ask the following questions: "Did I say something that may have hurt someone? Did see something that maybe I shouldn't have gazed upon? Did I do all that I can to make sure I can eat this product." - - This is called תתן לך. Place the guard for yourself, not on others. A powerful lesson for the month of Elul.