

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Meyer Keslassy  
Vice President  
Jean-Claude Abtan

שבת שלום  
*Shabbat Shalom*

ברוכים הבאים  
*Welcome to our Synagogue*

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

*Parashat Ekev פרשת עקב*  
Shabbat August 8th, 2020, יח' אב תש"פ, 18 Av 5780  
Perasha Page 980, Haftarah 1197 in Artscroll

### Shabbat Prayer Times

מנחה Minha	6:45 p.m.
שיר השירים Shir Hashirim	7:00 p.m.
הדלקת נרות Candle Lighting (early)	7:30 p.m.
הדלקת נרות Candle Lighting (regular)	8:14 p.m.
שחרית מנין החיד"א (ותיקין) Shoharit Ha'Hida Vatikim	5:15 a.m.
שחרית (Main Synagogue/Barechu:9:35) Shoharit	9:00 a.m.
תהלים Tehilim	7:35 p.m.
מנחה Minha	8:05 p.m.
שבת שובע טוב Shabbat Ends	9:19 p.m.

### Weekday Services at Medrash Torah Vehayim

*שחרית Shoharit Sunday*

ותיקין Vatikim	5:35 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.

*שחרית Shoharit Weekdays*

ותיקין Vatikim	5:35 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
מנחה Minha	6:45 p.m.
ערבית Arbit	7:00 p.m.

Shabat Zemanim- Netz- נץ- 6:15 am, Keriat Shema- שקיעה 9:49 am, Shekia- שקיעה 8:31 pm

### Mazal Tov

Mazal Tov to **David and Ora Leah Dayan** on their recent marriage  
**Proud Parents:** Mrs. Mercedes Dayan and Mrs. Sheri Kravetsky  
**Proud Grandmother:** Mrs. Carol Kravetsky

Mazal Tov to **Daniel and Carly Saban** on their recent marriage  
**Proud Parents:** Mr. and Mrs. Ze'ev & Helene Saban, Mr. and Mrs. Arnie & Nili Abrahams and Mrs. Marla Abrahams  
**Proud Grandmother:** Mrs. Messoda Ohayon

Mazal Tov to **David Ohana and Kyra Mae Garber** on their recent marriage in New York.  
**Proud Parents:** Mr. and Mrs. Mike and Esther Ohana and Mr. and Mrs. Israel & Sharon Garber  
**Proud Grandparent:** Mr. Laurie Garber

Mazal Tov to **Assaf Sinai and Brigitte Hudy** on their recent wedding  
**Proud Parents:** Mr. and Mrs. Tzion & Yaffa Sinai and Mr. and Mrs. Abe & Perla Hudy

Mazal Tov to **Naftali Maman and Chaya Assayag** on their recent wedding  
**Proud Parents:** Mr. and Mrs. Avy & Sophie Assayag and Mr. & Mrs. Eli Maman  
**Proud Grandparents:** Mr. and Mrs. Max & Luisa Assayag

### Welcome

Welcome to **Rabbi Messod Azoulay** who will be joining us this Shabbat to celebrate the Shabbat Hatan of Assaf Sinai and Brigitte Hudy.  
Baruch Haba, we are always thrilled to have you with us.



# Nahalot

Jemia Nassimova ז"ל 18 Av / Shabbat August 8th  
Pinhas Soudry ז"ל, Mary Kvitko Bensimon ז"ל 19 Av / Sunday August 9th  
Rahel Ruah ז"ל, Barbara Fridman ז"ל 20 Av / Monday August 10th  
Rica Cohen ז"ל 21 Av / Tuesday August 11th  
Alice Feldman ז"ל 22 Av / Wednesday August 12th  
Leah Chai ז"ל 23 Av / Thursday August 13th  
Mojluf Bendelac ז"ל, Rachel Perez ז"ל 24 Av / Friday August 14th

## Nahalot for the following week

Zamila Mouyal ז"ל 26 Av / Sunday August 16th  
Mindel Adina Gal-Kurtz ז"ל, Yael Brigitte Nahmias ז"ל 27 Av / Monday August 17th  
Freidel Stefania Gal ז"ל, Mercedes Benmergui ז"ל 28 Av / Tuesday August 18th

# Synagogue News

## Tefila Update

A reminder that all Shaharit minyanim have reverted back to reciting Hazara following the silent Amida. Halacha requires ten men (9 plus Hazan) to answer Amen during Hazara in order to avoid Beracha LeVatala. Therefore, to avoid the possibility of transgressing this serious prohibition, if there are not 10 people together ready to begin the Silent Amida at the time the Hazan reaches גאול ישראל the Kahal should say only one Amida together (without Hazara). The Hazan in each respective minyan will determine to recite Hazara or not by making a quick count prior to starting the Amida. At this time, Minha Sundays to Thursdays and Musaf Shabbat will remain without Hazarat Amida.

## General Assembly Reminder

A reminder that a General Assembly of SEF members is scheduled for Sunday, August 23, 2020 at 8:00 PM in the main floor Banquet Hall. All members are encouraged to attend and hear an update on our financial and operational status from our outgoing President and Board of Governors. This is also an opportunity for members to have their questions answered and to present concerns appropriate for a general forum. Due to York Region regulations, masks will be mandatory and social distancing rules will be in effect.

## Board of Governors 2020 Elections

A reminder to all that the nomination committee, chaired by our president, will be accepting member nominations until Friday, August 21, 2020, at noon. Members can deliver their nominations either to the SKC office in a sealed envelope marked "Nomination Committee" or by email to elections2020@kehilacentre.com. The nomination committee will prepare the slate and notify the membership on Sunday, August 23, 2020 at the General Assembly. This year's nomination committee is also composed of David Bensimon and Moses Bendayan.

## Mask Are Mandatory for All at SKC - IT'S THE LAW

York Region Public Health rules state that face masks are now mandatory at all time in all indoor public spaces, including synagogues (until November 30, 2020). We ask everyone to respect and follow this rule and in order to keep with recommendation of social distancing we would also appreciate it if members can minimize their movement during services in the synagogue. Masks will be available at the front if you forget one but we ask everyone not to take extras; we have gone through over 3,000 masks so far!

# Torah Bites By Rabbi Kadoch

## Parashat Ekev - פרשת עקב

### Ekev - The order of blessings

I don't know of many people who grew up with even the most basic form of Jewish education that doesn't know the 7 grains/fruits of Israel. As a child, I remember learning the verse as a song and it stuck with me to this very day.

ארץ חטה ושעורה וגפן ותאנה ורמון, ארץ זית שמן ודבש.

The seven grain/fruits listed in this pasuk are: wheat, barley, grapes, figs, pomegranates, olives, and dates; in that order. Embedded within the fruits is the word ארץ (land) written twice. Many were perplexed as to why the need for the Torah to include the word two times. The most accepted answer is that the word ארץ actually teaching us a halachic principle when it comes to reciting blessings over these fruit. The fruit that is closest to the word ארץ gets precedent. For example, wheat comes before grapes. Therefore we would recite a "bore minei mezonot" on a cracker before "bore peri ha'etz" on the grape. However a grape is closer than a pomegranate, so the grape comes first.

However, the need for the second word ארץ arises when dealing with a more complex scenario. Let's say you have a date (דבש) and a fig. One might think that since the fig תאנה is closer to the beginning of the verse it takes precedent, but that is not the case. The date דבש is second from the second word ארץ and the fig תאנה is fourth away from the first word ארץ. Therefore the date comes before the fig. When tied, such as in the case of the olive (1st from 2nd ארץ) and wheat (1st from 1st ארץ), so in that case it would be "Bore minei mezonot."

It turns out that the blessing of "mezonot" always comes first (unless there's bread). But I admit that this can be slightly confusing. So here's a little trick to remember the order of the fruits (excluding wheat and barley) simply by looking at the amount of seeds/pits the fruit has.

#1 Olive - since it has only one pit.

#2 Date - since its pit is actually creased down the middle and gives the appearance as two pits.

#3 Grape - when a grape has seeds there are usually three of them.

#4 Fig - Figs have multiple seeds inside of them.

#5 Pomegranate - The fruit that has the most seeds of all.