

# SEPHARDIC KEHILA CENTRE

## ABIR YAAKOB CONGREGATION



President  
Meyer Keslassy  
Vice President  
Jean-Claude Abtan

שבת שלום  
*Shabbat Shalom*

ברוכים הבאים  
*Welcome to our Synagogue*

Rabbi Emeritus  
Haham Amram Assayag  
Rabbi  
Rabbi David Kadoch  
Shaliach Tzibur  
Marc Kadoch  
Parnas  
Avi Azuelos

*Parashat Noah נח*  
Shabbat November 2nd, 2019, ד' חשוון תש"פ / 4 Heshvan 5780  
Perasha Page 30, Haftara 1131 in Artscroll

### Shabbat Prayer Times

מנחה Mincha	5:50 p.m.
הדלקת נרות Candle Lighting	5:50 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikim	6:55 a.m.
שחרית Shacharit (Main Synagogue/Barechu:9:35)	8:30 a.m.
תהלים Tehilim	4:55 p.m.
מנחה Mincha	5:25 p.m.
שבת טוב Shabbat Ends	6:51 p.m.

**Ereb Shabbat, Friday November 9th, 2019**  
Mincha 4:40 p.m. (Candle Lighting 4:42 p.m.)

### Weekday Services at Medrash Torah Vehayim

<i>שחרית Shacharit Sunday</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.
<i>שחרית Shacharit Weekdays</i>	
ותיקין Vatikim	6:15 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
מנחה Mincha	4:50 p.m.
ערבית Arbit	5:20 p.m.

Shabat Zemanim- Netz- נץ- 7:55 am, Keriat Shema- שקיעה- 9:52 am, Shekia- שקיעה- 6:07 pm

### Kiddush

Kiddush this Shabbat is provided by Abir Yaakob Congregation.  
Everyone is invited to join us after services.

### Seuda Shelishit

This Shabbat, Seuda Shelishit is sponsored by:  
Mr. & Mrs. Rene and Flora Amiel in memory of her father Abraham Cohen ז"ל  
Mr. & Mrs. Jonathan and Betty Lalou in memory of his grandfather Eliahu Weizmann ז"ל  
Everyone is welcome.

### Nahalot

Abraham Cohen ז"ל, Eliahu Weizmann ז"ל, Yoseph Benhaim ז"ל 4 Cheshvan / Shabbat November 2nd  
Mercedes Anidjar ז"ל 5 Cheshvan / Sunday November 3rd  
Aida Bendrihen ז"ל, 6 Cheshvan / Monday November 4th  
Bertha Benquesus ז"ל, 7 Cheshvan / Tuesday November 5th  
Rebeca Revivo ז"ל, 9 Cheshvan / Thursday November 7th  
**Nahalot for the following week**  
Mark Benchimol ז"ל, 11 Cheshvan / Shabbat November 9th  
Mordechai Chai ז"ל, Andy Shimkovitz ז"ל, Binyamin Chai ז"ל 12 Cheshvan / Sunday November 10th  
Gabriel Daniel ז"ל, 14 Cheshvan / Tuesday November 12th  
Esther Dahan ז"ל, Nissim HaCohen ז"ל 15 Cheshvan / Wednesday November 13th  
Sarah Assor ז"ל, Gitta Levi ז"ל 16 Cheshvan / Thursday November 14th

To increase participation during Tefila, this bulletin should not be read during the conduction of prayer services.  
This bulletin must be discarded in a proper Geniza. 7026 Bathurst Street Thornhill, Ont. L4J 8K3

Tel: (905) 669 7654 Fax: (905) 669 5138

## *Synagogue News*

### **Mikve Update**

For all women of the community,  
The Mikvah of the Kehila Centre, Mikvah Maayan Hasimcha, has now officially reopened.

A beautiful updated space, with private underground parking and new hours. The hours are as follows:

Starting Nov 3rd

Sunday- Thurs 7- 9:45 PM

Saturday night 7- 9:45 PM

### **Bnei Akiva**

No snif this week. Hopefully we will be back with a blast next Shabbat for Parashat Lech-Lecha! Shabbat Shalom!

### **T.A.G. - Team Ashreinu Give @ SKC**

Girls grades 7-9 are welcome to enjoy a jam-packed hour of activities, dancing, learning and snacks run by the members of Camp Ashreinu. The program will take place weekly on Mondays between 7:30 and 8:30 in the lower level social hall.

## *Upcoming Events..*

### **Monday Nov. 11th - Guest Speaker**

The world Sefardi Federation - Canadian Sephardi Federation and the Sephardic Kehila Center are proud to welcome Rabbi Baruj Benito Garzon former Chief Rabbi of Madrid.

Monday, Nov. 11- 7:30 P.M., Sephardic Kehila Center.  
Free Admission.

### **Boys Trip to Detroit**

Boys in grades 7-12 are invited to partake in a fun-filled day in Detroit, Michigan. The boys, led by Rabbi Kadoch and Isaac Nacson will head to Detroit, have a delicious lunch and watch the Detroit Pistons battle the San Antonio Spurs at 5pm. Cost of the trip is \$75. For more information, speak to Rabbi Kadoch or Isaac Nacson

### **SAVE THE DATE -- Girls Trip to Niagara Falls**

Saturday Night January 11th to Sunday January 12

Girls Grades 6-9 - More information to come.

### **Boys Trip to Detroit - - Sunday December 1st**

Boys in grades 7-12 are invited to partake in a fun-filled day in Detroit, Michigan. The boys, led by Rabbi Kadoch and Isaac Nacson will head to Detroit, have a delicious lunch and watch the Detroit Pistons battle the San Antonio Spurs at 5pm. Cost of the trip is \$75. For more information, speak to Rabbi Kadoch or Isaac Nacson

### **Avot Ubanim - begins November 9th at 7pm**

It's back! Fathers and sons can come out for a great night of learning, snacks and prizes.

Begins next Motsae Shabbat at 7pm.

For more information and to sponsor a learning contact Rabbi Kadoch. (Cost of sponsorship is \$200)

### **Time Change**

Please remember to change the clocks, one hour behind on Motzei Shabbat night before you go to bed.



### **New and exciting Torah classes @ SKC**

**Daily - Halacha** - between Minha and Arvit.

**Sundays** - 7:15 a.m. Gemara Shiur with Rabbi Kadoch, Lower Level Synagogue  
- 9:00 a.m. - *Navi with Rabbi Kadoch*, Lower Level Synagogue, men, Coffee will be served.

**Tuesdays** - 8:00 p.m. with Tomer Malca in the Medrash  
- 8:00 p.m. - Rambam with Rabbi Kadoch, Lower Level Synagogue  
- Open topic discussion with Yitzchak Aboudi, Tuesday nights. Times to be determined

**Wednesdays** - 8:00 p.m - Ladies shiur with Rabbi Kadoch, Location Lower Level Classroom

**Thursdays** - 9:00 p.m - *Ohr HaHayim on the weekly Parasha* with Rabbi Kadoch, Medrash, men

**Shabbat** - 8:15 a.m. - *Noam Elimelech on the Parasha with Rabbi Kadoch*, Lower Level Synagogue.

### **New Shiur - Young Adult Males**

Rabbi Kadoch will be offering a new Torah class Tuesday nights beginning this week for Young Adults. The topic of study will be the "Rambam" - a perfect blend of law, ethics and history. Tuesdays, 8 PM, Lower Level Synagogue.

### **Ladies Shiur**

The ever popular ladies shiur with Rabbi Kadoch resumes this Wednesday at 8pm in the Lower Level classroom located near the Mikve Kelim. Weekly topics will include Divre Torah from the Parasha and Hilchot Shabbat. Women of all ages welcome. Light refreshments will be served.

### **Ladies Tehilim Group**

Women are invited to join the Tehilim group Tuesdays at 10:00 a.m. and every Shabbat at 6:00pm Lower Level Restaurant.

### **Humash and Hamin - Thursday Nights**

Come enjoy some delicious Hamin as we study the Parasha with the commentary of the Ohr HaHayim HaKadosh. Thursdays at 9pm in the upstairs Medrash.

If you have a Mazal Tob that you would like to share with the congregation or if you have a change of address or email please contact the office at (905) 669-7654.

Please be advised that the cutoff time for insertion in the bulletin is Wednesday at 4:00 p.m.

This bulletin is printed courtesy of Print Three Concord (905) 738-5682.

# Torah Bites

By Rabbi Kadoch

With the help of HKBH I will begin a new initiative for our weekly bulletin; detailing the 365 mitzvot, one mitzva, one week at a time.

## **Mitzva #1 - Positive Commandment: To be fruitful and multiply**

When a man reaches the age of 18 he is obligated to have children. This is so he doesn't become promiscuous or have bad thoughts.

One who reaches the age of 20 and has still not married is foregoing this positive commandment

A person who is studying all day Torah (like Ben Azzai) and his inclination has no power over him and he chooses not to marry, he has no sin.

One fulfills the mitzva by having a boy and a girl.

If they boy and/or the girl die in his lifetime he doesn't fulfill the mitzva.

Nevertheless, if his deceased children left over grandchildren which consist of a boy and girl, then he fulfills the mitzva for grandchildren are considered like children.

A person who converted with his children (boy and girl) fulfill the mitzva of פרו ורבו

A slave who was freed with his children doesn't fulfill the mitzva of פרו ורבו and must have another boy and girl.

One a person has had a boy and a girl and fulfilled the biblical commandment of פרו ורבו, there is still a rabbinical commandment to have more children as long as his body is able to do so.

It is a rabbinical commandment not to be without a wife because it will lead to bad thoughts. Therefore one needs to get married in order to have children.

A woman is exempt from the mitzva of פרו ורבו.

Nevertheless, a woman should not be without a husband because of suspicion by others.

The mitzva of פרו ורבו applies in all places at all times.

# Halacha Corner

By Rabbi Eli Mansour

## **Setting Timers ("Shabbat Clocks") Before Shabbat**

The Gemara in Masechet Shabbat (18a) addresses the case of a water-operated mill that one sets into motion before Shabbat so that it will operate and grind wheat throughout Shabbat. Bet Hillel (the school of the Sage Hillel) permitted such an arrangement, since all the activity is performed before Shabbat. The mechanism operates on Shabbat without any involvement on the part of the individual, and thus no Shabbat violation is entailed. This view is codified by the Shulhan Aruch (Orah Haim 252:6), who adds that even if the mechanism makes a sound, it may nevertheless be allowed to operate on its own during Shabbat. This Halacha is the basis for the widespread use of timers, or "Shabbat clocks," to turn on and off lights and appliances on Shabbat. Thus, for example, one may set a timer before Shabbat to turn on and off a light, an electric fan or heating system during Shabbat. Since the person's involvement occurs only before

Shabbat, and not during Shabbat, the timer's operation on Shabbat does not entail any violation. Hacham Ovadia Yosef, in his work Halichot Olam, extends this Halacha even to washing machines and dryers. It is permissible to put a load of laundry in the washer or dryer right before Shabbat and have the cycle run during the Shabbat. (It should be noted that Ashkneza'im are generally more stringent in this regard.) Though this may be obvious, we should emphasize that this Halacha does not extend to televisions. It is, of course, strictly forbidden to watch television on Shabbat (and even during the week the propriety of watching television is certainly questionable), even if one sets the television on a timer before Shabbat, as watching television is not at all in the spirit of the day. This applies as well to radios and music players. One may not set such devices on a timer before Shabbat to play music or radio stations on Shabbat. If a person normally sets his alarm clock to a radio station, he must turn the alarm off before Shabbat. It is permissible, however, to set an alarm before Shabbat if it just makes some kind of sound, rather than play a radio station. Summary: One may set lights and appliances on timers before Shabbat so that they turn on and off during Shabbat; one may similarly run the washer or dryer before Shabbat and have the cycle continue during Shabbat. One may not, however, set a radio, music player or television on a timer to have the device turn on during Shabbat.

## **Bathing in Honor of Shabbat**

The Gemara in Masechet Shabbat (25b) tells that Rabbi Yehuda Ben Rabbi Ilai, one of the greatest of the Tanna'im, would have hot water brought to him on Erev Shabbat, and wash his face, hands and feet in honor of Shabbat. On the basis of this account, the Shulhan Aruch (Orah Haim 260) writes that there is a Misva to wash at least one's face, hands and feet with hot water before Shabbat. It should be noted that if a sage of Rabbi Yehuda Ben Rabbi Ilai's stature took time away from his Torah study to bathe before Shabbat, then we must conclude that this constitutes a very important Misva. Indeed, the Arizal (Rabbi Yishak Luria, 1534-1572) was very strict with regard to this Halacha, and made a point of bathing with hot water every Erev Shabbat. He would have in mind different Kavanot (mystical ideas) as he bathed, demonstrating the spiritual significance of this Misva. The Arizal held that one should wash first his face, followed by his right hand, left hand, right foot and left foot, in that sequence. One should follow this sequence even if he takes a full shower. Additionally, the Arizal maintained that one should wash specifically with hot water, even during the summer months. The Mishna Berura (Rabbi Yisrael Meir Kagan of Radin, 1839-1933) issued an important warning concerning bathing on Erev Shabbat in the winter. Shabbat during the winter months begins early on Friday afternoon, and people are often rushing to complete their Shabbat preparations on time. Particularly on short Fridays, one must exercise care to ensure that he finishes bathing before the onset of Shabbat. It is forbidden to bathe with hot water on Shabbat, and a person who is not careful may end up violating Shabbat even as he seeks to perform the Misva of honoring Shabbat. One must therefore make a point to ensure that he finishes bathing before Shabbat begins. Summary: It is a Misva to bathe at least his face, hands and feet with hot water on Erev Shabbat. One should first wash his face, followed by his right hand, left hand, right foot and then left foot. One must be very careful to ensure that he finishes bathing before the onset of Shabbat, as bathing with hot water is forbidden on Shabbat.

# Avot U'banim אבות ובנים



MOTZAE SHABBAT - 7PM - STARTING NOVEMBER 9TH



SEPHARDIC KEHILA CENTRE - UPSTAIRS MEDRASH  
TORAH, SNACKS, PRIZES AND LOTS OF FUN!

## HUMASH & HAMIN (PAREVE)

A PARASHA CLASS BASED ON THE PROFOUND  
COMMENTARY OF THE OHR HAHAYIM HAKADOSH  
THURSDAY NIGHTS AT 9:00PM  
UPSTAIRS MEDRASH W/ RABBI KADOCH



## Parasha Corner By Rabbi Eli Mansour

### Parashat Noah- Following the Example of Noah and Yosef

Parashat Noah tells the famous story of Noah, the lone righteous person in a corrupt, sinful generation, and who was thus saved by the flood which G-d brought upon the earth by constructing an ark as G-d had commanded him.

Rav Menahem Azarya of Fano (Italy, 1548-1620) writes that Noah's soul later resided within the person of Yosef. This is why both Noah and Yosef are given the title "Sadik" ("righteous person"). Noah is described as an "Ish Sadik" in the first verse of Parashat Noah, and throughout the ages, Yosef has always been referred to as "Yosef Ha'sadik." Indeed, numerous parallels exist between these two righteous figures. Most notably, perhaps, both sustained the world during a period of grave crisis. Noah sustained humankind and the animal kingdom on the ark during the flood that killed all living creatures on earth, and Yosef, through his prophetic insight which forewarned of an impending famine, oversaw the storage of grain in Egypt which sustained the ancient world during the devastating famine which would have otherwise caused widespread starvation.

Noah is described as having "found favor in G-d's eyes" ("Masa Hen Be'eneh Hashem" - Bereshit 6:8), just as Yosef found "favor in the eyes" of his master, Potifar ("Va'yimsa Yosef Hen Be'nav" - Bereshit 39:4). Noah spent twelve months trapped in the ark, and Yosef spent twelve years in the Egyptian dungeon. Furthermore, our Sages teach that the sea split for Beneh Yisrael in the merit of Yosef, whose remains were being transported out of Egypt for burial in Eretz Yisrael. Just as Yosef saved Beneh Yisrael from the waters of the sea, Noah saved the world from the waters of the flood.

It is worth probing a bit deeper into the fact that these two great men are both credited with sustaining the entire world. The Hebrew root "Z.N." has two seemingly unrelated meanings - sustenance (as in the verb "Zan" - "feed"), and promiscuity (as in "Zenu" - forbidden intimate relations). A clear example of these two meanings is the description of Rahab - the woman who assisted the two spies sent by Yehoshua to scout the city of Yericho - as an "Isha Zona" (Yehoshua 2:1). This has been interpreted to mean either that she had a store, selling food to sustain the townspeople, or that she worked as a harlot. While at first these two meanings seem unrelated, in truth, they are very much connected. King Shlomo warns in the Book of Mishleh (6:26), "Ki Be'ad Isha Zona Ad Kikar Lahem" - "For the sake of a harlot woman, until a loaf of bread." This means that a person who pursues forbidden relationships sacrifices his livelihood, and ends up sacrificing "a loaf of bread" for the sake of forbidden relations. It is as though a person chooses which "Mezonot" he will have - sustenance, or illicit relationships. These are the two sides of the same coin.

With this in mind, we can return to the connection between Yosef and Noah. They both earned the privilege of sustaining the world because they both withstood the formidable challenge of temptation. Yosef, of course, was tempted by Potifar's wife, and he escaped rather than succumb. And Noah lived in a generation overrun by immorality, but with great strength and conviction, he resisted this influence and lived a noble, dignified life-style. As both excelled in avoiding one meaning of "Mezonot," they were granted the special privilege of providing the other kind of "Mezonot" for the entire world.

Like Noah, we, too, live in a generation which has all but eliminated even the most basic standards of morality. And the influence of this culture is far more pervasive and powerful than it was in Noah's time. Let us follow his and Yosef's example of strict adherence to our values and principles in the face of temptation, and may Hashem reward our efforts by blessing us all with sustenance, success and prosperity, Amen.