

SEPHARDIC KEHILA CENTRE

ABIR YAAKOB CONGREGATION



President
Meyer Keslassy
Vice President
Jean-Claude Abtan

שבת שלום
Shabbat Shalom

ברוכים הבאים
Welcome to our Synagogue

Rabbi Emeritus
Haham Amram Assayag
Rabbi
Rabbi David Kadoch
Shaliach Tzibur
Marc Kadoch
Parnas
Avi Azuelos

פרשת נשא
Parashat Nasso
Shabbat June 15 2019 יב סיון תשע"ט / 12 Sivan 5779
Parasha Nasso Page 778 Haftarah 1181 in Artscroll

Shabbat Prayer Times

מנחה Minha	6:45 p.m.
נרות הדלקת נרות Early Candle Lighting	7:40 p.m.
שחרית מנין החיד"א (ותיקין) Shacharit Ha'Hida Vatikim	4:35 a.m.
שחרית (Main Synagogue/Barechu:9:35) Shacharit	8:30 a.m.
Rabbi's Shiur - Mesilat Yesharim	7:15 p.m.
תהלים Tehilim	8:00 p.m.
מנחה Minha	8:30 p.m.
שבת טובע שבוטע Shabbat Ends	9:57 p.m.

Erev Shabbat Friday June 21st 2019
Minha 6:45 p.m. (Early Candle Lighting 7:40 p.m.)

Weekday Services at Medrash Torah Vehayim

שחרית Shacharit Sunday	
ותיקין Vatikim	4:55 a.m.
מקדימים Makdimim	8:00 a.m.
קבועים Kebuim	9:00 a.m.
שחרית Shacharit Weekdays	
ותיקין Vatikim	4:55 a.m.
מקדימים Makdimim	6:45 a.m.
קבועים Kebuim	8:15 a.m.
אשרי מנחה Mincha Ashre	7:00 p.m.
ערבית Arbit	7:35 p.m.

Shabat Zemanim- Netz- נץ- 5:35 a.m. Keriat Shema- קריאת שמע- 8:51 a.m. Shekia- שקיעה- 9:02 a.m.

Mazal Tov

To Dr. & Mrs. Richard and Claudia Shulman on the Bar Mitzvah of their son Yosef Eliyahu, Mazal Tov also goes to siblings Leon & Puli.
Proud Grandparents: Dr. & Mrs. Robert and Penny Shulman and Mrs. Regina Fairerman.

To Jordan Isaac Nahmias and Lisa Dana Rivka Steele on their upcoming wedding in Marrakech, Morocco.
Proud Parents: Mr. & Mrs. Yves and Sarah Nahmias and Mr. & Mrs. Sarah and Graham Steele
Proud Grandparents: Mrs. Marcelle Benaim and Mrs. Oodelaya Sherkin

Kiddush

This Shabbat Kiddush is sponsored by Mr. & Mrs. Yves and Sarah Nahmias and Mr. & Mrs. Sarah and Graham Steele in honor of their children's Wedding.
Dr. & Mrs. Richard and Claudia Shulman in honor of their son's Yosef Eliyahu's Bar Mitzvah.
Everyone is welcome.

Seuda Shelishit

This Shabbat Seuda Shelishit is sponsored by,
Mrs. Julia Cohen, Mr. & Mrs. Ney and Mercedes Bendayan in loving memory of Ichoa Cohen ז"ל.
Mr. & Mrs. Jack and Biba Benquesus in loving memory of his mother Simy Benquesus ז"ל.
Mr. & Mrs. Maurice and Elise Benzacar in loving memory of his sister-in-law Luna Cohen ז"ל.
Mr. & Mrs. Ze'ev and Helene Saban in loving memory of his mother Liora Saban ז"ל.
Everyone is welcome.

Nahalot

David Abitbol ז"ל, Leon Yehuda Oziel ז"ל, Elisabeth Pearl Kirschner ז"ל, Moses Benhaim ז"ל,
Gloria Goodis ז"ל, 12 Sivan / Shabbat June 15
Ichoa Cohen ז"ל, Liora Saban ז"ל, Simy Benquesus ז"ל, 13 Sivan / Sunday June 16
Miriam Essayag ז"ל, 14 Sivan / Monday June 17
Amram Assayag ז"ל, 15 Sivan / Tuesday June 18
Yojebed Attias ז"ל, 16 Sivan / Wednesday June 19
Gabriel Rosenberg ז"ל, 17 Sivan / Thursday June 20

Nahalot for Next Week

Esther Mamane ז"ל, 19 Sivan / Shabbat June 22
Rachel Bracha Bohbot ז"ל, Messoda Benaksa ז"ל, Lea Cuno ז"ל, 20 Sivan / Sunday June 23
Zohra Azoulay ז"ל, 21 Sivan / Monday June 24
Luna Cohen ז"ל, 22 Sivan / Tuesday June 25,
Rahma Piedad Ohana ז"ל, 23 Sivan / Wednesday June 26

Synagogue News:

Welcome

Abir Yaakob, we would like to welcome back Hacham Amram Assayag to our Synagogue this Shabbat and will be addressing the Kahal with Divre Torah following Musaf. Baruch Haba.

Exciting Changes to our Shabbat Services

We are happy to announce that teenagers and young adults, ages 13-25 will now be able to lead Friday night services and recite Parashiyot/Haftarot on Saturdays in our congregation. To do so, one must:
Give at least 3 weeks advance notice to the Parnas (Avi Azuelos) or Shaliah Tzibur (Marc Kadoch) to check for availability.
be tested prior to the Shabbat in question.

As wonderful as this new initiative is, we maintain that the Bet Keneset and our Tefila continue to be conducted with a sense of professionalism, respectability and competence as they have always been. For that reason, we will ensure that our young kids will be ready and prepared before stepping up to the *teva*.

We hope that these new changes will encourage the kids to be more participative in the weekly service and increase attendance. If you have any questions, feel free to reach out to the Parnas or Shaliah Tzibur.

Mesilat Yesharim, Rabbi Kadoch Shiur continues this week

The weekly summer Shabbat class resumes this Shabbat @7:15 p.m.
Rabbi Kadoch will begin the classic Jewish book of study, Mesilat Yesharim.
Men and women are invited to join. Every Shabbat, 45 minutes before Tehilim.

Mazal Tov:

To our Class 2019 Graduates, As we approach the end of the school year, we want to celebrate the achievements of our members and their children and we don't want to miss any graduates. So, please inform the office or send an e-Mail to joseph.mamane@kehilacentre.com with the graduate name, the school they are graduating from and the year they are graduating from. We will be announcing all graduates in next weeks bulletin.

SKC 5780 Calendar

We are working on the 5780 version of the SKC calendar and as in previous years, we can include the date(s) of the Nahalot of our dearly departed. If you wish to have the dates of your loved ones' Nahalot included in the upcoming calendar, please contact joseph.mamane@kehilacentre.com for more details. Deadline for inclusion is Sunday, June 16th, 2019.

Cemetery Plots

The SKC is pleased to announce the availability of Pardes Shalom cemetery plots to our members. In order to accommodate the limited availability of these plots, we ask all interested members to contact **Sol Benchetrit** <solbench@hotmail.com>

Security Committee

The SKC is searching for volunteers to serve on a Security Committee, we ask all interested contact Joseph Mamane at 905-669-7654 Ext 200 or email at joseph.mamane@kehilacentre.com.

Torah Learning Opportunities at the SKC

Daily - Halacha - between Minha and Arvit.

Sundays - Gemara Masechet Megila with Rabbi Kadoch - 7:15am-8am, Lower Level Synagogue, Coffee will be served.

Tuesdays - Tuesday Night Live on the Parasha with Tomer Malca, 8PM, Medrash, beer and wings, men only.

Wednesdays - Halacha in Hebrew with Rabbi Yitzhak Hakouk, 9PM, Lower Level Synagogue, Refreshments to be served.

Thursdays - Halacha with Rabbi Kadoch for men - following Arvit.

Shabbat - Noam Elimelech on the Parasha with Rabbi David Kadoch, 8:15am - 8:45am, Lower Level Synagogue, coffee and hot chocolate, men only

Shabbat - Mesilat Yesharim Mussar with Rabbi Kadoch - 45 minutes before Tehilim, men and women.

Shiurim Online: If you wish to access any of the Torah classes given during the week by Rabbi Kadoch, Tomer Malca or

Rabbi Dabush, you can listen to them at anytime by accessing them on our website: bit.ly/skctorah

Naso 5779 – Chasing away the Yetzer Hara

”נִשָּׂא אֶת רֹאשׁ בְּנֵי גֵרְשׁוֹן” (ד:כא)

The Ba'ale Mussar learn some thoughtful words from the opening words of this week's Parasha. The word נִשָּׂא (take a census or count) is included in the word שְׂנֵאָה (hatred). And the name גֵרְשׁוֹן is similar in spelling to word לָגַרַשׁ (to chase away). A person should chase out any form of hatred from his heart. This will give him a boost on the ladder that reaches to Hashem. The Zohar Hakadosh states that the entire Torah is a book of good advice on how to behave in this world. This pasuk informs us that if we wish to ascend in levels of Torah and yirah, we must first chase animosity out of our hearts. Only then, can we aspire to cleave to Hashem.

Someone once insulted the tzadik, Rabbi Yisrael Salanter, zt"l. After he was informed of Rabbi Yisrael's identity, the man rushed to his house in shame, begging forgiveness. Rabbi Yisrael replied, "For my part, I forgive you implicitly. But in order to make 100% sure, I would like to do you a favor. Only then can I rest assured that I forgive you with a full heart."

The way to eradicate enmity from one's heart is by doing acts of kindness for the person. Giving to another erases all feelings of animosity, replacing them with goodwill and affection. This is alluded to in the Torah. The Kohanim served in the Bet Hamikdash by offering the korbanot of Bene Yisrael to Hashem. On Yom Kippur, the Kohen Gadol would sacrifice his life for the nation by entering the Inner Sanctum to obtain forgiveness for them. The Kohen thereby served Hashem, as well as Bene Yisrael. If we truly desire to become sanctified like the Kohanim, we must first remove any vestige of hatred from ourselves. We should do deeds of kindness with our fellow man, just as the Kohanim did for Am Yisrael. This will help us love others perfectly, without the shadow of jealousy and other negative traits.

Man's most powerful enemy lurks inside him i.e. the Yetzer Hara. When the Yetzer Hara realizes that a person wishes to ascend in spiritual matters, he stands before him, cooling off his zeal for spirituality. Chasing away the Yetzer Hara is the way to reach heights in Avodat Hashem. The words "Take a census of the [heads] of the sons of Gershon" can mean the following. The word "head" is a reference to the Satan. We are enjoined to hate the Satan, the Yetzer Hara, to the extent that we eradicate him completely. Moreover, the Satan is called a snake. The only way to kill a snake is by cutting off its head. The Satan must be so despised that we obliterate him, as though we are literally decapitating him.

Perasha Insights

By Rabbi Eli Mansour

Parashat Naso- Generosity Begins at Home

We find in Parashat Naso (5:9-10) a pair of verses which emphasize the importance of giving Terumot and Ma'aserot – the various gifts that one must give to Kohanim and Leviyim from his agricultural produce. In these verses, as Rashi explains, the Torah promises great reward for those who comply with these laws, and warns that those who stingily deny the Kohanim and Leviyim their portions from their fields will be punished, as their fields will produce only a small percentage of what they are capable of producing.

These verses are followed by the law of the Sota – a woman whose husband suspects her of infidelity. The husband would bring the woman to the Bet Ha'mikdash, where the Kohen

would give her special water to drink. The water would cause the woman to die if she was guilty of adultery, and if she survived, this meant that she was innocent, and she and her husband could resume their marital relationship. The Gemara (Berachot 63a) teaches that this section appears in the Torah immediately following the discussion of Terumot and Ma'aserot to teach that one who refuses to give the Kohen his due portion will end up having to bring his wife to the Kohen to drink the water. In other words, one of the punishments for refusing to give Terumot and Ma'aserot is that one's wife becomes a Sota.

What is the connection between failing to give Terumot, and one's wife's suspected infidelity? Why is one punished for withholding Terumot and Ma'aserot by having a disloyal wife? Generosity is a character trait embedded within our beings. It is not a button that can be turned "on" and "off." Therefore, if a person is, by nature, stingy and selfish, this will, invariably, affect his marriage. If a person is too selfish to share his crops with the Kohanim and Leviyim as the Torah demands, then he is likely selfish at home, as well. Somebody who always says he doesn't have enough for those who rely on his assistance – like the Kohanim and Leviyim – probably always tells his wife, too, that he doesn't have enough time for her, and does not give her the attention, the help and the affection that she needs.

This is the why the Torah warns that withholding Terumot and Ma'aserot results in a situation of a Sota. If a husband is selfish and does not give of himself for his wife, then she will feel tempted to find affection elsewhere.

This also explains why the section of the Sota is followed by the laws of the Nazir – somebody who decides to take a vow to abstain from wine. The Gemara teaches, "Ha'ro'eh Sota Be'kilkulah Yazir Asmo Min Ha'yayin" – "One who sees a Sota in her disgrace shall separate himself from wine." The proper response to the situation of Sota is limiting one's indulgence, working to overcome one's selfish tendencies. By abstaining from that which is rightfully his, one gradually develops the traits of kindness and generosity.

The section of Nazir is then followed by the command of Birkat Kohanim – because once a person overcomes his selfish instincts, he becomes worthy of Hashem's blessings.

The Misva of "Ve'halachta Bi'drachav" ("You shall follow His ways"), as discussed by the Rambam and others, requires us to try to emulate Hashem's qualities. Although we are human, and will always be human, we are expected to strive to act G-dly, to whatever extent we can. One of the most important aspects of this obligation is the requirement to be selfless and giving. Hashem sustains the entire world and all its inhabitants, receiving nothing in return. As G-d is perfect, there is nothing He could possibly receive in exchange for all that He gives. This is how we are supposed to be – always giving, without expecting anything in return. And this is why marriage is a central part of living a Torah life. Having a spouse and children puts a person in a position to dispense kindness all day, every day. When a person has a family to care for, virtually everything he or she does is an act of giving, because the person's life revolves around caring for his or her spouse and children.

This must be our outlook on marriage and family life – as an opportunity for constant Hesed, for ongoing kindness, to break our selfish instincts and become truly giving, generous people, and thereby resembling our Creator.

Dear Members and Friends,

After more than five (5) months of work, following extensive renovation and upgrades, we are approaching the date to re-open the Mikveh.

We want to extend our sincere appreciation to Mr. Meyer Keslassy for subsidizing the expenses of the renovation (approximately \$30,000).

We also want to thank Sylvia Benchimol for donating some of the materials for the Mikve.

As we approach the opening date, we are planning to replace most of the furniture, and we would like to offer to our Kahal the opportunity to participate.

A plaque of "Benefactors" will be installed with names of Members or Friends that donate, exclusively for the purchase of new furniture and fixtures, and be part of this unique Mitzvah.

There will be four (4) classification of Benefactors:

1. PLATINUM – Donation of \$1,800.
2. GOLD – Donation of \$1,080.
3. SILVER – Donation of \$720.
4. BRONZE – Donation of \$360.

Smaller donations will be accepted and will get an honourable mention in an upcoming bulletin.

To make your Donation, call Mr. Joseph Mamane, at the Office – Cell: 416.559.5951

Please, make sure to mention "Donation for Mikveh Furniture"