



Torah: Sweet as Honey

A COVID Simchat Torah Activity Participant Handout

INSTRUCTIONS:

Print out the texts below before *Simchat Torah*, one printout per participant of all ages. Get your honey ready! Go to your online services, daven with your community. When you get to the *Hakafot*, wait for your service leader to give instructions. Remember to be joyous!

First Hakafah Text:

אֲדֹנֵי יְהוָה נָתַן לִי לִשׁוֹן לְחַיִּים לְדַעַת לַעֲת אֶת־יִצְרָא גִבֹּר יַעִיר

The Lord God gave me a skilled tongue to know how to speak timely words to the weary (Isaiah 50: 4)

Second Hakafah Text:

כִּרְאָדָם כִּטְנֹךְ תֹּאכַל וּמַעִיךְ תִּמְלֵא אֶת הַ גִּלְהָ הַזֹּאת אֲשֶׁר אֲנִי נֹתֵן אֵלֶיךָ. וְאָכַלְהָ נָּהֵי כָפִי דָבָר לְמַחֲקֶךָ:
'Mortal, feed your stomach and fill your belly with this scroll that I give you.' I ate it, and it tasted as sweet as honey to me.

Third Hakafah Text:

נֶפֶת תִּטְפֶּנָּה שְׁפֹתֶיךָ לָהּ גֵב וּחֶלֶב תִּחַת לִלְוֶנָה

Sweetness drops From your lips, O bride; Honey and milk Are under your tongue (Song of Songs 4:4)

Fourth Hakafah Text:

כִּרְאִשִּׁית כִּרְאֵי אֱלֹהִים אֶת הַ מַיִם וְאֶת הָאָרֶץ:

When God began to create heaven and earth...(Genesis 1:1)

Fifth Hakafah Text:

יִקְרְאוּ בֵּיתִי רָאֵל אֶת־ מִן מִן וְהוּא כִּזְרַעַרְד־לֶבֶן וְטַעְמוֹ צִי יִחַת כִּדָּב :

The house of Israel named it manna; it was like coriander seed, white, and it tasted like wafers in honey. (Exodus 16:31)

Sixth Hakafah Text:

אבגדהוזחטיכלמנסעפצקרשת
Hebrew Alphabet Forwards

Seventh Hakafah Text:

תשרקצפסנמלכיתחזוהדגבא
Hebrew Alphabet Backwards

With thanks to
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