





# Ma Nishma

מה נשמע



28 TEVET 5779 / JANUARY 5 2019

PARASHAT VA'ERA

### TORAH READINGS

### SHABBAT SCHEDULE

### **UPCOMING SERVICE TIMES**

Torah

Exodus 6:2-9:35 Etz Hayim pg. 351

Haftarah

Ezekiel 28:25-29:21 Etz Hayim pg. 370 Candlelighting (January 4) 4:36 pm Kabbalat Shabbat/Ma'ariv 6:00 pm Sha<u>h</u>arit (Sanctuary) 9:00 am Min<u>h</u>a / Ma'ariv 4:30 pm Havdalah 5:45 pm Candlelighting (January 11) 4:43 pm 

 Sunday
 9:00 am/4:50 pm

 Monday
 7:00 am/7:00 pm

 Tuesday-Thursday
 7:15 am/7:00 pm

 Friday
 7:15 am/6:00 pm

#### Our condolences to:

 Janice & Sheldon Baryshnik and Family, on the passing of their mother and mother-in-law, Lillian Yan z<sup>n</sup>l.

Step up to make a Minyan!
Call Irv Kirshenblat at
416-221-3433
or by email at
irv@bethtikvahtoronto.org



Watch a movie with us every Tuesday at 1:30 PM. Beginning this week!

First Film: Menashe Details inside



### January 19, 2019 7:00 PM

We're featuring a cast of very talented musicians who have immigrated to Canada and enriched our musical landscape. Details Inside!



Musings

With Rabbi Louis Sachs

### 7a'era: Hearts Work Best In Tandem

"And God hardened Pharaoh's heart." This is one of the most famous lines in the Torah, likely because it becomes a part of our Passover seder, but also because it is a striking image, a heart hardened. The Rabbis in the Midrash, are also struck by this image, and catalogue all the different things that hearts do throughout the Tanach.

On one hand, hearts fear, they break, become prideful, lust, and can even hate to name a few. On the other hand, hearts see, they speak, they hear, they give thanks, they bring joy, and they comfort.

What the rabbis touch on in this midrash is the wide and complicated spectrum of human emotion. Our hearts are where we feel things deepest. But it is important to note that there is a major difference between these two lists. All the negative emotions arise when a person is alone, separated from others. Pharoah's problem was not his heart, but his lack of connection to anyone but himself.

The attributes we would call positive, are all things that our hearts do in tandem with those around us, with those we are closest to. Our hearts see one another, they speak to each other, they hear someone else... It is when we enter into relationship with others, that our hearts are most powerful. It is in the presence of someone else that they do their best work. - **RLS** 

### BT CONNECTING

### (Doing Hesed)



Designed to nurture and assist
Beth Tikvah Congregants at moments of
sorrow, transition and joy, BT Connecting
will enhance our caring community. It
will provide support, when needed,
to our members and their families
during times of crisis – illness and loss.
Members of the Committee will try to
reach out to you whenever we can.
We have volunteers who will visit,
will accompany you to Shul, will
supplement meals if needed. And in times
of joy – we would like to add the voice of
Beth Tikvah to the chorus of Mazel Tovs
received.

You can let us know how we can assist you or volunteer to become part of this endeavour by calling Yardena at the Beth Tikvah office at 416-221-3433.

# PROGRAMMING AT BT

# WHAT'S NOW



Join us, starting January 8, for our annual winter movie program, 'Tuesdays with Larry'. Shows begin every **Tuesday at 1:30 PM. Cost is \$5.00 at the door.** (First film below).

#### January 8 MENASHE - 82 mins.

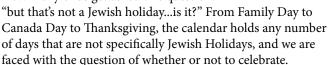
Set within the New York Hasidic community in Borough Park, Brooklyn, Menashe follows a kind but nebbishy grocery store clerk trying to maintain custody of his son Rieven after his wife, Lea, passes away. One of the few movies to be performed in Yiddish in nearly 70 years.

### Beth Tikvah welcomes back Matthew Goldberg

Shabbat morning, Saturday, January 12.

# January or September? Jews Invented New Years Resolutions

How many of us get asked this question:



There is especially confusion about January 1st. Didn't we have a New Year just a few months ago? What are we supposed to do with this other 'new year' celebration? January 1st is not a Jewish holiday, but many of us make New Years resolutions anyway – after all, what's the harm?

In fact, making New Years resolutions is a holy - and even required - act! Encouraged in the Torah, as well as by rabbis, scholars, and commentators of our tradition, Jews just have a different name for resolutions: teshuva.

### PJ Plus - Bringing Jewish Books to Life

The Winter session for PJ Plus Library is NOW OPEN at Beth Tikvah!



**Sundays, starting January 13, from 10 AM – 11 AM** PJ Library: http://jewishtoronto.com/pjplus.

### **Book Club**

# BOOKCLUB

Our next Beth Tikvah book club will be on **Monday**, **January 14th, 2019 at 1:30 PM**. We will be reviewing the book "The Friendly Fire : A Duet" written by A.B. Yehoshua. Sarah Laiken has graciously offered to lead this review.

### WHAT'S NEXT

# Ruah Shabbat

Saturday, January 19 at 6:30 PM

Tu B'Shevat Havdalah Night

The Little Mermaid

Cost: \$5.00 per Child / Free for Adults



Register: 416-221-3433 or go online at www.bethtikvahtoronto.org



Saturday January 19, 2019 at 7:00 PM -Passport to Canada – Shabbat Shira

We're featuring a cast of very talented musicians who have immigrated to Canada and enriched our musical landscape. Join us for Havdalah followed by song and instrumentals with the international flare of the presenters.

\$15 with advance reservation through the synagogue office 416-221-3433 or \$20 at the door. \$36 for reserved seats.

### Photography with Rick Bornstein

Commencing Thursday, January 24, 2019 and running for 10 weeks, until March 28, 2019.

Call 416-221-3433. \$25 Member / \$75 Non-Members



This award-winning docudrama produced by Nancy Spielberg, tells the rarely heard story of a clandestine group of journalists, scholars, and community leaders in the Warsaw Ghetto who vowed to defeat Nazi lies and propaganda not with guns or fists but with pen and paper.

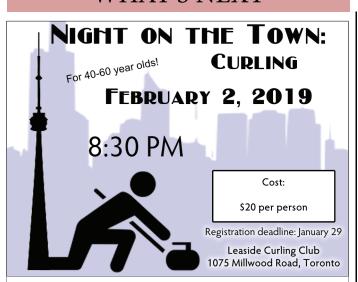
Sunday, January 27 at 7:00 pm at Beth Tikvah Synagogue Members/High School & University Students: Free Community Members: \$5 at the door

Advance registration is required as space is limited. To register, call 416-221-3433

This program has been generously sponsored by Louis & Shirley Greenbaum, Garry & Shirley Greenbaum, Children and Grandchildren.

# PROGRAMMING AT BT

# WHAT'S NEXT



Call the office at **416-221-3433** to register, or visit the BT website!

# Monday Morning Learning with Rabbi Grover Kontemporary Kohanim

An introduction and source-based exploration to the role of the Kohen in Biblical and modern Judaism. Is the Kohen a relevant figure in the modern period, and how does gender complicate the discussion.

### Monday mornings at 9:45 AM

Part One - February 4 and February 11

Part Two - February 25 and March 4





- \* Teffilah (prayer)
- \* Snacks
- \* Shirah (song)
- \* Sports
- \* Arts and Crafts
- \* Lunch
- \* Learning

For Children 5-10 yrs. old.

This program has been generously sponsored by Debbie, Steven, Max and Joel Bergson.

Stay tuned! Our winter Camp Shabbat is happening **February 2019!**Details coming soon!



### **UPCOMING EVENTS**



Casual • Interactive • Family-led Friday Night For extended families with kids 10 +

Join us for this new exciting, family oriented program: **Mishpaha!** No knowledge of customs is required, and we encourage you to come in comfortable clothing, and be relaxed. Let's bring Shabbat in together!

Help us lead an interactive, family-friendly Kabbalat Shabbat service, followed by a Friday night dinner. For extended families with kids 10 +.

Our first Mishpa<u>h</u>a Friday Night Dinner will be on February 22 at 6:00 PM, beginning in the Kulanu Room.

Our guest speaker will be three-time Sledge Hockey Paralympic Champion, Paul Rosen.

Price: Members: \$20 Adult / \$15 Child (17 and under) Non-Members: \$25 Adult / \$20 Child (17 and under)

For more info, contact Sigal at sigal@bethtikvahtoronto.org

Paris to Normandy Tour: 75th Anniversary of D-Day

An Unforgettable Voyage with Prof. Ellin Bessner and Rabbi Grover.



We are organizing a Jewish veterans and family (and others) trip to Normandy for June 2019 for the 75th anniversary commemorations of D-Day. Our bus will tour Normandy with expert local guides and learn from Canada's foremost expert on Jewish participation in the Allied Campaign. Our trip will coincide with the June 6 official ceremonies at Juno Beach, and we will pay our own visits to the important battle sights. We will also be liaising with the local French Jewish community for programming and Shabbat. Would you be interested in coming? Perhaps bring your friends/ families? Prices are still to be confirmed. Date of the trip is **May 30-June 7, 2019**.

Please let Rabbi Grover know if you are interested by emailing his assistant at **yardena@bethtikvahtoronto.org**.



### YAHRZEITS

The following members are observing Yahrzeits this week:

### Friday, January 4

Vivian Greenberg, Toby Brotman, Norman Kelman, Simon Talsky, Alice Roth.

#### Saturday, January 5

Yehuda Danzig, Michael Garmaise, Jackie Friedman, Norman Grill, Betty Dinetz, Eleanor Steidman, Riva Levick, Diana Miller, Isaac Silverstein, Marsha Klerer.

#### Sunday, January 6

Yosi Behar, Norman Cohen, Helene Talsky, Murray Kroach, Nancy Wise, Isaac Silverstein, Helen Daniels.

#### Monday, January 7

Judy Finkelstein, Ina Lofsky, Bracha Feder, Lloyd Pollock, Sarah Brickman, Sheila Stahl, Robert Weinerman.

#### Tuesday, January 8

Perry Chasson, Ian Epstein, Rona Arato, Gwen Orriel, Albert Saltzman, Dorothy Wagner, Marsha Swirsky, Marc Zarenda.

### Wednesday, January 9

Robin Conway, Yehuda Danzig, Menasche Schechter, Denise Shenker, David Zarek, Harry Zarek, Veronica Zarek.

#### Thursday, January 10

Neil Baimel, Goldie Feldman, Renee Unger, Myrna Levy, Minda Tward.

#### Friday, January 11

Hilary Edwards, Maxine Beale, Joanne Greenspoon, Sheldon Lerman, Trudy Sassoon, Paul Nightingale, Ben Nemani, Gloria Pinkus, Harold Segalowitz, Sam Singal.



**Bereavement Support Group:** This support group is for BT members who have suffered the loss of a loved one, and are looking to gain strength as they pass through the stages of mourning. These sessions are free of charge and for members only, but pre-registration is required. First session starts on Sunday, January 20, from 10-11 AM. **For information, or to register, call the office at 416-221-3433.** 

### COMMUNITY EVENTS & UPDATES

#### **Yiddish Literature and Language**

Self-Study Program with readings and discussions on 'Tevye the Dairyman' by Sholem Aleichem. All are welcome! January 7 at 10:00 AM.
Beth David Synagogue.
(55 Yeomans Road)

Raoul Wallenberg Day Film Screening - Rescue in the Philippines

An untold story of rescue during the Holocaust. 'Rescue in the Philippines: Refuge from the Holocaust' recounts a fascinating, yet seldom-told, chapter in history.

In honour of Raoul Wallenberg Day 2019, join the Neuberger on January 17.

'Rescue in the Philippines: Refuge from the Holocaust' Showtime & Location:

Cineplex Cinemas Empress Walk 5095 Yonge Street 3rd Floor Cost: \$11.00 7:30 PM

Beth Tikvah Synagogue 3080 Bayview Avenue Toronto, ON M2N 5L3 Tel- 416-221-3433

Fax- 416-221-1602

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Rabbi: Jarrod Grover

Assistant Rabbi: Louis J. Sachs

Hazzan: Tibor Kovari

Ritual Director: Irv Kirshenblat Executive Director: Doris Alter Program Director: Sigal Tuch

Choir Director: Alexander Veprinskiy

President: Douglas Millstone

# THIS WEEK AT BETH TIKVAH

All evening meetings and programs begin with services at 7:00 pm unless otherwise listed:

other wise fisted.		
Tues Jan 8	<ul><li> Tuesdays with Larry: Menashe</li><li> Ritual Committee Meeting</li></ul>	1:30 pm 7:30 pm
Wed Jan 9	<ul><li> Drop-in Bridge &amp; Maj</li><li> Adult Education Committee Meeting</li></ul>	12:30 pm 6:00 pm
Thurs Jan 10	<ul><li> Writers Club</li><li> Choir Rehearsal</li><li> Floor Hockey</li></ul>	12:30 pm 8:00 pm 8:30 pm
Sat Jan 12	• Scholar in Residence- Matthew Goldberg	

We need volunteers to help people get to Shul on Shabbat. Are you able to bring someone along with you? Are you looking to come to Shul on Shabbat, but need help getting here? If so, call us at 416-221-3433 so we can help you connect!

TO HONOUR THE SANCTITY OF THE SYNAGOGUE
We welcome the presence of children at our services, but
we do ask that they be taken oustide if they are being
disruptive. We ask that everyone coming up to the bimah

cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.









