





# <u>Ma Nishma</u>

מה נשמע



20 SHEVAT, 5779 / JANUARY 26, 2019

PARASHAT YITRO

### TORAH READINGS

## SHABBAT SCHEDULE

## **UPCOMING SERVICE TIMES**

Torah

Exodus 18:1-20:22 Etz Hayim pg. 432

Haftarah

Isaiah 6:1-7:6; 9:5-6. Etz Hayim pg. 452 Candlelighting (January 25) 5:01 pm Kabbalat Shabbat/Ma'ariv 6:00 pm Shaharit (Sanctuary) 9:00 am Minha / Ma'ariv 5:00 pm Havdalah 6:10 pm Candlelighting (February 1) 5:10 pm 

 Sunday
 9:00 am/5:15 pm

 Monday - Thursday
 7:15 am/7:00 pm

 Friday
 7:15 am/6:00 pm

Step up to make a Minyan!
Call Irv Kirshenblat at
416-221-3433
or by email at
irv@bethtikvahtoronto.org

### Our condolences to:

- Natalie & David Kaplan, on the passing of their mother and mother-in-law, Sabina Margitta z<sup>-1</sup>.
- Sue & Mark Walsh, on the passing of their mother and mother-in-law, Kitty Schafer z<sup>"1</sup>.



## January 27 @ 7 pm

Join us for the international movie screening of 'Who Will Write Our History'. A story of courage and strength, during the Holocaust.

**Details Inside!** 

### Mazel Tov to:

- Elizabeth & Michael Weisdorf on the Bat Mitzvah of their daughter,
   Samantha Weisdorf. Grandparents are Agi and Jack Mandel, Gay Rudolph and Joel Weisdorf. Great-Grandmother is
   Stella Rudolph. Minha / Ma'ariv Service.
- Sonja & David Szego on the
  Bar Mitzvah of their son,
  Isaac Szego. Grandparents are
  Andrew Szego, and Suzi Cook &
  Thomas Gratton. On Thursday, January 24.

Thank you to our Sponsors: Kiddush is co-sponsored by:

- Rhona & Brian Birenbaum in honour of Abe Birenbaum's 89th Birthday.
- Etta Kaner & David Nitkin in memory of their father & father-in-law,
   Meilech Kaner z"1.

## Seudah is sponsored by:

 Elizabeth & Michael Weisdorf in honour of Samantha's Bat Mitzyah.

# Torah Ou Town

With Rabbi Jarrod Grover

## The Joy of Another's Success

The Ten Commandments culminates with the prohibition against coveting "your neighbour's house, his wife, slave, donkey, his ox, or anything that belongs to your neighbour." Our commentators have always had difficulty with this commandment. After all, how can the Torah legislate against a person's desires?

The head of the Hebron Yeshiva, Rav Simcha Zissel Brodie <sup>2t\*</sup>, taught that the prohibition against coveting is substantively the same as the commandment to love your neighbour as yourself. Feelings of jealousy are not simply driven by our desire for the belongings of others, but mostly by an image of ourselves as being more deserving than they are. This explains why many people who struggle with jealousy would never be jealous of the success of their children or students.

More than asking us to control our desires, the Torah, in this tenth commandment, is asking us to change our way of looking at humanity. Life is not a competition. We have a stake in each other's success. Therefore our task is to help and inspire each other so that we can each reach our full potential.

# **QUICK PICK**

## February 2

Shabbat morning services will conclude early at 11:00 AM, followed by 4 different workshops. Choose which one to attend!

## PROGRAMMING AT BT

## WHAT'S NOW

**TGIS:** Youth services are available this morning beginning at **10:30 AM**. Children up to age 6 are invited to join Kati Kovari in the Youth Room for an amazing drop-off service. Featuring tots tefillah, circle time, snacks, berahot and more. Youth Services are the place to be for kids grades 1-6! Join us as we pray, play and learn our way through the morning at Beginyan starting in the ShinShinim's room.



Join us for our annual winter movie program, 'Tuesdays with Larry'. Shows begin every **Tuesday at** 1:30 PM. Cost is \$5.00 at the door. (third film below).

## January 29 THE LAST GOLDFISH - 81 mins.

Born in Trinidad in the West Indies, Su Goldfish discovers her father is a German Jew who fled the terrors of Kristallnacht to the only place that would let him in without a visa. As she grows up, she wonders what happened to the rest of the Goldfish family. Is she really the last one?

## PJ Plus - Bringing Jewish Books to Life

The Winter session for PJ Plus Library is Now happening at Beth Tikvah! Sundays, from 10 AM – 11 AM



PJ Library: http://jewishtoronto.com/pjplus.



This award-winning docudrama produced by Nancy Spielberg, tells the rarely heard story of a clandestine group of journalists, scholars, and community leaders in the Warsaw Ghetto who vowed to defeat Nazi lies and propaganda not with guns or fists but with pen and paper.

Sunday, January 27 at 7:00 pm at Beth Tikvah Synagogue Members/High School & University Students: Free Community Members: \$5 at the door

Advance registration is required as space is limited. To register, call 416-221-3433

This program has been generously sponsored by Louis & Shirley Greenbaum, Garry & Shirley Greenbaum, Children and Grandchildren.

## WHAT'S NEXT



Call the office at 416-221-3433 to register.

## Monday Morning Learning with Rabbi Grover Kontemporary Kohanim

An introduction and source-based exploration to the role of the Kohen in Biblical and modern Judaism. Is the Kohen a relevant figure in the modern period, and how does gender complicate the discussion.

## Monday mornings at 9:45 AM

Part One - February 4 and February 11 Part Two - February 25 and March 4

## **BT Connecting**

## (Doing Hesed)

Designed to nurture and assist Beth Tikvah
Congregants at moments of sorrow, transition and joy, BT Connecting will enhance our caring community. It will provide support, when needed, to



our members and their families during times of crisis – illness and loss.



You can let us know how we can assist you or volunteer to become part of this endeavour by calling Yardena at the Beth Tikvah office at **416-221-3433**.

## PROGRAMMING AT BT

## WHAT'S NEXT

# GOLDA'S KITCHEN

February 5 at 7:30 pm at Beth Tikvah Synagogue

Join the Shinshinim for an evening of adult education, to feed your stomach and your mind.

Third session: The evolution of the IDF through Israeli Film.



February 9 at 7:00 pm at Beth Emeth Synagogue

For middle-schoolers, Grade 5-8, featuring a Chinese food dinner, exotic animal meet n' greet, movie night with popcorn, and fun with the Shinshinim!

Cost: \$18 per child. To register, visit www.beby.org

# מחנה שבת



- \* Teffilah (prayer)
- \* Snacks
- \* Shirah (song)
- \* Sports
- \* Arts and Crafts
- \* Lunch
- \* Learning



For Children 5-10 yrs. old. **BEGINS IN FEBRUARY!** 

February 16, March 9, 23, April 6, 20, May 4, 18, June 1, 15.

This program has been generously sponsored by Debbie, Steven, Max and Joel Bergson.

Free for Members! To register, call 416-221-3433. Please note, parents who choose to leave the building, must have a waiver for their child/ren on file.

## WHAT'S NEXT



Casual • Interactive • Family-led Friday Night
For extended families with kids 10 +

Our first Mishpaha Friday Night Dinner will be on February 22 at 6:00 PM, beginning in the Kulanu Room.

Our guest speaker will be three-time Sledge Hockey Paralympic Champion, Paul Rosen.

Price: Members: \$20 Adult / \$15 Child (17 and under) Non-Members: \$25 Adult / \$20 Child (17 and under) For more info, contact Sigal at sigal@bethtikvahtoronto.org

L'<u>h</u>ayim: A Shabbat Dedicated to the Mitzvah of Organ Donation



Join Beth Tikvah, with Rabbi Bulka for a Friday night service & dinner on March 1, starting at 6 PM. \$30 per person.

Advanced Registration required by February 25.

On Shabbat morning, **March 2**, join Rabbi Bulka after service for an important presentation in the Social Hall, as we learn more about Organ Donation in the Torah and Jewish Law. *Co-sponsored by the Helen & Philip Delman Foundation*.

## Adult Education presents 'Medical Learning Series'



Join the Adult Education Committee for a four-part series on various medical issues affecting our Jewish community.

**Sunday, March 3 at 7:30 pm**: Dr. David Kreindler - "Mood and Anxiety Disorders: A Guide to the Depressed (and Anxious) for the Perplexed".

**Sunday April 7 at 7:30 pm**: Dr. Michael Weinstein - "Somatic Symptoms in Children and Adolescents".

**Wednesday, April 24 at 7:30 pm**: Dr. Russell Goldman - "Palliative Care and End of Life Issues".

**Sunday, June 2 at 7:30 pm**: Dr. Mark Silverberg - "Living Jewish with Crohn's and Colitis".

Members: Free

Community Members: \$30 for series, \$10 per lecture.

This series is sponsored by the Dr. Lionel Weinstein Endowment Fund.



## YAHRZEITS

The following members are observing Yahrzeits this week:

### Friday, January 25

Stephen Baron, Lynne Raxlen, John Molot, Gerald Pearson, Robert Robinson, Allan Sylver, Barbara Ash.

## Saturday, January 26

Allan Friedland, Philip Goodfield, Etta Kaner, Leslie Schneeweiss, Brian Kessel, Milton Rusonik, Laya Weissberger, Annette Segal, Andrew Urbas.

### Sunday, January 27

Harry Snitman, Andrew Cassel, Susan Baruch, Editt Richman, Beulah Esakov, Arlene Silver, David Sugar.

## Monday, January 28

Judith Swirsky, Beryl Kofman, Wilf Caplan, Ellen Smith, Hannah Katz, Trudy Sassoon, Violette Cohen, Guigui Haiat.

## Tuesday, January 29

Helen Sieber, Tzipora Ne'eman, Toby Maskowitz, Harvey Fruitman, Miriam Cohen, Rosalind Feinstein, Milton Levitt, Larry Persyko, Itzhak Pilc, Rosalie Rosen.

## Wednesday, January 30

Ruth Edelstein, Belle Silverstein, Helen Guttman, Batia Lazarciuc, Anita Weidman, Henry Neugebauer.

### Thursday, January 31

Jeff Levine, Eileen Wunch, Linda Segal, Millie Lev, Betty Dale, Marvin Swirsky, Cherry Rubin.

### Friday, February 1

Stanley Appel, Alan Birnbaum, Ian Black, Victor Morais, Yoav Kaplun, Angela Hancu, Lorne Pollock.



**Bereavement Support Group:** This support group is for BT members who have suffered the loss of a loved one, and are looking to gain strength as they pass through the stages of mourning. These sessions are free of charge and for members only, but pre-registration is required. First session starts in the Spring. **Stay tuned for specific dates and times. For information, or to register, call the office at 416-221-3433.** 

## COMMUNITY EVENTS & UPDATES

### Volunteers Needed

We need volunteers to help people get to Shul on Shabbat. Are you able to bring someone along with you? Are you looking to come to Shul on Shabbat, but need help getting here? If so, call us at 416-221-3433 so we can help you connect.

Beth Tikvah Synagogue 3080 Bayview Avenue Toronto, ON M2N 5L3 Tel- 416-221-3433

Fax- 416-221-1602 SYN www.bethtikvahtoronto.org

Rabbi: Jarrod Grover

Assistant Rabbi: Louis J. Sachs

Hazzan: Tibor Kovari

Ritual Director: Irv Kirshenblat Executive Director: Doris Alter Program Director: Sigal Tuch

Choir Director: Alexander Veprinskiy

President: Douglas Millstone

United to End Anti-Semitism: A 4-Part Workshop Series for Jews and Allies

The recent rise in overt anti-Semitism opens an important opportunity for us to deepen our understanding of anti-Semitism and how it functions – historically and in the present. For Jews, we want to think with clarity and vision about our work to heal the distorting impact of anti-Semitism on the Jewish soul.

This workshop series will integrate history, theory of systemic oppressions and liberation, storytelling, discussion, and the cognitive and emotional exploration of our own experiences.

Eastminster United Church 310 Danforth Avenue January 28 / Time: 7:00 PM Cost: Suggested Donation of \$18 or \$36

## THIS WEEK AT BETH TIKVAH

All evening meetings and programs begin with services at 7:00 pm unless otherwise listed:

otherwise listed:			
Sun	Jan 27	<ul><li>PJ Library</li><li>Who Will Write Our History Movie Screening</li></ul>	10:00 am 7:00 pm
Tues	Jan 29	• Tuesdays with Larry: The Last Goldfish	1:30 pm
Wed	Jan 30	• Drop-in Bridge & Maj	12:30 pm
Thurs	Jan 31	<ul><li>Photography with Rick Bornstein</li><li>Writers Club</li><li>Choir Rehearsal</li><li>Floor Hockey</li></ul>	10:00 am 12:30 pm 8:00 pm 8:30 pm
Sat	Feb 2	Quick-Pick Shabbat     Night on the Town: Curling	11:00 am 8:30 pm
A portion of funds raised at Bingo World Richmond Hill			

TO HONOUR THE SANCTITY OF THE SYNAGOGUE
We welcome the presence of children at our services, but
we do ask that they be taken oustide if they are being
disruptive. We ask that everyone coming up to the bimah

cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.



helps to support programs at Beth Tikvah Synagogue.







