

# Ma Nishma

מה נשמע



13 SHEVAT 5779 / JANUARY 19 2019

PARASHAT BESHALLAH - SHABBAT SHIRAH

## TORAH READINGS

### Torah

Exodus 13:17-17:16  
Etz Hayim pg. 399

### Haftarah

Judges 4:4-5:31  
Etz Hayim pg. 424

## SHABBAT SCHEDULE

Candlelighting (January 18) 4:52 pm  
Kabbalat Shabbat/Ma'ariv 6:00 pm  
Shaharit (Sanctuary) 9:00 am  
Minha / Ma'ariv 4:50 pm  
Havdalah 6:01 pm  
Candlelighting (January 25) 5:01 pm

## UPCOMING SERVICE TIMES

Sunday 9:00 am/5:05 pm  
Monday - Thursday 7:15 am/7:00 pm  
Friday 7:15 am/6:00 pm

### Step up to make a Minyan!

Call Irv Kirshenblat at  
416-221-3433

or by email at

[irv@bethtikvahtoronto.org](mailto:irv@bethtikvahtoronto.org)



Join the choir,  
this Shabbat morning, as we  
celebrate Shabbat Shirah  
together in song!



### Mazel Tov to:

- Karin & Alex Stoutley on the Baby Naming of their daughter, Elena Sachar Stoutley. Grandparents are Jet & Brian Sachar, and Margaret & Rick Stoutley.

*Thank you to our Sponsors:  
Kiddush is co-sponsored by:*

- Karin & Alex Stoutley on the Baby Naming of their daughter, Elena Sachar Stoutley.

- Musica Beth Tikvah

*Seudah is sponsored by:*

- The Levick, Spritzer, and Teeger Families, in memory of their Husband and Father, Raymond Levick z"l.

Sabbath

Musings

With Rabbi Louis Sachs

## Loaves from Heaven and Earth

On Shabbat we recite haMotzi over two loaves of bread in remembrance of the double portion of manna the Israelites received while journeying in the desert. The Sefat Emet, a Hasidic rebbe from the second half of the 19th century, offers us a deeper understanding of this custom.

He teaches that the manna, which is first given in our parasha this week, was the food of the angels, and that it is represented by one of the loaves at our Sabbath table. The second loaf represents the "bread of the Earth." One loaf symbolizes redemption from the Heavens, and other from the Earth. Together, the two loaves remind us that the work of salvation must be done in both directions.

We are directed to rest on the seventh day, but that verse is preceded by the charge to work during the other six. On Shabbat we rest, and we nurture our spiritual selves, bringing the divine realm a little bit closer to the Earth. We also nurture our physical self, so that during the week to come, we can help raise the Earth a little bit closer to the Heavens. Just as our Shabbat table is incomplete without both loaves, our Sabbath rest is incomplete without the task that follows. - RLS

QUICK PICK

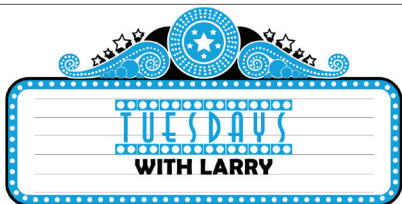
February 2

Shabbat morning services will conclude early at 11:00 AM, followed by 4 different workshops.

You can choose which one to attend!

# PROGRAMMING AT BT

## WHAT'S NOW



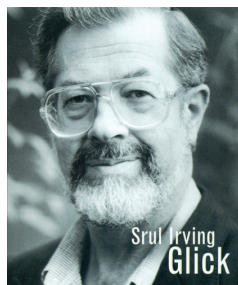
Join us for our annual winter movie program, 'Tuesdays with Larry'. Shows begin every **Tuesday at 1:30 PM. Cost is \$5.00 at the door.** (third film below).

### January 22 THE WOMEN'S BALCONY - 96 mins.

When the women's balcony in an Orthodox synagogue in Jerusalem collapses, leaving the rabbi's wife in a coma and the rabbi in shock, the congregation falls into crisis. Charismatic young Rabbi David appears to be a savior after the accident, but slowly starts pushing his fundamentalist ways and tries to take control.

### Behind the Music: Shabbat Shirah

How very fitting that on Shabbat Shirah, the Sabbath of Song, the pieces sung by the choir today are entirely the compositions of Srul Irving Glick <sup>z"hl</sup>. We were so fortunate to have as our own composer in residence, this man whose music reflected deep spirituality. Srul's gift of composition, brought us the music that touches our souls. Some of the works that the choir sings were also written for instruments and are often played on the radio. Srul came to Beth Tikvah in 1969, and he composed and conducted for the Beth Tikvah choir and the cantor until just before his untimely passing in 2002. Tibor Kovari's and Alexander Veprinskiy's interpretations of these beautiful pieces continue to enrich our musical tradition at Beth Tikvah.



This Shabbat is called Shabbat Shirah because in the parsha of Beshalach the Israelites sing a joyous song in praise of God after the parting of the Red Sea. This song is an expression of faith and is beloved to Israel; so much so, that the song is chanted daily in the prayer service. Some Rabbis also encourage the feeding of the birds at this time to acknowledge the birds' singing in praise of God. All over the world, Jews are celebrating Shabbat Shirah. Enjoy the beautiful music in our service today. After services, please join us for Kiddush co-sponsored by Musica Beth Tikvah.

To continue the celebration of Shabbat Shirah, Musica Beth Tikvah invites you to join us this evening at 7:00 p.m. at Beth Tikvah when we present Passport to Canada. An evening of wonderful music ranging from piano to guitar to voice to clarinet. This program introduces us to very talented artists from around the world who have now made Canada their home. Tickets at the door \$20.

### And more from Musica: Hold these dates:

**Friday April 12th – Sunday April 14th, 2019** – a return visit from Yiddish musical scholar, Binyumen Schaechter – our Music Scholar in Residence for the weekend.

**Monday May 27th, 2019** - our annual gala concert as part of Jewish Music Week.

## WHAT'S NEXT

### PJ Plus – Bringing Jewish Books to Life

The Winter session for PJ Plus Library is **NOW OPEN** at Beth Tikvah!

Sundays, from 10 AM – 11 AM

PJ Library: <http://jewishtoronto.com/pjplus>.



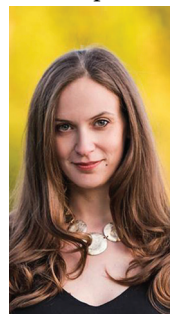
## Musica Presents Passport to Canada

**Saturday January 19, 2019 at 7:00 PM –  
Passport to Canada – Shabbat Shirah**

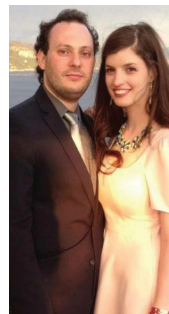
We're featuring a cast of very talented musicians who have immigrated to Canada and enriched our musical landscape. Join us for Havdalah followed by song and instrumentals with the international flare of the presenters.



Nofar Yacobi



Kati Kovari



Michael &  
Coral Solomon



Guy  
Mannheim



Roman  
Kekhman



Jose Aguirre



Joo Hyung  
Kim



Viatcheslav  
Chakhnevitch

**Cost: \$20 at the door.**

### Photography with Rick Bornstein

Commencing Thursday, **January 24, 2019** and running for **10 weeks, until March 28, 2019.**

Call 416-221-3433. \$25 Member / \$75 Non-Members

## PROGRAMMING AT BT

### WHAT'S NEXT

#### BT Connecting

##### (Doing Hesed)

Designed to nurture and assist Beth Tikvah Congregants at moments of sorrow, transition and joy, BT Connecting will enhance our caring community. It will provide support, when needed, to our members and their families during times of crisis – illness and loss.

You can let us know how we can assist you or volunteer to become part of this endeavour by calling Yardena at the Beth Tikvah office at 416-221-3433.



This award-winning docudrama produced by Nancy Spielberg, tells the rarely heard story of a clandestine group of journalists, scholars, and community leaders in the Warsaw Ghetto who vowed to defeat Nazi lies and propaganda not with guns or fists but with pen and paper.

**Sunday, January 27 at 7:00 pm at Beth Tikvah Synagogue**

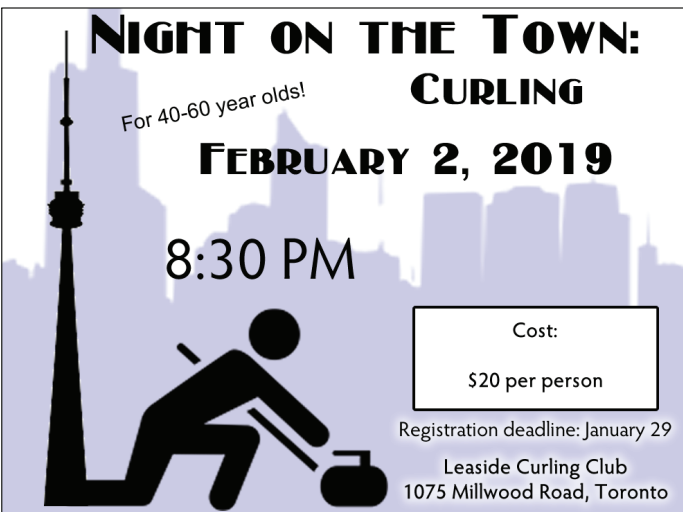
**Members/High School & University Students: Free**

**Community Members: \$5 at the door**

**Advance registration is required as space is limited.**

**To register, call 416-221-3433**

*This program has been generously sponsored by Louis & Shirley Greenbaum, Garry & Shirley Greenbaum, Children and Grandchildren.*



Call the office at 416-221-3433 to register,

### WHAT'S NEXT

#### Monday Morning Learning with Rabbi Grover

Kontemporary Kohanim

An introduction and source-based exploration to the role of the Kohen in Biblical and modern Judaism. Is the Kohen a relevant figure in the modern period, and how does gender complicate the discussion.

**Monday mornings at 9:45 AM**

Part One - February 4 and February 11

Part Two - February 25 and March 4



**Casual • Interactive • Family-led Friday Night**

**For extended families with kids 10 +**

Our first Mishpaha Friday Night Dinner will be on **February 22 at 6:00 PM, beginning in the Kulanu Room.**

**Our guest speaker will be three-time Sledge Hockey Paralympic Champion, Paul Rosen.**

**Price: Members: \$20 Adult / \$15 Child (17 and under)**

**Non-Members: \$25 Adult / \$20 Child (17 and under)**

**For more info, contact Sigal at [sigal@bethtikvahtoronto.org](mailto:sigal@bethtikvahtoronto.org)**

#### Paris to Normandy Tour: 75th Anniversary of D-Day

An Unforgettable Voyage with Prof. Ellin Bessner and Rabbi Grover.



We are organizing a Jewish veterans and family (and others) trip to Normandy for June 2019 for the 75th anniversary commemorations of D-Day. Our bus will tour Normandy with expert local guides and learn from Canada's foremost expert on Jewish participation in the Allied Campaign. Our trip will coincide with the June 6 official ceremonies at Juno Beach, and we will pay our own visits to the important battle sights. We will also be liaising with the local French Jewish community for programming and Shabbat. Would you be interested in coming? Perhaps bring your friends/ families? Prices are still to be confirmed. Date of the trip is **May 30-June 7, 2019.**

Please let Rabbi Grover know if you are interested by emailing his assistant at [yardena@bethtikvahtoronto.org](mailto:yardena@bethtikvahtoronto.org).



# YAHREZEITS

The following members are observing Yahrzeits this week:

## Friday, January 18

Helen Daniels, Rose Lavine, Esther Litz, Reene Katz, Larry Torkin.

## Saturday, January 19

Sheila Ocopnick, Louise Maerov, Madeline Lobel, David Herlick, Rosalyn Steiner.

## Sunday, January 20

Charles Blum, Anita Zelcer, Steven Dolman, Jerry Nesker, Ellie Shulman, Mark Walsh, Ron Weintraub.

## Monday, January 21

Norman Grill, Jerry Lev, Michael Levick, Riva Levick, Julia Spritzer, Gene Teeger, Suzanne Wiseman, Allan Nadler, Marvin Obar, Dodi Weill.

## Tuesday, January 22

William Lieberman, Bernard Resnick, Barry Swadron, Mark Waldman, Mark Walsh, Peter Raxlen.

## Wednesday, January 23

Emile Aufgang, Norman Bordan, Alissa Davis, Jonah Davis, Liam Davis, Melvin Fox, Lynne Raxlen, Elinor Caplan, Eileen Lewis, Rochelle Martin, Lenore Waisberg, David Skopitz, Barry Swadron.

## Thursday, January 24

Seymour Caine, Alex Davidson, Karen Donsky, Norman Picov.

## Friday, January 25

Stephen Baron, Lynne Raxlen, John Molot, Gerald Pearson, Robert Robinson, Allan Sylver, Barbara Ash.



**Bereavement Support Group:** This support group is for BT members who have suffered the loss of a loved one, and are looking to gain strength as they pass through the stages of mourning. These sessions are free of charge and for members only, but pre-registration is required. First session starts in the Spring. **Stay tuned for specific dates and times.** For information, or to register, call the office at 416-221-3433.

## COMMUNITY EVENTS & UPDATES

### Volunteers Needed

We need volunteers to help people get to Shul on Shabbat. Are you able to bring someone along with you? Are you looking to come to Shul on Shabbat, but need help getting here? **If so, call us at 416-221-3433 so we can help you connect.**

### United to End Anti-Semitism: A 4-Part Workshop Series for Jews and Allies

The recent rise in overt anti-Semitism opens an important opportunity for us to deepen our understanding of anti-Semitism and how it functions – historically and in the present. For Jews, we want to think with clarity and vision about our work to heal the distorting impact of anti-Semitism on the Jewish soul.

This workshop series will integrate history, theory of systemic oppressions and liberation, storytelling, discussion, and the cognitive and emotional exploration of our own experiences.

**Eastminster United Church**

**310 Danforth Avenue**

**January 28 / Time: 7:00 PM**

**Cost: Suggested Donation of \$18 or \$36**

Beth Tikvah Synagogue  
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Toronto, ON M2N 5L3  
Tel- 416-221-3433  
Fax- 416-221-1602  
www.bethtikvahtoronto.org



Rabbi: Jarrod Grover  
Assistant Rabbi: Louis J. Sachs  
Hazzan: Tibor Kovari  
Ritual Director: Irv Kirshenblat  
Executive Director: Doris Alter  
Program Director: Sigal Tuch  
Choir Director: Alexander Veprinskiy  
President: Douglas Millstone

### TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We welcome the presence of children at our services, but we do ask that they be taken outside if they are being disruptive. We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

### THIS WEEK AT BETH TIKVAH

All evening meetings and programs begin with services at 7:00 pm unless otherwise listed:

Sun	Jan 20	• PJ Library	10:00 am
Tues	Jan 22	• Tuesdays with Larry: The Women's Balcony • Board of Governor's Meeting	1:30 pm 7:30 pm
Wed	Jan 23	• Drop-in Bridge & Maj	12:30 pm
Thurs	Jan 24	• Photography with Rick Bornstein • Writers Club • Floor Hockey	10:00 am 12:30 pm 8:30 pm

A portion of funds raised at  
Bingo World Richmond Hill helps to  
support programs at Beth Tikvah Synagogue.



**What's Happening**



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"Beth Tikvah Synagogue"