

# Ma Nishma

מה נשמע

BETH  
TIKVAH  
SYNAGOGUE



21 TEVET, 5782 / DECEMBER 25, 2021

PARASHAT SHEMOT



## SHABBAT TORAH READINGS

### Torah

Exodus 1:1 - 6:1  
Etz Hayim pg. 317

### Haftarah

Isaiah 27:6-28:13, 29:22-23  
Etz Hayim pg. 343

## SHABBAT SCHEDULE

Candlelighting (Dec. 24) 4:27 pm  
Kabbalat Shabbat/Ma'ariv\* 3:30 pm  
Shaharit (RSVP Required) 9:00 am  
Minhah/Ma'ariv 4:20 pm  
Havdalah 5:27 pm  
*Vaccinated members and guests are welcome to join us in-person for all Shabbat and weekday evening services.*

## WEEKDAY SERVICE TIMES

Sunday-Thursday 8:30 am/7:00 pm  
Friday 8:30 am/3:30 pm\*

*\*New Kabbalat Shabbat Time (see bottom of page for more info)*

*Please note, Sunday-Thursday morning services are only on Zoom. Please see our semi-weekly email for exact coordinates.*

## LEARNING WITH BRACHA FEDER

### NEW SESSIONS IN JANUARY:

**Finding My True Self in a Biblical Story:  
Exploring Dr. Elliott Rabin's The Biblical Hero:  
Portraits in Nobility & Fallibility**

Register  
on the  
Beth Tikvah Website

## Sabbath Musings

WITH RABBI LOUIS SACHS



## Shemot: The Best is Yet To Come

Our parasha this week begins with a very brief recap of how the Israelites ended up in Egypt as slaves. However, after just a few verses, the Torah starts telling a much longer story, our ancestors' journey to redemption.

One Hasidic teaching explains that from this, the Torah is trying to teach us a critical lesson. No matter how bad things may look at the present, the present is not forever. No matter how difficult the challenge before us, it is just temporary.

More than that, we should remember that the future is infinitely longer than the present. This trial is just a short part of our life, a few verses compared to the journey of redemption we are about to embark on.

Today may be difficult, but countless tomorrows lie before us. Each of them brings limitless potential moments of joy and celebration. Or as Ol Blue Eyes sang it, "The best is yet to come!"

-RLS

**\*Kabbalat Shabbat: Friday @ 3:30 PM**

Join Hazzan Kovari and Rabbi Sachs for a virtual Kabbalat Shabbat from your home. We'll sing, learn, and welcome Shabbat as a community on Zoom. See the Friday morning e-mail for the Zoom link.

### Mazal Tov to:

**Natalie Schaeffer & Ben Mark** on the baby naming of their daughter, **Maya Mark**. Grandparents are **Sasha & David Schaeffer** and **Lynn & Lee Mark**. Great-grandparents are **Beverly and Fred Schaeffer**.

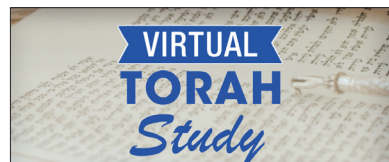
### Kiddush is co-sponsored by:

**Fran Caine, Adele & Steve Weinstein, Debbie & Ron Caine** in Memory of **Sy Caine z"l**

### Seudah is co-sponsored by:

**Harvey Bitterman** in memory of his uncle, **Abe Goldberg z"l**

**Ian Schlifer** in memory of the 25th Yahrzeit of **Morris Sobel z"l**, husband of **Diane Sobel**, father of **Marilyn Mudrick** and the **Sobel Siblings**



We invite you to join **Morley Goldberg**, on Friday, December 24th at 1 PM on Zoom for a virtual Torah Study on Parashat Shemot.

Please refer to the semi-weekly email for the link or contact [daniel@bethtikvahtoronto.org](mailto:daniel@bethtikvahtoronto.org).

# PROGRAMMING AT BT

## WHAT'S NOW

### Walk with Beth Tikvah!

Come out, schmooze and get some exercise with Beth Tikvah members on our next walk, happening **Thursday, December 23rd, at 1:30 PM at Earl Bales ravine**. Meet in the parking lot off of Sheppard at the bottom of Don River Road

If weather looks unpredictable, please call Merle Goldman to confirm that walk is taking place.  
416-722-2151



### Restorative Yoga and Meditation Therapy with Orli Ziv *Refresh your mind and your body!*

Orli Ziv starts a new 6-week session Thursday, January 6 at 10:00 am.

**NOTE:**  
These sessions will now be on Zoom.

Register on the Beth Tikvah website



## COMING SOON

BETH  
TIKVAH  
SYNAGOGUE



BETH DAVID

## LEARNING WITH BRACHA FEDER

Finding My True Self in a Biblical Story  
Exploring Dr. Elliott Rabin's The Biblical Hero:  
Portraits in Nobility & Fallibility

Join Bracha for a year-long course exploring...

**JANUARY 5**  
Our Need for Heroes: Biblical vs Classical Models

**JANUARY 12**  
Moses: Heroic or Unheroic?

**JANUARY 19**  
Samson and Esther: Alien to our Biblical Ethos?

**JANUARY 26**  
Two Kings: David and God

ALL  
CLASSES  
ON  
zoom

Register on the  
Beth Tikvah website



## WHAT'S IN A NAME?

My name is Adele Weinstein and I am the President of Beth Tikvah Women (BTW). As well, I am the Education/Program VP for the International Northeast Region of Women's League for Conservative Judaism.

In honour of the 2-year yahrzeit of my Dad's passing, I wanted to connect his memory to this week's parasha.

My Dad, Sy Caine, was born on June 13, 1932. He would have been 90 years old this coming year. My family and I are commemorating his yahrzeit by sponsoring the "Kiddush to go" at, Beth Tikvah tomorrow, Shabbat Dec. 25th.

My Dad was a soft-spoken, quiet, friendly man. He was very involved in Beth Tikvah, singing in the choir for over 50 years, volunteering on many committees and attending Shabbat and Yom Tovim services regularly. His family meant the world to him especially my Mom, Fran Caine, whom many of you know. He always looked forward to Shabbat and holiday dinners spent with his family which included my Mom, me, my husband, my brother and sister-in-law and our two children. In the 3 years that my Dad lived at Baycrest, his biggest joy was when his great-granddaughter, Ofra, and his family visited him. My Dad and my Mom would have been married 66 years this coming March.

Parashat Shemot begins with "*Eleh Shemot B'nei Yisroel*". These are the names of the children of Israel who came to Egypt with Jacob. In the Jewish tradition, there is a midrash about why we were led out of Egypt. We, the Jewish people, were led out of Egypt because we kept three things intact: our names, our clothing and our language.

I am writing about the first part of this midrash, our names. My Dad's Hebrew name was Yishia Reuven HaCohen.

My Dad was very proud of his name and of the fact that he was a Cohen. He took his status as a Cohen very seriously and every time our synagogue called up the Cohanim to recite the priestly blessings, my Dad was one of the first ones to go up to the bima. He would cover his head with his huge tallit and sing the blessings with his melodic voice. Even though my Dad had Alzheimer's and he forgot many things, he remembered these blessings and he remembered his name. During the three years that my Dad was living at Baycrest, whenever Hazzan Tibi Kovari would come up to my Dad and say "Yishia Reuven HaCohen", my Dad would smile and extend his hand.

To quote the Hebrew poet Zelda, she taught "*L'kol ish yesh shem*". To every person, there is a name.

Whether your name is a Hebrew or an English name, we should all be proud of our names. My name is Chana Mina daughter of Freida and Yishia Reuven HaCohen. I am proud of my name and I am proud to be representing Beth Tikvah Women and proud to be an active member of Women's League for Conservative Judaism.

Thank you and Shabbat Shalom,  
Adele Weinstein



# PROGRAMMING AT BT


## NEW PROGRAMS COMING SOON




### BETH TIKVAH TEEN FELLOWSHIP PROGRAM

Teens will meet once a month with Rabbi Sachs and a special guest expert to discuss topics selected BY teens and FOR teens.

Dates:	
Sundays @ 4:00-5:30 pm	
January 9,	April 10,
February 13,	May 8,
March 13,	June 12



**REGISTER ON THE BETH TIKVAH WEBSITE**




Israel through the looking glass

**With Noa Voss**

### Session #3: Thursday, 13 January, 2022

Join us online for a session about innovative Israeli start-ups and what it takes to be successful. Learn about a unique Covid experience that turned an army intelligence unit into medical engineers. And discover how psychological thinking patterns are used in leading hi-tech startups in Israel.

Register on the Beth Tikvah Website



### B'NOT/B'NAI MITZVAH PROGRAM 2022

This program is for families who will be celebrating a bat/bar mitzvah in 2022, and anyone who had a bar or bat mitzvah in 2021

**Register Today!**

Free for members,  
\$50 for non-members

**January 16, 2022 @ 1-30PM - 3:00 PM:**  
**Let's Kick The Year Off With A Mitzvah!**

Register on the Beth Tikvah Website








### Anti-Semitism & Anti-Zionism in Canadian Politics

Rabbi Sachs and Noah Zatzman will dive into Noah's own experience working in Canadian politics. In particular the relationship between Anti-Zionism and Anti-Semitism, and the recent rise of both in liberal political circles.

Noah Zatzman is an experienced public affairs and PR professional, and political strategist. Most recently, Noah served as a top aide to Federal Green Party Leader Annamie Paul.

Zatzman is deeply involved in the international climate movement, and is a well-known advocate, lay leader, and activist in Canada's Jewish and queer communities. He is currently the Co-Chair of UJA Federation's new LGBTQ+ Division.

**Wednesday, January 19, 2022  
7:45 pm  
(on Zoom)**

Beth Tikvah Synagogue in partnership with LIBERATION75 welcomes:

### Elisha Wiesel in Conversation with Rabbi Jarrod Grover

Elisha Wiesel is the only child of Holocaust survivor, author and Nobel Peace Prize recipient Elie Wiesel.

He previously worked for Goldman Sachs for 25 years, serving as its chief information officer for three years, until December 2019.

When his father passed, Elisha realized how many others missed his voice--and so, when opportunities for impact arise, Elisha shares his father's message and continues his legacy by standing up for persecuted communities.

**TUESDAY  
FEBRUARY 1, 2022  
7:30 pm  
ON ZOOM**

# YAHREZEITS

The following members are observing Yahrzeits this week:

## Friday, December 24

Rona Armel, Janice Baryshnik, Edda Laxer, Ronald Mandel, Shlomo Mayman, Rochelle Norris, Miguel Roger, Donald Sklar, Arthur Zalev

## Saturday, December 25

Donna Black, Helen Duclos, Jerry Lev, Victor Morais, Greta Rabinowitz, Marsha Raubvogel, Ori Raubvogel, Miriam Sapiro

## Sunday, December 26

Helen Black, Steve Grossman, Martin Hoffman, Alfred Kwinter, Roslyn Martz, Marilyn Mudrik, Sheldon Rose, Miriam Sapiro, Marilyn Saxe, Diane Sobel

## Monday, December 27

Fred Arshoff, Bernice Chaplin, Joan Litovitz, Sherry Mandel, Ellen Rosenthal, Mira Rotsztain

## Tuesday, December 28

Stanley Adelson, Abraham Birenbaum, Isaac Birenbaum, Beverley Breslow, Larry Crystal, Brian Demone, Barbara Hendelman, Joan Litovitz, Jerry Somer

## Wednesday, December 29

Susan Argintaru, Harvey Coleman, Brenda Crangle, Shani Mintzberg, Susan Rabovsky, Jenny Roger, Mervyn Rosenstein, Milton Rusonik, Stanley Saltzman

## Thursday, December 30

Georgia Dennis, Samuel Druck, Shirley Greenbaum, Murray Grossman, Howard Harris, Zelda Harris, Paula Kirsh, Aby Topp, Annabel Turner

## Friday, December 31

Toby Brotman, Vivian Greenberg, Norman Kelman, Alice Roth, Simon Talsky

## Looking for Year-End Tax Savings?

Pay your 2022 contribution (dues) in December, 2021.

2022 statements were issued recently. If you pay your 2022 contribution in full before December 31st, you will qualify for a 2021 tax receipt. Contact the office for more details.

Make a donation before December 31st. It's a great way to reduce taxes at year's end.

## Living Donor Needed for Kidney Transplant

Sander has been on dialysis for nearly four years and his family is asking the Jewish community for assistance to help him find a donor.

Please visit Sander's website to see how you can help:

<https://kidney4sander.com>



## Beth Tikvah Endowment Funds

We have Endowment Funds for the 2022 year that may be available for you to help offset the cost of Jewish experience programs. To apply, please request an application form by emailing the BT office at [adminoffice@bethtikvahtoronto.org](mailto:adminoffice@bethtikvahtoronto.org) or by calling us at 416-221-3433.

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Senior Rabbi: Jarrod Grover  
Associate Rabbi: Louis J. Sachs  
Hazzan: Tibor Kovari  
Ritual Director: Irv Kirshenblat  
Executive Director: Doris Alter  
President: Douglas Millstone

### TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

## THIS WEEK AT BETH TIKVAH



Thurs	Dec 23	• Walk with Beth Tikvah (Earl Bales Ravine)	1:30 PM
Fri	Dec 24	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Mon	Dec 27	• Synagogue Office Closed	Closed
Tues	Dec 28	• Synagogue Office Closed	Closed
Fri	Dec 31	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Mon	Jan 3	• Synagogue Office Closed	Closed

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue.



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"Beth Tikvah Synagogue"