





Ma Nishma SYNAGOGU



מה נשמע

SEPTEMBER 9, 2023 / 5783 אלול, 23 PARASHAT NITZAVIM-VAYEILEKH **SELIHOT**



SHABBAT TORAH READINGS

Torah

Deuteronomy 29:9 - 31:30 דברים Etz Hayim pg. 1165

Haftarah

Isaiah 61:10 - 63:9 ישעיהו Etz Hayim pg. 1180

SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv	6:00 pm
Candlelighting (Sept. 8)	7:23 pm
Sha <u>h</u> arit	9:00 am
Min <u>h</u> a/Ma'ariv	7:10 pm
Havdalah	8:21 pm
Seli <u>h</u> ot Lecture	8:45 pm
Seli <u>h</u> ot Services	10:15 pm
All services are In Person and	LiveStreamed

WEEKDAY SERVICE TIMES

Morning Services @ Adath Israel:

Sunday 8:30 am Monday to Friday 7:30 am

Evening Services @ Beth Tikvah:

Monday to Thursday 7:30 pm

All services are In Person and LiveStreamed

Mazel Tov to:

Baden & Zane Colt on the naming of their daughter Scottie Joel Colt. And to the grandparents Lisa Colt-Kotler & Andrew Kotler, Howard Colt & Shelley McIntyre, Frances Russell and Gary Petigrow & Evelina Faraone; and to the great grandparents Harry Colt & Gail Carr-Colt, Judi Sporn and Elaine Abrams.

Kiddush is co-sponsored by:

Scottie's Great-Grandparents, Gail Carr-Colt & Harry Colt in honour of her Baby

Irv & Linda Kirshenblat and Family in memory of Rose & Joel Kirshenblat z"l.

Naming.

Ludwig & Shoychet Families in memory

of Bernard Ludwig z''l.

JOIN US THIS WEEKEND! See next page for times & details! **SATURDAY NIGHT: Selihot Lecture & Services SUNDAY: Kever Avot** SUNDAY AFTERNOON: Back to Shul Party at Beth Tikvah

HIGH HOLIDAYS

High Holiday Tickets have recently been mailed to those who registered for them.

We look forward to a meaningful Rosh Hashanah with you at Beth Tikvah. Services will also be LiveStreamed and members in good standing will receive a link prior to Rosh Hashanah.

Click here for High Holiday Schedules and

Iorah

Hope for Better *by Rabbi Jarrod Grover*

This week's Torah reading begins with the words "You are all standing before God." Rashi explains that last week's portion ended with strong words of rebuke by Moses for the Jewish people. After those strong words, the people were saddened and distraught. Therefore, Moses encourages them with a positive message, reminding them that they are "still standing" and will be alright in the long run.

Later commentaries further elucidate and praise Moses's tactics. They explain that you cannot ask for improvement when you've excessively berated a person and

left them feeling dejected. You have to inspire them to believe in themselves and give them hope to reach for better.

This point is particularly worthy of consideration this time of year. If we're seriously introspective, as we are supposed to be, come Rosh Hashanah, we think about the things that we haven't done as well as we should this past year. And if we're honest with ourselves, we ask ourselves what are the chances that we will really do better. How many times before have we tried to do better and we haven't succeeded? And the more a person allows these thoughts to float around one's mind,

the more a person begins to give up hope on the whole process. Therefore, we must remind ourselves that God sees us as being a good people, people with great potential. God realizes we're not perfect, but loves us nonetheless and wants to help us help ourselves in really growing, and really becoming better people.

If we come into Rosh Hashanah with that attitude, we will understand that these days are serious, but we won't give up hope and maybe will do just a little bit better over the year to come.

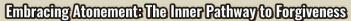
COMING UP AT BETH TIKVAH

Selihot

September 9, 2023

LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by Rabbi Kayley Romick @ 8:45 PM



Can we forgive others and seek forgiveness without first forgiving ourselves?

Delve into sources about forgiveness and the role that introspection and self-compassion play during the Yamim Nora'im.



Services will follow at 10:15PM @ Beth Tikvah

Featuring Cantor Tibor Kovari, the Beth Tikvah Choir and The Wellington String Quartet



TIKVAH SYNAGOGUE



YOM KIPPUR STUDY SESSION

Yom Kippur MONDAY, SEPTEMBER 25th 3:30pm



LESSONS OF THE YOM KIPPUR WAR





Next session: pick up and drop off at Renee Birnbaum's house Sept 11 from 1-3pm: Contact mitzvahknitters@gmail.com for details.



Beth Tikvah Cemetery Memorial Services

Kever Avot, the tradition of visiting the graves of our parents and loved ones between Rosh Hashanah and Yom Kippur, can evoke a wealth of emotions and memories. In these moments, many of us yearn to feel connected to a community. We invite you to join with us as we pray together, support one another, and honour the memory of those who have passed at our annual Kever Avot Memorial Services.

Sunday, September 10th, 2023

10:30 AM - PARDES SHALOM

The gathering will meet at 10:30 am in the new section, followed by visits and prayers at both sections.

(In the Minsker Farband section)

Beth Tikvah clergy will be on hand to recite private memorial prayers at the gravesides of loved ones in all cemetery sections following the community service.

Please contact us for more information Beth Tikvah Synagogue at 416-221-3433 or visit www.bethtikvahttoronto.org

HIGH HOLIDAY LEARNING

with Rabbi Jarrod Grover



Monday, September 11 @8PM



The Expulsion of Ishmael

SAVETHE DATE
Beth Tikvah Women in the Sukkah
Speaker & Lunch: 11:30am-2:30 pm
OCTOBER 4th



COMING UP AT BETH TIKVAH



SEPTEMBER 13:

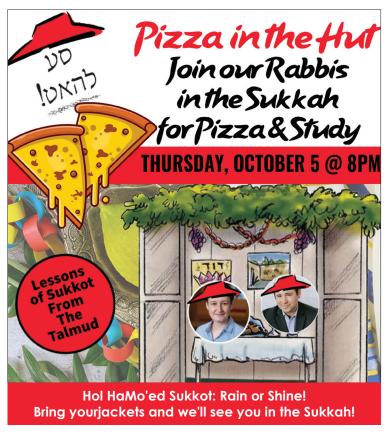
Yom Kippur: Why The Five Afflictions?













YAHRZEITS

This week, we commemorate the yahrzeits of the following people

Friday, September 8

Joel Kirshenblat z''l, father of Irving Kirshenblat Sylvia Lesk z''l, mother of Dayna Shulman

Saturday, September 9

Dawn Adam z''l, mother of Leah Price Judith Duke z''l, sister of Sandra Stern Samuel Feld z''l, father of Lawrence Feld Sheldon Manly z''l, husband of Doreen Manly Max Reicher z''l, father of Renee Tward David Silverstein z''l, brother of Isaac Silverstein

Sunday, September 10

Ida Ruth Berenbaum z''l, mother of Sonya Mingail Sheldon Black z''l, of Sonia Weinreb Hyman Foxman z''l, father of Stuart Foxman and husband of Charna Foxman Paul Holland z''l, father of Peter Holland Doris Jacobson z''l, mother of Marsha Swirsky Kate Morris z''l, mother of Edgar Morris Effie Pick z''l, father of Moira Kaminker

Monday, September 11

Irving Hanick z''l, husband of Ruth Hanick Rose Kirshenblat z''l, mother of Irving Kirshenblat Beryl Myers z''l, mother of Heather Adelson

Tuesday, September 12

Rebecca Wagman z"l, mother of Linda Garshon

Wednesday, September 13

Oscar Cohen $z^{''}l$, father of Jack Cohen Maurice Daniels z''l, father of Judith Rosen Harold Louis Mitgang z''l, father of Bronna Ginsberg and husband of Fagel Mitgang Genia Schiff z''l, mother of Brenda Perlmutter



We are accepting non-perishable goods for the North York Harvest Food Bank at Beth Tikvah. Drop off food or make a donation to help people in need. Food can also be donated on Kol Nidre Eve from 5:00 to 6:30 PM.



Is your child or grandchild turning 12 or 13 soon?

We are accepting member and nonmember Bar & Bat Mitzvah bookings for 2024 & 2025. We now can Live Stream your simha from both the Sanctuary and Chapel! Please contact Gayle to reserve your date: gayle@bethtikvahtoronto.org

Thursday, September 14

Harry Greenwald z''l, father of Carolyn Feldman Deborah Yael Kupferstein z''l, daughter of Judy & Paul Kupferstein Joseph David Laiken z''l, father of Gordon Laiken Issie Polansky z''l, father of Shirlee Rona Dolman Howard Stein z''l, brother of Steven Stein Ray Maze z''l, mother of Aubrey Maze

Friday, September 15

Henry Chown z''l, father of Sherry Lewkowicz Joseph Tator z''l, father of Donna Black Reuben Waxer z''l, father of Harley Waxer



GETTING READY FOR THE HIGH HOLIDAYS

The entire office staff appreciates your thoughtfulness during what is a very hectic time! We thank you for your consideration. Response time may be a bit slower due to the high volume of requests and calls.



COMING UP AT BETH TIKVAH

Richmond Hill helps to support programs

COMING OF AT BETTI TIKVAIT			
Sat.	Sept. 9	• Shabbat Kids Club Resumes (at BT)	10:00 AM
Sat.	Sept. 9	• Seli <u>h</u> ot Lecture with Rabbi Kayley Romick (<i>at BT</i>	T) 8:45 PM
Sat.	Sept. 9	• Seli <u>h</u> ot Services with musical guests (<i>at BT</i>)	10:15 PM
Sun.	Sept. 10	• Kever Avot at Pardes Shalom Cemetery	10:30 AM
Sun.	Sept. 10	Kever Avot at Bathurst Lawn Cemetery	2:30 PM
Sun.	Sept. 10	• Back to Shul Party at Beth Tikvah (registration req'o	d) 5:00 PM
Mon.	Sept. 11	• High Holiday Learning with Rabbi Grover (at B)	T) 8:00 PM
Wed.	Sept. 13	• Learning with Bracha Feder (on Zoom)	1:00 PM
Thur.	Sept. 14	Yoga & Meditation with Orli Ziv (on Zoom)	10:00 AM
A portion of funds raised at Bingo World			



at Beth Tikvah Synagogue

Senior Rabbi: Jarrod Grover <u>H</u>azzan: Tibor Kovari Executive Director: Rivka Campbell Assistant Rabbi: Alisa Zilbershtein Ritual Director: Irv Kirshenblat President: Barbara Albert