



# Ma Nishma

BETH  
TIKVAH  
SYNAGOGUE



מה נשמע

SEPTEMBER 9, 2023 / 5783, אֶלּוּל 23  
PARASHAT NITZAVIM-VAYEILEKH  
SELIHOT

Shabbat Shalom



## SHABBAT TORAH READINGS

### Torah

Deuteronomy 29:9 - 31:30 דברים  
Etz Hayim pg. 1165

### Haftarah

Isaiah 61:10 - 63:9 ישעיהו  
Etz Hayim pg. 1180

## SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv 6:00 pm  
Candlelighting (Sept. 8) 7:23 pm  
Shaharit 9:00 am  
Mincha/Ma'ariv 7:10 pm  
Havdalah 8:21 pm  
Selihot Lecture 8:45 pm  
Selihot Services 10:15 pm  
*All services are In Person and LiveStreamed*

## WEEKDAY SERVICE TIMES

### Morning Services @ Adath Israel:

Sunday 8:30 am  
Monday to Friday 7:30 am

### Evening Services @ Beth Tikvah:

Monday to Thursday 7:30 pm

*All services are In Person and LiveStreamed*

### Mazel Tov to:

Baden & Zane Colt on the naming of their daughter **Scottie Joel Colt**. And to the grandparents **Lisa Colt-Kotler & Andrew Kotler, Howard Colt & Shelley McIntyre, Frances Russell and Gary Petigrow & Evelina Faraone**; and to the great grandparents **Harry Colt & Gail Carr-Colt, Judi Sporn and Elaine Abrams**.

### Kiddush is co-sponsored by:

**Scottie's** Great-Grandparents, **Gail Carr-Colt & Harry Colt** in honour of her Baby Naming.

**Irv & Linda Kirshenblat and Family** in memory of **Rose & Joel Kirshenblat z"l**.

**Ludwig & Shoychet Families** in memory of **Bernard Ludwig z"l**.

## HIGH HOLIDAYS at Beth Tikvah

High Holiday Tickets have recently been mailed to those who registered for them.

We look forward to a meaningful Rosh Hashanah with you at Beth Tikvah. Services will also be LiveStreamed and members in good standing will receive a link prior to Rosh Hashanah.

[Click here for High Holiday Schedules and details.](#)

JOIN US THIS WEEKEND! See next page for times & details!

SATURDAY NIGHT: Selihot Lecture & Services

SUNDAY: Kever Avot

SUNDAY AFTERNOON: Back to Shul Party at Beth Tikvah



## Torah on Tour

### Hope for Better by Rabbi Jarrod Grover

This week's Torah reading begins with the words "You are all standing before God." Rashi explains that last week's portion ended with strong words of rebuke by Moses for the Jewish people. After those strong words, the people were saddened and distraught. Therefore, Moses encourages them with a positive message, reminding them that they are "still standing" and will be alright in the long run.

Later commentaries further elucidate and praise Moses's tactics. They explain that you cannot ask for improvement when you've excessively berated a person and

left them feeling dejected. You have to inspire them to believe in themselves and give them hope to reach for better.

This point is particularly worthy of consideration this time of year. If we're seriously introspective, as we are supposed to be, come Rosh Hashanah, we think about the things that we haven't done as well as we should this past year. And if we're honest with ourselves, we ask ourselves what are the chances that we will really do better. How many times before have we tried to do better and we haven't succeeded? And the more a person allows these thoughts to float around one's mind,

the more a person begins to give up hope on the whole process. Therefore, we must remind ourselves that God sees us as being a good people, people with great potential. God realizes we're not perfect, but loves us nonetheless and wants to help us help ourselves in really growing, and really becoming better people.

If we come into Rosh Hashanah with that attitude, we will understand that these days are serious, but we won't give up hope and maybe will do just a little bit better over the year to come.



## COMING UP AT BETH TIKVAH

# Selihot

September 9, 2023

LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by  
Rabbi Kayley Romick @ 8:45 PM



### Embracing Atonement: The Inner Pathway to Forgiveness

Can we forgive others and seek forgiveness without first forgiving ourselves?  
Delve into sources about forgiveness and the role that introspection and self-compassion play during the Yamim Nora'im.



Services will follow at  
**10:15PM @ Beth Tikvah**  
Featuring Cantor Tibor Kovari,  
the Beth Tikvah Choir and  
The Wellington String Quartet

Adath Israel  
Congregation

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## YOM KIPPUR STUDY SESSION

Yom Kippur  
MONDAY, SEPTEMBER 25th  
3:30pm

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### LESSONS OF THE YOM KIPPUR WAR

Commemorating 50 Years  
since the Yom Kippur war  
with Rabbi Grover and IDF Veterans  
of the Yom Kippur War.



## MITZVAH KNITTERS

AT BETH TIKVAH SYNAGOGUE



Next session: pick up and drop off at Renee Birnbaum's house  
Sept 11 from 1-3pm: Contact mitzvahknitters@gmail.com for  
details.



*Kever Avot*

### Beth Tikvah Cemetery Memorial Services

Kever Avot, the tradition of visiting the graves of our parents and loved ones between Rosh Hashanah and Yom Kippur, can evoke a wealth of emotions and memories. In these moments, many of us yearn to feel connected to a community. We invite you to join with us as we pray together, support one another, and honour the memory of those who have passed at our annual Kever Avot Memorial Services.

Sunday, September 10th, 2023

10:30 AM - PARDES SHALOM

The gathering will meet at 10:30 am in the new section, followed by visits and prayers at both sections.

(In the Minsker Farband section)

Beth Tikvah clergy will be on hand to recite private memorial prayers at the gravesides of loved ones in all cemetery sections following the community service.

Please contact us for more information Beth Tikvah Synagogue at 416-221-3433 or visit [www.bethtikvahtoronto.org](http://www.bethtikvahtoronto.org)

## HIGH HOLIDAY LEARNING

with Rabbi Jarrod Grover

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Monday, September 11 @8PM



NEW DATE

*The Expulsion  
of Ishmael*

**SAVE THE DATE**  
**Beth Tikvah Women in the Sukkah**  
**Speaker & Lunch: 11:30am-2:30 pm**  
**OCTOBER 4th**



## COMING UP AT BETH TIKVAH

### LEARNING WITH BRACHA FEDER

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### OUR DAYS OF AWE AND ME

SEPTEMBER 13:  
Yom Kippur: Why The Five Afflictions?

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JOIN US FOR A  
Preserving Your Memories  
WORKSHOP



**Michael Brooke**

WEDNESDAY, SEPTEMBER 27TH  
10:30 AM - 11:30 AM

**UNLOCKING THE POWER OF  
CAPTURING LIFE'S TAPESTRY**

### FAMILY SHABBAT DINNER IN THE SUKKAH

FRIDAY, SEPTEMBER 29TH

4:30 PM - 6:15 PM

**Families with Children Aged 10 and under:**

Join us as we decorate our community Sukkah  
followed by Shabbat table blessings  
and a yummy kid-friendly dinner!

**\$15/person. Children 3 and under are FREE!**



### DINNER IN THE SUKKAH FRIDAY, SEPTEMBER 29

MINHA/MA'ARIV @ 6:30PM  
DINNER FOLLOWING @ 7:15PM

\$40: MEMBERS

\$50: NON-MEMBERS

\$25: AGE 13 & UNDER

Register on the BT Website

### Is Democracy In Israel Really Threatened?

With Special Guest  
Vivian Bercovici

October 2  
In-person  
8:00 pm



Join Vivian Bercovici, former  
Canadian Ambassador to Israel and  
founder of the online digital platform  
and podcast stateoftelaviv.com,  
to hear her thoughts on this critical  
moment in Israel's history and  
engage in Q and A.

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### Pizza in the Hut

Join our Rabbis  
in the Sukkah  
for Pizza & Study

THURSDAY, OCTOBER 5 @ 8PM



Lessons  
of Sukkot  
From  
The  
Talmud



Hol HaMo'ed Sukkot: Rain or Shine!  
Bring your jackets and we'll see you in the Sukkah!



# Yahrzeits

This week, we commemorate the yahrzeits of the following people

## Friday, September 8

Joel Kirshenblat z"l, father of Irving Kirshenblat  
 Sylvia Lesk z"l, mother of Dayna Shulman

## Saturday, September 9

Dawn Adam z"l, mother of Leah Price  
 Judith Duke z"l, sister of Sandra Stern  
 Samuel Feld z"l, father of Lawrence Feld  
 Sheldon Manly z"l, husband of Doreen Manly  
 Max Reicher z"l, father of Renee Tward  
 David Silverstein z"l, brother of Isaac Silverstein

## Sunday, September 10

Ida Ruth Berenbaum z"l, mother of Sonya Mingail  
 Sheldon Black z"l, of Sonia Weinreb  
 Hyman Foxman z"l, father of Stuart Foxman  
 and husband of Charna Foxman  
 Paul Holland z"l, father of Peter Holland  
 Doris Jacobson z"l, mother of Marsha Swirsky  
 Kate Morris z"l, mother of Edgar Morris  
 Effie Pick z"l, father of Moira Kaminker

## Monday, September 11

Irving Hanick z"l, husband of Ruth Hanick  
 Rose Kirshenblat z"l, mother of Irving Kirshenblat  
 Beryl Myers z"l, mother of Heather Adelson

## Tuesday, September 12

Rebecca Wagman z"l, mother of Linda Garshon

## Wednesday, September 13

Oscar Cohen z"l, father of Jack Cohen  
 Maurice Daniels z"l, father of Judith Rosen  
 Harold Louis Mitgang z"l, father of Bronna Ginsberg  
 and husband of Fagel Mitgang  
 Genia Schiff z"l, mother of Brenda Perlmutter



We are accepting non-perishable goods for the North York Harvest Food Bank at Beth Tikvah. Drop off food or make a donation to help people in need. Food can also be donated on Kol Nidre Eve from 5:00 to 6:30 PM.



**Is your child or grandchild turning 12 or 13 soon?**

We are accepting member and non-member Bar & Bat Mitzvah bookings for 2024 & 2025. We now can Live Stream your simcha from both the Sanctuary and Chapel! Please contact Gayle to reserve your date: [gayle@bethtikvahtoronto.org](mailto:gayle@bethtikvahtoronto.org)

## Thursday, September 14

Harry Greenwald z"l, father of Carolyn Feldman  
 Deborah Yael Kupferstein z"l, daughter of Judy & Paul Kupferstein  
 Joseph David Laiken z"l, father of Gordon Laiken  
 Issie Polansky z"l, father of Shirlee Rona Dolman  
 Howard Stein z"l, brother of Steven Stein  
 Ray Maze z"l, mother of Aubrey Maze

## Friday, September 15

Henry Chown z"l, father of Sherry Lewkowicz  
 Joseph Tator z"l, father of Donna Black  
 Reuben Waxer z"l, father of Harley Waxer

**Corner Office**



## GETTING READY FOR THE HIGH HOLIDAYS

The entire office staff appreciates your thoughtfulness during what is a very hectic time! We thank you for your consideration. Response time may be a bit slower due to the high volume of requests and calls.

**WE APPEAL to the Jewish people throughout the Diaspora to rally round the Jews of Eretz-Israel.**  
 — Israel's Declaration of Independence, 5708/1948

**WE APPEAL to everyone to celebrate Israel at 75 and mark the High Holy Days by investing in Israel Bonds.**

## COMING UP AT BETH TIKVAH

Sat.	Sept. 9	• Shabbat Kids Club Resumes (at BT)	10:00 AM
Sat.	Sept. 9	• Selihot Lecture with Rabbi Kayley Romick (at BT)	8:45 PM
Sat.	Sept. 9	• Selihot Services with musical guests (at BT)	10:15 PM
Sun.	Sept. 10	• Kever Avot at Pardes Shalom Cemetery	10:30 AM
Sun.	Sept. 10	• Kever Avot at Bathurst Lawn Cemetery	2:30 PM
Sun.	Sept. 10	• Back to Shul Party at Beth Tikvah (registration req'd)	5:00 PM
Mon.	Sept. 11	• High Holiday Learning with Rabbi Grover (at BT)	8:00 PM
Wed.	Sept. 13	• Learning with Bracha Feder (on Zoom)	1:00 PM
Thur.	Sept. 14	• Yoga & Meditation with Orli Ziv (on Zoom)	10:00 AM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue



Senior Rabbi: Jarrod Grover  
 Hazzan: Tibor Kovari  
 Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein  
 Ritual Director: Irv Kirshenblat  
 President: Barbara Albert