



# Ma Nishma

BETH  
TIKVAH  
SYNAGOGUE



מה נשמע

OCTOBER 28, 2023 / 5784 חשוון 13

PARASHAT LEKH LEKHA

*Shabbat Shalom!*



## SHABBAT TORAH READINGS

### Torah

Genesis 12:1 - 17:27 בראשית  
Etz Hayim pg. 69

### Haftarah

Isaiah 40:27 - 41:16 ישעיהו  
Etz Hayim pg. 95

## SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv	6:00 pm
Candlelighting (October 27)	5:58 pm
Shaharit	9:00 am
Shabbat Kids Club	10:00 am
Minha/Ma'ariv	5:45 pm
Havdalah	6:56 pm

*All services are In Person and LiveStreamed*

## WEEKDAY SERVICE TIMES

### Morning Services @ Adath Israel:

Sunday	8:30 am
Monday to Friday	7:30 am

### Evening Services @ Beth Tikvah:

Sunday to Thursday	7:00 pm
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*All services are In Person and LiveStreamed*

### Mazel Tov to:

**Yuval & Aaron Kaufman** on the naming of their daughter **Alison Paige**. And to the grandparents **Yvonne Kaufman, Anat & Yaron Elbaum** and great grandparents **Irv Suchall** and **Paul Goldenberg**.

### Kiddush is co-sponsored by:

**Marsha & Fred Rosen** in honour of their **60th Wedding Anniversary**.

### Seudah is sponsored by:

**Yvonne Kaufman & Irvin Suchall** in honour of the baby naming of **Alison Kaufman**.

## SAVE THESE DATES!

NOVEMBER 8, 2023

Panel Discussion  
moderated by  
Rabbi Jarrod Grover:  
Antisemitism in the  
Universities

NOVEMBER 23, 2023



## Torah Study



Please join Lynne Raxlen this Shabbat for Torah Study on Parashat Lekh Lekha in the Chapel.

# Torah on Tour

## A Jewish Education by Rabbi Jarrod Grover

We read that "Abram heard that his nephew [Lot] was taken captive, and he armed his initiates who had been born in his house..." (Bereshit 14:14). Rashi explains that the word used for "initiates", chanichav, shares the root of the word chinuch, which he explains as "the beginnings of the entry of a person into a craft in which he is destined to stay". Chinuch is most commonly translated as "education," but it is much more than that. It is about instilling a heritage, values, and an identity into a child.

When we eat a new fruit for the first time in a season, we say Shehecheyanu vekiyananu vehigyanu la zman hazeh,

thanking God for bringing us to this very moment. Our lives are a series of moments, a series of gifts that we must learn to appreciate. We are constantly making decisions and choices with our actions and with our words. How we treat each other at the dining room table, the stories we relate on the events of our day, how we deal with other people in our lives - impressionable minds are taking it all in. We are not perfect, but we need to be conscious of the chinuch roles and moments that we assume. As Rabbi Norman Lamm often pointed out, chinuch is more often "caught, not taught"!



## COMING UP AT BETH TIKVAH

# SHABBAT KIDS CLUB

Kids Club will meet this Shabbat in the KULANU ROOM at 10AM

THREE GREAT REASONS TO COME TO BETH TIKVAH ON MONDAY OCTOBER 30th:



Monday Morning Learning with Rabbi Grover

9:45 AM

**TALMUDIC PASSAGES**  
*Every Jew Should Know*

Gain a deeper understanding of Judaism's approach to the world



SANDWICH MAKING

11:00 AM

**HELP FEED THE HOMELESS**

**MITZVAH KNITTERS**

1:00 PM

AT BETH TIKVAH SYNAGOGUE

**LEARNING WITH BRACHA FEDER**



**THE LAST WORDS OF MOSES**

by Micah Goodman

An original reading of Moses' Final Address to his People Then and Now

**OCTOBER 25**

Moses' Religious Revolution

**NOVEMBER 1**

Monarchy Without Power

**NOVEMBER 8**

Defying the Dangers of Power

**NOVEMBER 15**

Moses' Concerns & a New Moment

**JOIN US ON ZOOM**  
Wednesdays at 1PM

**BETH TIKVAH SYNAGOGUE**

Fall Session

**IN PERSON LUNCH and LEARN**

**October 17:**  
**NANCY MCDONALD**  
The Kindness of Strangers: Memorializing the Past, One Stone at a Time

**November 14:**  
**KATHY KACER**  
Book Banning and the Holocaust, A Dangerous Trend

**October 24:**  
**DAVID EISENSTADT**  
Under The Radar  
36 Notable Canadian Jewish Musicians

**November 21:**  
**JOSEPH GILBERT**  
Medicine & Health Care in the Shtetl

**October 31:**  
**JACOB STEINBERG**  
The Lost Army  
The only Survivor's Personal Story

**November 28:**  
**RABBI ALISA ZILBERSHTEIN**  
Birobidzhan: The Jewish Land Far, Far Away

A new IN-PERSON Lunch & Learn Series:  
6 sessions beginning October 17th

Come to Beth Tikvah for 12PM and enjoy lunch with your friends.  
Then hear the featured speaker at 12:30 PM for an hour lecture!

**TICKETS:** Advance RSVP required.

<b>6 Pack:</b> Members: \$150 Non-members: \$180	<b>Individual Session:</b> Members: \$30 Non-members: \$35
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This series has been generously sponsored by Helen Stollar

**RESTORATIVE YOGA & MEDITATION THERAPY WITH ORLI ZIV**

THURSDAY, NOV. 2nd @ 10AM

**PJ PLUS**

AGES 1.5 - 3

A weekly parent and tot program based on the PJ Library books

Registration required. Click or register online

**UNBOXING JEWISH**

Once a month, experiential Jewish learning for Children  
Contact Nadia: [nadia@bethtikvahtoronto.org](mailto:nadia@bethtikvahtoronto.org)



## COMING UP AT BETH TIKVAH

**ONEG SHABBAT**  
**FRIDAY, NOVEMBER 3RD**  
 KABBALAT SHABBAT SERVICES AT 6PM  
 ONEG SHABBAT FOLLOWING SERVICES

**WELCOMING:**

**OUR SHINSHINIT:**  
 SHARON

**OUR SCHOLAR IN RESIDENCE:**  
 RABBI PAUL PLOTKIN

**LIVE FOLLOW-UP DISCUSSION  
 WITH FORMER UJA SHINSHINIM**

**THURSDAY, NOVEMBER 2ND  
 12:00PM - 1:30PM on Zoom**

**BETH TIKVAH  
 SYNAGOGUE**

**BOARD GAME NIGHT  
 AT BETH TIKVAH**

**SATURDAY, NOVEMBER 4  
 and SATURDAY, NOVEMBER 25  
 7:30PM - 9:30PM**

NO COST TO PLAY!

**TWO PROGRAMS: SUNDAY, NOVEMBER 5TH**

**SONGS OF PEACE**  
*connecting with Israeli children*  
 For ages 10 and under

**Burekas!**

**Cooking Class with Sari  
 for grades 6-9**

**WEEKEND OF NOVEMBER 4-5**

**SCHOLAR IN RESIDENCE  
 RABBI PAUL PLOTKIN**

**SHABBAT  
 NOVEMBER 4th**

**SUNDAY  
 NOVEMBER 5th**

**BETH TIKVAH  
 SYNAGOGUE**

On Shabbat morning, Rabbi Plotkin will deliver a sermon and following Kiddush, a lecture:

**COR KOSHER  
 VS. CONSERVATIVE KOSHER  
 PROS AND CONS**

*How did organizational supervisions come to be and how have they changed over the years?*

*A look at kashrut in the Orthodox and Conservative worlds.*

**Adath Israel  
 Congregation**

**Wisdom  
 Grows  
 in My  
 Garden.**  
 Rabbi Paul Plotkin

On Sunday morning Rabbi Plotkin will be at Adath Israel for breakfast and will deliver a lecture about his new book, *Wisdom Grows From My Garden*. He will be selling the books for \$20 cash and will be signing them.

**INTRODUCTORY  
 GRIEF, LOSS & BEREAVEMENT WORKSHOP**

**Wednesday, November 15th, 10:30 am-12:00 pm**

**Taking a closer look at our Jewish collective grief  
 after the October 7th terrorist attack in Israel**

**FACILITATOR:**  
 Gail Sandler, Certified Bereavement Educator

**OBJECTIVES:**  
 To educate, explore, and acquire a basic knowledge and understanding of the grief process as it applies to:

- One's own grief history
- Collective grief
- Other losses
- How to support those who are grieving
- Personal grief work and moving forward

In addition to being a Beth Tikvah member, Gail is a Certified Bereavement Educator who has given presentations and workshops at various conferences and meetings. She has also practiced and taught Therapeutic Touch workshops in the Holistic Health Program at Seneca College, at hospices, hospitals, nursing homes and taught complementary therapies in the York Region Palliative Care volunteer training program.

**IN-PERSON AT BETH TIKVAH SYNAGOGUE**



# Yahrzeits

This week, we commemorate the yahrzeits of the following people

## Friday, October 27

David Cooper z"l, son of Sylvia Cooper  
Esther Liberman z"l, mother of Sharona Liberman  
David Srouf z"l, brother of Salomon Srouf

## Saturday, October 28

Rose Abrams z"l, mother of Carol Nesker  
Meyer Birnboim z"l, brother of Roy Birnboim  
Rebecca Davidson z"l, mother of Abraham Rootenberg  
Harry Fish z"l, father of Susan Flam  
Esther Sadinsky z"l, mother of Leonard Sadinsky

## Sunday, October 29

Benjamin Gazer z"l, father of Beth Kader  
Simcha Menashy z"l, mother of Sydney Menashy  
Linda Silverberg z"l, sister of Harvey Kestenberg  
Rebecca VanDelman z"l, mother of Louis VanDelman

## Monday, October 30

Murray Fram z"l, husband of Zelda Fram  
Monir Gabay z"l, mother of Ely Gabay  
Monir Gabay z"l, mother of Robert Gabay  
Pat Kunz z"l, mother of Peter Kunz  
Rose Strauss z"l, mother of Louis Strauss  
Nathan Jeremiah Weinberg z"l, father of Denise Shenker

## Tuesday, October 31

Henry Freedman z"l, father of David Freedman  
Mary Reitelman z"l, mother of Shirley Bar-el

## Wednesday, November 1

Jack Goldberg z"l, father of Morley Goldberg  
Edward Lipton z"l, brother of Georgia Dennis  
Dorothy Machtinger z"l, mother of Gerald Machtinger  
Dorothy Machtinger z"l, sister of Miriam Beckerman  
Helene Mayor z"l, mother of Lisa Diner  
Sam Shiff z"l, father of Marilyn Tkatch

## Thursday, November 2

Sophie Goldenberg z"l, sister of Gerald Garshon  
Fannie Tanner z"l, mother of Ruth Simon  
Nathan VanDelman z"l, brother of Louis VanDelman  
Max Wiseman z"l, father of Susan Rabovsky

## Friday, November 3

Shlomo Aronson z"l, father of Yair Aronson  
Esther Bornstein z"l, mother of Harriet Rice  
Bessie Crombie z"l, mother of Greta Rabinowitz  
Murray Heifetz z"l, father of James Heifetz  
Shelley Jackson z"l, father of Jeffrey Jackson  
Max Rosenberg z"l, father of Marsha Goldstein  
Max Rosenberg z"l, father of Sharon Fryer  
Herb Rosenfeld z"l, husband of Riva Rosenfeld

### VIRTUAL MEETING: This Sunday at 3PM

Learn about Alon, who was kidnapped by Hamas along with his wife and young daughter. He escaped with his daughter but his wife was taken by the terrorists. Hear his story. Learn how you can help.

[www.bethtikvahtoronto.org/community-events.html](http://www.bethtikvahtoronto.org/community-events.html) or [click here](#)

## COMING UP AT BETH TIKVAH

Sat.	Oct. 28	• Shabbat Kids Club (at BT)	10:00 AM
Sun.	Oct. 29	• The Synagogue at Babyn Yar: <i>Registration Required</i> (Private Beth Tikvah Tour at Koffler Centre)	11:00 AM
Mon.	Oct. 30	• Monday Morning Learning with Rabbi Grover <i>Talmudic Passages Every Jew Should Know (at BT)</i>	9:45 AM
Mon.	Oct. 30	• BT Women: Making Sandwiches for the Homeless	11:00 AM
Mon.	Oct. 30	• Mitzvah Knitters (at BT)	1:00 PM
Tues.	Oct. 31	• Lunch & Learn Session #3 (at BT)	12:00 PM
Tues.	Oct. 31	• Hebrew Reading Level 1 (on Zoom)	7:30 PM
Wed.	Nov. 1	• Learning with Bracha Feder (on Zoom)	1:00 PM
Thur.	Nov. 2	• Yoga & Meditation with Orli Ziv (at BT)	10:00 AM
Thur.	Nov. 2	• Israel Update with Former ShinShinim (on Zoom)	12:00 PM
Fri.	Nov. 3	• Oneg Shabbat of Singing, Solidarity, Unity & Harmony (at BT)	6:00 PM

A portion of funds raised at Bingo World  
Richmond Hill helps to support programs  
at Beth Tikvah Synagogue



A VIGIL FOR THE IMMEDIATE RELEASE OF ALL HOSTAGES IN GAZA

**BRING BACK OUR FAMILIES NOW!**



**Earl Bales Park**

The Holocaust Memorial  
4169 Bathurst Street, Toronto

**Sunday October 29 at 11am**



Presented by Canadians for Israel

**WE STAND FOR ISRAEL. WE STAND TOGETHER. WE STAND STRONG.**



Senior Rabbi: Jarrod Grover  
Hazzan: Tibor Kovari  
Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein  
Ritual Director: Irv Kirshenblat  
President: Barbara Albert