

# Ma Nishma

מה נשמע

JULY 29, 2023 / 5783 אב, 11

SHABBAT NAHAMU

PARASHAT VAETHANNAN

*Shabbat Shalom!*

BETH  
TIKVAH  
SYNAGOGUE



3080 Bayview Avenue  
Toronto, ON M2N 5L3

Tel- 416-221-3433

[www.bethtikvahtoronto.org](http://www.bethtikvahtoronto.org)

## SHABBAT TORAH READINGS

### Torah

Deuteronomy 3:23 - 7:11 דברים  
Etz Hayim pg. 1005

### Haftarah

Isaiah 40:1 -40:26 ישעיהו  
Etz Hayim pg. 1033

## SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv	6:00 pm
Candlelighting (July 28)	8:28 pm
Shaharit	9:00 am
Minḥa/Ma'ariv	8:15 pm
Havdalah	9:27 pm

*All services are In Person and LiveStreamed  
Shabbat Kids Club will resume September 9*

## WEEKDAY SERVICE TIMES

### Morning Services @ Adath Israel:

Sunday	8:30 am
Monday to Friday	7:30 am

### Evening Services @ Beth Tikvah:

Monday to Thursday	7:30 pm
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*All services are In Person and LiveStreamed*

## Weddings at Beth Tikvah Synagogue



Learn more at [www.bethtikvahtoronto.org](http://www.bethtikvahtoronto.org)

## HIGH HOLIDAYS at Beth Tikvah

### TICKETS, MEMBERSHIP & MORE

We are looking forward to meaningful High Holiday services with you! Remember to contact the shul to renew your Membership! Make sure to order your High Holiday tickets so they can be mailed to you in time. Visit [www.bethtikvahtoronto.org](http://www.bethtikvahtoronto.org) and click the High Holiday banner or click here to order tickets.

## Light of the Torah

### The Secret Code by Rabbi Alisa Zilbershtein

This week, we are reading Parshat Va'ethannan, the second Parsha in the book of Devarim. In this Parsha, we encounter the Shema, "Hear, O Israel: The Lord is our God, the Lord alone" (Deuteronomy 6:4). The Shema is our declaration of faith in God's oneness, reflecting the essence of Jewish monotheism.

But the Shema isn't just a prayer; it's also a call to action, and it became dramatically significant during World War II, one of the grimmest periods in history. In the throes of the Holocaust, when Jews were in danger for simply being Jews, the

Shema morphed into a secret code. Jewish children, hidden with non-Jewish families to protect them, often didn't know their own heritage. Their parents had made the agonizing decision to suppress their children's Jewish identity, hoping it would improve their chances of survival.

After the war, Jewish volunteers who sought to find these lost children would visit the homes where they were suspected to be hiding. They would whisper the words of the Shema, and some of these children recognized these words. For many, the Shema was their only connection to their Jewish identity. It was

more than a prayer; it was a lifeline, a whisper of their true identity, a call back to their people.

Shema. It is more than just a proclamation of faith. It's a call to our roots, a reminder of our community, and an affirmation of our resilience. Let's remember the power of the Shema. Not just as words we recite but as a language of connection, an enduring bond that unites us across time and place, reminding us who we are and where we belong.



## COMING UP AT BETH TIKVAH

# SHABBAT KIDS CLUB

\*\*\*There will be no Kids Club until September 9\*\*\*

## A Presentation On Senior Safety (In Person)

BETH  
TIKVAH  
SYNAGOGUE



Brought To You By The  
Beth Tikvah Havurah Group,  
Presented by Officer Mustafa Safari  
Crime Prevention & Community Relations, Toronto Police Services

Frauds Against Seniors  
Distraction Theft  
Senior Safety & Elder Abuse



Wednesday  
August 2nd,  
2023 at 2 pm

## MITZVAH KNITTERS

AT BETH TIKVAH SYNAGOGUE

Monday, July 31 @ 1PM  
Downstairs in the Beth Tikvah Assembly Hall

## COMPOSITION IN PHOTOGRAPHY with Rick Bornstein



## LEARNING WITH BRACHA FEDER

BETH  
TIKVAH  
SYNAGOGUE



## OUR DAYS OF AWE AND ME

AUGUST 9

Rosh Hashana  
and Good Will Hunting

AUGUST 16

Shawshank Redemption and Hope

AUGUST 23

Pfeiffer, Denzel,  
Poitier, Streep  
and Creating Change

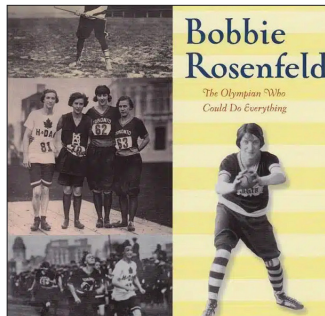
SEPTEMBER 6

"The Art of Forgiving and Asking For Forgiveness"

SEPTEMBER 13

"Yom Kippur: Why The Five Afflictions?"

Members: Free | Non-Members: \$50



Beth Tikvah and Classi Lectures Present:

A Conversation with Anne  
Dublin & Trudee Romanek:  
**BOBBIE ROSENFELD**  
**THE OLYMPIAN**  
**WHO COULD DO**  
**EVERYTHING**

Thursday, August 24, 2023  
4:00PM on Zoom

## B'nai Mitzvah PROGRAM

Nine sessions beginning October 2023

This program explores each B'nai Mitzvah's Jewish identity and  
helps form a connection with the wider Jewish community.  
Tell your family & friends about this amazing program!

Register now to save your child's spot.  
Contact Nadia for more information:  
[nadia@bethtikvahtoronto.org](mailto:nadia@bethtikvahtoronto.org)



# COMING UP AT BETH TIKVAH

Adath Israel  
Congregation

BETH  
TIKVAH  
SYNAGOGUE



PRESENTS



## PRIMARY CARE CONCERNS

HOW DO I FIND  
A FAMILY PHYSICIAN

WHAT HAS CHANGED  
WITH FAMILY PRACTICES

HOW CAN I MANAGE  
MY HEALTH CARE



**Dr. Allan Grill** is an Associate Professor in the Department of Family and Community Medicine at UofT, and Chief of Family Medicine at Markham Stouffville Hospital. Dr. Grill is a lead family Physician at the Markham Family Health Team.



**Dr. Brad Lichtblau** is a Family Physician. He has a comprehensive family practice at the Women's College Hospital (WCH) Family Practice Health Centre, and is a lecturer in the Temerty Faculty of Medicine at U of T.



**Dr. Sidney Nusinowitz** is a Family physician with 43 years experience and a member of the Bathurst Lawrence Family Health Group. Dr. Nusinowitz is a Lecturer in the Department of Family and Community Medicine, University of Toronto.



**Dr. Roy Wyman**  
Moderator  
Dr. Wyman is a family physician for over 25 years and practices in the East York area of Toronto. He has been involved in residency teaching and leadership at UofT. He is presently the Director of Certificates of Added Competence for the College of Family Physicians of Canada.

TUE • AUG 15 • 7:00 PM @ ADATH

## HIGH HOLIDAY LEARNING

with Rabbi Jarrod Grover



Thursday September 7, 8PM



## The Expulsion of Ishmael

SAVE THE DATE!

SUNDAY, SEPTEMBER 10

BACK To  
SHUL



PARTY

@ BETH TIKVAH

## INTER-SHUL FILM SERIES

Adath Israel  
Congregation



BETH DAVID

BETH  
TIKVAH  
SYNAGOGUE



Beth  
Tikvah  
Congregation  
בית תורה

WEDNESDAY, AUGUST 23rd @ 7:45 PM  
AT BETH TIKVAH SYNAGOGUE



### As They Made Us

is a 2022 American drama film written, directed, and produced by Mayim Bialik in her feature directorial debut. The film stars Dianna Agron, Simon Helberg, Candice Bergen, Dustin Hoffman, Julian Gant, Charlie Weber, and Justin Chu Cary. The plot follows a divorced mom of two, Abigail (Agron) and she struggles to balance the dynamic forces within her dysfunctional family during the last moments she and her family spend with her dying father (Hoffman).



Members of the 4 Shuls: \$5 per person  
Non-members: \$10 per person  
Refreshments will be served



## Selihot

September 9, 2023

LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by  
Rabbi Kayley Romick @ 8:45 PM



### Embracing Atonement: The Inner Pathway to Forgiveness

Can we forgive others and seek forgiveness without first forgiving ourselves?

Delve into sources about forgiveness and the role that introspection and self-compassion play during the Yamim Nora'im.



Services Will Follow 10:30 PM  
@ Beth Tikvah

Featuring Cantor Tibor Kovari,  
the Beth Tikvah Choir and  
The Wellington String Quartet

Adath Israel  
Congregation

BETH  
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# Yahrzeits

This week, we commemorate the yahrzeits of the following people

## Friday, July 28

Stephen Morris Maislin z"l, father of Sean Maislin

## Saturday, July 29

Molly Colomby z"l, sister of Daniel Kohn

Yehuda Singer z"l, father of Floree Thistle

Lenore Spiegel z"l, sister of Lynn Spiegel

Elizabeth (Bonnie) Wynne z"l, mother of Joanne Bleier

Anne Stein z"l, mother of Steven Stein

## Sunday, July 30

Jean Kalpin z"l, wife of Jerry Kalpin

Gertrude Kurtz z"l, mother of Stephen Goldman

## Monday, July 31

Joseph Bornstein z"l, father of Eric Bornstein

Stephen Bornstein z"l, brother of Eric Bornstein

Rose Itman z"l, sister of Prosper Suissa

Max Korolnek z"l, father of Beverley Ogus

Edward Sadinsky z"l, father of Leonard Sadinsky

Steven Stern z"l, father of Reva Stern

Saul Tanner z"l, father of Ruth Simon

## Tuesday, August 1

Arthur Bleviss z"l, brother of Diane Sobel

Isaac Coleman z"l, father of Harvey Coleman

Anne Glass z"l, mother of Vivian Felsen

Harry Joseph Grossman z"l, father of Doreen Manly

Jane Hyams z"l, mother of Adela Sheila Birenbaum

Hugo Lobel z"l, father of Thomas Lobel

Michael Pupko z"l, father of Michelle Fisch

## Wednesday, August 2

Lillian Collins z"l, mother of Anne Lieberman

Lillian Merovitz z"l, mother of Linda Hoffer

Sarah Narvey z"l, mother of Allan Narvey

Nathan Tkatch z"l, husband of Marilyn Tkatch

## Thursday, August 3

Faye Reva Black z"l, sister of Cecil Schwartz  
and wife of Ian Black

Hyman Edelist z"l, father of Annette Rapoport

Relia Fundeanu z"l, mother of Lena Solomon

Louis Goldkind z"l, father of Esta Pomotov  
and father of Marcia Zalev

Anne Goodman z"l, mother of Lorraine Dicker

Herbert Segal z"l, father of Desiree Druck

## Friday, August 4

Simon Saul Feinstein z"l, brother of David Feinstein

Charles Henry Goeldner z"l, father of Deborah Kornhauser

Annette Edelstein Joseph z"l, mother of Jonathan Joseph

and sister of Barry Edelstein & Gayle Jackson

Matilda Levi z"l, mother of Louisa Hostick

Helen Meyers z"l, sister of Zelda Safer

Lee Ostrov z"l, father of Adele Ostfield

Murray Wineberg z"l, father of Marlene Flicht

Dora Zidenberg z"l, mother of Max Berg

Leiba Long z"l, mother of Susan Robinson



**UNBOXING JEWISH**  
Learning Program for ages 5-12

BETH TIKVAH SYNAGOGUE

**REGISTER ONLINE.**  
Questions? Contact Nadia: [nadia@bethtikvahtoronto.org](mailto:nadia@bethtikvahtoronto.org)

## Corner Office



## BETH TIKVAH SECURITY UPDATE:

The security and well-being of our members, clergy and staff are always top-of-mind at Beth Tikvah. We have recently updated our Incident Management Manual, a guide that gives clear procedures for safety-related situations.

Staff and volunteers will receive training soon and we are scheduling safety drills in the near future.

Further updates will be forthcoming.

## COMING UP AT BETH TIKVAH

Mon.	July 31	• Mitzvah Knitters (Downstairs at BT)	1:00 PM
Wed.	Aug. 2	• Senior Safety & Fraud Prevention Presentation by Toronto Police Services (at BT)	2:00 PM
Thur.	Aug. 3	• BTW: Theatre Day in St. Jacob's (Sold Out!)	9:00 AM
Thur.	Aug. 3	• Yoga & Meditation with Orli Ziv (at BT)	10:00 AM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue



## Is your child or grandchild turning 12 or 13 soon?

We are accepting member and non-member Bar & Bat Mitzvah bookings for 2024 & 2025. We now can Live Stream your simha from both the Sanctuary and Chapel! Please contact Gayle to reserve your date: [gayle@bethtikvahtoronto.org](mailto:gayle@bethtikvahtoronto.org)



Senior Rabbi: Jarrod Grover  
Hazzan: Tibor Kovari  
Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein  
Ritual Director: Irv Kirshenblat  
President: Barbara Albert