





# Ma Nishma

מה נשמע

JULY 22, 2023 / 5783 ממוז, 26

SHABBAT <u>H</u>AZON PARASHAT DEVARIM

Shabbat Shalom!



Toronto, ON M2N 5L3 Tel- 416-221-3433 www.bethtikvahtoronto.org

### SHABBAT TORAH READINGS

### Torah

Deuteronomy 1:1 - 3:22 דברים Etz <u>H</u>ayim pg. 981

#### Haftarah

Isaiah 1:1 -1:27 ישעיהו Etz <u>H</u>ayim pg. 1000

### SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv 6:00 pm
Candlelighting (July 21) 8:35 pm
Shaharit 9:00 am
Shabbat Kids Club 10:00 am
Minha/Ma'ariv 8:25 pm
Havdalah 9:34 pm
All services are In Person and LiveStreamed

### WEEKDAY SERVICE TIMES

### Morning Services @ Adath Israel:

Sunday 8:30 am Monday to Thursday 7:30 am

### **Evening Services @ Beth Tikvah:**

Monday and Tuesday 7:30 pm Wednesday (*Erev Tisha B'Av*) 8:40 pm Thursday (*Tisha B'Av*) 8:15 pm

# Torah Study

Please join Morley Goldberg this Shabbat for Torah Study on Parashat Devarim in the Kulanu Room

### Kiddush is co-sponsored by:

The Bernofsky Family in memory of Nettie Bernofsky z''l.



### Erev Tisha B'Av: Wednesday, July 26

Minha/Ma'ariv &

followed by Megillat Eikhah 8:40 pm Fast Begins 8:47 pm

#### Tisha B'Av: Thursday, July 27

Shaharit (at Adath Israel) 7:30am Film Screening at Beth Tikvah: The Tree of Life Shooting 6:45 pm Minha/Ma'ariv 8:15 pm Fast Ends 9:23 pm



### Entering the Promised Land by Rabbi Alisa Zilbershtein

This week, we read Parshat Devarim, the first portion of the final book of the Torah, Deuteronomy. As we begin this book, Moses addresses the Israelites, reflecting on the forty years they have spent wandering in the wilderness. Here, he revisits the past, recalling their victories, failures, and lessons learned along the journey. This speech sets the stage for the broader message of Devarim – a reflection and summary of the entire Torah thus far. But why now, on the brink of entering the Promised Land, does Moses choose to recount their past?

To answer this, let us consider the nature of the Israelites' journey. They have been both blessed and challenged - through miraculous escapes, Divine revelation, bitter disputes, and painful punishments. Their journey was not a straightforward path; it was marked by triumphs, setbacks, and lessons, much like our own lives.

Looking back can be uncomfortable. Our pasts are often laden with moments we'd rather forget, with failures that still sting, and with words or actions we regret. But as much as we may want to push away these unpleasant memories, they, too, form a critical part of our identity. Just

as the Israelites couldn't move into the Promised Land without acknowledging and learning from their past, so too we cannot grow without integrating all parts of our personal history.

As we read Parshat Devarim, let us remember that our past, with all its victories and defeats, serves as the foundation for our future. May we have the strength and courage to reflect on our history, to learn from it, and to move forward into our Promised Land, whatever that may be for each of us.

# COMING UP AT BETH TIKVAH



JOIN US: JULY 22, 2023 MEET DOWNSTAIRS AT 10AM

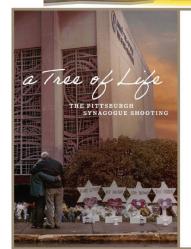
NEXT SESSION IS THIS MONDAY:
JULY 24TH AT 10:30AM @ BETH TIKVAH





# HELP FEED The Homeless





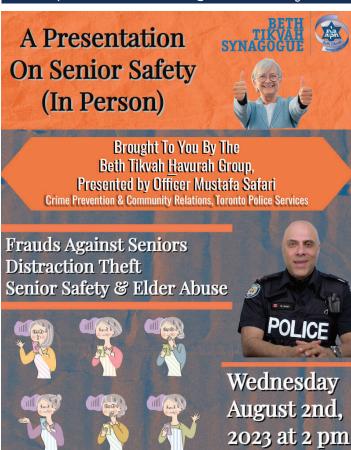
"A TREE OF LIFE:
THE PITTSBURGH
SYNAGOGUE SHOOTING"
IS A DEEPLY PERSONAL
FILM ABOUT THOSE
WHO SURVIVED THE
HORROR OF THE
OCTOBER 27, 2018
MASSACRE.

SCREENING OF "A TREE OF LIFE" AT BETH TIKVAH JULY 27 AT 6:45PM

**COMING IN AUGUST** 

COMPOSITION IN PHOTOGRAPHY with Rick Bornstein





Watch sermons, classes and recordings from our events on the Beth Tikvah YouTube Channel





# COMING UP AT BETH TIKVAH





**PRESENTS** 



# PRIMARY CARE CONCERNS

HOW DO I FIND A FAMILY PHYSICIAN

WHAT HAS CHANGED WITH FAMILY PRACTICES

HOW CAN I MANAGE
MY HEALTH CARE



Dr. Allan Grill is an Associate Professor in the Department of Family and Community Medicine at Uoff, and Chief of Family Medicine at Markham Stouffville Hospital. Dr. Grill is a lead family Physician at the Markham Family Health Team.



Dr. Brad Lichtblau is a Family Physician He has a comprehensive family practice at the Women's College Hospital (WCH) Family Practice Health Centre, and is a lecturer in the Temerty Faculty of Medicine at U of T.



Dr. Sidney Nusinowitz is a Family physician with 43 years experience and a member of the Bathurst Lawrence Family Health Group. Dr. Nusinowitz is a Lecturer in the Department of Family and Community Medicine, University of



Dr. Roy Wyman Moderator

Dr. Wyman is a family physician for over 25 years and practices in the East York area of Toronto. He has been involved in residency teaching and leadership at UofT. He is presently the Director of Certificates of Added Competence for the College of Family Physicians of Canada.

TUE • AUG 15 • 7:00 PM @ ADATH

# HIGH HOLIDAY LEARNING with Rabbi Jarrod Grover



Thursday September 7, 8PM



The Expulsion of Ishmael

## **SAVE THE DATE!**

**SUNDAY, SEPTEMBER 10** 





# WEDNESDAY, AUGUST 23rd @ 7:45 PM AT BETH TIKVAH SYNAGOGUE



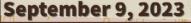
### As They Made Us

is a 2022 American drama film written, directed, and produced by Mayim Bialik in her feature directorial debut. The film stars Dianna Agron, Simon Helberg, Candice Bergen, Dustin Hoffman, Julian Gant, Charlie Weber, and Justin Chu Cary. The plot follows a divorced mom of two, Abigail (Agron) and she struggles to balance the dynamic forces within her dysfunctional family during the last moments she and her family spend with her dying father (Hoffman).



Members of the 4 Shuls: \$5 per person Non-members: \$10 per person Refreshments will be served

# Selihot



LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by Rabbi Kayley Romick @ 8:45 PM



## Embracing Atonemente The Inner Pathway to Forgiveness

Can we forgive others and seek forgiveness without first forgiving ourselves?

Delve into sources about forgiveness and the role that introspection and self-compassion play during the Yamim Nora'im.



### Savices Will Follow 10:30 PM @ Bath Tikvah

Featuring Cantor Tibor Kovari, the Beth Tikvah Choir and The Wellington String Quartet









# **YAHRZEITS**

### This week, we commemorate the yahrzeits of the following people

### Friday, July 21

Mindle Auerbach *z''l*, mother of Rochelle Thalman Irene Bleier z''l, mother of Charles Bleier Josef Friedman z''l, father of Marilyn Saxe Gustel Gerlitz z"l, mother of Ana Holland Jennie Landis *z''l*, mother of Debby Solomon Frouma Magid z"l, mother of Corinne Hammerschlag Jeffrey Rosen z''l, brother of Marlene Abella

### Saturday, July 22

Arthur Adam z"l, father of Leah Price Morris Baryshnik *z"l*, father of Sheldon Baryshnik Jack Cornfield z"l, father of Joel Cornfield Jack Dubiner *z''l*, father of Marilyn Herman Janet Kirschner z''l, sister of Jackie Friedman Frances Weintrop z''l, mother of Ruth Weintrop Nettie Bernofsky z''l, mother of Stephen & Sheldon Bernofsky

### Wednesday, July 26

Zella Berish Leon z''l, mother of Mark Berish Bella Green z''l, mother of Miriam Cohen Maurice Libby z''l, father of Louise Singer Jack Milgrom *z''l*, father of Karen Baruch Anita Rogow z'l, mother of Stephen Rogow Loni Schwabacher z''l, mother of Heddy Ebedes

#### Thursday, July 27

Lawrence Kokotow z''l, brother of Sorena Swartz Anne Parnes z''l, mother of Brenda Klug Tina Solomon *z''l*, mother of Emil Solomon

### Friday, July 28

Stephen Morris Maislin z''l, father of Sean Maislin

### Sunday, July 23

Zalmen Arlin z''l, brother of Judith Swirsky Sarah Eber *z"l*, mother of Gail Gardner Anne Greenspoon *z"l*, mother of Dorothy Abrams Gabriel Kirshner z"l, father of Reva Waldman Annie Kotler *z''l*, mother of Elaine Batcher Lawrence Wynne z''l, father of Joanne Bleier

### Monday, July 24

Anne Blumer z''l, mother of Russell Blumer Iack Broude z''l, father of David Broude Lewis Cohen *z"l*, brother of Norman Cohen Dave Kirsh z''l, father of Eleanor Cooper Margot Kunz z''l, mother of Harriet Kunz Kaye Levine *z*"*l*, mother of Gloria Pinkus Norman Levitt z"l, father of Stephen Levitt Marion Manett z''l, mother of Michael Manett Arthur Rosen z''l, father of Marlene Abella Morris Weisdorf *z''l*, father of Goldie Kestenberg Max Wyman z''l, father of Michael Wyman Ann Jessel z"l, mother of Gail Sandler

### Tuesday, July 25

Toba Hersh *z*"*l*, mother of Kenneth Hersh Isadore Kaplan z''l, father of Beverly Schaeffer Louis Stein *z''l*, father of Marla Pearson



### Is your child or grandchild turning 12 or 13 soon?

We are accepting member and non-member Bar & Bat Mitzvah bookings for 2024 & 2025. We now can Live Stream your simha from both the Sanctuary and Chapel! Please contact Gayle to reserve gayle@bethtikvahtoronto.org



### **BETH TIKVAH SECURITY UPDATE:**

The security and well-being of our members, clergy and staff are always top-of-mind at Beth Tikvah. We have recently updated our Incident Management Manual, a guide that gives clear procedures for safety-related situations.

Staff and volunteers will receive training soon and we are scheduling safety drills in the near future.

Further updates will be forthcoming.

### Sat. July 22 • Shabbat Kids Club (at BT) Mon. July 24 • BTW: Making Sandwiches for Ve'Ahavta (at BT) 10:30 AM

COMING UP AT BETH TIKVAH

Wed. July 26 • Erev Tisha B'Av, Minha/Ma'ariv & Megillat Eikhah Reading (at *BT*)

Wed. Aug. 2 • Senior Safety & Fraud Prevention Presentation

Thur. July 26 • Tisha B'Av Film Screening - Tree of Life The Pittsburgh Synagogue Shooting (at BT) 6:45 PM

July 29 • Shabbat Kids Club (at BT) Sat. 10:00 AM

Mon. July 31 • Mitzvah Knitters (*Downstairs at BT*) 1:00 PM

by Toronto Police Services (at BT) 2:00 PM

Thur. Aug. 3 • BTW: Theatre Day in St. Jacob's (Sold Out!) 9:00 AM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue



10:00 AM

8:40 PM



Senior Rabbi: Jarrod Grover Hazzan: Tibor Kovari Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein Ritual Director: Irv Kirshenblat President: Barbara Albert