





# Ma Nishma SYNAGOGUE



מה נשמע

19 כסלו DECEMBER 2, 2023 / 5784 PARASHAT VAYISHLAH

Shabbat Shalom!

#### SHABBAT TORAH READINGS

#### Torah

Genesis 32:4 - 36:43 בראשית Etz Hayim pg. 198

#### Haftarah

Vadyah 1:1 - 1:21 עבדיה Etz Hayim pg. 222

#### SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv 6:00 pm Candlelighting (December 1) 4:24 pm Shaharit 9:00 am Shabbat Kids Club 10:00 am Minha/Ma'ariv 4:15 pm Havdalah 5:23 pm

All services are In Person and LiveStreamed

#### **WEEKDAY SERVICE TIMES**

#### Morning Services @ Adath Israel:

Sunday 8:30 am Monday to Friday 7:30 am

**Evening Services @ Beth Tikvah:** 

Sunday to Thursday 7:00 pm

All services are In Person and LiveStreamed











Join Beth Tikvah in Ottawa as we rally for the hostages, for the people of Israel and for the safety of Jewish Canadians. Bus registration is closed so if you are not registered on a bus, we hope that you will be able to meet us there.

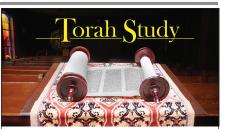
# **Daily Morning Services** at Beth Tikvah are returning soon! E-mail Irv to make your Minyan Commitment:

irv@bethtikvahtoronto.org



SEND A GIFT TO A CHILD IMPACTED BY ILLNESS.

Drop Off a new Toy for Chai Lifeline at Beth Tikvah



Please join Michael Bernstein this Shabbat for Torah Study on Parashat Vayishla<u>h</u> in the **Chapel**.





### **Fear and Faith** by Rabbi Jarrod Grover

When Jacob was traveling with his family, messengers brought him the news that his brother Esav was coming to greet him with an army. Jacob became frightened and immediately took action. He prepared for battle, prayed, and repented.

The midrash describes the fear experienced by the Jews of Persia centuries later at the time of Purim. Feeling certain that their death was inevitable, they became mired in sadness and paralyzed in despair.

While the two fears were identical, they produced outcomes miles apart - one constructive, the other destructive. Jacob's fear awakened him and uplifted him. The Jews of Persia allowed their fear to completely demoralize them; they became incapable of helping themselves.

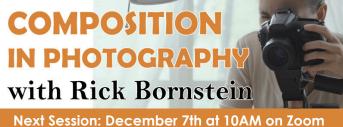
Fear is a crucial and powerful emotion; it can drag us down or lift us up. Rather that letting our fear overwhelm us, Jacob's example teaches us to use our fears as tools to better ourselves. He transformed his fears into an impetus for action, changing his hopeless situation into a hopeful one.

# **COMING UP AT BETH TIKVAH**



Kids Club will meet this Shabbat in the KULANU ROOM at 10AM











Rabbi Grover's Monday Morning Class will be cancelled this Monday since he will be at the rally.

# COMING UP AT BETH TIKVAH





# BOARD CAME NICHT AT BETH TIKWAH SATURDAY, DECEMBER 16 7:00PM - 9:30PM

What are you up to on Saturday night?
Meet new people and try something new!
Join our friendly group
with some fantastically fun board games.
It's time well-spent!

#### TRY THESE GAMES AND MORE!



Beth Tikvah Synagogue • 3080 Bayview Avenue, Toronto, Ontario M2N 5L





## **YAHRZEITS**

#### This week, we commemorate the yahrzeits of the following people

#### Friday, December 1

Louis Collins z''l, father of Sylvia Stokes David Cornfield z''l, son of Joel Cornfield Bernard Louis Lesk z''l, father of Dayna Shulman Edward Lindgren z''l, husband of Rochelle Thompson Marie Ostrov z''l, mother of Adele Ostfield Sally Teplin z''l, mother of Beverley Kunz Israel VanDelman z''l, father of Louis VanDelman Barry Baker z'''l, father of Alexander Baker

#### Saturday, December 2

Joseph Simon Blum z''l, father of Anita Zelcer & Charles Blum Jennie Braverman z''l, mother of Sally Ann Wolkoff Rhoda Cohen z''l, mother of Eric Cohen Morris Hersh z''l, father of Kenneth Hersh Cypora Kamel z''l, mother of Sara Wunch Glick Dorothy Simon z''l, mother of Stephanie Abrams Albert Stal z''l, husband of Eva Stal Morry Wingold z''l, father of Evelyn Zeifman

#### Sunday, December 3

Harry Bick z''l, brother of Jack Bick Harriet Epstein z''l, mother of Shelley Rothberg Menorah Haghani z''l, mother of Ester Gabay Wim Hofstee z''l, father of Jet Sachar Eleanor-Chava Segalowitz z''l, wife of Harold Segalowitz Maitzie Weinerman z''l, father of Robert Weinerman

#### Monday, December 4

Gordon Bernstein z''l, father of Michael Bernstein Harvey Fryer z''l, brother of Gerald Fryer Hetti Greenfield z''l, mother of Shirley Coleman David Klein z''l, father of Rita Hoffman Harry Nesker z''l, father of Jerry Nesker Harvey Rochwerg z''l, brother of Cecil Rochwerg Nora Rudnick z''l, sister of David Rapoport Stanley Sugar z''l, brother of David Sugar

#### Tuesday, December 5

Carol Freeman z''l, sister of Stephen Freeman June Goodes z''l, mother of Betty Perlman Annie Price z''l, mother of Lilyan Gruneir Rose Schacht z''l, mother of Sari Krandel Morris Joel Silverberg z''l, father of Ronna Birnboim Joshua Singer z''l, son of Louise Singer Shep Snider z''l, father of Elaine Blackstien

# SHMIRA PROJECT

GET MATCHED WITH AN ISRAELI SOLDIER Do a Mitzvah, Learn, Pray in their Merit and for their protection. Learn more: www.shmiraproject.org

#### Wednesday, December 6

Sarina Amato z''l, mother of Norman Amato Betty Appel z''l, mother of Stanley Appel Harry Armel z''l, brother of Sol Armel Pearl Caproff z''l, mother of Marion Kashin Israel Churgin z''l, father of Phyllis Morais Molly Felsen z''l, mother of Shimon Felsen Hillel Kohn z''l, father of Daniel Kohn Sonia Posner z''l, sister of Victor Morais Alex Preszler z''l, father of Robert & Gertrude Preszler Clara Rosen z''l, mother of Mindle Levitt Harold Rosenberg Benson z''l, father of Cynthia Suissa Amos Rubin z''l, father of Eric Rubin Anne Spegel z''l, mother of Marshall Spegel Joseph Weisbrod z''l, father of Myrna Zeidenberg

#### Thursday, December 7

Toby Akum z''l, sister of Shimon Felsen Blanche Cohen z''l, mother of Geraldine Stewart Benjamin Haberman z''l, father of Frances Macarz Nathan Honickman z''l, father of Linda Brodey Harry Mandel z''l, father of Bernice Mlotek Alexander Michaels z''l, father of Marilynn Lockwood Solomon Isaac Neuringer z''l, father of Myrna Levy

#### Friday, December 8

Steven Blumberger *z''l*, husband of Claudia Blumberger Sidney Brown *z''l*, father of Adrienne Katz Michael Garmaise *z''l*, husband of Bryna Garmaise Yetti Ptack *z''l*, mother of Deanna Cass



Office Staff & Clergy will be attending the Rally in Ottawa on Monday, December 4th. We will respond to your calls and e-mails as soon as we can.

Sat.	Dec. 2	COMING UP AT BETH TIKVAH • Shabbat Kids Club (Kulanu Room)	10:00 AM
Sun.	Dec. 3	• La-La-La Latke Making with Nadia (at BT)	10:00 AM
Mon.	Dec. 4	• BT Women: Making Sandwiches for Ve'ahavta	11:00 AM
Mon.	Dec. 4	• Mitzvah Knitters (at BT)	1:00 PM
Tues.	Dec. 5	• Hot Chocolate & Hot Topics (at BT)	7:30 PM
Thur.	Dec. 7	• Yoga & Meditation with Orli Ziv (on Zoom)	10:00 AM
Thur.	Dec. 7	• Photography with Rick Bornstein (on Zoom)	10:00 AM
A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue			



Senior Rabbi: Jarrod Grover <u>H</u>azzan: Tibor Kovari Executive Director: Rivka Campbell Assistant Rabbi: Alisa Zilbershtein Ritual Director: Irv Kirshenblat President: Barbara Albert