



# Ma Nishma

מה נשמע

BETH  
TIKVAH  
SYNAGOGUE



DECEMBER 16, 2023 / 5784 טבת 4  
PARASHAT MIKETZ

*Shabbat Shalom!*

## SHABBAT TORAH READINGS

### Torah:

Genesis 41:1 - 44:17 בראשית  
Etz Hayim pg. 250

### Haftarah:

1 Kings 3:15 - 4:1 מלכים א'  
Etz Hayim pg. 271

## SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv 6:00 pm  
Candlelighting (December 15) 4:23 pm  
Shaharit 9:00 am  
Shabbat Kids Club 10:00 am  
Minḥa/Ma'ariv 4:15 pm  
Havdalah 5:23 pm

*All services are In Person and LiveStreamed*

## WEEKDAY SERVICE TIMES

### Morning Services @ Beth Tikvah:

Sunday 8:30 am  
Monday to Friday 7:30 am

### Evening Services @ Beth Tikvah:

Sunday to Thursday 7:00 pm

*All services are In Person and LiveStreamed*

### Mazel Tov to:

Lynn Kirshin & Andrew Urbas on the Bat Mitzvah of their daughter **Ava Rachelle Urbas**. And to the grandparents **Rhoda & Barry Kirshin**. (Sunday, December 10)

Lisa Bordan & Jordan Shapiro on the Bar Mitzvah of their son **Andrew Henry Shapiro**. Grandparents are **Ziona & Norman Bordan, Pamela Shainhouse, Joel Shapiro & Suzanne Kosky**. (Friday, December 15)

### Kiddush is co-sponsored by:

Sabrina Zuniga in support of Beth Tikvah

Daily Morning Services  
are back at Beth Tikvah!

Join the community!

## World's Greatest Cantors Am Yisrael Chai

Tuesday, April 9, 2024

Meridian Arts Centre, Weston Recital Hall, 5040 Yonge Street



Cantor Avi Schwartz  
New York City



Cantor Shai Abramson  
Israel



Cantor Noam Hershtik  
The Hamptons



Cantor Yanki Lemmer  
New York City



Maestro Raymond Golden  
Israel



Cantor Gidon Zeldner  
Montreal

[www.worldsgreatestcantors.com](http://www.worldsgreatestcantors.com)

## SPECIAL MINYAN BREAKFAST

Sunday, December 17th

Sunday services  
start at 8:30am,  
breakfast following.

Begin your days with  
community & connection!

Please register  
for the breakfast.

RESTORATIVE YOGA  
& MEDITATION THERAPY  
WITH ORLI ZIV  
starting January 11th  
Register Today!

NEW WINTER SESSION!

# Torah on Tour

## In God We Trust by Rabbi Jarrod Grover

Father Jacob told his children: "You have bereaved me of children: Joseph is no more, and Simeon is no more, and you would take Benjamin [from me]. All these things are upon me (ahlai!)" (Genesis 42:36)

Why does Jacob add that all these losses are "upon me." Of course they are — upon whom else could they be?

Rabbi Elijah, the Gaon of Vilna (1720-1797) sees in these words a different meaning. He taught that the word "ahlai" (ayin-lamed-yud) stands for three other words: Eisav (ayin),

Lavan (lamed), and Yosef (yud). The Hebrew word "ahlai" was an allusion to what Jacob understood to be his tests in life. In despair, he cries out that he was not prepared to lose Benjamin and Simeon, and this was a test he could beyond his ability to withstand.

Though he was pained and afraid, Jacob chose to trust the God who saw him through all his previous trials. Not only were Benjamin and Simeon returned to him, but Joseph too.



## COMING UP AT BETH TIKVAH

### SHABBAT KIDS CLUB

Kids Club will meet this Shabbat in the KULANU ROOM at 10AM. \*\*\*Last session until JAN 13.

### QUICK PICK SHABBAT

DECEMBER 16, 2023

BETH TIKVAH SYNAGOGUE



Services will end at 11AM and our speakers will each be giving a class for 45 minutes.

Select the class that you are most interested in.

Kiddush following classes.

IN THE CHAPEL

**RABBI ALISA ZILBERSHTEIN**

Jewish Spirituality and Mental Health:  
Finding Inner Strength in the Time of Disaster

**RICK FIRTH**

IN THE KETUBAH ROOM

Digital Director, HonestReporting Canada  
Israel Under Attack:  
Media Bias Against Israel In Canada

**STAN GREENSPAN**

IN THE SANCTUARY

President, MERCAZ-Canada  
Conservative Masorti Movement  
Leadership Mission to Israel

Monday Morning Learning  
with Rabbi Grover

9:45 AM

**TALMUDIC PASSAGES**  
Every Jew Should Know

Gain a deeper understanding of Judaism's approach to the world  
IN PERSON & LIVESTREAMED

**COMPOSITION  
IN PHOTOGRAPHY**  
with Rick Bornstein

Next Session: December 21st at 10AM at Beth Tikvah

### BOARD GAME NIGHT AT BETH TIKVAH

SATURDAY, DECEMBER 16  
7:00PM - 9:30PM

NO COST TO PLAY!

What are you up to on Saturday night?  
Meet new people and try something new!  
Join our friendly group  
with some fantastically fun board games.  
It's time well-spent!

TRY THESE GAMES AND MORE!



Beth Tikvah Synagogue • 3080 Bayview Avenue, Toronto, Ontario M2N 5L3

**ENCORE PRESENTATION**

### INTRODUCTORY GRIEF, LOSS & BEREAVEMENT WORKSHOP

Wednesday, January 17th, 7:30 pm - 9:00 pm on Zoom

SINCE OCTOBER 7th ALL JEWS ARE IN A STATE OF GRIEF  
So you won't want to miss Gail Sandler's encore presentation.  
Because we have a personal and a Jewish grief history,  
this session is for everyone!

FACILITATOR:

Gail Sandler, Certified Bereavement Educator

OBJECTIVES:

- Explore the signs & symptoms of grief
- Gain a better understanding of the grief process
- Take a closer look at Jewish Collective grief and our generational trauma
- Discuss coping strategies and how we move forward



In addition to being a Beth Tikvah member, Gail is a Certified Bereavement Educator who has given presentations and workshops at various conferences and meetings. She has also practiced and taught Therapeutic Touch workshops in the Holistic Health Program at Seneca College, at hospices, hospitals, nursing homes and taught complementary therapies in the York Region Palliative Care volunteer training program.



## COMING UP AT BETH TIKVAH



### Leonard Bernstein: An Interpretation with Chaim Feder

**SERIES COST:**  
Members: \$36  
Non-Members: \$50



This series portrays & interprets the epic career of Leonard Bernstein

**Weekly on Zoom  
11:00AM Tuesdays**

January 16	Becoming Bernstein
January 23	Bernstein: American & Jew
January 30	Bernstein: Fully Formed
February 6	Bernstein: Interprets Mahler

**BETH TIKVAH SYNAGOGUE**

## MAH JONGG LESSONS

A Fun Game of Situational Awareness & Social Intelligence

**Open to Beginners & Intermediate Players**

**COST: \$200**  
for the set of 5 lessons

**Five 2-Hour Lessons  
10AM to 12PM**

Monday, January 8th  
Wednesday, January 10th  
Monday, January 15th  
Wednesday, January 17th  
Monday, January 22nd

Join Instructor, **Norma Lowe Klein** in the Kulanu Room for these fun and stimulating sessions

**BETH TIKVAH SYNAGOGUE**

## TORAH CRAFTING FOR TU BISHVAT

**with Rabbi Alisa Zilbershtein**  
*Connecting to Torah through Art*

Participants will create a collage inspired by the holiday of Tu B'Shvat

**JANUARY 25, 2024  
2:00 - 4:00 PM at Beth Tikvah**

**BETH TIKVAH SYNAGOGUE**

## GETTING MARRIED & STAYING MARRIED

**WITH ALEEZA BEN SHALOM**

**WEDNESDAY, APRIL 3RD, 2024 @ 7:30PM**  
at Beth Tikvah Synagogue

From Netflix's "Jewish Matchmaking", join acclaimed matchmaker Aleeza Ben Shalom for a deep dive into Jewish perspectives on love, relationships, and the art of finding the perfect partner.

- Dive into behind-the-scenes secrets and Aleeza's personal matchmaking tales.
- Witness live matchmaking on stage, filled with captivating surprises.

Reserve your spot and discover Aleeza's secrets to not just getting married, but staying married!

**VIP Meet & Greet at 6:30 PM**  
Early-bird tickets available until January 31



# Yahrzeits

This week, we commemorate the yahrzeits of the following people

## Friday, December 15

Morey Eckler z"l, husband of Shae Eckler  
Harry Kashin z"l, father of Ron Kashin  
George Labovitz z"l, father of Vivian Miller  
Leo Lavine z"l, father of Marvin Lavine  
Bobby Mendelson z"l, son of Francine & Aaron Mendelson  
Ida Oiffer z"l, mother of Barbara Roberts  
Louis Oiffer z"l, father of Barbara Roberts  
Morton Steinberg z"l, father of Roberta Steinberg  
Saul Storch z"l, father of Jessica Jerusalem

## Saturday, December 16

Archie Goodman z"l, father of Cheryl Bernknopf,  
and father of Linda Burrows  
Maimie Jerusalem z"l, mother of Jack Jerusalem  
Myrna Shanfield z"l, sister of Howard Shanfield

## Sunday, December 17

Gracia Assine z"l, mother of Tita Srouer  
Esther Cohen Chackowicz z"l, mother of Ruth Narvey  
Max Cohen z"l, father of Robert Cohen  
Menno de Jong z"l, father of Sandy Kahn  
Rosalyn Freed z"l, mother of Cory Freed  
Gertrude Gerstein z"l, mother of Mindy Finkelstein  
Emanuel (Bob) Kornhauser z"l, father of Danny Kornhauser  
Harold Linton z"l, father of Helene Obar  
Jules Rusonik z"l, brother of Milton Rusonik  
Sheva Nacha Salmanowicz z"l, mother of Rose Greisman  
Maurice Shabinsky z"l, father of Eileen Landau

## Monday, December 18

Herbert Chanock z"l, father of Glynis Jerusalem  
Mollie Cleman z"l, mother of Goldie Ungar  
Sandra Freedman z"l, sister of Helen Duclos  
Louis Hahamovitch z"l, father of Charna Foxman  
Ida Koven z"l, mother of Larry Koven  
Gershon Mayman z"l, son of Marion & Shlomo Mayman  
Robert Sharp z"l, step-father of Sasha Schaeffer  
Moshe Tilayof z"l, father of BenZion Tilayof

## Tuesday, December 19

Joseph Kirshin z"l, father of Barry Kirshin  
Edith Oretsky z"l, mother of Brenda Merrick  
Saul Segal z"l, father of Carole Wolch  
Martin Sheps z"l, brother of Pauline Sheps,  
and father of David Sheps and husband of Susan Sheps  
Gerald Sinclair z"l, of Stephen Sinclair

## Wednesday, December 20

Lotte Anthony z"l, mother of John Anthony  
Zelik Brewda z"l, father of Joseph Brewda  
Esther Haber z"l, mother of Harvey Haber  
Lily Rosen z"l, mother of Sarah Grill

## Thursday, December 21

Esther Greenberg z"l, sister of Isaac Silverstein  
Gertrude Mandell z"l, mother of Andrea Koven  
Miguel Roger z"l, husband of Jenny Roger  
Arnold Schwartz z"l, father of Veronica Zarek  
Judy Shulman z"l, mother of Matthew Shulman

## Friday, December 22

Al Citren z"l, father of Marcia Phillips  
Hyman Goodman z"l, father of Lorraine Dicker  
Anne Marcus z"l, mother of Arnold Marcus  
Joe Miller z"l, brother of Albert Miller  
Harry Mingail z"l, father of Mervyn Mingail  
Rose Rabovsky z"l, mother of Stanley Rabovsky

## SHMIRA PROJECT

GET MATCHED WITH AN ISRAELI SOLDIER  
Do a Mitzvah, Learn, Pray in their Merit  
and for their protection. Learn more:  
[www.shmiraproject.org](http://www.shmiraproject.org)



The Beth Tikvah Office will be closed from December 22 to January 1. We will reopen on January 2, 2024. Please remember to get in your 2023 donations to the office by December 22, 2023.

## COMING UP AT BETH TIKVAH

Sat.	Dec. 16 • Shabbat Kids Club ( <i>Kulanu Room</i> )	10:00 AM
Sat.	Dec. 16 • Quick Pick Shabbat ( <i>at BT</i> )	11:00 AM
Sat.	Dec. 16 • Board Game Night ( <i>at BT</i> )	7:00 PM
Sun.	Dec. 17 • Special Morning Minyan Breakfast ( <i>at BT</i> )	8:30 AM
Sun.	Dec. 17 • Beth Tikvah Teens: Sandwiches with Ve'ahavta	10:00 AM
Mon.	Dec. 18 • Rabbi Grover's Monday Class ( <i>at BT &amp; LiveStream</i> ): Talmudic Passages Every Jew Should Know	9:45 AM
Mon.	Dec. 18 • BT Women: Making Sandwiches for Ve'ahavta	11:00 AM
Mon.	Dec. 18 • Mitzvah Knitters ( <i>at BT</i> )	1:00 PM
Thur.	Dec. 21 • Yoga & Meditation with Orli Ziv ( <i>at BT</i> )	10:00 AM
Thur.	Dec. 21 • Photography with Rick Bornstein ( <i>at BT</i> )	10:00 AM

A portion of funds raised at Bingo World  
Richmond Hill helps to support programs  
at Beth Tikvah Synagogue



Senior Rabbi: Jarrod Grover  
Hazzan: Tibor Kovari  
Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein  
Ritual Director: Irv Kirshenblat  
President: Barbara Albert