





Ma Nishma SYNAGOGUE



מה נשמע

DECEMBER 16, 2023 / 5784 טבת 4

PARASHAT MIKETZ

Shabbat Shalom!

SHABBAT TORAH READINGS

Torah:

Genesis 41:1 - 44:17 בראשית Etz Hayim pg. 250

Haftarah:

1 Kings 3:15 - 4:1 מלכים א' Etz Hayim pg. 271

SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv 6:00 pm Candlelighting (December 15) 4:23 pm Shaharit 9:00 am Shabbat Kids Club 10:00 am Minha/Ma'ariv 4:15 pm Havdalah 5:23 pm

All services are In Person and LiveStreamed

WEEKDAY SERVICE TIMES

Morning Services @ Beth Tikvah:

Sunday 8:30 am Monday to Friday 7:30 am

Evening Services @ Beth Tikvah:

Sunday to Thursday 7:00 pm

All services are In Person and LiveStreamed

Mazel Tov to:

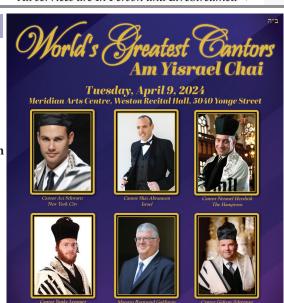
Lynn Kirshin & Andrew Urbas on the Bat Mitzvah of their daughter Ava Rachelle Urbas. And to the grandparents Rhoda & Barry Kirshin. (Sunday, December 10)

Lisa Bordan & Jordan Shapiro on the Bar Mitzvah of their son **Andrew Henry Shapiro**. Grandparents are **Ziona & Norman** Bordan, Pamela Shainhouse, Joel Shapiro & Suzanne Kosky. (Friday, December 15)

Kiddush is co-sponsored by:

Sabrina Zuniga in support of Beth Tikvah

> **Daily Morning Services** are back at Beth Tikvah! Join the community!

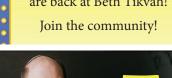




RESTORATIVE YOGA & MEDITATION THERAPY WITH ORLI ZIV

starting January 11th **Register Today!**

NEW WINTER SESSION!



Torah o

In God We Trust by Rabbi Jarrod Grover

Father Jacob told his children: "You have bereaved me of children: Joseph is no more, and Simeon is no more, and you would take Benjamin [from me]. All these things are upon me (ahlai)!" (Genesis 42:36)

Why does Jacob add that all these losses are "upon me." Of course they are — upon whom else could they be?

Rabbi Elijah, the Gaon of Vilna (1720-1797) sees in these words a different meaning. He taught that the word "ahlai" (ayin-lamed-yud) stands for three other words: Eisav (ayin),

Lavan (lamed), and Yosef (yud). The Hebrew word "ahlai" was an allusion to what Jacob understood to be his tests in life. In despair, he cries out that he was not prepared to lose Benjamin and Simeon, and this was a test he could beyond his ability to withstand.

Though he was pained and afraid, Jacob chose to trust the God who saw him through all his previous trials. Not only were Benjamin and Simeon returned to him, but Joseph too.

COMING UP AT BETH TIKVAH



Kids Club will meet this Shabbat in the KULANU ROOM at 10AM. ***Last session until JAN 13





Gain a deeper understanding of Judaism's approach to the world IN PERSON & LIVESTREAMED



with Rick Bornstein

Next Session: December 21st at 10AM at Beth Tikvah



What are you up to on Saturday night? Meet new people and try something new! Join our friendly group with some fantastically fun board games. It's time well-spent!

TRY THESE GAMES AND MORE!



























INTRODUCTORY **GRIEF, LOSS & BEREAVEMENT WORKSHOP**

Wednesday, January 17th, 7:30 pm -9:00 pm on Zoom

SINCE OCTOBER 7th ALL JEWS ARE IN A STATE OF GRIEF So you won't want to miss Gail Sandler's encore presentation. Because we have a personal and a Jewish grief history, this session is for everyone!

FACILITATOR:

Gail Sandler, Certified Bereavement Educator

OBJECTIVES:

- . Explore the signs & symptoms of grief
- · Gain a better understanding of the grief process
- · Take a closer look at Jewish Collective grief
- and our generational trauma



In addition to being a Beth Tikvah member, Gail is a Certified Bereavement Educator who has given presentations and workshops at various conferences and meetings. She has also practiced and taught Therapeutic Touch workshops in the Holistic Health Program at Seneca College, at hospices, hospitals, nursing homes and taught complementary therapies in the York Region Palliative Care volunteer training program.

COMING UP AT BETH TIKVAH



Leonard Bernstein: An Interpretation with Chaim Feder

SERIES COST: Members: \$36 Non-Members: \$50

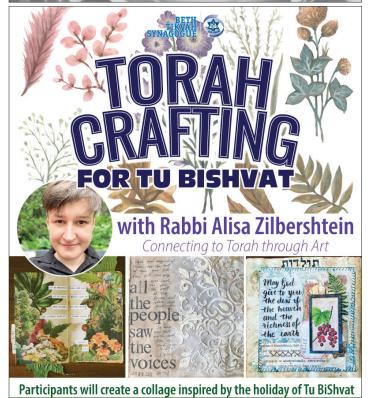


This series portrays & interprets the epic career of Leonard Bernstein Weekly on Zoom

11:00AM Tuesdays

January 16 January 23 Becoming Bernstein Bernstein: American & Jew

January 30 February 6 Bernstein: Fully Formed
Bernstein: Interprets Mahler



JANUARY 25, 2024

2:00 - 4:00 PM at Beth Tikvah



Join Instructor, **Norma Lowe Klein** in the Kulanu Room for these fun and stimulating sessions





YAHRZEITS

This week, we commemorate the yahrzeits of the following people

Friday, December 15

Morey Eckler z''l, husband of Shae Eckler
Harry Kashin z''l, father of Ron Kashin
George Labovitz z''l, father of Vivian Miller
Leo Lavine z''l, father of Marvin Lavine
Bobby Mendelson z''l, son of Francine & Aaron Mendelson
Ida Oiffer z''l, mother of Barbara Roberts
Louis Oiffer z''l, father of Barbara Roberts
Morton Steinberg z''l, father of Roberta Steinberg
Saul Storchan z''l, father of Jessica Jerusalim

Saturday, December 16

Archie Goodman z''l, father of Cheryl Bernknopf, and father of Linda Burrows

Maimie Jerusalim z''l, mother of Jack Jerusalim

Myrna Shanfield z''l, sister of Howard Shanfield

Sunday, December 17

Gracia Assine z"l, mother of Tita Srour
Esther Cohen Chackowicz z"l, mother of Ruth Narvey
Max Cohen z"l, father of Robert Cohen
Menno de Jong z"l, father of Sandy Kahn
Rosalyn Freed z"l, mother of Cory Freed
Gertrude Gerstein z"l, mother of Mindy Finkelstein
Emanuel (Bob) Kornhauser z"l, father of Danny Kornhauser
Harold Linton z"l, father of Helene Obar
Jules Rusonik z"l, brother of Milton Rusonik
Sheva Nacha Salmanowicz z"l, mother of Rose Greisman
Maurice Shabinsky z"l, father of Eileen Landau

Monday, December 18

Herbert Chanock z''l, father of Glynis Jerusalim Mollie Cleman z''l, mother of Goldie Ungar Sandra Freedman z''l, sister of Helen Duclos Louis Hahamovitch z''l, father of Charna Foxman Ida Koven z''l, mother of Larry Koven Gershon Mayman z''l, son of Marion & Shlomo Mayman Robert Sharp z''l, step-father of Sasha Schaeffer Moshe Tilayof z''l, father of BenZion Tilayof

SHMIRA PROJECT

GET MATCHED WITH AN ISRAELI SOLDIER
Do a Mitzvah, Learn, Pray in their Merit
and for their protection. Learn more:
www.shmiraproject.org



The Beth Tikvah Office will be closed from December 22 to January 1. We will reopen on January 2, 2024. Please remember to get in your 2023 donations to the office by December 22, 2023.

Tuesday, December 19

Joseph Kirshin *z"l*, father of Barry Kirshin Edith Oretsky *z"l*, mother of Brenda Merrick Saul Segal *z"l*, father of Carole Wolch Martin Sheps *z"l*, brother of Pauline Sheps, and father of David Sheps and husband of Susan Sheps Gerald Sinclair *z"l*, of Stephen Sinclair

Wednesday, December 20

Lotte Anthony z''l, mother of John Anthony Zelik Brewda z''l, father of Joseph Brewda Esther Haber z''l, mother of Harvey Haber Lily Rosen z''l, mother of Sarah Grill

Thursday, December 21

Esther Greenberg z''l, sister of Isaac Silverstein Gertrude Mandell z''l, mother of Andrea Koven Miguel Roger z''l, husband of Jenny Roger Arnold Schwartz z''l, father of Veronica Zarek Judy Shulman z''l, mother of Matthew Shulman

Friday, December 22

Al Citren z''l, father of Marcia Phillips Hyman Goodman z''l, father of Lorraine Dicker Anne Marcus z''l, mother of Arnold Marcus Joe Miller z''l, brother of Albert Miller Harry Mingail z''l, father of Mervyn Mingail Rose Rabovsky z''l, mother of Stanley Rabovsky

		COMING UP AT BETH TIKVAH	
Sat.	Dec. 16	• Shabbat Kids Club (Kulanu Room)	10:00 AM
Sat.	Dec. 16	• Quick Pick Shabbat (at BT)	11:00 AM
Sat.	Dec. 16	• Board Game Night (at BT)	7:00 PM
Sun.	Dec. 17	• Special Morning Minyan Breakfast (at BT)	8:30 AM
Sun.	Dec. 17	• Beth Tikvah Teens: Sandwiches with Ve'ahavta	10:00 AM
Mon.	Dec. 18	• Rabbi Grover's Monday Class (at BT & LiveStream): Talmudic Passages Every Jew Should Know	9:45 AM
Mon.	Dec. 18	BT Women: Making Sandwiches for Ve'ahavta	11:00 AM
Mon.	Dec. 18	• Mitzvah Knitters (at BT)	1:00 PM
Thur.	Dec. 21	• Yoga & Meditation with Orli Ziv (at BT)	10:00 AM
Thur.	Dec. 21	• Photography with Rick Bornstein (at BT)	10:00 AM
A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue			



Senior Rabbi: Jarrod Grover <u>H</u>azzan: Tibor Kovari Executive Director: Rivka Campbell Assistant Rabbi: Alisa Zilbershtein Ritual Director: Irv Kirshenblat President: Barbara Albert