

Ma Nishma

מה נשמע

AUGUST 5, 2023 / 5783, אב 18

PARASHAT EIKEV

BETH
TIKVAH
SYNAGOGUE



3080 Bayview Avenue
Toronto, ON M2N 5L3

Tel- 416-221-3433

www.bethtikvahtoronto.org

Shabbat Shalom!

SHABBAT TORAH READINGS

Torah

Deuteronomy 7:12 - 11:25 דברים
Etz Hayim pg. 1037

Haftarah

Isaiah 49:14 - 51:3 ישעיהו
Etz Hayim pg. 1056

SHABBAT SCHEDULE

| | |
|--------------------------|---------|
| Kabbalat Shabbat/Ma'ariv | 6:00 pm |
| Candlelighting (Aug. 4) | 8:19 pm |
| Shaharit | 9:00 am |
| Minḥa/Ma'ariv | 8:10 pm |
| Havdalah | 9:18 pm |

*All services are In Person and LiveStreamed
Shabbat Kids Club will resume September 9*

WEEKDAY SERVICE TIMES

Morning Services @ Adath Israel:

| | |
|-------------------|---------|
| Sunday and Monday | 8:30 am |
| Tuesday to Friday | 7:30 am |

Evening Services @ Beth Tikvah:

| | |
|--------------------|---------|
| Monday to Thursday | 7:30 pm |
|--------------------|---------|

All services are In Person and LiveStreamed

Weddings at Beth Tikvah Synagogue



Learn more at www.bethtikvahtoronto.org

HIGH HOLIDAYS at Beth Tikvah

TICKETS, MEMBERSHIP & MORE

We are looking forward to meaningful High Holiday services with you! Remember to contact the shul to renew your Membership! Make sure to order your High Holiday tickets so they can be mailed to you in time. Visit www.bethtikvahtoronto.org and click the High Holiday banner or click here to order tickets.

Light of the Torah

Small Actions by Rabbi Alisa Zilbershtein

In Parshat Ekev, Moshe recounts the Israelites' incident of the Golden Calf. Amidst fear and uncertainty, the people sought immediate comfort in a tangible idol rather than trusting in the abstract, delayed promise of Divine guidance. This impulsive desire for instant gratification led to one of the most significant transgressions in Jewish history.

The story of the Golden Calf holds a mirror to our society today. We live in a world of rapid technological advancement, where immediate

satisfaction is often prioritized over long-term benefits. This mindset, while sometimes beneficial, can also be our modern-day Golden Calf, leading us to seek quick, temporary fixes to deep, systemic issues.

For instance, societal problems like income inequality or educational disparities demand comprehensive, long-term strategies. Yet, these complex issues are often met with short-term solutions that don't address the root causes. While these 'small actions' may alleviate immediate symptoms, they

may also distract us from the harder, more meaningful work of systemic change.

In Parshat Ekev, we are reminded to resist the temptation of our own 'Golden Calves.' Let's not settle for quick fixes that might pacify the surface while leaving the root unaddressed. Instead, let us embrace the patience, wisdom, and shared responsibility necessary to achieve meaningful, long-lasting solutions to our societal challenges.

COMING UP AT BETH TIKVAH

JOIN US FOR A SPECIAL SHABBAT
BEIT MIDRASH
AT BETH TIKVAH SYNAGOGUE




Rabbi Alisa Zilbershtein presents:
**You Shall Serve God
with Your Whole Heart:
The Meaning and Laws
of Prayer in the
Babylonian Talmud
Part 2**

SHABBAT, AUGUST 19 AT 6:50 PM
(before evening services)
at Beth Tikvah Synagogue

Rabbi Alisa Zilbershtein will continue leading us on an intellectual & inspiring journey through the Babylonian Talmud, Tractate Brachot, exploring the deeper meaning and laws of prayer.





PRESENTS



**PRIMARY CARE
CONCERNS**

HOW DO I FIND
A FAMILY PHYSICIAN

WHAT HAS CHANGED
WITH FAMILY PRACTICES

HOW CAN I MANAGE
MY HEALTH CARE



Dr. Allan Grill is an Associate Professor in the Department of Family and Community Medicine at UofT, and Chief of Family Medicine at Markham Stouffville Hospital. Dr. Grill is a lead family physician at the Markham Family Health Team.



Dr. Brad Lichtblau is a Family Physician. He has a comprehensive family practice at the Women's College Hospital (WCH) Family Practice Health Centre, and is a lecturer in the Temerty Faculty of Medicine at U of T.



Dr. Sidney Nusinowitz is a Family physician with 43 years experience and a member of the Bathurst Lawrence Family Health Group. Dr. Nusinowitz is a Lecturer in the Department of Family and Community Medicine, University of Toronto.



**Dr. Roy Wyman
Moderator**
Dr. Wyman is a family physician for over 25 years and practices in the East York area of Toronto. He has been involved in residency teaching and leadership at UofT. He is presently the Director of Certificates of Added Competence for the College of Family Physicians of Canada.

TUE • AUG 15 • 7:00 PM @ ADATH



Presented by:






**WEDNESDAY, AUGUST 23rd @ 7:45 PM
AT BETH TIKVAH SYNAGOGUE**



As They Made Us
is a 2022 American drama film written, directed, and produced by Mayim Bialik in her feature directorial debut. The film stars Dianna Agron, Simon Helberg, Candice Bergen, Dustin Hoffman, Julian Gant, Charlie Weber, and Justin Chu Cary. The plot follows a divorced mom of two, Abigail (Agron) and she struggles to balance the dynamic forces within her dysfunctional family during the last moments she and her family spend with her dying father (Hoffman).

TICKETS: Members of the 4 Shuls: \$5 per person
Non-members: \$10 per person
Refreshments will be served



**LEARNING WITH
BRACHA FEDER**



**OUR DAYS OF AWE
AND ME**

AUGUST 9
Rosh Hashana
and Good Will Hunting

AUGUST 16
Shawshank Redemption and Hope

AUGUST 23
Pfeiffer, Denzel,
Poitier, Streep
and Creating Change

SEPTEMBER 6
"The Art of Forgiving and Asking For Forgiveness"

SEPTEMBER 13
"Yom Kippur: Why The Five Afflictions?"

Members: Free | Non-Members: \$50

COMING UP AT BETH TIKVAH

BACK To SHUL

Party @ Beth Tikvah

Sunday
Sept 10th
2023
5:00 PM TO
7:00 PM



Outdoor Party @ BT parking lot
Falafel Bar, Pizza, & Ice Cream
Board Game Booth &
Shores Market + Fun Crafts

PJ Library

SHORESH
Landscape Art - Garden Art

BINGO WORLD
+ GAMING



Register By
Tuesday,
Sept 5th

\$10 Per Person
Children 10 &
Under Are Free,
Space Is Limited,
Register Now!



Early Bird - If you register by
August 18, you will be entered
into a draw for 2 reserved
High Holiday seats!

HIGH HOLIDAY LEARNING

with Rabbi Jarrod Grover



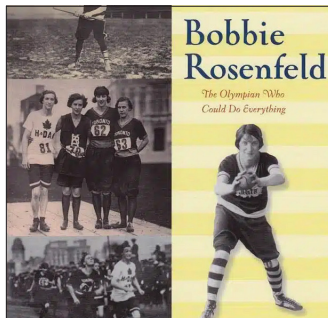
Monday, September 11 @8PM



The Expulsion of Ishmael

Come and join
Rabbi Grover these
high holidays for an in
depth look into the
expulsion of Ishmael.
This is an experience
you don't want to miss!

NEW DATE



Bobbie
Rosenfeld
*The Olympian Who
Could Do Everything*

Beth Tikvah and Classi Lectures Present:

A Conversation with Anne
Dublin & Trudee Romanek:
BOBBIE ROSENFELD
THE OLYMPIAN
WHO COULD DO
EVERYTHING

Thursday, August 24, 2023
4:00PM on Zoom

Selihot

September 9, 2023

LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by
Rabbi Kayley Romick @ 8:45 PM



Embracing Atonement: The Inner Pathway to Forgiveness

Can we forgive others and seek forgiveness without
first forgiving ourselves?
Delve into sources about forgiveness and the role
that introspection and self-compassion play during
the Yamim Nora'im.

Services Will Follow 10:30 PM
@ Beth Tikvah

Featuring Cantor Tibor Kovari,
the Beth Tikvah Choir and
The Wellington String Quartet



COMPOSITION IN PHOTOGRAPHY with Rick Bornstein

In the Kulanu Room at Beth Tikvah Synagogue

Thursdays 10AM-12PM

Starting
AUGUST 31
10 SESSIONS



Adath Israel
Congregation

BETH
TIKVAH
SYNAGOGUE



Yahrzeits

This week, we commemorate the yahrzeits of the following people

Friday, August 4

Simon Saul Feinstein z"l, brother of David Feinstein
Charles Henry Goeldner z"l, father of Deborah Kornhauser
Annette Edelstein Joseph z"l, mother of Jonathan Joseph
and sister of Barry Edelstein & Gayle Jackson
Matilda Levi z"l, mother of Louisa Hostick
Helen Meyers z"l, sister of Zelda Safer
Lee Ostrov z"l, father of Adele Ostfield
Murray Wineberg z"l, father of Marlene Flicht
Dora Zidenberg z"l, mother of Max Berg
Leiba Long z"l, mother of Susan Robinson

Saturday, August 5

Harry Abramson z"l, step-father of Marcia Phillips
Sollie Chastkofsky z"l, father of Perry Chasson
Rita Gotlieb z"l, mother of Frances Stephan,
mother of Stephen Gotlieb,
sister of Dorothy Wagner
Fannie Love z"l, mother of Deanna Cohen
Jack Ross z"l, father of Shirley Anne Haber
Sam Schacht z"l, father of Sari Krandel

Sunday, August 6

Louis Krandel z"l, father of Morris Krandel
Etta Lofsky z"l, mother of Linda Schwartz
Edward Wein z"l, husband of Anita Wein
Martin Hart z"l, father of Trevor Hart

Monday, August 7

Molly Baron z"l, mother of Stephen Baron
Minnie Blumenthal z"l, mother of Marcia Baum
Goldie Goldberg z"l, mother of Marvin Goldberg
Hyman Kerdman z"l, father of Beatrice Endler
Abraham Rapoport z"l, husband of Annette Rapoport
Max Silverman z"l, father of Lionel Silverman
David Murray Weinstein z"l, brother of Abraham Weinstein

Tuesday, August 8

Rhoda Davis z"l, sister of Zelda Safer,
wife of Irwin Davis
Sylvia Hoffman z"l, mother of Alan Hoffman
Myer Katz z"l, father of Sherry Ocopnick

Wednesday, August 9

Henri Wadiche z"l, father of Arlette Schulman

Thursday, August 10

Benjamin Brickman z"l, father of Sara Aronson
Philip Marcus z"l, father of Arnold Marcus
John Norman Miller z"l, brother of Herman Miller
David Rosen z"l, brother of Ann Gayle Kwinter
Roel Joseph Wyman z"l, brother of Michael Wyman
Moses Kamelgarn z"l, father of Sara Wunch Glick
Darryl Hennick z"l, brother of Sheila Sherman

Friday, August 11

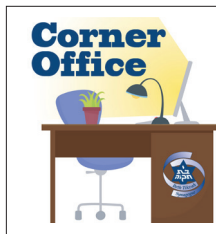
Morris Gula z"l, father of Jerry Gula
Abe Hilkowitz z"l, father of Elaine Maze
David Phillips z"l, husband of Marcia Phillips
Soleiman Rakhsha z"l, father of Michael Rakhsha
Yetta Starkman z"l, mother of Sylvia Fisch



UNBOXING JEWISH
Learning Program for ages 5-12

BETH TIKVAH SYNAGOGUE

REGISTER ONLINE.
Questions? Contact Nadia: nadia@bethtikvahtoronto.org



CORNER OFFICE

AUGUST LONG WEEKEND

The Beth Tikvah Office will be closed
on Monday, August 7th
for the Civic Holiday

COMING UP AT BETH TIKVAH

| | | | |
|-------|---------|---|----------|
| Wed. | Aug. 9 | • Learning with Bracha Feder (on Zoom) | 1:00 PM |
| Thur. | Aug. 10 | • Yoga & Meditation with Orli Ziv (at BT) | 10:00 AM |
| Mon. | Aug. 14 | • BTW: Sandwich Making: Help Feed the Homeless (Downstairs at BT) | 10:30 AM |
| Tues. | Aug. 15 | • Primary Care Concerns (Adath Israel & Online) | 7:00 PM |

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue




Is your child or grandchild turning 12 or 13 soon?

We are accepting member and non-member Bar & Bat Mitzvah bookings for 2024 & 2025. We now can Live Stream your simha from both the Sanctuary and Chapel! Please contact Gayle to reserve your date: gayle@bethtikvahtoronto.org



Senior Rabbi: Jarrod Grover
Hazzan: Tibor Kovari
Executive Director: Rivka Campbell

Assistant Rabbi: Alisa Zilbershtein
Ritual Director: Irv Kirshenblat
President: Barbara Albert