



Ma Nishma

מה נשמע

BETH
TIKVAH
SYNAGOGUE



פקודי



MARCH 5, 2022 / 2 אדר ב', 5782

PARASHAT PEKUDEY

SHABBAT TORAH READINGS

Torah

Exodus 38:21 - 40:38 שמות
Etz Hayim pg. 564

Haftarah

Kings I 7:51 - 8:21 מלכים א'
Etz Hayim pg. 573

SHABBAT SCHEDULE

Kabbalat Shabbat (Zoom) 5:00 pm
Candlelighting (March 4) 5:52 pm
Shaharit (RSVP Required) 9:00 am
Havdalah 6:53 pm

WEEKDAY SERVICE TIMES

Sunday-Thursday 8:30 am/7:00 pm
Friday 8:30 am/5:00 pm

Please note:

The services listed above are on Zoom

JOIN US FOR PURIM

WEDNESDAY, MARCH 16 - THURSDAY, MARCH 17 2022

BETH
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Mazal Tov to:

Michal and Joel Benayon on
the Bar Mitzvah of their son
Adam Benayon. Grandparents
are Linda and Amnon Schieir.

Minhah/Ma'ariv Service is co-sponsored by:

Michal and Joel Benayon in
honour of the Bar Mitzvah of
their son, Adam

The congregation is invited
to watch the Minhah/Ma'ariv
service on the Shabbat live
stream link.



Megillah Readings, Purim Celebration For Kids
and more! Register online

Vayakhel-Pekudey: Seeing God's Signs

This Shabbat, we read the final chapters of the book of Shemot, Exodus. The Israelites are now a year into their journey from Egypt to the promised land of Israel. As each of us embark on our own journeys in life, the final verse of this book can offer important guidance.

Having completed the construction of the portable sanctuary, the Torah tells us, "For over the Mishkan a cloud of God rested by day, and fire would appear in it by night..." Both, the cloud and pillar of fire, allowed the Israelites to see God's presence and served to guide them on their path. In his medieval commentary, Isaac Abarbanel writes, "Both were continually there, but the cloud was visible during the day; and at night, when it was too dark to see the cloud, the light within it was visible."

Sometimes in our lives we may see or feel God's presence, while in other moments we may feel distant from, or even abandoned by the Divine. It is in those moments that it is most important for us to remember this lesson, whether or not we can see it, God's presence is eternal.

At some moments along life's journey, the sign of God we have grown accustomed to might not be visible, but it doesn't mean that it isn't there. Even more, it is precisely in those moments that we must find the strength to open our eyes and our hearts to seek God's light from within.

-RLS

VIRTUAL
TORAH
Study

There will be no Virtual Torah
Study class this Friday.

PROGRAMMING AT BT

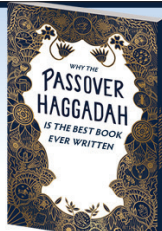
UPCOMING PROGRAMS

REFUGEE SHABBAT

a project of **HIAS** & **JIAS** TORONTO

Beth Tikvah in collaboration with HIAS & JIAS:
Special Refugee Shabbat Havdallah Service
 March 5 at 8:00 PM on Zoom
 Visit: www.hias.org

Classes in-person and recorded! RSVP on the BT website!



This class is restarting March 7th @ 9:45AM
 Rabbi Grover will be continuing his morning classes: Why the Haggadah is the Best Book Ever Written.

Register on the Beth Tikvah website

LEARNING WITH BRACHA FEDER



PART 3

Finding My True Self in a Biblical Story
 New Encounters Perplexing Stories in Sefer Bamidbar:
 Exploring Rav Francis Nataf's Redeeming Relevance

WEDNESDAYS @ 1PM:

MARCH 9

Korach and the Limits of Popular Government

MARCH 16

Bill'am and his Donkey

MARCH 23

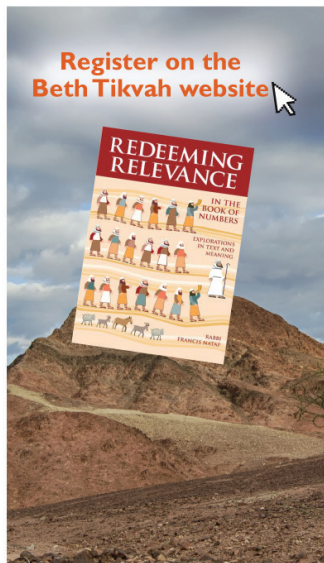
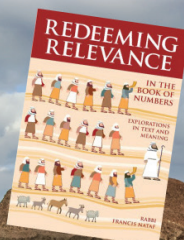
Reuven and Gad:
 The Two Lost Tribes



Bracha Feder has shared her passion for learning and teaching with teens, adults and teachers for years. She holds an M.A. in Jewish Thought and Education from the Hebrew University. She was Instructor of Ethics in Jewish Living for the Florence Melton Adult Mini School of the Hebrew University in Toronto for 12 years.

Currently, she offers Synagogue Adult Education courses and on topics such as Jewish Thought, Tanakh, Tefillah, Shabbat and Holy Days.

Register on the Beth Tikvah website



UPCOMING PROGRAMS

WALK WITH BETH TIKVAH



Thursday, March 10th, at 1:30 PM

Location: Mount Pleasant Cemetery
 375 Mount Pleasant Road, Yonge Street Entrance

We will meet just inside the Yonge Street Gate at the Yonge Street Entrance. (South of Merton and a few blocks north of St. Clair)
 The entrance gate is at the very south end of the cemetery.

There is free parking along the road that runs parallel to Yonge Street just inside the gate or parking meters along Yonge Street itself. Contact Merle Goldman with questions: 416-722-2151

Skate Night Havdallah



SATURDAY, MARCH 12th
6:45 PM - 8:15 PM

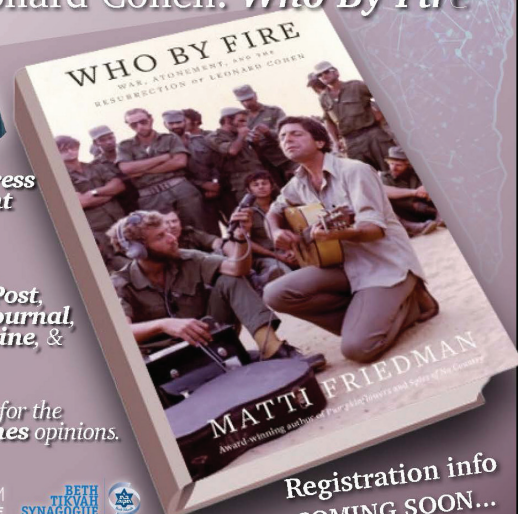
A fun skating program for children and the whole family. Register Online

SAVE THE DATE: APRIL 2 & 3

Matti Friedman comes to Beth Sholom Synagogue & Beth Tikvah Synagogue, debuting his new book on Leonard Cohen: *Who By Fire*



- Former Associated Press correspondent
- His writing has appeared in the *Washington Post*, *Wall Street Journal*, *Tablet Magazine*, & others.
- Regular essayist for the *New York Times* opinions.



Registration info
 COMING SOON...



BETH SHOLOM
 SYNAGOGUE



PROGRAMMING AT BT

UPCOMING PROGRAMS




ARI SATOK BETH TIKVAH SYNAGOGUE

LOVE TOO CAN SPREAD

POETRY FROM THE MIDST OF A PANDEMIC

Back by popular Demand:
SUNDAY MARCH, 20 on Zoom



CONGREGATION Shaarey Zedek 688 ETZ CHAYIM INSIDING MEANING IN YOUR LIFE BETH TIKVAH SYNAGOGUE

THURSDAY, MARCH 24, 2022 @ 7:30 PM EST

ON ZOOM

THE BRAIN BOOSTING DIET

A LIVE COOKING DEMO

with recipes found in the book by Norene Gilletz z"l & Dr. Edward Wein z"l

Cook along with Beth Tikvah's Ellie Reinblatt as she guides you through a delicious meal with healthy, brain-boosting ingredients!

MENU

Starter/Salad:
Kale Salad with Dressing

Main:
Marmalade Glazed Salmon Sheet Pan Dinner

Side:
Sesame Roasted Broccoli

Shopping List will be emailed out following registration. The Brain Boosting Diet: Feed Your Memory, by Norene Gilletz z"l and Dr. Edward Wein z"l is available for purchase for \$36.00 (retail \$50)!

Israel Affairs presents...



Canadian-Israeli Journalist, Lauren Izso returns with special guest, Ruth Wasserman Lande



Israeli-Arab Relations, Israel on the World Stage and the Impact of the Abraham Accords



Ruth Wasserman Lande is an Israeli politician, diplomat and activist. She is currently a member of the Knesset for the Blue and White party and the Co-chair of the Pro-Abraham Accords' Caucus.

Tuesday, March 22nd 11AM on Zoom

PURIM IS COMING!

Musica BETH TIKVAH SYNAGOGUE presents *The Eternal Feminine* האישה חולמת...

SUNDAY, MARCH 27th at 2:30 PM

Register for this beautiful, musical experience:
ONLINE & IN-PERSON

GET YOUR MISHLOACH MANOT PACKAGES
~QUANTITIES ARE LIMITED~
TO ORDER: VISIT THE BETH TIKVAH WEBSITE

Super Science Purim Celebration! PJ Library BETH TIKVAH SYNAGOGUE

Wednesday, March 16
4:45 pm - 6:15 pm

JOIN US at the
Beth Tikvah Synagogue, lower foyer
(OR ONLINE)

Price: \$10 per household

- Cookie Decorating
- Gragger Making
- Slime Mixing
- Telling Purim Stories
- Costume Wearing
- and an amazing Interactive Presentation by Super Science!

Pizza & Snacks will be served

Masking is mandatory for children and adults in attendance.



Geared to ages 1-7



YAHREZEITS

The following members are observing Yahrzeits this week:

Friday, March 4

Louis Cytrynbaum, Harvey Dale, Rhonda Mackenzie, Sheldon Weingarten

Saturday, March 5

Elliott Grad, Myrna Gutmann

Monday, March 7

Manny Manis, Vivian Miller, Esther Nadler

Tuesday, March 8

Alisa Feldbloom, Gerald Garshon, Ruby Kreindler, Rhonda Mackenzie, Ron Weintraub

Wednesday, March 9

Muriel Behar, Heather Ellison, Mireille Nahman, Editt Richman, Stanley Sinai, Rhoda Waxman

Friday, March 11

Jack Bick, Stanley Glass, Allan Krett, Cyril Shenker

Are you Jewish and have experience providing care for a loved one with cancer? We need you!

Wellspring Cancer Support is now providing specialized peer support for Jewish caregivers, with partners The L'Chaim Project & the NCJW of Canada, Toronto. Use your experience to help others. Peer Support volunteer applications now being accepted. Training provided. Apply at www.wellspring.ca/LChaimvolunteer

Urgent! Gift Of Life For Debbie Richmond End Stage 5 Chronic Kidney Disease

My kidney function is less than 5%. I am currently on Dialysis and my treatment consists of 3X/week (4 hours each time). The lifespan on dialysis is not long term. I am in dire need of one kidney to Save My Life!

Humbly, I am asking if you or anyone you know would be willing to be tested as a potential donor, so that a match can be determined.

For more information contact me at (416) 616-7900, debbierichmond@sympatico.ca and/or Facebook.

In collaboration with Beth David Synagogue:

THE IMPACT OF THE PANDEMIC ON THE JEWISH COMMUNITY

March 7, 2022 at 7:30PM on Zoom

How have we responded and what strategies can we use to cope with pandemic-related issues.

Click here: <https://www.bethdavid.com/event/impact-of-pandemic>

Thoughts on Ukraine

As Chief Rabbi Warren Goldstein of South Africa reminds us, we can harness the power of tefilah and tzedakah to support our brothers and sisters in this time of desperate need. Some ways you can do this:

Support emergency relief funds through UJA and United Hatzalah, and you can recite Tehillim on behalf of those in need.

[Click here to read the full article.](#)

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www.bethtikvahtoronto.org



Senior Rabbi: Jarrod Grover
Associate Rabbi: Louis J. Sachs
Hazzan: Tibor Kovari
Ritual Director: Irv Kirshenblat
President: Douglas Millstone

THIS WEEK AT BETH TIKVAH



Sat.	Mar 5	• Refugee Shabbat Havdallah Program (HIAS & JIAS)	8:00 PM
Mon.	Mar 7	• Monday Morning Learning with Rabbi Grover	9:45 AM
Wed.	Mar 9	• Learn with Bracha Feder (Zoom)	1:00 PM
Thurs.	Mar 10	• Restorative Yoga & Meditation Therapy with Orli Ziv	10:00 AM
Thurs.	Mar 10	• Walk with Beth Tikvah (375 Mount Pleasant Rd.)	1:30 PM
Fri.	Mar 11	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Sat.	Mar 12	• Skate Night Havdallah (Paramount Ice Rink)	6:45 PM
Sun.	Mar 13	• Teen Fellowship Program (Zoom)	4:00 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue



We no longer require vaccine certificates to enter the building, but we are maintaining social distancing in the Sanctuary. There are no longer capacity limits in place

TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.



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@btonbayview



"Beth Tikvah Synagogue"