

Ma Nishma

מה נשמע

20 SHEVAT, 5782 / JANUARY 22, 2022

PARASHAT YITRO

BETH
TIKVAH
SYNAGOGUE



SHABBAT TORAH READINGS

Torah

Exodus 18:1 - 20:22
Etz Hayim pg. 432

Haftarah

Isaiah 6:1 - 7:6; 9:5 - 6
Etz Hayim pg. 452

SHABBAT SCHEDULE

Candlelighting (Jan 21)	4:56 pm
Kabbalat Shabbat (Zoom)	4:00 pm
Shaharit (RSVP Required)	9:00 am
Minha/Ma'ariv	4:45 pm
Havdalah	5:57 pm

WEEKDAY SERVICE TIMES

Sunday-Thursday	8:30 am/7:00 pm
Friday	8:30 am/3:30 pm

Please note:

The services listed above are on Zoom

The community is welcome to join the LiveStream for Minha/Ma'ariv/Havdalah services this Shabbat where Joshua Davidson will be celebrating his Bar Mitzvah.



Night on the Town Presents: Cocktails & Canvases

Saturday, February 12
@ 8:30 PM

A fun and relaxing evening you won't want to miss:
More details inside

Mazal Tov to:

Vanessa Judelman & Michael Davidson on the Bar Mitzvah of their son **Joshua Davidson**. Grandparents are Alexander Davidson, Lin & Alan Judelman and Margaret & Sam Connor

Minha/Ma'ariv Service is co-sponsored by:

Vanessa & Michael Davidson in honour of the Bar Mitzvah of their son, **Joshua**

Alex Davidson in memory of his mother, **Rose Davidson z"l** and brother **Henry (Hank) Davidson z"l**.



Torah on Tour

With Rabbi Grover



Moses on Values and Practicality

At the time of Parshat Yitro, our ancestors numbered over 600,000 people, and Moses served as judge over them all. Even if each person only needed to ask a question once in a while, it would still add up to an enormous number of questions. It is hard to understand how Moses found time for anything else, and how the people tolerated the long wait to see him.

Why did Moses need Yitro to suggest a more orderly judicial system? Why didn't he himself establish an alternative?

Consider that Moses was not motivated by practicality, but by philosophical outlook. The judicial system that Yitro proposes creates a hierarchy within the ranks of the Jewish people. When a person has a question or problem, he must turn to the person who is in charge of him. This person, in turn, has his own superior in charge of him, and so forth through the hierarchy until the chain reaches Moses himself.

Moses is not interested in such a structure. He knows that the Torah itself says: "This great nation is certainly a wise and understanding people." Moses' policy is the principle that all the people are equal, and a system of hierarchical rule would destroy that equality. He does not set up an organized structure, not because it does not occur to him, but because he does not want one. And sometimes, the values we model matter more than the practical outcomes they achieve.

VIRTUAL TORAH Study

We invite you to join Morley Goldberg, on Friday, January 21st at 1 PM on Zoom for a virtual Torah Study on Parashat Yitro.

Please refer to the semi-weekly email for the link or contact daniel@bethtikvahtoronto.org.

PROGRAMMING AT BT

UPCOMING PROGRAMS



Friday, January 21 at 10 AM on Zoom
Register Online

Walk with Beth Tikvah!

Unfortunately, the walk is cancelled this Monday, January 24th due to the excessive snow we received. We will keep you posted with news of upcoming walks.



MENTAL WELLNESS SERIES Judaism as a Mindfulness Practice with Rabbi Jordan Bendat-Appell



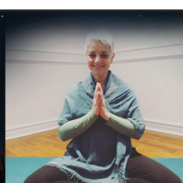
In this session, we will explore how Jewish living can be experienced as a mindfulness practice. We will look at brief sources and learn accessible Jewish mindfulness practices.

Rabbi Jordan Bendat-Appell is the Director of Camp Ramah in Canada. Previously, he worked for the Institute for Jewish Spirituality (IJS) as a teacher of Jewish Mindfulness and as Program Director of the Jewish Mindfulness Meditation Teacher Training. For the IJS, Jordan also taught meditation to rabbis and cantors through the IJS's Clergy Leadership Program. After being ordained in 2008, he served as a congregational rabbi outside of Chicago and co-founded Orot: Center for New Jewish Learning. Jordan is a recipient of the 2014 Covenant Foundation Pomegranate Prize. He and his wife Yael live in Toronto and are the proud parents of three.

WED • JAN 26 • 7:30 PM
Zoom and Q & A

Restorative Yoga and Meditation Therapy with Orli Ziv *Refresh your mind and your body!*

Next session:
Thursday, January 27th at 10:00 am

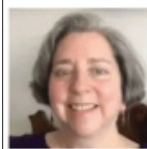


UPCOMING PROGRAMS

LEARNING WITH BRACHA FEDER

Two Kings: David and God

Last class of the series: Friday, January 26 @ 1PM
Register on the Beth Tikvah website



Classi Lectures and Beth Tikvah present

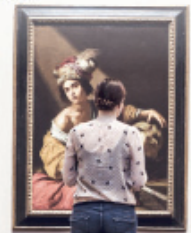
A guided tour from the Jewish Museum in New York City

Hare with the Amber Eyes with Rena Tobey

The exhibition that tells the story of the Ephrussi family—celebrated in the 2010 memoir of the same name by Edmund de Waal—and showcases the breadth and depth of their illustrious collection. The exhibition explores the family's rise to prominence and splendor in the first half of the nineteenth century, followed by a focus on the prolific collector and historian of art, Charles Ephrussi, to the inter-war years, and finally World War II, when the family lost its fortune and collection to Nazi looting.



The centrepiece is the extraordinary collection of Japanese netsuke, hidden by a maid who concealed them from German officials in her mattress, and later returned them to the family after the war.



JANUARY 27, 2022
@ 2:00 PM (Online)
Cost: \$10



For tickets: visit the
Beth Tikvah Website



Family Baking Series January 27, 2022 @ 7:30 pm Southern Soul Food

Bring the whole family together to cook along, live with Ellie, as we taste family favourites that are sure to please every taste bud!



Register on the Beth Tikvah website

PROGRAMMING AT BT

UPCOMING PROGRAMS

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LIBERATION75

Beth Tikvah Synagogue in partnership with LIBERATION75 welcomes:



Elisha Wiesel in Conversation with Rabbi Jarrod Grover

Elisha Wiesel is the only child of Holocaust survivor, author and Nobel Peace Prize recipient Elie Wiesel.

He previously worked for Goldman Sachs for 25 years, serving as its chief information officer for three years, until December 2019.

When his father passed, Elisha realized how many others missed his voice—and so, when opportunities for impact arise, Elisha shares his father's message and continues his legacy by standing up for persecuted communities.

**TUESDAY
FEBRUARY 1, 2022
7:30 pm**

ON ZOOM



UnOrthodox: The Shaping of Conservative Judaism with Rabbi Sachs

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Join Rabbi Sachs for a series of classes diving into the lives and teachings of some of the greatest minds of the Conservative movement.

In each session we will learn about influential rabbis who shaped Conservative Judaism from its creation until today. Rabbis like:

- Solomon Shechter
- Abraham Joshua Heschel
- Harold Schulweis
- Saul Lieberman
- Louis Jacobs
- Elliot Dorff and more...



**Wednesday nights @ 7:45 pm
Starting in February 2022**

Register on the Beth Tikvah website

UPCOMING PROGRAMS



Classi Lectures and Beth Tikvah present

In Conversation with Award-Winning,
Canadian Author:
Rosemary Sullivan

THE BETRAYAL OF ANNE FRANK A COLD CASE INVESTIGATION

Tuesday, February 8, 2022 at 7:30 pm on Zoom



Fellow Canadian author and Beth Tikvah member, Rona Arato will discuss the release of Rosemary's newest book that has finally solved the mystery that has haunted generations since World War II:

Who betrayed Anne Frank and her family? And why?



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Night on the Town Presents: Cocktails & Canvases

**Saturday, February 12
@ 8:30 PM**

Join us for a virtual cocktail mixing tutorial from Lakeview Wine Co., followed by a painting tutorial by Ellie.



All supplies (including the wine) are included!
\$18 per paint kit
+ \$20 to purchase a bottle of wine

Registration Dealines:

- With Wine Purchase: Thursday, January 27
- Art Supplies Only: Thursday, February 3



YAHREZEITS

The following members are observing Yahrzeits this week:

Friday, January 21

Barbara Ash, Stephen Baron, John Molot, Gerald Pearson, Lynne Raxlen, Robert Robinson, Allan Sylver

Saturday, January 22

Ellen Cantor, Allan Friedland, Philip Goodfield, Etta Kaner, Brian Kessel, Milton Rusonik, Leslie Schneeweiss, Annette Sherman Segal, Andrew Urbas, Laya Weissberger

Sunday, January 23

Susan Baruch, Beulah Esakov, Editt Richman, Arlene Silver, David Sugar

Monday, January 24

Susan Baruch, Wilf Caplan, Violette Cohen, Guigui Haiat, Beryl Kofman, Trudy Sassoon, Ellen Smith, Judith Swirsky

Summer Internship Opportunities in Israel for College Students

Rabbi Grover met this week with the leaders of "Forum Jewish Leadership," an 8-week summer experience in Israel where select college students can intern a variety of sectors of the Israeli economy.

This summer they are running a fantastic program which accommodates the Canadian college academic calendar. The program is highly recommended - you build your CV while engaging with some of the greatest Israeli/Jewish leaders. Please speak to Rabbi Grover or visit the website:

www.jewish-leadership.com if you're interested.

Tuesday, January 25

Miriam Cohen, Rosalind Feinstein, Harvey Fruitman, Milton Levitt, Toby Maskowitz, Larry Persyko, Itzhak Pilc, Helen Sieber

Wednesday, January 26

Ruth Edelstein, Helen Guttman, Batia Lazarciuc, Belle Silverstein

Thursday, January 27

Betty Dale, Jeff Levine, Cherry Rubin, Linda Segal, Marvin Swirsky, Eileen Chetner Wunch

Friday, January 28

Stanley Appel, Ian Birnbaum, Ian Black, Yoav Kaplun, Victor Morais, Lorne Pollock,

Bat and Bar Mitzvahs at Beth Tikvah

Bookings have opened for member and non-member Bar/Bat Mitzvahs for 2023, 2024 & 2025. Select dates are also available in 2022.

If you have a child or grandchild born between 2010-2012, it is time to secure your date. Throughout the pandemic we have been able to continue with our lifecycle events and can accommodate families and guests in-person and virtually.

Please e-mail Gayle Kertzman for more information: gayle@bethtikvahtoronto.org

Holocaust Remembrance Day: January 27, 2022

Visit the Community Happenings page on the BT site for upcoming events (Media → Community Happenings)

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Senior Rabbi: Jarrod Grover
Associate Rabbi: Louis J. Sachs
Hazzan: Tibor Kovari
Ritual Director: Irv Kirshenblat
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE
We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

THIS WEEK AT BETH TIKVAH



Wed.	Jan 26	• Learn with Bracha Feder (Zoom)	1:00 PM
Wed.	Jan 26	• Mental Wellness with Rabbi Jordan Bendat-Appell	7:30 PM
Thurs.	Jan 27	• Restorative Yoga and Meditation Therapy with Orli Ziv (Zoom)	10:00 AM
Thurs.	Jan 27	• Jewish Museum Tour: Hare with the Amber Eyes Classi Lectures & Beth Tikvah (Zoom)	2:00 PM
Thurs.	Jan 27	• Family Baking Series: Southern Soul Food (Zoom)	7:30 PM
Fri.	Jan 28	• Baby & Me (Zoom)	10:00 AM
Fri.	Jan 28	• Torah Study with Morley Goldberg (Zoom)	1:00 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue.



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"Beth Tikvah Synagogue"