

# Ma Nishma

מה נשמע

BETH  
TIKVAH  
SYNAGOGUE



13 SHEVAT, 5782 / JANUARY 15, 2022

PARASHAT BESHALLAH

SHABBAT SHIRAH



SHABBAT TORAH READINGS	SHABBAT SCHEDULE	WEEKDAY SERVICE TIMES
<b>Torah</b> Exodus 13:17 - 17:16 Etz Hayim pg. 399  <b>Haftarah</b> Judges 4:4 - 5:31 Etz Hayim pg. 424	Candlelighting (Jan 14) 4:47 pm Kabbalat Shabbat (Zoom) 3:30 pm Shaharit (RSVP Required) 9:00 am Havdalah 5:48 pm Havdalah Service (Zoom) 6:15 pm	Sunday-Thursday 8:30 am/7:00 pm Friday 8:30 am/3:30 pm  <i>Please note:  The services listed above are on Zoom</i>

## Family Baking Series

**January 27, 2022 @ 7:30 pm**  
**Southern Soul Food**

Bring the whole family together to cook along, live with Ellie,  
as we taste family favourites that are sure to please every taste bud!

Register on the Beth Tikvah Website

*Mazal Tov to:*

**Lorena Saim & Steven Smith**  
on the Bat Mitzvah of their daughter **Rebecca Smith**.  
Grandparents are **Gisele and Leonard Smith**.

*Havdalah Service is sponsored by:*  
**Harvey Bitterman** in honour  
of a paternal uncle, **Avraham Bitterman z"l**.

## Sabbath Musings

WITH RABBI LOUIS SACHS



### Each Of Us Has A Role To Play

Before Joseph's death at the end of the book of Bereshit, he makes his brothers promise that when God brings them out of Egypt, they will take him and bury his remains in the land of Israel. In this week's parsha, Moses acts on this promise, bringing Joseph with the rest of the nation out of Egypt. Yet, Moses never enters the land so it is under Joshua's leadership that the promise is finally fulfilled.

Sometimes things take a long time. It may take many hands for a task to be completed or many generations to see a dream become a reality.

Our tradition reminds us that we have to do our part. We have to ask ourselves what role we can play in making the dreams of those who came before us a reality. We might not be able to do it all, but that's OK.

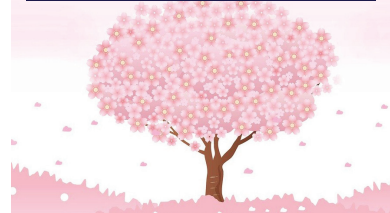
In Pirke Avot, Rabbi Elazar teaches, "It is not incumbent upon you to finish the task. Yet, you are not free to desist from it."

Each of us must do our part. The fact that we cannot do it all isn't a reason to give up. Like Moses, we are neither the beginning nor the end of the story. Like Moses, each of us is a link in the chain.

-RLS

## Happy Tu B'Shevat

Tu B'Shevat is on  
Monday, January 17th



## VIRTUAL TORAH Study

We invite you to join Morley Goldberg, on Friday, January 14th at 1 PM on Zoom for a virtual Torah Study on Parashat Beshallah.  
Please refer to the semi-weekly email for the link or contact [daniel@bethtikvahtoronto.org](mailto:daniel@bethtikvahtoronto.org).



# PROGRAMMING AT BT

## UPCOMING PROGRAMS



Join us: Monday, 17 January, 2022 at 1:00 PM on Zoom for some knitting, crocheting and some great conversations while we create wonderful things for those in need. Register on the Beth Tikvah Website



This program is for families who will be celebrating a bat/bar mitzvah in 2022, and anyone who had a bar or bat mitzvah in 2021

**Register Today!**

Free for members,  
\$50 for non-members

### DATES:

Sun., January 16th .....@ 1:30 PM  
Wed., February 9th @ 7:00 PM  
Sat., February 26th...@ 5:30 PM  
Sun., March 27th .....@ 1:00 PM  
Tues., April 5th.....@ 7:00 PM  
Sun. May 29th .....@ 1:30 PM

IN PARTNERSHIP WITH



### STARTING THIS SUNDAY:

**January 16, 2022 @ 1:30 PM - 3:00 PM:**

**Let's Kick The Year Off With A Mitzvah!**

Register on the Beth Tikvah Website



**Friday, January 21 at 10 AM on Zoom**  
**Register Online**

## UPCOMING PROGRAMS

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BETH DAVID

## LEARNING WITH BRACHA FEDER

Finding My True Self in a Biblical Story  
Exploring Dr. Elliott Rabin's The Biblical Hero:  
Portraits in Nobility & Fallibility

ALL  
CLASSES  
ON  
zoom

Join Bracha for a year-long course exploring...

**JANUARY 19**

Samson and Esther: Alien to our Biblical Ethos?

**JANUARY 26**

Two Kings: David and God

Register on the Beth Tikvah Website

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## Anti-Semitism & Anti-Zionism in Canadian Politics

Rabbi Sachs and Noah Zatzman will dive into Noah's own experience working in Canadian politics. In particular the relationship between Anti-Zionism and Anti-Semitism, and the recent rise of both in liberal political circles.

Noah Zatzman is an experienced public affairs and PR professional, and political strategist. Most recently, Noah served as a top aide to Federal Green Party Leader Annamie Paul.

Zatzman is deeply involved in the international climate movement, and is a well-known advocate, lay leader, and activist in Canada's Jewish and queer communities. He is currently the Co-Chair of UJA Federation's new LGBTQ+ Division.

**Wednesday, January 19, 2022**  
**7:45 pm**  
**(on Zoom)**

Register on the Beth Tikvah Website



# PROGRAMMING AT BT

## UPCOMING PROGRAMS



### MENTAL WELLNESS SERIES

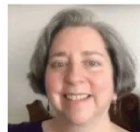
#### *Judaism as a Mindfulness Practice* with Rabbi Jordan Bendat-Appell



In this session, we will explore how Jewish living can be experienced as a mindfulness practice. We will look at brief sources and learn accessible Jewish mindfulness practices.

Rabbi Jordan Bendat-Appell is the Director of Camp Ramah in Canada. Previously, he worked for the Institute for Jewish Spirituality (IJS) as a teacher of Jewish Mindfulness and as Program Director of the Jewish Mindfulness Meditation Teacher Training. For the IJS, Jordan also taught meditation to rabbis and cantors through the IJS's Clergy Leadership Program. After being ordained in 2008, he served as a congregational rabbi outside of Chicago and co-founded Orot: Center for New Jewish Learning. Jordan is a recipient of the 2014 Covenant Foundation Pomegranate Prize. He and his wife Yael live in Toronto and are the proud parents of three.

WED • JAN 26 • 7:30 PM  
Zoom and Q & A



Classi Lectures and Beth Tikvah present

A guided tour from the Jewish Museum in New York City

#### Hare with the Amber Eyes with Rena Tobey

The exhibition that tells the story of the Ephrussi family—celebrated in the 2010 memoir of the same name by Edmund de Waal—and showcases the breadth and depth of their illustrious collection. The exhibition explores the family's rise to prominence and splendor in the first half of the nineteenth century, followed by a focus on the prolific collector and historian of art, Charles Ephrussi, to the inter-war years, and finally World War II, when the family lost its fortune and collection to Nazi looting.



The centrepiece is the extraordinary collection of Japanese netsuke, hidden by a maid who concealed them from German officials in her mattress, and later returned them to the family after the war.



JANUARY 27, 2022  
@ 2:00 PM (Online)  
Cost: \$10



For tickets: visit the  
Beth Tikvah Website

## UPCOMING PROGRAMS



Beth Tikvah Synagogue in partnership with LIBERATION75 welcomes:



#### Elisha Wiesel in Conversation with Rabbi Jarrod Grover

Elisha Wiesel is the only child of Holocaust survivor, author and Nobel Peace Prize recipient Elie Wiesel.

He previously worked for Goldman Sachs for 25 years, serving as its chief information officer for three years, until December 2019.

When his father passed, Elisha realized how many others missed his voice—and so, when opportunities for impact arise, Elisha shares his father's message and continues his legacy by standing up for persecuted communities.

TUESDAY  
FEBRUARY 1, 2022  
7:30 pm

ON ZOOM

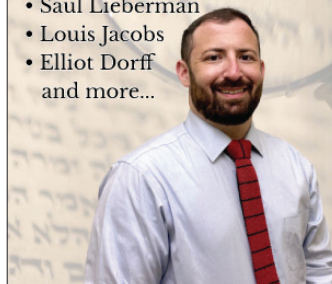
#### UnOrthodox: The Shaping of Conservative Judaism with Rabbi Sachs



Join Rabbi Sachs for a series of classes diving into the lives and teachings of some of the greatest minds of the Conservative movement.

In each session we will learn about influential rabbis who shaped Conservative Judaism from its creation until today. Rabbis like:

- Solomon Shechter
- Abraham Joshua Heschel
- Harold Schulweis
- Saul Lieberman
- Louis Jacobs
- Elliot Dorff
- and more...



Wednesday nights @ 7:45 pm  
Starting in February 2022

Register on the Beth Tikvah Website

# Yahrzeits

The following members are observing Yahrzeits this week:

## Friday, January 14

Helen Daniels, Reene Katz, Rose Lavine, Larry Torkin

## Saturday, January 15

David Herlick, Madeline Lobel, Louise Maerov, Sheila Ocopnick, Rosalyn Steiner

## Sunday, January 16

Charles Blum, Steven Dolman, Jerry Nesker, Ellie Shulman, Joan Singer, Susan Walsh, Ron Weintraub, Anita Zelcer

## Monday, January 17

Norman Grill, Jerry Lev, Michael Levick, Riva Levick, Allan Nadler, Marvin Obar, Julia Spritzer, Gene Teeger, Aby Topp, Dodi Weill, Suzanne Wiseman

## Tuesday, January 18

Philip Katz, William Lieberman, Peter Raxlen, Bernard Resnick, Barry Swadron, Mark Waldman

## Wednesday, January 19

Emile Aufgang, Norman Bordan, Elinor Caplan, Alissa Davis, Jonah Davis, Liam Davis, Shelley Martin, Lynne Raxlen, David Skopitz, Barry Sokoloff, Barry Swadron,

## Thursday, January 20

Alex Davidson, Karen Donsky

## Friday, January 21

Barbara Ash, Stephen Baron, John Molot, Gerald Pearson, Lynne Raxlen, Robert Robinson, Allan Sylver

## Beth Tikvah Endowment Funds

We have Endowment Funds for the 2022 year that may be available for you to help offset the cost of Jewish experience programs. To apply, please request an application form by emailing the BT office at: [adminoffice@bethtikvahtoronto.org](mailto:adminoffice@bethtikvahtoronto.org) or by calling us at 416-221-3433.

## Bat and Bar Mitzvahs at Beth Tikvah

Bookings have opened for member and non-member Bar/Bat Mitzvahs for 2023, 2024 & 2025. Select dates are also available in 2022.

If you have a child or grandchild born between 2010-2012, it is time to secure your date. Throughout the pandemic we have been able to continue with our lifecycle events and can accommodate families and guests in-person and virtually.

Please e-mail Gayle Kertzman for more information: [gayle@bethtikvahtoronto.org](mailto:gayle@bethtikvahtoronto.org)

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Senior Rabbi: Jarrod Grover  
Associate Rabbi: Louis J. Sachs  
Hazzan: Tibor Kovari  
Ritual Director: Irv Kirshenblat  
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE  
We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

## THIS WEEK AT BETH TIKVAH



Sun.	Jan 16	• B'not/B'nai Mitzvah Program, first session (Zoom)	1:30 PM
Mon.	Jan 17	• Mitzvah Knitters (Zoom)	1:00 PM
Wed.	Jan 19	• Learn with Bracha Feder (Zoom)	1:00 PM
Wed.	Jan 19	• Anti-Semitism & Anti-Zionism in Canadian Politics with Rabbi Sachs & Noah Zatzman (Zoom)	7:45PM
Thurs.	Jan 20	• Restorative Yoga and Meditation Therapy with Orli Ziv (Zoom)	10:00 AM
Fri.	Jan 21	• Baby & Me (Zoom)	10:00 AM
Fri.	Jan 21	• Torah Study with Morley Goldberg (Zoom)	1:00 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue.



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"Beth Tikvah Synagogue"