

# Ma Nishma

מה נשמע

FEBRUARY 19, 2022 / 5782, אדר א' 18

PARASHAT KI TISSA

BETH  
TIKVAH  
SYNAGOGUE



## SHABBAT TORAH READINGS

### Torah

Exodus 30:11 - 34:35 שמות  
Etz Hayim pg. 523

### Haftarah

Kings I 18:1 - 39 מלכים א'  
Etz Hayim pg. 547

## SHABBAT SCHEDULE

Kabbalat Shabbat (Zoom) 4:30 pm  
Candlelighting (Feb. 18) 5:33 pm  
Shaharit (RSVP Required) 9:00 am  
Havdalah 6:35 pm

## WEEKDAY SERVICE TIMES

Sunday-Thursday 8:30 am/7:00 pm  
Friday 8:30 am/4:30 pm

Please note:

The services listed above are on Zoom

## Skate Night Havdallah

SATURDAY, MARCH 12th  
6:45 PM - 8:15 PM



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A fun skating program for children and the whole family.

Register Online

## VIRTUAL TORAH Study

We invite you to join  
Morley Goldberg  
on Friday, February 18th at 1 PM  
on Zoom for a virtual Torah Study  
on Parashat Ki Tissa.  
Please refer to the semi-weekly  
email for the link or contact  
daniel@bethtikvahtoronto.org.

## Sabbath Musings

WITH RABBI LOUIS SACHS



### Ki Tissa: The Boundaries Set Us Free

The rabbis teach that the sin of the golden calf took place before the commandment to build the tabernacle was given. Anyone who has been following along would justifiably be confused. We read about the golden calf this shabbat, and the building of the tabernacle was read two weeks ago in parshat terumah!

But the bigger question isn't how can they suggest this, but why? What are they trying to teach?

The lesson is an important one, when the Israelites faith was left undirected, they worshiped idols. Spirituality without limits, without rules and confines, might have been God's initial plan, but we can learn from our ancestors' mistakes that it didn't work.

Without a structure for worship, they quickly turned to idols. Today, with the pressures of society, it is easy

to elevate false goals and values as if they were divine. But our tradition offers us a solution to avoid the trap of modern-day idolatry. The boundaries of halakha help us to focus our innate desire for spiritual connection in the right direction.

As Rabbi Abraham Joshua Heschel once wrote, "I am not always in a mood to pray. I do not always have the vision and the strength to say a word in the presence of God. But when I am weak, it is the law that gives me strength; when my vision is dim, it is duty that gives me insight."

Sometimes it is the boundaries of ritual, the limits placed on us by mitzvot, that allow our spirits to be free. Prayer, Shabbat, and any other ritual can easily be misdirected. The boundaries don't stifle religious expression, they direct it in the right direction.

-RLS



# PROGRAMMING AT BT

## UPCOMING PROGRAMS

### Baby & Me

Fridays at 10 AM on Zoom  
January 28 - February 18  
LAST SESSION

## LEARNING WITH BRACHA FEDER

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### Finding My True Self in a Biblical Story New Encounters with its Heroes

Exploring Dr. Michael Rosenak's Tree of Life, Tree of Knowledge

WEDNESDAYS @ 1PM:

FEBRUARY 23

The Kohen and his  
Wardrobe



LAST SESSION OF THE SERIES: Register Online

### UnOrthodox:

The Shaping of Conservative Judaism  
with Rabbi Sachs

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Join Rabbi Sachs for a series of classes  
diving into the lives and teachings of  
some of the greatest minds of the  
Conservative movement.

In each session we will learn about  
influential rabbis who shaped  
Conservative Judaism from its creation  
until today. Rabbis like:

- Solomon Shechter
- Abraham Joshua Heschel
- Harold Schulweis
- Saul Lieberman
- Louis Jacobs
- Elliot Dorff  
and more...



Wednesday nights @ 7:45 pm  
Starting in February 2022

Next session:  
Wednesday, February 23rd

## UPCOMING PROGRAMS

### Restorative Yoga and Meditation Therapy

with Orli Ziv



NEXT SESSION:

THURSDAY, FEBRUARY 24th

Try your first session for free: send an e-mail to Gayle:  
gayle@bethtikvahtoronto.org

### Building Connections in a Time of Isolation

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A Support Group for Beth Tikvah Members 60+

SESSIONS STARTS: THURSDAY, FEBRUARY 24th



PJ Library  
Invites you to...

BETH  
TIKVAH  
SYNAGOGUE

### Family Baking Series

THURSDAY, FEBRUARY 24th @ 7:30PM  
Italian Food

Bring the whole family together to cook along, live with Ellie,  
as we taste family favourites that are sure to please every taste bud!

Youth & Young  
Families

Baking  
Series



BROUGHT TO YOU BY  
UJA FEDERATION  
of Greater Toronto



# PROGRAMMING AT BT

## UPCOMING PROGRAMS

### B'NOT/B'NAI MITZVAH PROGRAM 2022

This program is for families who will be celebrating a bat/bar mitzvah in 2022, and anyone who had a bar or bat mitzvah in 2021

**MOTZEI SHABBAT:**  
**FEB 26TH 7:00PM TO 8:00PM on ZOOM**

We are delighted to come together again to usher in a new week with a Havdallah Service. There we will learn as we go to better acquaint everyone with this beautiful service! The entire family (bubbies and zaidies too!) are welcome and encouraged to join!

Following the Havdallah Service, we will be joined by PS I Love You as they lead us through another wonderful Mitzvah Program. We cannot wait for you to learn more.

Learn more on the Beth Tikvah website

### MITZVAH MISSION: Teaching your children about good deeds and empathy

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PJ Library

Sara Schwartz Geller, founder of Toronto Soup Co. will be speaking about how she turned a family mitzvah project into a large-scale passion project, and teach us how to speak to our children about empathy and giving.

The program will end with a hands-on opportunity to start a mitzvah project of your own!

Upon registration, families will receive a PDF "Mitzvah Mission Workbook" with additional information, lessons, and a mitzvah journal to keep track with their families.

**Sunday, February 27**  
**10 am -10:45 am**

For families with children of all ages!

Youth & Young  
Families

### WALK WITH BETH TIKVAH

BETH  
TIKVAH  
SYNAGOGUE

**Monday, February 28th, at 1:30 PM**

Stay tuned for more information about this upcoming walk.

## UPCOMING PROGRAMS

CLASSI LECTURES  
A Division of Beth Tikvah

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Classi Lectures and Beth Tikvah present

In Conversation with Award-Winning,  
Canadian Author:  
**Rosemary Sullivan**

**AND LEAD INVESTIGATOR,  
FORMER FBI AGENT,  
VINCE PANKOKE**



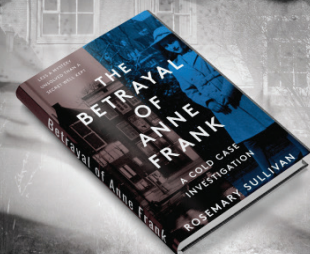
### THE BETRAYAL OF ANNE FRANK A COLD CASE INVESTIGATION

**Monday, February 28, 2022 at 7:30 pm on Zoom**

Fellow Canadian author and  
Beth Tikvah member, Rona  
Arato will discuss the release of  
Rosemary's newest book.

Has it solved the mystery that  
has haunted generations since  
World War II?

Who betrayed  
Anne Frank  
and her family?  
And why?



**Classes in-person  
and recorded!**  
**RSVP on the BT  
website!**

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**This class is restarting March 7th @ 9:45AM**  
Rabbi Grover will be continuing his morning  
classes: Why the Haggadah is the Best Book Ever  
Written. Join in person or online.  
See the Beth Tikvah website for the full schedule.



**MISHLOACH MANOT PACKAGES  
NOW ON SALE**

VISIT THE BETH TIKVAH WEBSITE

**SAVE THE DATE: APRIL 2nd & 3rd**  
**Matti Friedman debuts his new book**  
**about Leonard Cohen: Who By Fire**



# YAHREZEITS

The following members are observing Yahrzeits this week:

## Friday, February 18

Hilda Cohen, Abraham Gelbloom, Lola Green, Thomas Lobel, Lester Posen, Heather Shub

## Saturday, February 19

Gordon Brown, Arlene Chelin, Betty Dale, Louis Greenbaum, Garry Greenbaum, Gayle Kwinter, Milton Levitt, Eleanor Markovitz, John Molot, Honey Saltzman, Ian Snitman, Simone Stern

## Sunday, February 20

Sara Aronson, Joseph Houpt, Ron Kashin, Goldie Kestenberg, Carole Kurtz, Fagel Mitgang, Ian Schlifer, Blossom Snitman

## Monday, February 21

Beverley Appel, Muriel Behar, Stephen Cappe, Arthur Chippin, Gerald Pearson, Fred Rosen, Norman Roth, Sandy Shulman, Dorothy Wagner

## Tuesday, February 22

Rona Armel, Louis Cytrynbaum, Joan Stevens

## Wednesday, February 23

Violette Cohen, Beulah Esakov, Norma Gelad, Guigui Haiat, Brian Kessel, Philip Macarz, Elaine Maze, Clifford Waxman, Jeff Weissberger

## Thursday, February 24

Jerry Green, Ronda Roth, Shelah Saltzman

## Friday, February 25

Michael Garbary, Allan Guttman, Louis Krupat, Marilyn Mandel, Susan Rosenstein, Marvin Swirsky

## Summer Internship Opportunities in Israel for College Students

Rabbi Grover met with the leaders of "Forum Jewish Leadership," an 8-week summer experience in Israel where select college students can intern a variety of sectors of the Israeli economy.

This summer program is highly recommended - you build your CV while engaging with some of the greatest Israeli/Jewish leaders. Please speak to Rabbi Grover or visit the website:

[www.jewish-leadership.com](http://www.jewish-leadership.com) if you're interested.

## COVID Halakhic Update-February 2022

During this unprecedented pandemic, the social and spiritual life of our community has been upended by difficult limitations and restrictions – both because of government mandates and the Jewish mandate to preserve life (pikuah nefesh.)

The situation is always changing and we would like to tell you more about what is required now, halakhically.

Please click here to read our important message.

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Fax- 416-221-1602  
[www.bethtikvahtoronto.org](http://www.bethtikvahtoronto.org)



Senior Rabbi: Jarrod Grover  
Associate Rabbi: Louis J. Sachs  
Hazzan: Tibor Kovari  
Ritual Director: Irv Kirshenblat  
President: Douglas Millstone

### TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

## THIS WEEK AT BETH TIKVAH



Fri.	Feb 18	• Baby & Me (Zoom)	10:00 AM
Fri.	Feb 18	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Mon.	Feb 21	• Synagogue Office Closed for Family Day	
Wed.	Feb 23	• Learn with Bracha Feder (Zoom)	1:00 PM
Wed.	Feb 23	• Unorthodox-The Shaping of Conservative Judaism	7:45 PM
Thurs.	Feb 24	• Restorative Yoga with Orli Ziv (Zoom)	10:00 AM
Thurs.	Feb 24	• Building Connections in a Time of Isolation (Zoom)	4:00 PM
Thurs.	Feb 24	• Family Baking Night: Italian Food (Zoom)	7:30 PM
Fri.	Feb 25	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Sat.	Feb 26	• B'not/B'nai Mitzvah Program (Zoom)	5:30 PM
Sun.	Feb 27	• Mitzvah Mission: Teaching Your Children About Good Deeds & Empathy with Sarah Schwartz Geller	10:00 AM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue.



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"Beth Tikvah Synagogue"