



Ma Nishma

מה נשמע

BETH
TIKVAH
SYNAGOGUE



FEBRUARY 12, 2022 / 11 אדר א', 5782

PARASHAT TETSAVVEH



SHABBAT TORAH READINGS

Torah

Exodus 27:20 - 30:10 שמות
Etz Hayim pg. 503

Haftarah

Ezekiel 43:10 - 27 יחזקאל
Etz Hayim pg. 520

SHABBAT SCHEDULE

Kabbalat Shabbat (Zoom) 4:15 pm
Candlelighting (Feb. 11) 5:24 pm
Shaharit (RSVP Required) 9:00 am
Havdalah 6:25 pm

WEEKDAY SERVICE TIMES

Sunday-Thursday 8:30 am/7:00 pm
Friday 8:30 am/4:15 pm

Please note:

The services listed above are on Zoom

Beth Tikvah Synagogue presents

Townhall #7 MEETING

REGISTER ONLINE: (For members only)
Tuesday, February 15th @ 7:45pm

VIRTUAL
TORAH
Study

We invite you to join
Morley Goldberg
on Friday, February 11th at 1 PM
on Zoom for a virtual Torah Study
on Parashat Tetsavveh.
Please refer to the semi-weekly
email for the link or contact
daniel@bethtikvahtoronto.org.



On Clothing

by Rabbi Jarrod Grover

Parshat Tetsavveh talks about clothing, a theme that is introduced early on in the Torah. Adam and Eve started wearing clothes after they sinned and ate from the Tree of Knowledge. In their shame (Bosh) they covered themselves with clothes (L'Vosh). Clothing was needed to cover that which had now become exposed.

At the same time, clothing bespeaks a person's position, ranking or job in society. A person wearing a white coat in a hospital usually is identified as a doctor. A policemen, judge

or soldier is clearly identified. Similarly the Kohen Gadol, the High priest in the Temple had roles and functions to perform. As such he would wear special clothing that represented his station in society. The level of the position gave rise to his own unique set of clothes.

So too today, Jewish people wear clothing that sets us apart as unique among the nations. When we wear our kippot in public, we make a statement about our values, beliefs and pride in our Jewish identities. Dressing modestly is meant to reflect a modest manner of behaviour. Everyday activities can also be holy; think about that the next time you get dressed!

PROGRAMMING AT BT

UPCOMING PROGRAMS

Baby & Me
Fridays at 10 AM on Zoom
January 28 - February 18
Register Online



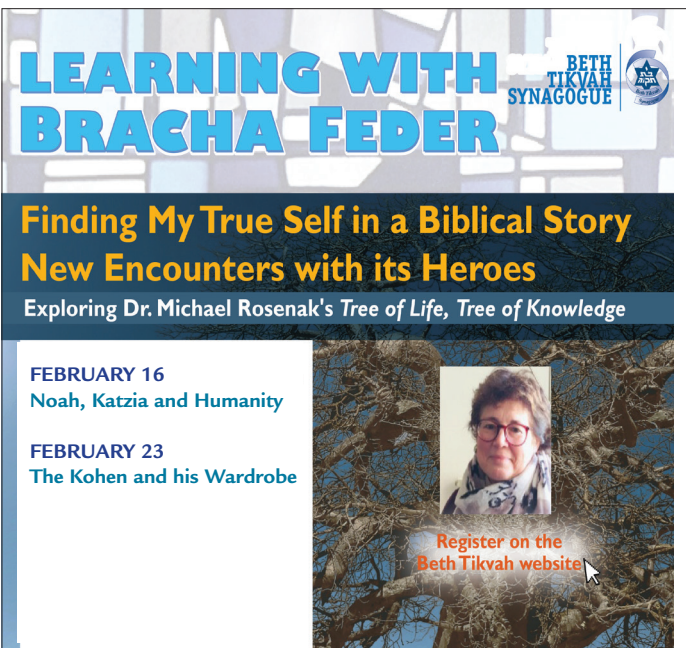
**Night on the Town Presents:
Cocktails & Canvases**
Saturday, February 12
@ 8:30 PM



**BETH TIKVAH
TEEN FELLOWSHIP
PROGRAM**
Next session: Sunday, February 13th @ 4pm
Physical Health & Judaism with Bonnie Schwartz Nolan
Register on the Beth Tikvah website

How do we balance being Jewish and participating in Non-Jewish Activities?

Many Jewish athletes have to choose at some point between attending shul/the competition or practice. The more advanced they get in a sport, the more difficult it becomes to practice the two. Join Rabbi Louis and his special guest Bonnie Schwartz Nolan as we discuss how to balance Jewish life with sports and other extracurricular activities, along with the Jewish obligation to take care of our bodies and be healthy.



**LEARNING WITH
BRACHA FEDER**
Finding My True Self in a Biblical Story
New Encounters with its Heroes
Exploring Dr. Michael Rosenak's Tree of Life, Tree of Knowledge

FEBRUARY 16
Noah, Katzia and Humanity

FEBRUARY 23
The Kohen and his Wardrobe

Register on the
Beth Tikvah website

UPCOMING PROGRAMS

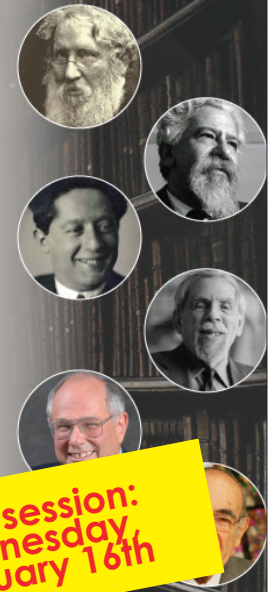
UnOrthodox:
The Shaping of Conservative Judaism
with Rabbi Sachs



Join Rabbi Sachs for a series of classes diving into the lives and teachings of some of the greatest minds of the Conservative movement.

In each session we will learn about influential rabbis who shaped Conservative Judaism from its creation until today. Rabbis like:

- Solomon Shechter
- Abraham Joshua Heschel
- Harold Schulweis
- Saul Lieberman
- Louis Jacobs
- Elliot Dorff
- and more...



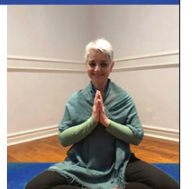
**Next session:
Wednesday
February 16th**

**Wednesday nights @ 7:45 pm
Starting in February 2022**

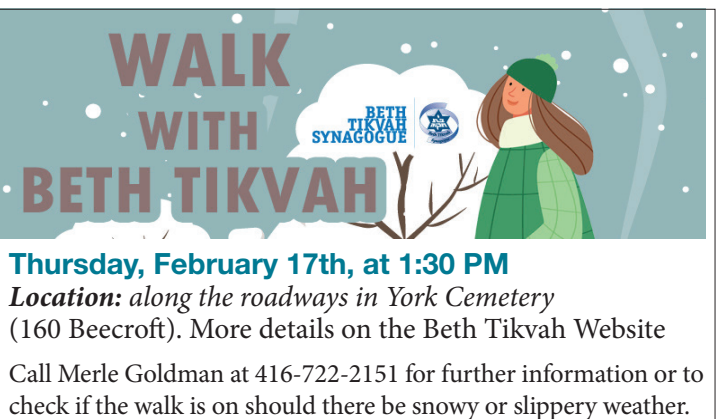
Register on the Beth Tikvah website

Restorative Yoga and Meditation Therapy

with Orli Ziv



NEW SET OF 6 SESSIONS:
STARTING THURSDAY, FEBRUARY 17th
Try the first session for free: send an e-mail to Gayle:
gayle@bethtikvahtoronto.org



**WALK
WITH
BETH TIKVAH**
Thursday, February 17th, at 1:30 PM
Location: along the roadways in York Cemetery (160 Beecroft). More details on the Beth Tikvah Website
Call Merle Goldman at 416-722-2151 for further information or to check if the walk is on should there be snowy or slippery weather.

PROGRAMMING AT BT

UPCOMING PROGRAMS

Building Connections in a Time of Isolation

A Support Group for Beth Tikvah Members 60+

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PARTICIPANTS WILL GAIN THE FOLLOWING:

- support in re-connecting with family & friends after many months of quarantine
- ways to cope with loneliness & isolation
- opportunities to connect with others
- discuss meaningful activities
- tools for managing stress
- mindfulness techniques



NEW: Support Group for Beth Tikvah Members

6 SESSIONS:

THURSDAY, FEBRUARY 17
& meeting every other week.
4:00 PM - 5:00 PM
on Zoom

First Two Sessions are Free
Remaining 4 sessions: \$72

OUR FACILITATORS:

Zoe Levitt and Maddi Levinson are Masters-level social workers specializing in eldercare. Together they have over 40 years' experience supporting adults in community settings. They have extensive experience working in geriatric psychiatry and appreciate the significant impact that COVID-19 has had on mental health.



Register with Gayle:
gayle@bethtikvahtoronto.org

UPCOMING PROGRAMS

MITZVAH MISSION: Teaching your children about good deeds and empathy

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PJ Library

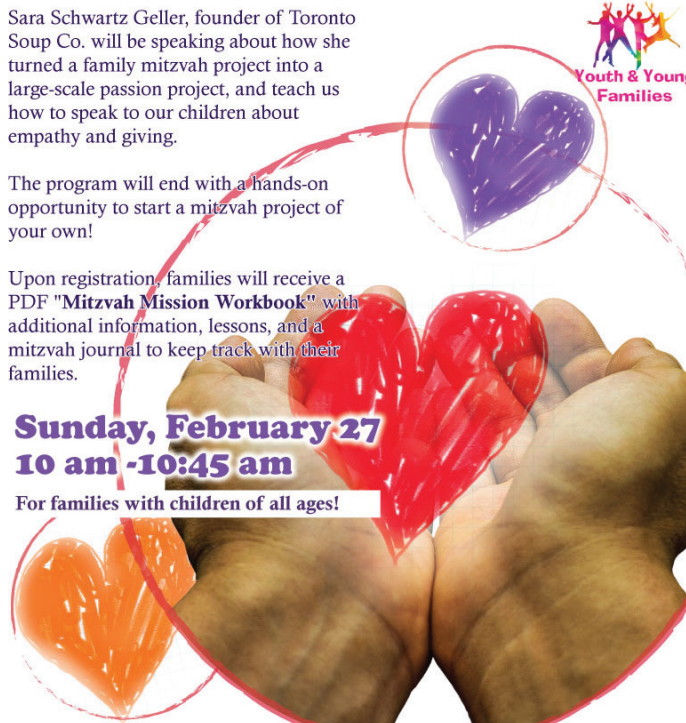
Sara Schwartz Geller, founder of Toronto Soup Co. will be speaking about how she turned a family mitzvah project into a large-scale passion project, and teach us how to speak to our children about empathy and giving.

The program will end with a hands-on opportunity to start a mitzvah project of your own!

Upon registration, families will receive a PDF "Mitzvah Mission Workbook" with additional information, lessons, and a mitzvah journal to keep track with their families.

Sunday, February 27
10 am - 10:45 am

For families with children of all ages!



Classi Lectures and Beth Tikvah present

In Conversation with Award-Winning Canadian Author:
Rosemary Sullivan

THE BETRAYAL OF ANNE FRANK
A COLD CASE INVESTIGATION

Monday, February 28, 2022 @ 7:30 pm on Zoom



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MISHLOACH MANOT PACKAGES
NOW ON SALE

VISIT THE BETH TIKVAH WEBSITE
for details



ARI SATOK
LOVE TOO CAN SPREAD
POETRY FROM THE MIDST OF A PANDEMIC

BETH
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SYNAGOGUE

Back by popular Demand:
SUNDAY MARCH, 20 on Zoom

PJ Library
Invites you to...

Family Baking Series

THURSDAY, FEBRUARY 24th @ 7:30PM
Italian Food

Bring the whole family together to cook along, live with Ellie, as we taste family favourites that are sure to please every taste bud!

YOUTH & YOUNG FAMILIES
Baking Series

YAHREZEITS

The following members are observing Yahrzeits this week:

Friday, February 11

Harvey Dale, Leah Fruitman, Angela Houpt, Albert Lewkowicz, Harold Lewkowicz, Helene Obar, David Ogus, Harriet Rice

Saturday, February 12

Susan Baruch, Frances Caine, Marvin Ellison, Michael Ostfield, Clara Rose, Alan Vinegar, Suzanne Wiseman

Sunday, February 13

Stephanie Abrams, Bertha Gold, Shirley Greenbaum, David Herlick, Martin Hoffman, Jerry Lev, Elliott Ocopnick, Sheila Ocopnick, Sherry Ocopnick, Melissa Potashner

Monday, February 14

Heather Ellison, Zelda Fram, Albert Franklin, Joanne Greenspoon, Ettie Hailman, Norman Kelman, Lynn Morris, Honey Saltzman, Rhoda Waxman

Tuesday, February 15

Gary Crangle, Ronald Miller, Douglas Millstone, Sheila Ocopnick, Sorena Swartz

Wednesday, February 16

Rhoda Caplan, Bernice Chaplin, Kathy Epstein, Ronda Kerekes, Shawn Klerer, Susan Roadburg

Thursday, February 17

Gordon Brown, Ety Danzig, Gerda Frieberg, Laura Kerekes, Carole Kurtz, Helen Stollar

Friday, February 18

Hilda Cohen, Abraham Gelbloom, Lola Green, Thomas Lobel, Lester Posen, Heather Shub

Summer Internship Opportunities in Israel for College Students

Rabbi Grover met with the leaders of "Forum Jewish Leadership," an 8-week summer experience in Israel where select college students can intern a variety of sectors of the Israeli economy.

This summer program is highly recommended - you build your CV while engaging with some of the greatest Israeli/Jewish leaders. Please speak to Rabbi Grover or visit the website:

www.jewish-leadership.com if you're interested.

Share a Lifecycle Event for the upcoming Hakol

If you have recently celebrated a special occasion, birthday, anniversary, graduation or professional achievement, please let us know.

Are you recently engaged, married, a new parent or grandparent? We would love to share the good news in our upcoming edition of Hakol.

Please e-mail Gayle Kertzman for more information: gayle@bethtikvahtoronto.org

Beth Tikvah Synagogue
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Senior Rabbi: Jarrod Grover
Associate Rabbi: Louis J. Sachs
Hazzan: Tibor Kovari
Ritual Director: Irv Kirshenblat
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

THIS WEEK AT BETH TIKVAH

Fri.	Feb 11	• Baby & Me (Zoom)	10:00 AM
Fri.	Feb 11	• Torah Study with Morley Goldberg (Zoom)	1:00 PM
Sat.	Feb 12	• Night on the Town: Cocktails & Canvases (Zoom)	8:30 PM
Sun.	Feb 13	• Teen Fellowship: Physical Health & Judaism (Zoom)	4:00 PM
Tues.	Feb 15	• Town Hall #7 (Members Only - Zoom)	7:45 PM
Wed.	Feb 16	• Learn with Bracha Feder (Zoom)	1:00 PM
Wed.	Feb 16	• Unorthodox-The Shaping of Conservative Judaism	7:45 PM
Thurs.	Feb 17	• Restorative Yoga with Orli Ziv (Zoom)	10:00 AM
Thurs.	Feb 17	• Walk with Beth Tikvah	1:30 PM
Thurs.	Feb 17	• Building Connections in a Time of Isolation	4:00 PM
Fri.	Feb 18	• Baby & Me (Zoom)	10:00 AM
Fri.	Feb 18	• Torah Study with Morley Goldberg (Zoom)	1:00 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue.



@TikvahBeth



@bethtikvah_toronto



@btonbayview



"Beth Tikvah Synagogue"