





# Ma Nishma SYNAGO



מה נשמע

OCTOBER 29, 2022 / 5783 , א חשון, 4 PARASHAT NOAH



# SHABBAT TORAH READINGS

# Torah

Genesis 6:9 - 11:32 בראשׁית Etz <u>H</u>ayim pg. 41

### Haftarah

Isaiah 54:1 - 55:5 ישעיהו Etz <u>H</u>ayim pg. 65

# SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv6:00 pmCandlelighting (October 28)5:56 pmShaharit9:00 amMinha/Ma'ariv5:45 pmHavdalah6:55 pm

All services are In Person and LiveStreamed

# **WEEKDAY SERVICE TIMES**

# Morning Services @ Adath Israel:

Sunday 8:30 am Monday to Friday 7:30 am

# **Evening Services @ Beth Tikvah:**

Sunday 6:05 pm Monday to Thursday 7:00 pm

# Mazel Tov to

Natalie Pancer & Mitch Rose on the Bar Mitzvah of their son Jack Rose. Grandparents are Clara Rose, Lynnda & Jeffrey Pancer.

Please note: Evening Services start at 7PM (Monday to Thursday)

NEW: Clickable links when viewing Ma Nishma digitally!

# Kiddush is co-sponsored by:

Natalie Pancer & Mitchell Rose in Honour of Jack's Bar Mitzvah.

The Bernofsky Family in honour of Sandra's Birthday.

# **Upcoming Special Shabbat Events**

# Friday, November 18th:

Shabbat Dinner: Welcome New Members

### Shabbat, November 19th:

Morning Services & Quick Pick Shabbat

# Seudah is co-sponsored by:

**Linda & Cecil Schwartz** and **Leon Schwartz** in Memory of **Macey Schwartz** z''l.



# Torah on Tour

# **The Power of Habit** by Rabbi Jarrod Grover

If you think about it, the flood in Parashat Noah was not the most efficient way to destroy the world. Noah and his family spent 120 years building the ark in which they and the animals would survive. Even once the flood started, there were days of significant, but not necessarily destructive rain. The purpose of this drawn-out process was to spur people to repair their morally degenerate ways that had necessitated the destruction of the world.

For 120 years an otherwise very sane man has been publicly warning of impending disaster. Then, exactly in line with his prediction, the torrential downpour starts and continues unabated for 40 days. Amazingly not a single person got the message and resolved to change. Such is the destructive power of habit.

We tend to become so entrenched in our habits that we become totally desensitized to how those habits may be harming us or undermining our greater goals in life. This is true both physically and spiritually. Most teen smokers, for instance, never dream

they'll one day find themselves slaves to their habit. Yet the slow, incremental increase soon becomes an entrenched part of a person's life until it seems totally normal for them to be in such a situation.

Being bound by our behavioral habits may all sound negative and inhibiting, but if utilized correctly, can be a tremendous source of positive growth. In the very same way that we can become accustomed to negative outlooks and actions, we can also become accustomed to positive outlooks and actions. Today's uphill battle can easily become tomorrow's norm.

The failure of the generation of the flood provides a crucial lesson for own growth and development. The fact that something has always been is no reason to assume it should continue to be. In the same way that successful businesses are open to change when necessary and take the appropriate measures to make that change, so too must we, on an individual level, be receptive to change as a means to growing into the most effective people we can be.

# **UPCOMING PROGRAMS**

# **HOLY PLACE:**





WHAT DOES JEWISH LAW
HAVE TO SAY
ABOUT THE HOLINESS
OF THE LAND OF ISRAEL?

with Rabbi Jarrod Grover



# MONDAY MORNINGS FROM 9:45AM - 11:00AM BEGINNING OCTOBER 31, 2022

The idea that the land of Israel retains a privileged status irrespective of the contemporary Jewish presence on it is one that has coursed through Jewish thought throughout the ages and was a powerful motivator for many modern Jews to return to their ancient homeland even if they had never laid eyes on any part of the Middle East prior to arrival.

In this class, we will explore the roots of the promise of landed Jewish sovereignty. Is the notion of the enduring sanctity of the land of Israel permanent, or subject to expiration? Is the land of Israel an important historical site? Or is it an enduring sacred space that constantly beckons the Jewish people to return to it even when they have left it for a long time?

# **Clothing for Ukraine**

WEDNESDAY, NOVEMBER 2 1:00 - 4:00PM

SUNDAY, NOVEMBER 6 12:00 - 2:00PM



BRING YOUR MUSCLES!
(Could be physically demanding)
We will be sorting clothing,
packing them in boxes,
lifting and moving boxes
in preparation for shipping to
Ukraine.



QUESTIONS? CONTACT RABBI ALISA ZILBERSHTEIN rabbizilbershtein@bethtikvahtoronto.org



Nov 1: DORIS BERGEN

A Priest in a Nazi Collar': German Military Chaplains and the Holocaust

Nov 8: WILLIAM GROSS

Mysterious Images: Visual Kabbalah

Nov 15: JASON GUBERMAN-PFEFFER

Passport to Jewish History: An Interactive

Tour of the Diarna Geo Museum

Nov 22: MONICA BOHM-DUCHEN

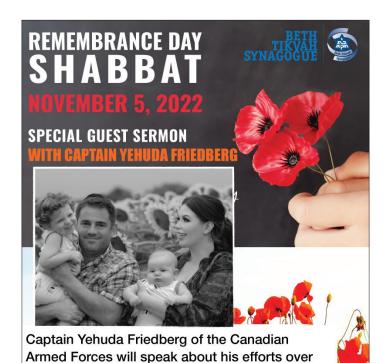
Insiders/Outsiders: Jewish Artists inBritain from the 19th Century to the Present Day

Nov 29: JOHN M. TAYLOR

Mystery and Myth of the Los Lunas

**Decalogue Stone** 

Registration is still open!



the past year assisting in the evacuation of 1,500

Afghans, including the last Jewish family and his

role in setting up Mriya Aid and the MriyaReport,

not-for-profit groups helping efforts with the war

in Ukraine.

# **UPCOMING PROGRAMS**



# THURSDAY, NOVEMBER 10TH @ 7:30PM ON ZOOM



"Remember the days of old, consider the years of many generations". (Deuteronomy 32:7).

Learn the basics of Jewish genealogical research, how to discover your ancestors and connect with new relatives. Learn how DNA testing can generate interesting facts about your ancestors and the ethnicity of Jewish people. This talk, presented by Hersz (Jerry) Scherer of the Jewish Genealogical Society of Toronto will inspire you to trace your roots and leave a legacy for future generations.

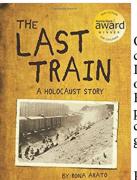
The Adult Education Committee Presents, **Award-Winning Author Rona Arato** 







# THE MIRACLE AT FARLESLEBEN



Wednesday, November 16 at 7:30 pm on Zoom

On April 13, 1945, two tank commanders from the U.S. 30th Infantry came upon a stalled train outside the German village of Farlesleben. It was filled with 2,500 prisoners from the Bergen Belsen concentration camp. Their German guards had run off.

Rona Arato is a long-standing member of Beth Tikvah and an author of over 20 children's books. Her book The Last Train, a Holocaust Story is based on her husband's testimony of his liberation from the Farlesleben train.





We would like to acknowledge the financial assistance of the Canada Council through The Writers' Union of Canada



SUNDAY, **NOVEMBER 27th** at 7:30 PM LIVE @ BETH TIKVAH & ONLINE







# YAHRZEITS

The following members are observing Yahrzeits this week:

# Friday, October 28

Beulah Esakov, Lena Greenwald, Harvey Orfus, Arlene Silver, Boris Tsinman

# Saturday, October 29

Nathan Goldberg, Pauline Goldberg, Amy Goldsweig, Aaron Mendelson, Michael Ostfield, Abraham Rootenberg, Kellie Saltzman

### Sunday, October 30

Helen Guttman, Cecil Schwartz, Leon Schwartz, Harold Shapiro, Salomon Srour

### Monday, October 31

Ralph Cohen, Frances Dankevy, Susan Robinson, Lionel Sharpe, Nina Srour, Simone Stern, Simon Talsky

# Tuesday, November 1

Susan Argintaru, Patti Colomby, Tibor Feldheim, Sharona Liberman, Jeff Mandlsohn, Vivienne Rootenberg, Denise Shenker

# Wednesday, November 2

Liesa Collier, Robert Feldgaier, Gabe Gewurtz, Shalom Gewurtz, Jerry Green, Janis Kuretzky, Ronald Morris, Harold Shapiro, Darcie Sherman, Janet Sherman, Norman Stern, Eddie Weisz

# Thursday, November 3

Naomi Fruitman, Jack Frymer, Randy Gordon

### Friday, November 4

Georgia Dennis, Sharon Fryer, Marsha Goldstein, Gladys Isenberg, Madeline Piller, Editt Richman, Jack Richman

# **COLLECTING WINTER CLOTHES** FOR UKRAINIANS ABROAD **DEADLINE: OCT 31**





**Aging Dynamically** Lessons from Israel's **Herzog Hospital** 

A Community Forum to engage with internationally renowned experts in the field of Geriatrics

Monday, November 7 @ 7:30pm on Zoom

Register on the Beth Tikvah website: Community Pages



# **VACCINE CLINIC:**

November 23rd & 30th 9:30AM - 3:30PM at Beth Tikvah Synagogue COVID vaccines & Flu shots will be available.

Beth Tikvah Synagogue Toronto, ON M2N 5L3
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Senior Rabbi: Jarrod Grover Assistant Rabbi: Alisa Zilbershtein

Hazzan: Tibor Kovari

Ritual Director: Irv Kirshenblat Executive Director: Rivka Campbell President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

# COMING UP AT BETH TIKVAH

Thurs. Nov. 3 • Men's Floor Hockey



Mon. Oct. 31 • Monday Morning Learning with Rabbi Jarrod Grover: Holy Place: Jewish Law & the Holiness of the Land of Israel

Tues. Nov. 1 • Lunch & Learn Session 2 with Doris Bergen 12:00 PM

Thurs. Nov. 3 • Restorative Yoga & Meditation with Orli Ziv (Zoom) 10:00 AM

Nov. 5 • Remembrance Day Shabbat with Captain Yehuda Friedberg Sat.

Sun. Nov 6. • Mitzvah Day: B'not/B'nai Mitzvah Program 1:00 PM at Beth David Synagogue

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue

Wed. Nov. 2 • Learning with Bracha Feder (Zoom)



1:00 PM

8:30 PM





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