



Ma Nishma

מה נשמע

OCTOBER 1, 2022 / 6 תשרי, 5783

PARASHAT VAYEILEKH
SHABBAT SHUVAH

BETH
TIKVAH
SYNAGOGUE



SHABBAT TORAH READINGS

Torah

Deuteronomy 31:1- 31:30 דברים
Etz Hayim pg. 1173

Haftarah

Hosea 14:2-14:10 הושע
Micah 7:18 - 7:20 מיכה
Etz Hayim pg. 1235

SHABBAT SCHEDULE

Kabbalat Shabbat Service 6:00 pm
Candlelighting (September 30) 6:43 pm
Shaharit 9:00 am
Minḥa/Ma'ariv 6:30 pm
Havdalah 7:41 pm

All services are In Person and LiveStreamed

WEEKDAY SERVICE TIMES

Morning Services @ Adath Israel:

Sunday 8:30 am
*Monday, Thursday, Friday 7:30 am

Evening Services @ Beth Tikvah:

*Sunday, Monday, Thursday 7:30 pm
*See next page for Yom Kippur schedule

KEVER AVOT

Beth Tikvah

MEMORIAL CEMETERY SERVICES

SUNDAY, OCTOBER 2, 2022

(more details on page 3)

10:30 AM: Pardes Shalom
At the Beth Tikvah New Section
(near the eastern end of the cemetery)

2:30 PM: Bathurst Lawn
At the Adath Sholom
(Minsker Farband) Section

Kiddush is co-sponsored by:

Mindle Levitt and Barbara Levitt
in memory of William Levitt z"l.



Torah on Tour



Yom Kippur as the Festival of Freedom

by Rabbi Jarrod Grover

If someone was to wish you a happy holiday of freedom, *zman heruteinu*, on Yom Kippur, you would probably think that they've got the calendar a bit confused. We generally associate freedom with Pesah, and that's true, but it's only partly true. Pesah was indeed the time of liberation for the Jewish people, but there is much to be said for Yom Kippur representing freedom for the individual.

We can see this clearly if we examine the special Yom Kippur which took place once every fifty years - the Yom Kippur of the Yovel (jubilee year). On this day, slaves would be freed to go home and fields would revert to their original owners. It would happen just as soon as the shofar was sounded at the conclusion of the holiday.

Today's Yom Kippur starts with a proclamation of freedom: Kol Nidre. Kol Nidre is a legal formula for the annulment of vows. In the Torah there is no bondage stronger than a vow. And so before this holiday begins, we declare in a chorus that all of our vows are null and void. So that we can stand before God unshackled, totally free. Even fasting, controlling our appetites, teaches us that we don't have to be slaves to our own desires.

Freedom is really the essence of *teshuva*. If we haven't repented of our sins, we remain chained to them. Said the holy Rav Kook: "Repentance strives for an original and true freedom, which is a divine freedom devoid of any vestige of servitude whatsoever" (Orot Ha-teshuva 5:5).

BETH TIKVAH SYNAGOGUE



HIGH HOLIDAY SCHEDULE



SUNDAY, OCTOBER 2, 2022

Kever Avot – Pardes Shalom Cemetery 10:30am
Kever Avot - Bathurst Lawn Cemetery 2:30pm

TUESDAY, OCTOBER 4, 2022

Minḥa for Erev Yom Kippur 6:00pm
Kol Nidre 6:30pm
Candle Lighting: 6:36pm

WEDNESDAY, OCTOBER 5, 2022

Yom Kippur Morning Services 9:00am
Mindfulness with Jason Weir (Kulanu Room)..... 9:30am
Yom Kippur Study Session (Sanctuary) 3:30pm
Yom Kippur Minḥa Services..... 4:45pm
Yom Kippur Neilah Service 6:00pm
Shofar and Havdalah..... 7:34pm



BETH
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SYNAGOGUE



Youth & Young Families

YOUTH & YOUNG FAMILIES HIGH HOLIDAY SERVICES

Join us for Yom Kippur Family Services, downstairs in the Assembly Hall. We will be offering two interactive and engaging services each day. Both services are identical and allow you to attend the one that best suits your schedule. Open to families with children under bat/ bar mitzvah age.

WEDNESDAY, OCTOBER 5, 2022

Young Family Service Seating 1 9:30am - 11:00am
Young Family Service Seating 2 11:30am - 1:00pm

High Holiday Appeal 5783

Our High Holiday Appeal is at \$300,000 and counting!
As Yom Kippur approaches, please fulfill the act of *tzedakah* at
raisedays.com/bethtikvah
or by calling the Synagogue Office at 416-221-3433.
And remember: every \$1 contributed will be matched!



BETH TIKVAH SYNAGOGUE



KEVER AVOT

Beth Tikvah Memorial Cemetery Services

Kever Avot, the tradition of visiting the graves of our parents and loved ones between Rosh Hashanah and Yom Kippur, can evoke a wealth of emotions and memories. In these moments, many of us yearn to feel connected to a community. We invite you to join with us as we pray together, support one another and honor the memory of those who have passed at our annual Kever Avot Memorial Services.

All are welcome, whether your loved ones are buried in our sections or far away.

Beth Tikvah clergy will be on hand to recite private memorial prayers at the gravesides of loved ones in all cemetery sections following the community service.

YOM KIPPUR STUDY SESSION

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He Will Take Us Back Out of Love: Hassidic Masters on Yom Kippur



WITH
**RABBI ALISA
ZILBERSHTEIN**

Join us in the sanctuary for a special Yom Kippur Study Session. Rabbi Zilbershtein will be using Hassidic texts to explore the meaning of Yom Kippur.

YOM KIPPUR
Wed. October 5th
at 3:30 PM
In Person
& LiveStreamed



NORTH YORK HARVEST FOOD BANK

We are still accepting any non-perishable goods for the North York Harvest Food Bank at Beth Tikvah.

The truck from the North York Harvest Food Bank will be in our driveway on Kol Nidre Eve from 5:00 to 6:30 PM.

A cheque payable to North York Harvest Food Bank is always welcome by our Shul office or the driver on Kol Nidre will be happy to deliver. Last year, in spite of Covid, we donated close to 2,000 pounds of goods. Let's see if we can do better this year!



Monday, October 3, 2022 @ 1PM
Downstairs in the Assembly Hall at BT

Restorative Yoga & Meditation Therapy with Orli Ziv:

New sessions starting Oct 13.

REGISTER ON THE BETH TIKVAH WEBSITE



Fall
Session

Lunch & Learn registration is now open for another amazing series of six Zoom lectures with speakers from all around the world. Visit the Beth Tikvah website for full details and schedule. Starting October 25th. **REGISTER ONLINE**

YAHREZEITS

The following members are observing Yahrzeits this week:

Friday, September 30

Joel Clamen, Ralph Cohen, Beulah Esakov, Carl Goldenberg, Barbara Levitt, Mindle Levitt, Howard Michaels, Leslie Schneeweiss, Arlene Silver, Atida Soifer, Marsha Urowitz, Veronica Zarek

Saturday, October 1

Karen Cohen, Norma Gelade, Selwyn Kahn, Morris Krandel

Sunday, October 2

Philip Goodfield, Ina Lofsky, Nathan Tepper, Judith Wineberg

Monday, October 3

Eva Biderman, Murray Grossman, Ina Lofsky, Honey Miller, Aaron Wolkoff

Tuesday, October 4

Yosi Behar, Toby Brotman, Edward Fisch, Carl Goldenberg, Eileen Landau

Wednesday, October 5

Donna Black, Ilse Braude, Liesa Collier, Halina Levitt, Davida Lipkus, Joan Litovitz, Jack Maltz, John Molot, Jack Prince, Rita Ralston, Juliette Rochweg, Alice Roth, Marilyn Starkman

Thursday, October 6

Shelly (Michelle) Altman, Jeffrey Armel, Rona Armel, Sol Armel, Margo Gewurtz, Diane Sobel, Karny Vorona

Friday, October 7

Brian De Bloeme, Larry Koven, Shirley Potashner, Sheldon Rose, Sylvia Stokes, Sheila Wolf, Sharon Wrock, Victor Zuck



**ORDER
YOUR
LULAV
& ETROG**

Deadline to order is October 3 at Noon.
Pickup: Thursday, October 6th afternoon/evening and Friday, October 7th in the morning. Price: \$70 for the set.

Beth Tikvah Synagogue
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Senior Rabbi: Jarrod Grover
Assistant Rabbi: Alisa Zilbershtein
Hazzan: Tibor Kovari
Ritual Director: Irv Kirshenblat
Executive Director: Rivka Campbell
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.



**Beth Tikvah
First Night of
Sukkot Dinner**

Mediterranean-themed menu by Levy's Catering
Sunday, October 9th @ 6:45 PM

Members \$36 / Non-Members \$45
Children 13 years and younger \$25

**Please Register
Online by:
Monday, October 3rd**




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"Beth Tikvah Synagogue"