

# Ma Nishma

מה נשמע

BETH  
TIKVAH  
SYNAGOGUE



NOVEMBER 5, 2022 / חשוון, 5783  
PARASHAT LEKH LEKHA

**REMINDER: Set your clock back one hour on Sunday**

## SHABBAT TORAH READINGS

### Torah

Genesis 12:1 - 17:27 בראשית  
Etz Hayim pg. 69

### Haftarah

Isaiah 40:27 - 41:16 ישעיהו  
Etz Hayim pg. 95

## SHABBAT SCHEDULE

Kabbalat Shabbat/Ma'ariv	6:00 pm
Candlelighting (November 4)	5:46 pm
Shaharit	9:00 am
Shabbat Kids Club	10:00 am
Minha/Ma'ariv	5:35 pm
Havdalah	6:45 pm

*All services are In Person and LiveStreamed*

## WEEKDAY SERVICE TIMES

### Morning Services @ Adath Israel:

Sunday	8:30 am
Monday to Friday	7:30 am

### Evening Services @ Beth Tikvah:

Sunday	4:55 pm
Monday to Thursday	7:00 pm

### Mazel Tov to

**Rochelle Thalmann & Sheldon Bernofsky** on their wedding (*Sunday*)

**Ur Metser & Israel Friedman** on the Bar Mitzvah of their son **Etye Metser-Friedman**. Grandmother is **Ruth Metser**. (*Thursday*)

**Karen & Cory Freed** on the Bar Mitzvah of their son **Joshua Freed**. Grandparents are **Eva & Earl Biderman**. (*Shabbat*)

## REMEMBRANCE DAY SHABBAT NOVEMBER 5, 2022

**SPECIAL GUEST SERMON  
WITH CAPTAIN YEHUDA FRIEDBERG**

See page 2 for more information

### Kiddush is co-sponsored by:

**Karen & Cory Freed** in Honour of Joshua's Bar Mitzvah.

## Torah Study



Please join Morley Goldberg this Shabbat for Torah Study in the Kulanu Room

## Torah on Tour



LEST WE FORGET

### A Litany for Remembrance Day adapted by Rabbi Jarrod Grover

For all who have served the cause of peace in our armed forces, we pray...

For all who have lost loved ones due to war, we pray...

For all who continue to suffer due to war, we pray...

For all who long for peace, we pray...

For all who dedicate their lives to peace, we pray...

For all who bring comfort to veterans and their families, we pray...

For all who live in despair, we pray...

For all who seek healing of body, spirit and soul, we pray...

For all who live with great losses due to war, we pray...

For all who minister to veterans and survivors, we pray...

For all who have been wounded by war and violence, we pray...

For all whose sense of purpose has suffered due to war and violence, we pray...

For all whose sense of self has been broken by war and violence, we pray...

For all whose bodies bear the marks of war, we pray...

For all whose spirits bear the scars of war, we pray...

For all whose wounds are bound up in the prison of addictions, we pray...

For all who have not yet experienced Your healing love, we pray...

For all who rely on Your healing presence in their lives, we pray...

For all of us – called to be messengers of justice and peace, we pray...

## UPCOMING PROGRAMS

### SHABBAT KIDS CLUB

Every Shabbat starting at 10AM

### REMEMBRANCE DAY SHABBAT

NOVEMBER 5, 2022

#### SPECIAL GUEST SERMON

WITH CAPTAIN YEHUDA FRIEDBERG

Raised in Italy and Canada, Captain Yehuda Friedberg has been a member of the Canadian Armed Forces since 2007. He has served with the 48th Highlanders of Canada, 2 Intelligence Coy, 32 Bde Battleschool, and the 32 Signal Regiment. His roles have included, company 2IC, infantry officer, training officer, intelligence support team commander, and cyber troop commander. He recently served as the 4th Canadian Division J/G5 Operations officer.

Captain Friedberg will speak about his efforts over the past year assisting in the evacuation of 1,500 Afghans, including the last Jewish family, and his role in setting up Mriya Aid and the Mriya Report, not-for-profit groups helping efforts with the war in Ukraine.

Thank you to everyone who has donated and helped sort clothing. We have one more day to pack and sort!



### VOLUNTEERS WANTED Clothing for Ukraine

SUNDAY,  
NOVEMBER 6  
12:00 - 2:00PM

BRING YOUR MUSCLES!  
(Could be physically demanding)  
We will be sorting clothing,  
packing them in boxes,  
lifting and moving boxes  
in preparation for shipping to  
Ukraine.

Questions? Contact Rabbi Zilbershtein:  
[rabbizilbershtein@bethtikvahtoronto.org](mailto:rabbizilbershtein@bethtikvahtoronto.org)

### HOLY PLACE:

WHAT DOES JEWISH LAW  
HAVE TO SAY  
ABOUT THE HOLINESS  
OF THE LAND OF ISRAEL?

with Rabbi Jarrod Grover



IN-PERSON & ON ZOOM



MONDAY MORNINGS FROM 9:45AM - 11:00AM



BETH  
TIKVAH  
SYNAGOGUE  
LUNCH  
and  
LEARN

Fall  
Session

Tuesday Nov 8th at 12PM on Zoom

WILLIAM GROSS

Mysterious Images: Visual Kabbalah



### Mitzvah Day is BACK!

NOV. 6TH 2022

1:00-4:00

BETH DAVID SYNAGOGUE

55 YEOMANS RD.

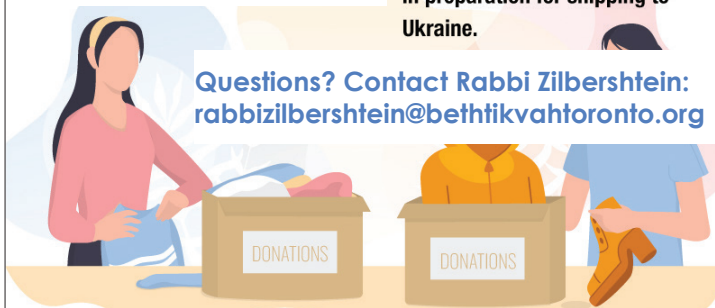
WE NEED YOU!!



JOIN US AND BE PART OF A DAY  
FILLED WITH GIVING AND HELPING OUR COMMUNITY

Here are just a few of the things we will be working on:

- filling purses for women in shelters & crisis centres
- preparing sandwiches to be distributed by Ve'Ahavta
- collecting, sorting and distributing warm clothing
- decorating and filling snack bags to be given to the families at the Ronald McDonald House at SickKids





## UPCOMING PROGRAMS

### Mitzvah Knitters

AT BETH TIKVAH SYNAGOGUE

Monday, November 7th at 1:30PM  
Downstairs in the Assembly Hall

BETH  
TIKVAH  
SYNAGOGUE



### A SPECIAL SHABBAT TO WELCOME NEW MEMBERS!

The weekend is open to the entire congregation!

Friday, November 18

6:00 pm Kabbalat Shabbat Service

7:00 pm Friday Night Dinner (casual dress)

Saturday, November 19

9:00 AM Shabbat Morning Services

10:00 AM Youth & Young Families Programming

11:00 AM Quick Pick Shabbat (Choose Your Own Learning Path)

Noon - Kiddush (sponsorships are available)

#### Dinner Pricing:

\$36/adult

\$25/Youth 17 and under  
Children 3 and under are free

#### Special Family Rate:

\$100

for 2 adults  
and 2 children (3-17)

Please note that there will be assigned seating for Shabbat Dinner and members will be seated with new members!

### LEARNING WITH BRACHA FEDER

BETH  
TIKVAH  
SYNAGOGUE



### CONVERSATIONS IN JEWISH HISTORY

WEDNESDAYS @ 1PM:

NOVEMBER 9

Israel-Diaspora Relationship

NOVEMBER 16

Sefaria on Sarah Schenirer  
and the Belzer Rebbe

NOVEMBER 30

Sefaria on David Ben Gurion  
and the Chazon Ish



JOIN US  
ON ZOOM

### GENEALOGY IN THE DIGITAL AGE

WITH JERRY SCHERER

Thursday, November 10 at 7:30PM on Zoom

### THE MIRACLE AT FARLESLEBEN

with author Rona Arato



Wednesday, November 16 at 7:30PM on Zoom

### QUICK PICK SHABBAT

NOVEMBER 19, 2022

BETH  
TIKVAH  
SYNAGOGUE



Services will end at 11AM  
and the clergy will each be  
giving a class for 45  
minutes.

Select the class that  
you are most  
interested in.

The topics are very  
interesting, it's going  
to be a tough pick!



**Rabbi Jarrod Grover:**  
Concubines, Non-marital Sex,  
and Why Some Rabbis  
are Talking About Them

Kiddush  
following  
classes.



**Rabbi Alisa Zilbershtein:**  
Do Jews believe in Satan?  
Exploring the Adversary  
through Torah & Talmud



**Hazzan Tibor Kovari:**  
Israel at 75 Sing-A-Long  
and More!



# Yahrzeits

The following members are observing Yahrzeits this week:

## Friday, November 4

Georgia Dennis, Sharon Fryer, Marsha Goldstein, Gladys Isenberg, Madeline Piller, Editt Richman, Jack Richman

## Saturday, November 5

Jack Bick, Tsipora Krupat, Faye Minuk, Fred Rosen, Annabel Turner

## Sunday, November 6

Sylvia Cooper, Sharona Liberman, Ross Litman, Salomon Srour,

## Monday, November 7

Roy Birnboim, Susan Flam, Carol Nesker, Abraham Rootenberg, Leonard Sadinsky

## Tuesday, November 8

Beth Kader, Harvey Kestenber, Sydney Menashy, Louis VanDelman

## Wednesday, November 9

Zelda Fram, Ely Gabay, Robert Gabay, Peter Kunz, Denise Shenker, Louis Strauss

## Thursday, November 10

Shirley Bar-el, David Freedman

## Friday, November 11

Miriam Beckerman, Georgia Dennis, Lisa Diner, Morley Goldberg, Gerald Machtinger, Marilyn Tkatch



CANADIAN FRIENDS OF  
**HERZOG**  
HOSPITAL

**Aging Dynamically  
Lessons from Israel's  
Herzog Hospital**

A Community Forum to engage with internationally renowned experts  
in the field of Geriatrics

**Monday, November 7 @ 7:30pm on Zoom**

Register on the Beth Tikvah website: Community Pages



## VACCINE CLINIC:

November 23rd & 30th

9:30AM - 3:30PM at Beth Tikvah Synagogue  
COVID vaccines & Flu shots will be available.



BETH  
TIKVAH  
SYNAGOGUE

**BOARD GAME NIGHT  
AT BETH TIKVAH**

**SATURDAY, NOVEMBER 19TH  
7:30PM - 9:30PM**

A fun night out for ages 19-45.  
Register on the Beth Tikvah website

Beth Tikvah Synagogue  
3080 Bayview Avenue  
Toronto, ON M2N 5L3  
Tel- 416-221-3433  
Fax- 416-221-1602  
www.bethtikvahtoronto.org



Senior Rabbi: Jarrod Grover  
Assistant Rabbi: Alisa Zilbershtein  
Hazzan: Tibor Kovari  
Ritual Director: Irv Kirshenblat  
Executive Director: Rivka Campbell  
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE  
We ask that everyone coming up to the bimah cover  
their head and shoulders and be dressed respectfully.  
We do not permit smoking, photography, writing,  
use of beepers, cell phones or other wireless  
equipment in the synagogue throughout Shabbat  
and Yom Tov. At any time in the service when the  
congregation is standing in prayer, please refrain  
from moving about. Applause is not appropriate at any  
time during the service.

## COMING UP AT BETH TIKVAH

Sat.	Nov. 5	• Remembrance Day Shabbat with Captain Yehuda Friedberg	
Sun.	Nov 6.	• Mitzvah Day: B'not/B'nai Mitzvah Program at Beth David Synagogue	1:00 PM
Mon.	Nov. 7	• Monday Morning Learning with Rabbi Jarrod Grover: Holy Place: Jewish Law & the Holiness of the Land of Israel	9:45 AM
Mon.	Nov. 7	• Mitzvah Knitters at Beth Tikvah Synagogue	1:00 PM
Tues.	Nov. 8	• Lunch & Learn Session 3 with William Gross	12:00 PM
Wed.	Nov. 9	• Learn with Bracha Feder (new series on Zoom)	1:00 PM
Thurs.	Nov. 10	• Restorative Yoga with Orli Ziv (at Beth Tikvah)	10:00 AM
Thurs.	Nov. 10	• Walk with Beth Tikvah (Cedarvale Park)	1:30 PM
Thurs.	Nov. 10	• Genealogy in the Digital Age with Classi Lectures	7:30 PM
Thurs.	Nov. 10	• Men's Floor Hockey	8:30 PM

A portion of funds raised at Bingo World Richmond Hill  
helps to support programs at Beth Tikvah Synagogue



Follow Us



@TikvahBeth

@bethtikvah\_toronto



@btonbayview



"Beth Tikvah Synagogue"