





Ma Nishma

AUGUST 20, 2022 / 5782 אב, 23

PARASHAT EIKEV SHABBAT MEVAREKHIM HAHODESH



SHABBAT TORAH READINGS

Torah

Deuteronomy 7:12 - 11:25 דברים Etz Hayim pg. 1037

Haftarah

Isaiah 49:14 - 51:3 יישעיהר Etz Hayim pg. 1056

SHABBAT SCHEDULE

Kabbalat Shabbat Service 6:00 pm 7:58 pm Candlelighting (August 19) 9:00 am Shaharit Minha/Ma'ariv 7:45 pm Havdalah 8:56 pm All services are In Person and LiveStreamed

WEEKDAY SERVICE TIMES

Morning Services @ Adath Israel: Sunday 8:30 am Monday to Friday 7:30 am

Evening Services @ Beth Tikvah: Sunday to Thursday 7:30 pm Rosh <u>H</u>odesh Elul is Aug 27th and 28th

Mazel Tov to

Rachel Mailach & Daniel Gottfried on their Aufruf. Parents are Elaine Zuck & Bernard Mailach, Shaina & **Jason Gottfried.** Grandparents are Dr. Victor Zuck, and Naomi Erlick.

Linda & Irv Kirshenblat and Gayle Spetter and Erwin Spetter on the Bar Mitzvah of their grandson, Ethan.

Myer Sankiewicz, father and fatherin-law of Linda and Irv Kirshenblat, on his 100th birthday.

Samantha Cooper & Jordan Freedman on their wedding on August 14. Parents are Lori Sone-Cooper & Daniel Cooper and Alan Freedman. Grandparents are Elaine Sone, Bonnie Lawrence-Shear & Allan Cooper.

Kiddush is co-sponsored by:

Elaine Zuck & Bernard Mailach in Honour of the Aufruf of Rachel & Daniel

Seudah is co-sponsored by:

Linda & Irv Kirshenblat and Family in honour of their grandson's Bar Mitzvah and in honour of Myer Sankiewicz' 100th birthday.

> There will be no Torah Study this Shabbat





by Rabbi Alisa Zilbershtein

"When you have eaten, and are replete, then you shall bless God your Lord" (Deut 8:10). We are commanded to bless the Holy One, blessed be He, for everything we eat and drink and enjoy in this world. From this verse comes the obligation of Birkat Ha'Mazon — the grace after meals. The mystical tradition tells us that a person who does not recite Birkat Ha'Mazon is considered as stealing from God. How is it possible to steal anything from the Almighty?

The sages explain that by these blessings, we pour out through our words abundance from the highest source. And all the levels and sources are blessed and filled with abundance to pour upon all the worlds, and everything is blessed together. (Zohar, Ekev 1:3) Therefore, a person needs to meditate on the secret of the blessings. Whoever blesses the Holy One, blessed be He, is blessed and receives his part from these blessings. As soon as the Name of the Holy One is blessed, the initial portion of those blessings comes down and rests on the

head of the one who said a blessing. As it is written, "In all places where I cause My Name to be pronounced, I will come to you, and I will bless you" (Ex 20:21). After that particular blessing comes and rests on the head of one who blessed, it spreads from there to the rest of the world. So who is stealing from whom? When we don't bring blessings to this world, we are deprived of blessings ourselves. May we all have many causes to recite the blessings in our lives, and may the rest of the world benefit from that.

PROGRAMMING AT BT

STAGES OF LIFE: JEWISH REFLECTIONS



JOIN US ON 700M



NEXT CLASS: Wednesday, August 24th @ 1PM Old Age: Looking back and looking ahead



NEW SESSION!

Thursdays at 10AM, starting August 25th: Mix of In-Person and Zoom Classes

Register on the Beth Tikvah website.

Interested in a FREE trial session? Contact Gayle at gayle@bethtikvahtoronto.org

Order your Rosh Hashanah Donation Cards Visit the Beth Tikvah website for more info!



A DONATION HAS BEEN MADE TO BETH TIKVAH SYNAGOGUE IN YOUR HONOUR.

WISHING YOU AND YOUR FAMILY A HAPPY, HEALTHY AND PEACEFUL NEW YEAR.

SHANAH TOVAH U'METUKAH.







BETH TIKVAH WOMEN TORAH FUND FUNDRAISER

Wednesday, September 7th at 2PM In person at Beth Tikvah and on Zoom



Join Beth Tikvah Women for a fundraising and learning opportunity about the the importance of Conservative/Masorti Judaism. Find out how you can have a role in supporting and being a part of this vital Jewish movement. All are welcome.

Torah Fund supports the five institutions of higher learning of the Conservative movement and is the dedicated philanthropy of Women's League for Conservative Judaism and as such is supported by Beth Tikvah Women.

The cost for this program is a minimum of \$18 which will be donated to Torah Fund.



HONOURED SPEAKER: RABBI ALISA ZILBERSHTEIN

Rabbi Zilbershtein will be speaking about her experiences at the Jewish Theological Seminary in New York and how Torah Fund has enriched her life.



END-OF-SUMMER BBQ



Please bring non-perishable food items to be donated to the **North York Harvest Food** Bank.

- Meet our new Assistant Rabbi Alisa Zilbershtein
- Engage with clergy, lay leadership and professional staff
- Pick up your High Holiday Package
- Fun activities with our Youth & Young Families Coordinator - Revi Laufer
- Enjoy great food and entertainment
- Stay for evening services following the BBQ

\$7 FOR MEMBERS \$10 FOR NON-MEMBERS REGISTER ONLINE BY MONDAY, SEPTEMBER 12

3080 Bayview Avenue



Toronto Ontario M2N 5L3 416-221-3433



bethtikvahtoronto.org



MORE AT BETH TIKVAH



Beth Tikvah Synagogue presents

Townhall #10 **MEETING**

Next Town Hall: September 21st @ 8:15 PM on Zoom Registration coming soon





JIAS (Jewish Immigrant Aid Services) is celebrating 100 years in Canada! As part of our celebration, JIAS Toronto is partnering with the Ontario Jewish Archives to collect immigration stories from across the community to capture the diverse immigration journeys that families have taken and the new lives they have built in Canada.

Check out our Stories Celebrating 100 Years for inspiration and to share your own or your family's immigration journey - whether it was last year, last decade, or last century! VISIT JIASTORONTO.ORG/STORIES

MEN'S FLOOR HOCKEY

THURSDAY NIGHTS **October 13, 2022** to April 27, 2023

8:30 - 10:00 PM IN THE SYNAGOGUE GYM (lower level)

To participate please bring a waiver and your own hockey stick.





Registration coming soon



JOIN US FOR INSPIRATION, PRAYER & LEARNING



SHABBAT, SEPTEMBER 10 AT 6PM

THE MAHZOR: A BIRD'S-EYE VIEW with Rabbi Jarrod Grover



WEDNESDAY, SEPTEMBER 14 AT 8PM

THE BOOK OF CONTRADICTIONS: **WHY DO WE STUDY JONAH ON YOM KIPPUR?** with Rabbi Alisa Zilbershtein

SHABBAT, SEPTEMBER 17 AT KIDDUSH



WHAT MAKES A GOOD LEADER? **MAIMONIDES' LESSONS ON LEADERSHIP** with Professor Alex Green







YAHRZEITS

The following members are observing Yahrzeits this week:

Friday, August 19

Arlette Schulman

Saturday, August 20

Sara Aronson, Ann Gayle Kwinter, Arnold Marcus, Herman Miller, Sheila Sherman, Sara Wunch Glick, Michael Wyman

Sunday, August 21

Sylvia Fisch, Jerry Gula, Elaine Maze, Marcia Phillips, Michael Rakhsha

Monday, August 22

Shirley Bar-el, Peter Holland, Michael Kulik, Molly Quitt, Gail Schwartz, Michael Shapiro

BETH TIKVAH MEMBERSHIP:

Beth Tikvah relies on your support to sustain our wonderful community. If you have not paid your membership or have not made arrangements, please contact Renee at 416-221-3433 x 316 or renee@bethtikvahtoronto.org.

Thank you for your ongoing commitment to Beth Tikvah!

Tuesday, August 23

Tibor Feldheim, Norma Gelade, Molly Quitt, David Rapoport, Marilyn Saxe, Michael Wyman

Wednesday, August 24

Ellen Cantor, Terry Goldenberg, Shlomo Mayman, Abraham Rootenberg, Ruth Rose, Mervyn Rosenstein, Shirley Ross, Alan Stein, Mark Teeger, Belva Topp

Thursday, August 25

Ruth Anne Cohen, Samuel Druck, Rose Kamnitzer, Joy Shanfield, Atida Soifer, Susan Zalai

Friday, August 26

Marilyn Berger, Charles Bleier, David Broude, Cheryl Kessel, Maurice Moss, Rhonda Somer, Nathan Tepper, Stanley Turner, Gary Wasserman



Urgent Search for Witnesses for Trial Against Former Nazi Guard

Friends of Simon Wiesenthal Center is seeking survivors of the Nazi concentration camp in Ravensbrück, Germany, who were inmates there at any time between April 1943 and March 1945; or first-degree relatives (spouses, children, siblings) of victims who were murdered at the camp during this period.

Please share this post widely and email us at advocacy@fswc.ca.

Beth Tikvah Synagogue 3080 Bayview Avenue Toronto, ON M2N 5L3 Tel-416-221-3433 Fax- 416-221-1602 www.bethtikvahtoronto.org







Senior Rabbi: Jarrod Grover Assistant Rabbi: Alisa Zilbershtein

Hazzan: Tibor Kovari

Ritual Director: Irv Kirshenblat Executive Director: Rivka Campbell President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

THIS WEEK AT BETH TIKVAH



Wed. Aug 17 • Learn with Bracha Feder (on Zoom)

1:00 PM 10:00 AM

Thurs. Aug 18 • Outdoor Yoga & Meditation with Orli Ziv (Zoom)

Thurs. Aug 18 • Walk with Beth Tikvah (David Balfour Park Trail)

1:30 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue











@btonbayview



