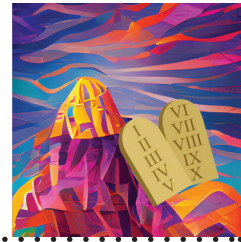


Ma Nishma

מה נשמע

BETH
TIKVAH
SYNAGOGUE



AUGUST 13, 2022 / 5782, אב 16

SHABBAT NAHAMU

PARASHAT VA'ETHANNAN

SHABBAT TORAH READINGS

Torah

Deuteronomy 3:23 - 7:11 דברים
Etz Hayim pg. 1005

Haftarah

Isaiah 40:1 - 26 יישעיהו
Etz Hayim pg. 1033

SHABBAT SCHEDULE

Kabbalat Shabbat Service 6:00 pm
Candlelighting (August 12) 8:08 pm
Shaharit 9:00 am
Minḥa/Ma'ariv 7:55 pm
Havdalah 9:07 pm
All services are In Person and LiveStreamed

WEEKDAY SERVICE TIMES

Morning Services @ Adath Israel:

Sunday to Friday 7:30 am

Evening Services @ Beth Tikvah:

Sunday to Thursday 7:30 pm

Please note: there will be no LiveStream for Saturday or Sunday Evening Services due to a simḥa

Weddings at Beth Tikvah Synagogue



Learn more at www.bethtikvahtoronto.org

Kiddush is co-sponsored by:

Helen & Ian Black & Family in memory of Faye Black z"l.

בת שיום

Rekindle the Family tradition of Shabbat at shul!
We welcome back families and their children to join us for a warm and welcoming Shabbat service and kiddush.

Seudah is co-sponsored by:

Harvey Bitterman in Memory of Hilda Hilf z"l.

David Feinstein, Isadore Feinstein and Anita Feinstein in memory of their brother, Simon Feinstein z"l.

The family of Annette Edelstein Joseph z"l.

There will be no Torah Study this Shabbat



Light of the Torah

Va'ethannan: The beauty of prayer

by Rabbi Alisa Zilbershtein

"I pleaded with the Lord at that time, saying, O Lord God, You who let Your servant see the first works of Your greatness..." (Deut 3:23-24). Our sages instruct us that when human beings ask the Holy One, blessed be He, in their prayer they should meditate for it to be a prayer of supplication.

The commentary on the Parsha Va'ethannan in the Holy Zohar gives a beautiful description of the way we should approach prayer services.

"They come to the synagogue, cleanse themselves by reciting the offerings, and sing the praises of King David. Fastened with Tefilin on their head and Tzitzit at the corners of their garment, they recite, 'A praise of David. I will extol You, my God and King, and bless Your name forever and ever!' (Psalm 145). Those who pray before the Master of the Universe should stand when praying like the supernal angels to concentrate their will before the Master and submit their petition. All the words humans utter in that prayer rise up and

cleave airs and firmaments until they reach wherever they reach. They are adorned on the head of the King, who turns them into a diadem."

A comparison of people to angels is not only a metaphor for devotion and exaltation but also an expression of a belief that during the public service at the synagogue, we stand in the presence of the Almighty. And our prayers are not mere words — they are like jewelry worthy of a king. And may all of us have a chance to experience it when we come to pray at the synagogue.

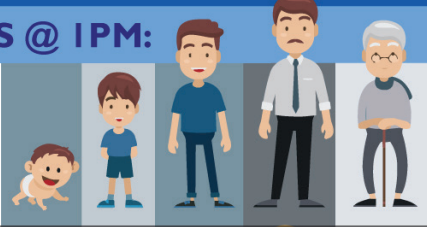
PROGRAMMING AT BT

LEARNING WITH BRACHA FEDER

BETH TIKVAH SYNAGOGUE

STAGES OF LIFE: JEWISH REFLECTIONS

WEDNESDAYS @ 1PM:



NEXT CLASS:

Wednesday, August 17th @ 1PM
Adulthood: Embracing Complexities

WALK WITH BETH TIKVAH



Next Walk: Thursday, August 18th at 1:30 PM

Location: David Balfour Park Trail

Park at Green P on Pleasant Blvd. One block south of St. Clair at Yonge St. Meet in front of entrance to parking garage on Pleasant Blvd (and Yonge). Please note: there will be one incline up at end of walk.



מה יפה ירושתנו
BETH TIKVAH WOMEN

BETH TIKVAH WOMEN TORAH FUND FUNDRAISER

Wednesday, September 7th at 2PM
In person at Beth Tikvah and on Zoom



Join Beth Tikvah Women for a fundraising and learning opportunity about the importance of Conservative/Masorti Judaism. Find out how you can have a role in supporting and being a part of this vital Jewish movement. All are welcome.

Torah Fund supports the five institutions of higher learning of the Conservative movement and is the dedicated philanthropy of Women's League for Conservative Judaism and as such is supported by Beth Tikvah Women.

The cost for this program is a minimum of \$18 which will be donated to Torah Fund.



HONoured SPEAKER: RABBI ALISA ZILBERSHTEIN

Rabbi Zilbershtein will be speaking about her experiences at the Jewish Theological Seminary in New York and how Torah Fund has enriched her life.



Restore Your Mind & Body

Restorative Yoga and Meditation Therapy
with Orli Ziv

NEW SESSION!

Thursdays at 10AM, starting August 25th:
Mix of In-Person and Zoom Classes

Register on the Beth Tikvah website.

Interested in a FREE trial session?

Contact Gayle at gayle@bethtikvahtoronto.org

ROSH HASHANAH DONATION CARDS



Visit www.bethtikvahtoronto.org to order

BACK To SHUL

END-OF-SUMMER BBQ

THURSDAY,
SEPT 15,
2022
5:00 PM TO
7:00 PM

BETH TIKVAH PARKING LOT
(RAIN PLAN - SOCIAL HALL)

Please bring non-perishable food items to be donated to the North York Harvest Food Bank.

- Meet our new Assistant Rabbi Alisa Zilbershtein
- Engage with clergy, lay leadership and professional staff
- Pick up your High Holiday Package
- Fun activities with our Youth & Young Families Coordinator - Revi Laufer
- Enjoy great food and entertainment
- Stay for evening services following the BBQ

\$7 FOR MEMBERS

\$10 FOR NON-MEMBERS

REGISTER ONLINE BY MONDAY, SEPTEMBER 12

MORE AT BETH TIKVAH

PLANNING A CELEBRATION?

Bat Mitzvah? Bar Mitzvah? Wedding?

Beth Tikvah is booking into 2024
for events big and small!
Reserve your date today.
Speak to Gayle to learn more:

gayle@bethtikvahtoronto.org



Celebrating a simcha, milestone or anything worthy of a mazel tov?
Let us know so we can add it to the upcoming edition of the Hakol
magazine. Send your story and images to:
gayle@bethtikvahtoronto.org



MEN'S FLOOR HOCKEY

THURSDAY NIGHTS

October 13, 2022
to April 27, 2023

8:30 - 10:00 PM
IN THE SYNAGOGUE GYM
(lower level)

To participate please bring a
waiver and your own
hockey stick.



Registration coming soon



Holocaust Survivor Food Drive at Beth Tikvah

Get ready to bring in your
non-perishable food to
support Holocaust Survivors
in time for the
High Holidays.
More info coming soon!

VOLUNTEERS WANTED
STAY TUNED FOR MORE DETAILS



To get involved, please contact Revi Laufer:
revi@bethtikvahtoronto.org

YAHREZEITS

The following members are observing Yahrzeits this week:

Friday, August 12

Linda Hoffer, Anne Lieberman, Allan Narvey, Marilyn Tkatch

Saturday, August 13

Ian Black, Lorraine Dicker, Desiree Druck, Esta Pomotov, Annette Rapoport, Leon Schwartz, Cecil Schwartz, Marcia Zalev

Sunday, August 14

Max Berg, Ruth Edelstein, Barry Edelstein, David Feinstein, Marlene Flicht, Louisa Hostick, Gayle Jackson, Jonathan Joseph, Deborah Kornhauser, Adele Ostfield, Susan Robinson, Zelda Safer

Monday, August 15

Perry Chasson, Deanna Cohen, Stephen Gotlieb, Shirley Anne Haber, Sari Krandel, Frances Stephan, Dorothy Wagner

Tuesday, August 16

Morris Krandel, Linda Schwartz, Anita Wein

Wednesday, August 17

Stephen Baron, Marcia Baum, Beatrice Endler, Marvin Goldberg, Annette Rapoport, Lionel Silverman, Abraham Weinstein

Thursday, August 18

Irwin Davis, Alan Hoffman, Sherry Ocopnick, Zelda Safer

Friday, August 19

Arlette Schulman



BETH TIKVAH MEMBERSHIP:

Beth Tikvah relies on your support to sustain our wonderful community. If you have not paid your membership or have not made arrangements, please contact Renee at 416-221-3433 x 316 or renee@bethtikvahtoronto.org. Thank you for your ongoing commitment to Beth Tikvah!

HIGH HOLIDAY SCHEDULE:

Look for your High Holiday information early next week. You will receive an update on our wonderful High Holidays at Beth Tikvah including registration for High Holiday services. Remember, in order to attend High Holidays, you must be a member in good standing!

THE SYNAGOGUE THAT MEETS YOUR NEEDS:

Are you in your 20s, 30s or 40s?

We are looking for your input regarding synagogue community engagement.

For more information, contact Rivka at 416-221-3433 x 307 or rivka@bethtikvahtoronto.org.

Beth Tikvah Synagogue
3080 Bayview Avenue
Toronto, ON M2N 5L3
Tel- 416-221-3433
Fax- 416-221-1602
www.bethtikvahtoronto.org



Senior Rabbi: Jarrod Grover
Assistant Rabbi: Alisa Zilbershtein
Hazzan: Tibor Kovari
Ritual Director: Irv Kirshenblat
Executive Director: Rivka Campbell
President: Douglas Millstone

TO HONOUR THE SANCTITY OF THE SYNAGOGUE

We ask that everyone coming up to the bimah cover their head and shoulders and be dressed respectfully. We do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment in the synagogue throughout Shabbat and Yom Tov. At any time in the service when the congregation is standing in prayer, please refrain from moving about. Applause is not appropriate at any time during the service.

THIS WEEK AT BETH TIKVAH



Wed. Aug 10 • Learn with Bracha Feder (on Zoom)	1:00 PM
Thurs. Aug 18 • Outdoor Yoga & Meditation with Orli Ziv	10:00 AM
Thurs. Aug 18 • Walk with Beth Tikvah (David Balfour Park Trail)	1:30 PM

A portion of funds raised at Bingo World Richmond Hill helps to support programs at Beth Tikvah Synagogue



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"Beth Tikvah Synagogue"