

Hakol / הקול

BETH
TIKVAH
SYNAGOGUE



THE HIGH HOLIDAY EDITION 5781/2020

*Shana
Tova!*





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Jewish Life in a Pandemic

A message from our Senior Rabbi



Rabbi Jarrod Grover

A few years ago at a rabbinic conference, a speaker introduced me to the subject of “image crafting.” She spoke of perfecting the way rabbis are perceived on the Internet by working on our presence, our look, and our message. Everything people see and read with our names attached contributes to a persona that is projected out into the world.

While I didn’t pay much attention to the details of her presentation, there’s no question that we all naturally want to put our best face forward. In Jewish life too, we carefully choose our clothing, adjust our smiles, and behave in a way that projects comfort and belonging. Our friends and acquaintances get the public version of ourselves, while the private version can appear much different.

All of a sudden, as we adjust to life in a pandemic, we get to see each other’s private lives in a way that we never have before. At one of our Zoom Havdalah services, my 7-year old son started making faces and acting silly in front of the camera. A congregant later remarked that that was the part of the service he most enjoyed.

One of our regular Torah study participants spent the first three weeks of social distancing refusing to turn on her camera. (“You don’t want to see me first thing in the morning.”) After a while, she reversed course (“We’re all going to need a haircut and a colour when this is over anyway”).

The irony of social distancing is that in some ways, we are seeing more of each other than ever. Our meetings, services, programs, and classes are bursting with attendance. Apparently lots of people want to join in when they don’t have to change out of their pajamas to do it! Perhaps in the midst of this pandemic, something is changing about the way we relate to each other. “Image crafting” seems more silly now. There is a yearning for closeness and for the strengthening of relationships - REAL relationships where we feel comfortable revealing our struggles and our humanity to each other.

Rav Kook talked about Teshuva as the process of returning to yourself – the true nature of one’s inner life – return to your soul - to who you are. Shlomo Carlebach sang a beautiful song about this. We are called to see ourselves the way God sees us on his Zoom camera, behind the layers of superficiality that distance us. That is the way we discover our purpose and our unique mission in this world.

I would like to thank our congregation, and all my Beth Tikvah colleagues for their patience, support, and encouragement during these past months. While it has been difficult, the positive messages I’ve received from so many of you have helped me to manage in this “new normal” and I think we can be proud of all that we’ve accomplished together. Whether you are joining us from home or in the sanctuary this year, you are still very much a part of this community. You are always welcome here and embraced for exactly who you are. We’ve shown that to be true now more than ever.

On behalf of my family and their sometimes-silly faces, may you be inscribed and sealed for a year of healing, goodness, and blessing.

Rabbi Jarrod Grover

A message from our Associate Rabbi



Rabbi Louis J. Sachs

As the veil is placed on a bride before the huppah ceremony, we talk about the connection to the story of Jacob and his wives. But I also like to share a teaching with them that I learned from Rabbi Grover. By covering our eyes, we recognize that what we are gathered to celebrate has nothing to do with how nice everyone is dressed, how gorgeous the venue is, or how good the food is. Instead, what we are celebrating is something much deeper, something that we cannot sense with our eyes, or with hands, or in any of the usual ways. We are celebrating the love the couple has for each other and the future life they are building together.

I've been thinking about this a lot lately, things we know exist, because we can recognize their effect in the world around us, even though we can't see them with our eyes or touch them with our hands. I always thought the list stayed unchanged; there were things we can sense physically and things we can't. But now I want to add community to that list.

A year ago, I would have said that our community exists because I can see it. I could see a sanctuary filled on a Shabbat morning, congregants singing and celebrating Shabbat. Congregants squished together near their shul-family, schmoozing before, during, and after the service.

I could see congregants honouring a member of our community when they leave this world, the chapel packed with familiar faces when I look behind the rows of the grieving family. People comforting mourners, filling their homes during shiva sharing stories and memories, coming together to support each other at minyan, sharing the experience of saying kaddish for a loved one.

I could see packed programs from lunch and learns and classes, to choir practice. Hospital visits where I had to wait my turn, because another congregant beat me there to visit a friend and bring them cheer.

Sadly with Covid things have changed. On Shabbat mornings, I speak to a mostly empty sanctuary. I no longer see people gathered together, asking each other about their week, sharing their celebrations and difficulties. I don't see kids from camp Shabbat marching around the room with the Torah, high-fiving congregants they pass. I see people alone in life's most difficult moments, hospital visits and shivah visits no longer possible. Despite this, I don't think the community has stopped existing, rather like Love and like God, it has morphed into something we can't observe in the usual ways, instead we have to sense it by other means.

One of my favourite Jewish laws is that we must walk a stranger four amot, or roughly two meters, as they leave our home or our city. It is ironic today, as this is the distance we now have to stay apart. Yet, these ideas are still connected. Walking somebody four amot is symbolic; it recognizes that we cannot physically be with them for their entire journey, yet we are commanded to make sure they know they are not alone. We are commanded to ensure they feel like we are with them spiritually, even when we cannot physically be. I know our community still exists, even though I can't see it in the same ways I could a year ago, because I can recognize the impact it makes on those who are a part of it. When I receive emails after Shabbos, from congregants telling me how meaningful it was that they could "attend" their shul and listen to their hazzan. When a family in mourning tells me about the outpouring of calls and notes they've received from the congregation.

When a grandparent tells me that on the phone their grandchild sang a Shabbat song that they learned at Camp Shabbat. When a young family tells me they've begun doing Havdalah together in their home since they can no longer join with other families here at BT on a Saturday night. Or when someone tells me how much they appreciated a holiday meal or treat from the shul.

Your clergy and professional staff have been working tirelessly to make sure nobody feels alone right now. But the obligation is on us all. The Talmud teaches that if even a single person feels alone, the whole city is guilty. Help us by calling the people you would see at shul. Reach out to those who are in mourning, and to those who are ill. Join us in person, or join us virtually for prayer, for programs, and for classes. Create your own virtual groups to schmooze in; I'd love to join you for a coffee and a schmooze. Let us know if you need help, or if you know someone who does.

We cannot see our community in the same ways we used to, but it still exists. Beth Tikvah is still the same warm and caring place that it has always been. It is still there to help bring Judaism into the lives of its members. To help families mark joyous celebrations and navigate life's hardships. To help teach the next generation, and to support those who need help and assistance in difficult times. Even when we can't see it, we have to remember that we are not simply individuals. We are part of a community. We are Beth Tikvah. - RLS

A message from our Executive Director



Doris Alter

I was recently reading an article from Jweekly.com from Rabbi Stephanie Kramer and Rabbi Lisa Kingston, and wanted to share it with you below. Shana Tovah!

"As Reform rabbis, we recently heard from colleagues around the country that some families are considering a temporary break from synagogue life.

Families aren't quite sure where synagogue in general, and Jewish education in particular, fit into their lives as we all try to prepare for a year of unprecedented realities. This year has become the year of unknowns; distance learning in secular schools, hybrid models, canceled sports, virtual extracurriculars. With these concerns as a baseline for families, it is simply too difficult to also imagine virtual High Holidays, reimagined Jewish education and a Jewish community that doesn't gather together in person.

Many rabbis are terrified that we will hear in our own synagogues, "I think we'll just have to take this year off" ... "Can we wait and see what happens in January?" ... "I'm not sure we can manage anything extra right now."

Before anyone in our community considers this response, we hope they will consider a broader picture:

Quite simply, if everyone were to have "A Year Without a Synagogue," would there be synagogues when people are ready to return? This is a serious concern. As nonprofit organizations that rely on the support of our members, all synagogues, big and small, are concerned about sustainability.

Your congregation remains a place of gathering — virtually or in person. We are a community. We hold sacred space. Supporting a synagogue is completely different from utilizing a fee-for-service institution. We are not providing after-school care or tap lessons or physical fitness. Our value cannot be measured only by programs.

It is precisely at this moment that members need to support the most important things in their lives. This is the moment to show up in larger numbers than ever before.

Synagogues are extensions of our homes where Jewish life is marked and celebrated. Synagogues are the people who show up at your door with a meal, the phone calls when you have lost someone you loved, the rabbi who is there to listen.

For our children, synagogues are the place where they are nurtured and loved without the pressures of secular school. Synagogues are where we grapple with big ideas. They are a place for identity experimentation and self-expression. A place where ethics are upheld, and love and kindness prevail. Through our synagogues, the world is healed. Synagogues bring families together to honor sacred time. During hard times, they are where we learn to handle challenges and where resilience is built.

And, yes, we cannot hide the fact that synagogues cost money to run. Like many small businesses and nonprofits, our doors have been closed during Covid-19, but our operations are running. Mortgages, staff and infrastructure all cost money and all are necessary to support Jewish life.

Without membership dues, tuition from religious schools and donations, we simply would not exist.

The attitude of "taking a year off" implies a diffusion of responsibility. It says it is someone else's job to support the ongoing expenses of synagogues while washing one's own hands of the obligation. When Rabbi Hillel taught, "Do not separate yourself from the community," he reminded us that each is responsible for our community.

Jewish synagogue life is not here to add additional work or stress to one's life. It is here to be a place that holds emotion, whether joyful or disappointing. Yes, it takes commitment. Those commitments come in the form of time, money, energy and emotional investment. Ideally, what one gets out of belonging to a synagogue can't be measured by any standard metric. It can only be measured in feelings of love, community, and connection to each other and to the Divine (or to something greater than ourselves).

Some families still may consider pausing and taking "A Year Without a Synagogue."

But we hope this is not the case. If families do pause, we can hope that when they are ready to return, our synagogues will be here, having weathered the harsh realities of the pandemic. In the meantime, synagogues will persevere by teaching, praying, grieving, celebrating and hoping. We will continue to be places of thriving Jewish life."

- August 27, 2020 Jweekly.com

A message from our President



Douglas Millstone

I was really hoping that when I took on the presidency that my number one agenda item would be to increase the volunteer base at Beth Tikvah. As I look back on all of the communications I have had with you there is but one reoccurring theme. Whether it was an email or a letter to the congregation, messages in Hakol or at Town Hall meetings it was all about the financial sustainability of our shul. From the moment we learned that our school tenant was leaving to the acceleration of issue resolution brought on by the pandemic, it has been at the top of my agenda. What was happening to my goal of increasing volunteers? Well, as I look forward to 5781 I have realised that something else was going on. It was something even more fundamental than the financial issues. It was and is the commitment and support you have for your Beth Tikvah. From the moment my letter went out in July of this year about the August 12th Town Hall meeting until after that Town Hall itself, there has been a truly demonstrative display of that commitment and support. Over 260 computers tuned into the Town Hall with more watching the video replay. In past years we were lucky to have a group of 50 people at our annual general meetings; so that this Town Hall was truly remarkable. Following my July letter and the Town Hall meeting, almost 50 people have stepped forward to volunteer to be part of focus groups or to join the already existing committees or groups working on the financial sustainability of Beth Tikvah. Wow! I am heartened and energized. People have called to honour their membership obligations and some have called to make donations. I sense that there is feeling among the membership to commit time and funds to the future of Beth Tikvah. I am so looking forward to a productive 5781.

I wish you all a Shana Tova u'Metukah.

- Doug Millstone, President of Beth Tikvah Synagogue



DATES AND TIMES

Holiday Service Schedule

Below is a schedule for our High Holiday services this year. All members in good standing will receive live streaming links prior to the event. Unless you have been contacted by the office, please do not come to the shul - you will not be allowed to enter. Services marked with an asterisk (*), however, are open for in-person attendance by advance registration by visiting our website.

Selihot*

Saturday, September 12, 2020

Lecture 8:45pm/Service 10:00pm

Erev Rosh Hashanah*

Sep. 18 @ 6:00 PM

Rosh Hashanah Day I

Morning Sep. 19 @ 9:00 AM

Rosh Hashanah Day II

Morning Sep. 20 @ 9:00 AM

Rosh Hashanah Day II*

Minḥa/Shofar/Tashlikh*

2 Services available - see page 12

Sep. 20 @ 4:30 PM

Shabbat Shuvah Morning*

Sep. 26 @ 9:00 AM

Kol Nidre

Sep. 27 @ 6:30 PM

Yom Kippur Morning

Sep. 28 @ 9:00 AM

Yom Kippur Discussion with Annamie Paul

Sep. 28 @ 3:00 PM

Yom Kippur Minḥa

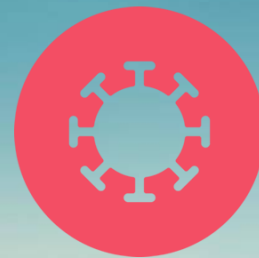
Sep. 28 @ 4:30 PM

Yom Kippur Neilah

Sep. 28 @ 6:15 PM



WHAT WE'VE LEARNED FROM THE PANDEMIC



I have learned from the pandemic that I view the world through the eyes of a Jewish mother. I have many questions – why is our education system so bad with many people failing to understand the basic concepts of biology, math and sanitation? And most incomprehensible is how often do people have to be reminded to wash their hands? At least stores are now spotless and most people are wearing masks when appropriate. I'm hoping that washing hands will become permanently engrained in our society and fewer viral infections will be transmitted. First thing to do when this is over – fill my dining room table with guests all able to talk freely, loudly, at the same time and feed them buckets of chicken soup with matzah balls. A little Jewish penicillin can't hurt. - **Jenny Roger**,
Member BT Writer's Group

Before Covid started I thought I was the parent. Suddenly, my children are the parents and I am the child, albeit a difficult child.

So what have I learned from the pandemic? The answer is complicated. I learned that I do not have total control over my life. Firstly, before I decide to go anywhere or meet friends or do the ordinary tasks I used to do without a thought, I must assess the dangers from Covid. I must decide would I rather reluctantly burden my kids to do my grocery shopping etc., or should I, as a vulnerable senior, do my own shopping. I have to assess whether I think the friends I wish to meet are being sufficiently careful in their activities to make me comfortable to be in their company, of course outside, & of course socially distanced. Some good friends pass the test...some don't, so I apologize and we visit over the phone or on the computer.

The biggest joy and surprise has been from my teenage and young adult grandchildren, most of whom have made it their business to call me much more frequently, several of them even every day. I have gotten to know them in a more intense and meaningful way. What joy!
- **Helen Daniels**

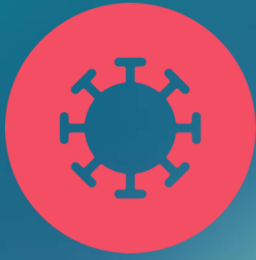
The last 6 months have presented all of us, young and old, with unique challenges and opportunities. As someone who falls into the high-risk category because of age, I had to give over many of my daily chores to my children who were concerned for my safety. As an independent person, that was not an easy task. What would I do to fill my time? The first answer came through Beth Tikvah where I began to receive invitations to virtual experiences of prayer and study. This expanded to other learning opportunities through The Shalom Hartman Institute, The Tikvah Fund and other organizations, both Jewish and secular, which were facing the virtual reality of our lives. I learned the ins and outs of Zoom and engaged in Zoom Chats with my friends, lots of Zoom Bridge games and I cooked and baked more than I had in years. There were balcony dinners with my older grandsons and driveway visits with other family members. No kisses and hugs but lots of smiles from a safe social distance. In June, the bubble opened somewhat but with the start of school it is closing again, High Holidays are upon us and being unable to daven with my kahal is a great loss to me. I look forward to the day when all of us can be together to rejoice as a community that has come through this difficult time in good health, with more knowledge and resilience and more appreciation for those around us.
- **Marlene Axmith**

I have been dramatically reminded that God is over everything. We can plan and know many things, but who could have planned or known about this? I am learning to pray more earnestly and to do my best to make the most of the time we are given. In some strange way I may be more confident than I was before. I think we will have to help each other find ways to live in praise of God, bringing out our goodness, our beauty and the strength that we all are endowed with. B"H, I will get together with family and friends and celebrate and sing and hug and have lots of fun. - **Peter Raxlen**

The pandemic has taught me what is essential in life - and that is family. I am thankful for the extra time at home that I have been given to spend with my teenage children. I am thankful for the time spent with my parents, siblings, aunt and nephews. Shabbat dinners became weekly Zoom meetings, but during these past months of a missed graduation, prom, milestone birthdays and camp, we had the love and support of family to get us through these disappointments. For someone who plans months and even years in advance, I have now learned to live in the present and not worry about tomorrow. The pandemic has caused our society to "reset". Whether it be the "Zoom Bar Mitzvah" or "Micro-Wedding", I hope to see lifecycle events continue to be celebrated in a simpler and more meaningful way. When this is all over I can't wait to gather with my family and friends and celebrate life! - **Gayle Kertzman**

Saying Kaddish and being part of virtual services has been extremely meaningful in this time of unprecedented anxiety and uncertainty. Beth Tikvah Synagogue has allowed me to mourn the loss of my mother with daily Zoom services as well as in-person socially distanced services on Thursday and Saturday mornings, as well as, an outdoor Friday night Kabbalat Shabbat. It has been extremely easy and convenient going to shul virtually during Covid-19. With each passing day, there are more mourners added to the worldwide Jewish community. To meet these growing needs, I think that virtual services will continue after the pandemic especially for people that are not able to attend the in-person services. I'm extremely grateful to have a congregation with sustaining rituals that provide support, comfort and meaningful connections. I have learned from the pandemic that it's still possible to stay connected to Jewish Life in new and creative ways.
- **Tammy Lindover**

The pandemic has definitely changed our lives. Now every move and outing that we make has to be calculated. Acting spontaneously is out of the question! When I leave the house, I am armed with clean masks and hand sanitizer. I am much more careful when going for a walk or shopping for groceries (which I only recently started to do). I have not seen the inside of a mall since January but have discovered shopping online and free shipping. I think society will have to be careful for many years to come. Unfortunately, I believe that Jewish lifecycle events like births, marriages, and burials will also be affected. Large gatherings will be a memory. Self-distancing is here to stay at least for us seniors. However, we are very fortunate that technology has evolved so much. With Zoom available, we have visited with friends, attended lectures, concerts, and book talks. We have "visited" our children/grandchildren on FaceTime. Celebrating the Sedars on Zoom was not at all enjoyable but the highlight of the evening was hearing all of our grandchildren sing the Ma Nishtana together but in different locations. We also had to say Yizkor for our departed and it was not the same as standing in shul reciting the full prayer and not the abridged one. The only thing I would like to do when we are allowed to is to give my children and grandchildren a big hug and a kiss!! So, we do what we have to do to stay healthy and safe. Shana tova! - **Lillian Tolensky**



WHAT WE'VE LEARNED FROM THE PANDEMIC

We have been fortunate enough to have spent the majority of this current COVID-19 period at our cottage. The blessings extended further to the fact that (after proper precautions were taken) our daughter, son, daughter-in-law and two of our grandchildren ages 6 and 8 joined us after schools were officially declared closed.

We have SLOWED DOWN!! We feel a loss of freedom as we were used to just going out and doing errands, going to religious and cultural activities without a thought – this is a skill for people with limited mobility – now we can empathize more. We have become even more tech savvy than we were previously – Zooming, hooking up to the TV so multiple viewers can enjoy a program; registering for multiple events online; becoming more familiar with Youtube.

How lucky we are to have been with our youngest grandchildren 24/7 for 10 weeks. When in our lives would that have happened under 'normal' conditions? There will always be a need for face-to-face social interaction, however with the introduction of things like live-streaming services and courses for those who are unable to attend, they are not excluded. Bottom line – we wish everyone a return to a healthy and happy 'normal' life again, but don't let down your guard. - **The Rosen Family**

I remember the Cardinals and Robins this Spring, darting in and out of trees, their song veiling the sound of the occasional empty streetcar's clickety-clack in mid-town Toronto. The quiet was comforting and unsettling. When the world almost came to a standstill during the pandemic lock-down, I knew how important it was to keep Beth Tikvah's Writers' Group together. Zoom became our new best friend. We meet online at the same time and day as we did in person; it has given us a purpose, a sense of normality. But I wonder as some people continue to work from home if we are heading toward a society that is void of in-person communication. The pandemic has brought out the good and bad in people—healthcare professionals who tirelessly treat those with Covid-19, shedding tears when they lose a patient and applauding when someone recovers and leaves the hospital. Others who struggle with rules at the best of times avoid wearing masks and disregard physical distancing. In all of this, I have learned only I can manage my safety. I wear a mask and carry hand sanitizer everywhere I go. I shop only for the items I need. I occasionally meet outside with family and friends in small numbers, but there are no hugs. This year there was no family Seder, and there will not be Rosh Hashanah in the traditional sense. Yet, I feel optimistic that we will get through this; there will be a vaccine. And when the pandemic is over, I will hug my children and grandchildren and then head to the airport with my husband, continuing our travel adventures.

- **Fiona Gold Kroll**

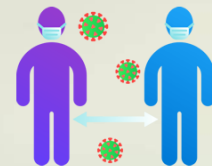
If you haven't suffered tragedy or hardship in your immediate circle, the pandemic is a blessing. I forever tell my friends and family. The stay at home order enables us to reconnect with family members, friends and our own belongings. It gives us time to breathe and think. We enjoy a respite from the usual busyness that crowds our lives, especially in the Greater Toronto Area. I have changed from being a forever busy person to one who uses my time better in line with my values. I am forced to confront myself, a good thing for an outgoing person who favours social things. My hope is that going forward people will arrange their priorities to favour people over activities that are not important in the scheme of things. Certainly, we must make a living, but there are many ways to do so. I think the workplace is changed forever for some, with remote working a new norm. Of course, all these things do not apply to the essential and front-line workers who have worked harder and longer on our behalf than they ever did. They deserve a well earned break when this is over. When the pandemic is over, the first thing I aim to do is find a summer cottage in eastern Ontario to call our own. This was my quest before the pandemic. I now realize such a sanctuary will be helpful as an alternate place to go, as I doubt we will be able to travel outside our borders for some time to come. - **Carol Green**

When I was growing up in New York City during World War II I was certainly aware that my country was at war. The fighting might have been on other continents but the fear at home was real. Today, the whole world is fighting another world war, this time the fear comes from the people who are standing near me. To protect us, our children and grandchildren keep their distance. Friday night dinners and holiday celebrations together are memories. Ed and I have learned to Zoom, click for shul services, and in so many other ways to live in a virtual reality. We could spend all day staring at our screens. Going to a service in a parking lot while wearing a mask, and not being able to schmooze afterward is less than fulfilling. We've learned that davening is only one part of our Jewish engagement; being part of a community is the other part. Telephone conversations and "visits" with a six foot gap have become our social reality. We've learned that life is fragile, that when the rules change daily, planning for the future seems futile, and that in general there are no guarantees for tomorrow. We long to walk on a street without avoiding people we pass, enter a store without first standing in line outside or worrying if the shopping cart has been sanitized. We long to kiss and hug our children and grandchildren. Living life "contact free" is not sustainable.

- **Myrna Levy**

I've learned that a virus which can not be seen or contained can disrupt the entire world and bring fear into your life. I have learned to live each day without scheduling and no longer take for granted the freedom I took for granted before. I think we will remember 2020 as the year we no longer made plans for more than today. When this is over I plan to put my assortment of masks in storage and hug someone from outside my bubble.

- **Sheila Franschman, Member BT Writer's Group**



Want to share your thoughts on the Pandemic?
Email Gayle at gayle@bethtikvahtoronto.org and your submission will be added to the Beth Tikvah archives and may be used in future publications!

SELIHOT



THE SEASON OF REPENTANCE BEGINS...

Leil Selihot
LIVE from the Sanctuary

A NIGHT OF INSPIRATION, PRAYER,
AND LEARNING TO PREPARE FOR
THE HIGH HOLIDAYS



SATURDAY NIGHT – SEPTEMBER 12, 2020
LECTURE @ 8:45 PM - SERVICE @ 10 PM



From Routine to Renewal

Join Rabbi Grover as he discusses how the Selihot service has a hidden message about the danger of life's routines. We explore this topic with the help of a discourse given by Rav Yehuda Amital z"l several decades ago. Rav Amital was the founder of Yeshivat Har Etzion and a leading thinker of religious zionism. His 10th Yahrzeit was observed this past summer.

**BETH
TIKVAH
SYNAGOGUE**



Registration to attend this special service will go live on our website 72 hours beforehand.



This year at Beth Tikvah, our Youth & Young Family High Holiday programming is better than ever! We are happy to announce that we will have 3 different ways of participating during the Holidays: On Zoom, through pre-recorded programming, and an in-person parking lot Shofar service!

If you have any questions, please email Ellie at ellie@bethtikvahtoronto.org

The following is the complete YYF schedule for the High Holidays:

Sunday, September 13



- Baking with Apples & Honey Cooking Class: Live on Zoom @ 3:30 pm



Available on Friday, September 18, on our website YouTube

- Special Youth Videos for Young Congregants (featuring Rabbi Louis, Tibi, Ellie, and Magic with Ben & Jonah)
Videos available for youth in grades 1-4, and 5-8
- A Guide to Tashlikh with Ellie



Saturday, September 19

- Rosh Hashanah Day 1 Young Family Service:  YouTube
Available @ 9:00 am on our website
- Celebrate Rosh Hashanah with Rabbi Louis and Ellie:  Zoom
Live on Zoom @ 11 am



Ellie & Avee filming the Holiday services



Sunday, September 20

- Rosh Hashanah Day 2 Young Family Service:  YouTube
Available @ 9:00 am on our website
- Celebrate Rosh Hashanah with Rabbi Louis and Ellie:  Zoom
Live on Zoom @ 11 am

Sunday, September 27 IN PERSON

- Young Family Parking Lot Shofar Service: Live in-person @ 10 am – *RSVP required*

Monday, September 28

- Yom Kippur Young Family Service:  YouTube
Available @ 9:00 am on our website
- Yom Kippur with Rabbi Louis and Ellie: Live on Zoom @ 11 am 

LEGEND:



Programming on Zoom



Programming on YouTube



Programming in-person

For more information on any of the programming listed above, please visit our website or call the office at 416-221-3433.

BT Connects



The Pride of Israel Kosher Food Bank is temporarily closed due to Covid-19 so there will not be a Ruth Goldberg Beth Tikvah Kosher Food Drive this Fall.

We are looking forward to the spring when hopefully we will have our regular drive.

MOTHER HUBBARD'S CUPBOARD

Located in the hallway next to the Coat Check.

Mother Hubbard's Cupboard will remain empty for the duration of the pandemic. We hope that soon you will be able to stock it again with new, unused toiletries. Old glasses welcome too.



**NORTH YORK
HARVEST
FOOD BANK**

**BETH
TIKVAH
SYNAGOGUE**





**FOOD
DRIVE**

Our annual Kol Nidre North York Harvest Food Drive is taking place all week before Rosh Hashanah. Feel free to drop off non perishable goods at Beth Tikvah when you come to get your Yizkor Book and calendar.

The truck will be in the driveway on Friday, September 18 at 9:30 AM should you prefer to drop food then.

PLEASE FILL AND BRING A BAG WITH NON-PERISHABLE FOOD ITEMS SUCH AS: PASTA, POWDERED MILK, CEREALS, CANNED TUNA, SALMON, SOUPS AND VEGETABLES.

Please Note: Beth Tikvah is also collecting school supplies at the same time as the food drive, with proceeds being donated to Na'amat Canada.

DON'T MISS OUR ROSH HASHANAH AFTERNOON GATHERING



Rosh Hashanah Day 2 Sunday, September 20 @ 4:30 PM

Those wishing to hear the shofar in-person, and who don't mind gathering together in a socially-distanced crowd, outdoors, can join us in the afternoon on the second day of Rosh Hashanah for Minḥa, a Shofar Service, and an optional Tashlikh. We will host this service at two locations - at the Beth Tikvah parking lot, and at Pomona Mills Park in Thornhill (244 Henderson Ave, Markham, ON). It will be a great chance to see each other. Because of limited capacity, we will require registration in advance. Visit our website to RSVP!

Yom Kippur Afternoon Discussion

with Annamie Paul



Join Rabbi Sachs virtually on Yom Kippur afternoon as he sits down and speaks with Annamie Paul, current member of the Green Party of Canada.

Together, they will discuss a wide range of topics including:

- How Jewish teachings have impacted her beliefs and values.
- Her experiences as a Jewish woman of Colour.
- How her different identities interact & influence each other.
- What can our communities do to better support and welcome Jews of Colour.

Please join us for these, and other important subjects!

**Yom Kippur, Monday
September 28 @ 3 PM**

** Link will be sent to our members prior to Yom Kippur*



Join us for:

SUKKOT AND SIMHAT TORAH

The following is the full schedule for Sukkot, Shemini Atzeret and Simhat Torah for this year at Beth Tikvah Synagogue. To register to attend a program or service at Beth Tikvah, please visit our website, or call the office at 416-221-3433.

Friday, October 2

Minha/Ma'ariv minyan in the sanctuary at 6PM, followed by kiddush and hamotzi in the sukkah.
Register to attend in person, or join us on livestream.

Saturday, October 3 - Sukkot Day I

9AM Service in the sanctuary - *Register to attend in person, or join us on livestream.*

Sunday, October 4 - Sukkot Day II

9AM Service in the sanctuary - *Register to attend in person, or join us on livestream.*

Sunday, October 4 - Sukkot Day II

4:30 PM Youth & Young Families Sukkah Party! - *RSVP required.*

Monday October 5 - Friday October 9

Hol Hamoed weekday services will be on Zoom only, except for Thursday morning, October 8th, when we also invite you to register and join us in-person in the sanctuary. Morning services at 8:30AM and evening services at 7:30PM.

Tuesday, October 6

Rabbi Grover Class "Parsha and Pizza in the Hut" in the sukkah at 6 PM - *RSVP required.*

Friday, October 9 - There will be no evening service for Erev Shemini Atzeret.

Saturday, October 10 - Shemini Atzeret (Yizkor)

9AM Service in the sanctuary - *Register to attend in person, or join us on livestream.*

6:20PM Minha and Erev Simhat Torah service in the sanctuary

- *Register to attend in person, or join us on livestream.*

Sunday, October 11- Simhat Torah - Register Online!

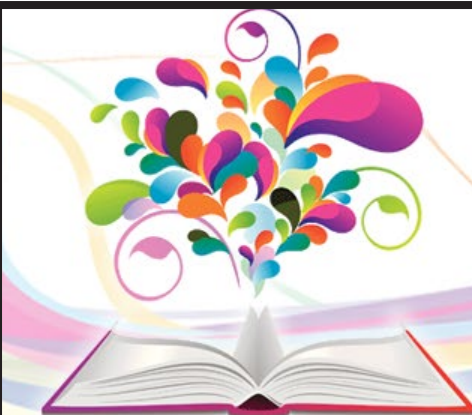
9AM Service in the sanctuary - *Register to attend in person, or join us on livestream.*

***Due to COVID restrictions, there will be no dancing, communal singing, or collective aliyot, at this year's Simhat Torah services.*

Don't forget to order your Lulav & Etrog by Friday, September 25.

Order online at www.bethtikvahtoronto.org or call/visit the BT Office!

*Note: we will not have any Lulav & Etrog available this year for communal use.
Please purchase your own if you wish to partake in the mitzvah.*



VIRTUAL *Lunch and Learn*

**BETH TIKVAH SYNAGOGUE
LUNCH & LEARN FALL 2020**

416-221-3433
www.bethtikvahtoronto.org

**THIS SERIES HAS BEEN
GENEROUSLY SPONSORED BY
HELEN STOLLAR**

A new lunch & learn series of 5 sessions will begin in October!

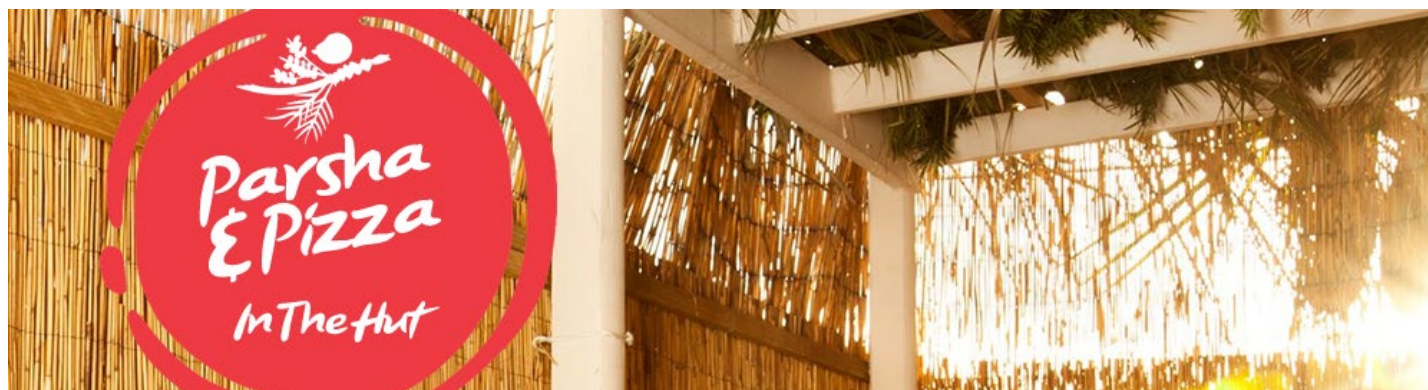
Eat your lunch in a private virtual room with friends, and then re-join the full group at 12:30 PM for an hour lecture! Advanced RSVP required.

Price:

5 Pack: \$30

3 Pack: \$18

**THIS PRICE INCLUDES
LUNCH & LEARN ON DEMAND:
WATCH EACH LECTURE AT
YOUR OWN LEISURE!**



Tuesday, October 6 at 6 PM

Join Rabbi Grover in our Sukkah for a fun night of studying Torah and eating Pizza.

Cost: \$5.00

Registration is required.



To Register: Visit BT website or call the office at 416-221-3433.

Note: Registration is capped to 25 people

**BETH
TIKVAH
SYNAGOGUE**



HIGHLIGHTS

of our programming during the Pandemic!
(all previous recordings available online)



Stephen Bronfman



Dan Shulman



Nathan Englander

Jewish Figures in Sports

A multi-part series over the course of the summer, Beth Tikvah hosted major Jewish names in the baseball world. Speakers included Charles & Stephen Bronfman, Mike Wilner, and Dan & Ben Shulman.

If you haven't registered yet for our last Jewish Figures in Sports evening, featuring Paul Godfrey on September 16, please do so by visiting our website.

Covid-19 and the Future of Immunotherapy

On Wednesday, July 29, Beth Tikvah Synagogue virtually hosted Professor Shy Arkin from the department of Biological Chemistry from Hebrew University of Jerusalem to speak about Covid-19.

Nathan Englander: Guilt, Memory and the Beta-God

On Thursday, August 20, Beth Tikvah Synagogue virtually hosted award-winning author, Nathan Englander, who spoke with Rabbi Sachs about his book *kaddish.com*

Morning Learning with Rabbi Grover



ENMITY & COMITY

We explore primary sources - from the Biblical to the contemporary that address this most pressing issue in life. Is our primary relationship in life always supposed to be God? How do the mitzvot interact with our relationships?

**Mondays 9:45am-11am
beginning October 19th**

The class will be available on Zoom. We will make a decision in October regarding the possibility of in-person attendance as well.

**BETH
TIKVAH
SYNAGOGUE**



LEARN WITH BRACHA!

Beth Tikvah Women presents...

Mitzvah Knitters



Join Bracha Feder for her remaining classes on *"Reflections on the Themes of Individual Renewal and Relationship Building: Insights from Philosophers, Poets, and Songwriters"*.

Thursday, September 17 at 1 PM

Avraham Yehoshua Heschel and Joni Mitchell.

Thursday, September 24 at 1 PM

Rabbi Dalia Marx, Shaul Tchernichovsky, Rachel, and Naomi Shemer.

Both classes are available on Zoom, free of charge!

For Zoom coordinates, please refer to our daily email.

Mitzvah Knitters are a dedicated group of volunteers of all ages, who knit for charity. To date we have donated thousands of lap blankets, scarves, hats, baby blankets and chemo caps to hospitals and shelters in the GTA. While continuing to supply these important items we have recently partnered with Mask-mate ear savers of Canada to provide these knitted strips with 2 buttons each that are used to relieve ear strain for those needing to wear masks all day long. Our group has knitted and distributed over 7,000 of these ear savers to front line workers, senior homes, doctor and dentist offices and schools.

Mitzvah Knitters needs your support. We are looking for volunteers to knit and money to buy yarn to continue our important work. Donations can be made to Beth Tikvah Women and earmarked for Mitzvah Knitters. For more information please call Renee Birnbaum at 416-505-6456.

Beth Tikvah WOMEN



Zoom here, zoom there, zoom everywhere. Beth Tikvah Women have been enjoying zoom (virtual) programs for the past 6 months. Join us in the Fall for new, exciting programs:

- An evening in October with Nina Segalowitz, a woman who grew up in the 60's and was part of the Sixties Scoop.
- A presentation with Rivka Campbell who will talk about growing up Jewish and Black.
- A pre-Hanukkah cooking demonstration with our very own BT member, Marsha Rosen. Join us for these programs and many more.

B'yahad- together Beth Tikvah Women will continue from generation to generation. Hag Sameah. A happy and healthy new year to you from Beth Tikvah Women.

Adele Weinstein, President Beth Tikvah Women - Canadian Liaison for WLCJ



**The International Northeast Region
of
Women's League for Conservative Judaism
Presents**



An Evening with Nina Segalowitz

Tuesday October 20, 2020 at 7:00 pm



According to Wikipedia, "The Sixties Scoop refers to a practice that occurred in Canada of taking, or "scooping up," Indigenous children from their families and communities for placement in foster homes or adoption. Despite the reference to one decade, the Sixties Scoop began in the late 1950s and persisted into the 1980s. It is estimated that a total of 20,000 aboriginal children were taken from their families and fostered or adopted out to primarily white middle-class families as part of the Sixties Scoop. https://en.wikipedia.org/wiki/Sixties_Scoop

Nina Segalowitz, born Anne-Marie Thrasher in Fort Smith, Northwest Territories, Canada was one of those children. She was raised by a white Jewish father and a Filipino mother in Montreal. In 2010 Nina told the Guardian: "My adoptive father comes from a Polish Jewish family and that's why I have a surname like Segalowitz. My adoptive mother is from the Philippines. I grew up learning Hebrew at the synagogue and Tagalog at the Catholic church my Filipino relatives went to. Visiting the Jewish quarter of Montreal, Outremont, where I grew up, brings back so many memories of cycling in the park, coming back from cello lessons and stopping by at the corner Jewish bakery with my adoptive father to buy hallah bread. I love hallah bread. I even learnt how to make it."

<https://www.theguardian.com/world/2010/aug/30/indigenous-peoples-women>

Nina graduated from Concordia University with a Bachelor's Degree in Applied Human Sciences, a DEP in Accounting and a DEP in Social Work. She sits on the Boards of Directors for the Native Friendship Centre of Montreal, the Legacy of Hope Foundation and the National Indigenous Survivors of Child Welfare Network. She is a proud mother of three.

Nina has dedicated her career to working with the Indigenous community, especially with victims of violence, and is currently a cultural consultant for the Canadian Armed Forces, the Montreal Police Force, and Universities and schools.

Nina is a multi-talented artist. She is an accomplished throat singer, drummer and cellist. Nina has performed all over the world including a performance with musician Bobby McFerrin.

***Zoom information will be provided when you RSVP
To RSVP contact Adele Weinstein at adelew@rogers.com***

Happy New Year

L SHANA TOVA

High Holy Days Greetings from the Presidents of GTA Conservative Synagogues

Since the beginning of the COVID-19 Pandemic, the Presidents of the Greater Toronto Area Conservative synagogues noted below have been meeting by Zoom on a weekly basis to discuss concerns, share ideas and brainstorm solutions. We've talked about the challenges of managing our shuls, large and small, through this crisis and the impact on our day-to-day operations. And we've discussed how we've responded with online services and programs, our respective plans for the High Holy Days, and much more.

Most of us did not know one another before we began our weekly calls, which we all look forward to and which we hope will continue in the future. We have all thoroughly enjoyed the experience and have developed a profound respect for one another and for the outstanding work of our Clergy, our Executive Directors and staff, our lay leadership and our volunteers. Most of all, we have developed, through regular communications, a deeper appreciation of the remarkable power of community.

All synagogues, regardless of denomination, offer a vital service, particularly during a crisis, and we are all here to support our Members and our communities in times of joy and in times of sorrow. We thank you, our respective Members, for your commitment, support and contributions in helping to sustain a vibrant and relevant Jewish community through your synagogue affiliation. As we approach a High Holy Day season unlike anything that many of us have ever experienced, we extend our best wishes to you, your families and loved ones for a safe, healthy and happy New Year.

David Urbach, Adath Israel Congregation, Larry Miller, Beit Rayim Synagogue and School, Andy Pascoe, Beth David B'nai Israel Beth Am, Malcolm Weinstein, Beth Emeth Bais Yehuda Synagogue, Mark Vernon, Beth Radom Congregation, Abe Glowinsky, Beth Sholom Synagogue, Doug Millstone, Beth Tikvah Synagogue, David Lewis, Beth Torah Congregation, Debbie Rothstein, Beth Tzedec Congregation, Jeff Shabes, Lodzer Centre Congregation, Steve Bloom, Pride of Israel Synagogue.

ONLINE



HALLAH BAKE

**With Ellie &
Carmela Grover**



**Thursday, November 5 @ 7:30 PM
on Zoom!**

Join Ellie & Carmela as they share their fool-proof hallah recipe.

Learn, create and braid together!

Open to all ages-You **KNEAD** to be there!

Stay tuned for registration dates!

**BETH
TIKVAH
SYNAGOGUE**





Mazal Tov to

BAR & BAT MITZVAHS

Jennifer Saltzman-Benaiah and Ian Benaiah on the Bar Mitzvah of Andrew Benaiah. Grandparents are Shelah & Albert Saltzman, and Rahele & Aaron Benaiah

Sari and Evan Shear on the Bat Mitzvah of Casey Shear. Grandparents are Gail and Norman Gardner & Jerry & Eleanor Shear.

Andrew Stern & Bernice Mitelman-Stern on the Bar Mitzvah of Liam Stern. Grandparents are Irene & Les Mitelman & Judy Bernstein.

Mel and Randy Gordon on the Bat Mitzvah of Shayna Gordon. Grandparents are Alfred Gordon & Benjamin Silvio.

Stephanie Bick on the Bar Mitzvah of Ethan Bick. Grandfather is Jack Bick.

Sheldon Caplin & Felice Lackman on the B'nei Mitzvah of Nathan Lackman-Caplin and Madeleine Lackman-Caplin. Grandparents are Sheila & Phillip Lackman and Marilyn & Stanley Caplin. Great-Grandmother is Ellen Steinhart.

Carol and Jeff Levy on the Bar Mitzvah of Jordan Zak. Grandparents are Luba & Sam Baruch.

Sandra & Michael Rouhi on the B'nei Mitzvah of Skylar & Cameron Rouhi. Grandparents are Helen & Harry Rouhi and Eve & Abe Farber. Great-Grandmother is Oma More.

Robyn & Michael Kay on the Bar Mitzvah of Avery Kay. Grandmother is Sandra Barwin.

Ben & Sari Goldstein on the Bar Mitzvah of Dylan Goldstein. Grandparents are Lillian & Joel Cornfield and Miriam & Irwin Goldstein.

Bonnie Burke and Stephen Rosenhek on the Bar Mitzvah of Jackson Rosenhek. Grandmother is Doris Rosenhek.

Natalie Pancer and Mitchell Rose on the Bar Mitzvah of Rubin Rose. Grandparents are Clara Rose and Lynda & Jeffrey Pancer.

Jill & Stephen Bernstein on the Bar Mitzvah of Jonah Bernstein. Grandparents are Michael & Susan Bernstein, and Marsha & Richard Rayman.

Alissa Davis on the Bar Mitzvah of Liam Davis. Grandparents are Gail & Aki Chencinski & Sandi & Herb Davis.

Stacey & Phil Taube on the Bar Mitzvah of Jordan Taube. Grandparents are Gail & Aki Chencinski and Rose & Allan Taube.

Nurit & Uriel Trahtemberg on the Bar Mitzvah of Elior Trahtemberg.

WEDDING CELEBRATIONS

David Nitkin & Etta Kaner on their 50th Wedding Anniversary.

Meira Snitman and Nathaniel Belmont on their wedding. Parents are Heather Rinzler Snitman, Aryeh Snitman, and Sharon & Brian Belmont. Grandparents are Ruby Rinzler, Blossom & Joel Snitman, Clara & Emmanuel Mammon and Sol Belmont.

Samantha Cooper and Jordan Freedman on their engagement. Parents are Alan Freedman and Lori & Danny Cooper. Grandparents are Elaine Sone, Allan Cooper and Bonnie and Mel Shear.

(Listings are by date occurrence)



BIRTH ANNOUCEMENTS

Jonathan Mackenzie and Adrienne Shnier on the birth of their daughter, Ariella Lily Shnier-Mackenzie. Grandparents are Rhonda and Don Mackenzie and Bev Isaac and Jeff Shnier.

Devon & Robert McCleave on the birth of their son, Connor McCleave. Grandparents are Anne & Michael McCleave and Kim & Peter Scaiff.

Arielle and Shane Sadinsky on the birth of their son. Grandparents are Linda and Leonard Sadinsky.

Caroline & Jamie Mandlsohn on the Naming of their daughter, Emily Mandlsohn. Grandparents are Linda and Jeff Mandlsohn and Dianne & Robert Westoby.

Clara & Richard Levick, on the Naming of their daughter, Chloe Levick. Grandparents are Cheryl & Michael Levick & Lilianne & Aby Schneider. Great grandmother is Riva Levick.

**If you have a lifecycle
celebration you would like to share,
please contact the office at:**

**adminoffice@bethtikvahtoronto.org
or call 416-221-3433.**



We extend condolences to the following:



(Listings are by date occurrence)

The family of our member, Judy Finkelstein ^{z"l}.

Marvin and Helene Obar on the passing of their sister and sister in law, Eleanor Rinne ^{z"l}.

Fagel Mitgang, on the passing of her sister, Miriam (Mim) Dancoff (nee Bucovetsky) ^{z"l}.

Cory and Karen Freed on the passing of their mother and mother-in-law, Rosalyn Rosenthal ^{z"l}.

Frances Caine and Adele and Stephen Weinstein on the passing of their husband, father and father-in-law, Sy Caine ^{z"l}.

Alisa and Michael Feldbloom on the passing of their brother and brother-in-law, Michael Boxer ^{z"l}.

Marsha Raubvogel and Ori and Renee Raubvogel on the passing of their husband, father and father-in-law, Alexander Raubvogel ^{z"l}.

Marvin Blackstein on the passing of his wife, Esther Litz ^{z"l}.

Philip and Sharon Katz on the passing of their mother and mother-in-law, Freda Katz ^{z"l}.

The family of Norene Gilletz ^{z"l}.

David Steidman, and Herman & Vivian Miller on the passing of their wife, sister and sister-in-law, Eleanor Steidman ^{z"l}.

Sherry & Elliott Ocopnick on the passing of their mother & mother-in-law, Hannah Katz ^{z"l}.

Louis & Shirley Greenbaum and Garry & Shirley Greenbaum on the passing of their father & father-in-law, Morris Greenbaum ^{z"l}.

Jeanie Brewda and Joseph and Beryl Brewda on the passing of their husband, brother and brother-in-law, William Brewda ^{z"l}.

Andre Belaiche on the passing of his wife, Arlette Belaiche ^{z"l}.

Eva Blitz and Jennifer & Amanda Blitz on the passing of their mother and grandmother, Madeleine Fleischmann ^{z"l}.

Helene Jacobs & Bruce Rosebrugh on the passing of their mother, and mother-in-law, Leah Jacobs ^{z"l}.

Aki & Gail Chencinski on the passing of their sister and sister-in-law, Hanita Chencinski ^{z"l}.

Norma Gelade on the passing of her husband, Brian Gelade ^{z"l}.

Victor Zuck, Elaine Zuck and Bernard Mailach and Susan and Steven Garellak on the passing of their wife, mother and mother-in-law, Rose Zuck ^{z"l}.

Anita and Dr. Meyer Balter on the passing of their father and father-in-law, Hermann Gruenwald ^{z"l}.

The family of our member, Frances Lieberman ^{z"l}.

Dan Kaminsky and Jennifer Blitz on the passing of their father and father-in-law, Gerry Kaminsky ^{z"l}.

The family of our member, Marvin Blackstien ^{z"l}.

Rosalind Schwartz on the passing of her husband, Joe Schwartz ^{z"l}.

Toby and Marvin Maskowitz on the passing of their brother and brother-in-law, Michael Fromowitz ^{z"l}.

Rhonda and David Newman on the passing of their brother and brother-in-law, Norman Diamond ^{z"l}.

Barbara and Ossy Goldenberg on the passing of their mother and mother-in-law, Judy Klerer ^{z"l}.

Toby Kolnick, on the passing of her husband, Jack Kolnick ^{z"l}.

Rita Karp on the passing of her sister-in-law, Evelyn Lent ^{z"l}.

Shelley and David Martin on the passing of their mother and mother-in-law, Eileen Lewis ^{z"l}.

Shirley Bar-el, on the passing of her husband, Avihu Bar-el ^{z"l}.

Tammy Lindover and Jamie Tepper on the passing of their mother and mother-in-law, Roseann Rosenberg ^{z"l}.

Gail and Allan Sandler on the passing of their mother and mother-in-law, Ann Jessel ^{z"l}.

The family of our member, Kay Davis ^{z"l}.

Steven and Rodeen Stein, on the passing of their mother and mother-in-law, Anne Stein ^{z"l}.

Debra and Jake Tebbi, on the passing of their mother and mother-in-law, Sonia Juliette Isaacs ^{z"l}.

Anita Wein, on the passing of her husband, Edward Wein ^{z"l}.

Rita Karp, on the passing of her husband, Kenneth Karp ^{z"l}.

Orli and Maayan, Maaor and Talia Ziv, on the passing of their husband, and father, Joshua Ziv ^{z"l}.

Heather and Gary Feldman, on the passing of their brother and brother-in-law, Howard Lerner ^{z"l}.

הַמָּקוֹם יִנַּחֵם אֶתְכֶם
בְּתוֹךְ שְׂאֵר אֲבֵלֵי צִיּוֹן וִירוּשָׁלַיִם.

Hamakôm ye'nachem et'chem
be'toch she'ar evelei Tsiyon ve'Yerushalâyim.

May G-d comfort you among all
the mourners of Zion and Jerusalem.

Beth Tikvah gratefully acknowledges the following contributions:



Adult Education Programs

Arlene & John Anthony
Marlene Axmith
Barbara Barak
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