

5783 HIGH HOLIDAYS SERVICE SCHEDULE

Selihot: Saturday, September 17

8:30 pm - Lecture

10:15 pm - Service ***

Erev Rosh Hashanah: Sunday, September 25

6:00 pm - Evening Service

Rosh Hashanah Day I: Monday, September 26

9:00 am - Morning Service

5:00 pm - Tashlikh/Shofar/Minhah (at Pomona Park) ***

5:00 pm - Tashlikh (at Don Valley) ***

6:00 pm - Evening Service & Shofar (at Beth Tikvah) ***

Rosh Hashanah Day II: Tuesday, September 27

9:00 am - Morning Service

7:00 pm - Evening Service & Shofar ***

Kever Avot: Sunday, October 2

10:30 am - Pardes Shalom

2:30 pm - Bathurst Lawn

Erev Yom Kippur: Tuesday, October 4

6:00 pm - Min<u>h</u>ah

6:30 pm - Kol Nidre (sunset is at 6:53 pm)

Yom Kippur: Wednesday, October 5

9:00 am - Morning Service

3:30 pm - Study Session (Sanctuary)

4:45 pm - Minhah Service

6:00 pm - Neilah Service

7:34 pm - Shofar Blast

All members in good standing will receive live streaming links prior to the event.

Services marked with an asterisk (***) are open for in-person attendance without registration.





4Introducing Rabbi Alisa Zilbershtein		bershtein

- 5 Message from our President and Executive Director
- 6 Rabbi Jarrod Grover
- 7 Rabbi Alisa Zilbershtein
- 8 Opening Our Hearts To Ukrainians in Toronto
- 11 Reflections of a Shofar Blower by Michael Bernstein
- 12 Active Listening by Bracha Feder
- 15 Getting to Know the Staff at Beth Tikvah
- 21 Beth Tikvah Women
- 23 Musica Beth Tikvah
- 24 B'not/B'nai Mitzvahs
- 27 Youth & Young Family
- 28 Mazel Tovs
- 30 Spotlight on BT Members
- 32 Condolences
- 33 Thank you to our Contributors





Beth Tikvah Synagogue

3080 Bayview Ave Toronto, ON M2N 5L3 Canada Phone: 416 221 3433 www.bethtikvahtoronto.org

Every donation to Beth Tikvah is greatly appreciated. There are many ways you can help support the Synagogue.

www.bethtikvahtoronto.org/ways-to-give.html

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By Phone: 416-221-3433

Contents



Introducing Rabbi Alisa Zilbershtein

Rabbi Alisa Zilbershtein joined us this past July and is taking on the position of the Assistant Rabbi of Beth Tikvah. She is a graduate of the Jewish Theological Seminary in New York. She holds an M.A. in "Jewish Civilizations" from Hochschule für Jüdische Studien, Heidelberg, Germany.

Before coming to North America Rabbi Zilbershtein lived in Kyiv, Ukraine, where she taught "History of Jewish Philosophy" at the National University of "Kyiv-Mohyla Academy." She speaks Ukrainian and Russian languages and is eager to welcome refugees and immigrants from the Former Soviet Union (FSU) into the Jewish community of Toronto.

Rabbi Zilbershtein specializes in pastoral care work. She is experienced in grief and loss processing and spiritual crisis counseling.

To get in touch with Rabbi Zilbershtein, please email her assistant: yardena@bethtikvahtoronto.org



A Message from our President





I read the message I wrote for the High Holidays last year 5782 and now I reflect upon it. There have been some significant changes at Beth Tikvah. There have been some changes I had hoped would happen but have not as of yet. We still haven't been able to sever the Lawnview property. There has been one little another. after glitch With merger talks now

concluded, we have learned a lot about the process and about the vibrant member vision for the future.

Stay tuned for the next Town Hall on September 21st.

Rabbi Sachs has left us to take up the pulpit at Beth Torah. He will be missed. His engagement with our members has been thoughtful, sensitive and encouraging. I wish him every success. With his input, Youth and young family programming has been getting stronger. Ellie Reinblatt has been innovative and while on maternity leave, Revi Laufer has filled in to keep programming growing.

Doris Alter has retired. Rivka Campbell has more than stepped up to the plate. She's caught on and is moving us forward.

Rabbi Alisa Zilbershtein is our new Assistant Rabbi. If her beginnings are any indication, we have a great addition to our Clergy. More and more programming is taking place in person. While Zoom and Livestream are aids, there is nothing better than congregating.

Covid is still with us. Omicron, BA.5 and what else will come down the pipe is anyone's guess. We struggle to figure out how to manage shul life, let alone our own personal lives and safety. It is a delicate balance.

All things considered, my feeling is that in many ways, we are moving forward to a life as it was pre-pandemic. At Beth Tikvah, we are going to have a single service for the holidays. It would be great to see the Sanctuary full, but I respect the wishes of those who still are not prepared to attend in person. We'll still have the Livestream for those watching at home.

When you come to services you will see that Bannockburn School is now open. They are our new tenant.

Personally, I feel pretty good about 5782.

I pray that 5783 will propel us forward. Most importantly, I pray for the health and well-being of you all.

On behalf of the Executive, Board and myself personally, I wish everyone a Shanah Tovah u'Metukah.

Doug Millstone





A Message from our Executive Director



When Moshe speaks to B'nai Israel prior to entering the Promised Land, he recounts our history, our legacy, setting it in our memory so that we never forget.

B'nai Israel's job at the time was to take their legacy and build from there. They could not, nor would it have made sense for them to be stagnant.

They needed to change as they moved forward, but not so much that they would forget their legacy, forget where they came from.

We at Beth Tikvah are proud of our legacy. We have a rich history of music, education, social action, excellent programming, brilliant clergy and fantastic lay leaders, volunteers and staff. Still, we cannot be stagnant.

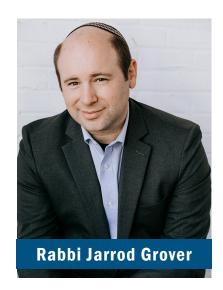
When I arrived at Beth Tikvah, I recognized that I was joining a synagogue with a strong legacy. Indeed I was following in the footsteps of a legendary Executive Director. It is incumbent on me to not only honour the legacy of Doris Alter, but also continue to move us forward as a community.

We could not have entered the Promised Land in a position of strength and commitment without an awareness of our history. The next step in our journey as a community is balancing both our legacy and our future. We must take this strength and wisdom and be fearless and creative. At times it will be uncomfortable. Out of discomfort comes change.

We must take our legacy and move forward.

Shana Tova U'metuka!





The Jewish View of Time

The first time God spoke to the Jewish people as a community, He gave them a mitzvah that had to do with time the sanctification of the new moon. This meant that human beings were going to determine the calendar. If they

needed to delay a month, or add a new month to the year, they had that ability. In this commandment, God seems to be saying: "Not only am I going to redeem you from the mindset of slavery, I'm also going to help you transcend what seems impossible to transcend - time."

The fact that time only works in one direction is a bit of a mystery to us. We're used to every other physical movement or reaction going in two directions; time doesn't. It's a dimension of life we can't get a handle on at all. But Jews assert that this is not natural, that time was created and that the God who created it can transcend it. Thus throughout Judaism we are reminded that it is insufficient to measure time in singular moments.

Rosh Hashanah, for example, marks the beginning of the new year, but it does not mark the end of the old one. The Torah refers to Sukkot as the end of the year. In other words, the Jewish new year begins before the old year has ended. There is no "moment" when the new year begins. While secular culture moves from day to day precisely at midnight, the Jewish day moves at a much slower pace. The

period of bein hashemashot, twilight, has features of both day and night. While the sun has set it still remains light outside. It is for this reason that Shabbat extends for 25 hours, beginning before sundown but not ending until the sky is dark. Here too, there is no "moment" when the new day begins.

Time is the enemy of physical beings - it is finite, and once lived is gone forever. But for spiritual man, time is ennobling. We are tasked with separating time from its physical limitations and imbuing it with meaning and permanence. God's name, the tetragrammaton, is an acronym of He was, He is, and He will always be. The past is a treasury of wisdom into the present and our choices and decisions impact the future in transformative ways. The marking of eternity is the link between past and future.

During the first three weeks of Tishrei we transition from one year to the next, building upon our successes and correcting our failures. We look back on the old year and look forward to the new. On Rosh Hashanah the focus is on the upcoming year; even the foods we eat are meant to symbolically usher in a sweet, healthy, and happy new year. On Yom Kippur, however, the focus is on the year that was; we analyze our past deeds and beg for forgiveness, first from those we have wronged, and then from God. On Sukkot, the past and future join together. We recall our sojourn in the desert, but look forward to the sukkah of the messianic redemption.

"This month shall mark for you the beginning of the months; it shall be the first of the months of the year for you" (Ex. 12:2). "For you," the sages teach, meaning it is you who have the power to make time holy. You set the calendar. You can live according to the dings and dongs of your phone or you can attach yourself to the flow of sacred and ordinary time and thereby find eternity.

As the new year begins, my family and I extend to you all our best wishes. I look forward to seeing many of you in synagogue, and introducing you to our wonderful new Assistant Rabbi. May the One who desires life, cause life and well-being to reign in our time – for our people and for all humanity. L'shanah tova!

Rabbi Jarrod Grover

Rulli Jarod Crows







The Sound of Shofar

Rosh Hashanah. Jewish New Year, does not exist in the Torah the way we know it. Literally, it means "The Head of the Year," but it is not mentioned as such in any sources earlier than the Talmud. Other names of Rosh Hashanah are Yom HaDin, "the Day of Judgment," and

Yom HaZikaron, the "Day of Remembrance."

Why is it called the Day of Judgement?

Our Sages said: "On Rosh Hashanah, all of mankind passes before Him like sheep - they pass by Him one by one, one after the other, yet He scrutinizes them all with a single glance." Thus, the verse states: "He created all of their hearts together and understands all of their actions." (Mishna Rosh Hashanah 1:2)

Though it is intimidating to know that we are subjected to judgment, it is also liberating to know that after we pass before the Holy One, Blessed be He, we can leave behind some of the aspects of our lives, behaviour and even character. We can start fresh.

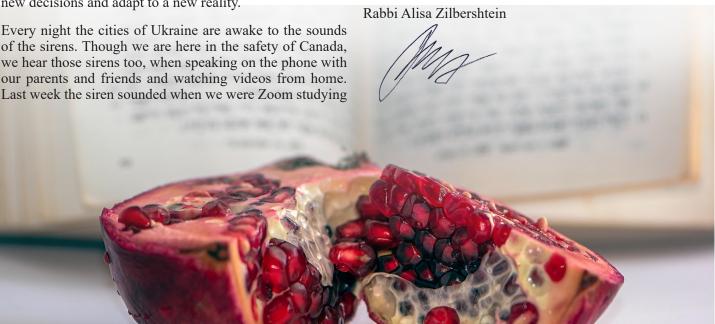
This year, many things are new for me and my husband Viktor. New country, a new congregation, a new job, new friends and new opportunities. But also new challenges, new fears, new tragedies and new pain never known before. The terrors of war uprooted our lives, and we had to make new decisions and adapt to a new reality.

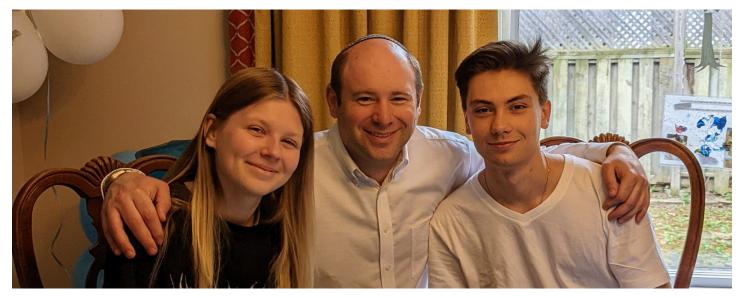
of the sirens. Though we are here in the safety of Canada, we hear those sirens too, when speaking on the phone with our parents and friends and watching videos from home. Last week the siren sounded when we were Zoom studying Torah with my students in Kyiv. I was sitting in my office thousands of kilometres away from my students, unable to protect them, and I could not stop thinking about how the sound of the siren reminds me of the sound of Shofar on the High Holidays. Just like the shofar can produce sobbing, wailing, and sustained sounds, there are different types of sirens that all Ukrainians must memorize - the sound of the air raid, the sound of a chemical attack, the sound of a nuclear strike...

A Greek Jewish philosopher of the 1st century CE, Philo of Alexandria, also finds a connection between Rosh Hashanah, the sound of shofar and war. He writes, "The trumpet is the instrument used in war, both to sound the advance against the enemy when the moment comes for engaging battle and also for recalling the troops when they have to separate and return to their respective camps. And there is another war not of human agency when nature is at strife with herself, when her different elements attack one another, and her law-abiding sense of equality is vanquished by the greed for inequality... And therefore the law instituted this feast (Rosh Hashanah), figured by that instrument of war, the trumpet, which gives it its name, to be as an offering of thanks to God, the Peacemaker and Peacekeeper, who destroys factions both in cities and in the various parts of the universe and creates plenty and fertility and abundance of other good things..."

My family and I wish you all the blessings of peace and prosperity this coming new year. May it bring only happy and desired changes in your lives. May you have a chance to start on a new path, do new things, and say goodbye to old habits, problems and difficulties.

Rosh Hashanah brings renewal and hope for a better future, but it also offers something much deeper — a chance to cleanse and renew one's soul.





Hearts and homes are being opened to Ukrainians arriving in Toronto

As written in the Canadian Jewish News by Alex Rose and published June 2, 2022

Over the last few months, Ukrainians fleeing their country in the aftermath of Russia's invasion have begun to enter Canada.

And many of them are finding gracious hosts in the Canadian Jewish community.

Rabbi Jarrod Grover, of Toronto's Beth Tikvah Synagogue, and his family are hosting a young Ukrainian couple named Vova Saykov and Sofia Balaba. A friend of Rabbi Grover's recommended he join a Facebook group for Canadians considering hosting Ukrainians entering the country, and he and his wife Carmela were immediately taken by the stories they saw posted in the group.

"I was looking at the different situations, just because I'm curious, and I start looking at these stories that reminded me of Holocaust stories," Rabbi Grover said. "When you see the pictures of the people and you start listening to what they're looking for and where they're coming from, it's very hard not to be moved. Carmela is a descendant of Holocaust survivors, and her family was saved by good people, righteous people. So it spoke to us."

Eventually, Rabbi Grover and Carmela found a post by Saykov and Balaba, who are in their late teens, and one word jumped out at them immediately: Jewish.

Saykov was the director of education at the Jewish Agency in Kharkiv. He and Sofia bounced around across Europe after fleeing Ukraine, going to France, Germany, Poland, Hungary and Portugal before eventually making their way to Canada. In Budapest, Saykov volunteered with the Jewish Agency, helping arriving Ukrainians get settled there.

When Rabbi Grover saw their post on Facebook, the couple was due to arrive in Canada in three days, with no place to stay—their planned host had to back out at the last minute. So he and Carmela reached out right away and offered their place. The couple arrived about three weeks ago, and fit right into the family dynamic, Rabbi Grover said.



"They really are an adorable couple, 19 and 18 years old. And I'm telling you, we're in love with them. We are in love with this couple... These

young people are incredible. They've been through a terrible, terrible time." he said. "They're leaving now because they already got an apartment. And Vova's parents are coming tonight. They're coming from Germany."

"But imagine, their family is coming tonight. And they said, 'We're going to stay with you for a few more days. We love living with you.' And it's not because the living arrangements are so good. It's just because this is a place where we've included them in everything. They become our family. And they said, 'We just feel so human being here, you want to understand us and get to know us. And we love being with you and your kids.""

Rabbi Grover said the whole Beth Tikvah community, as well as his network of friends, has pitched in helping Saykov and Balaba adjust as much as possible. While it was important to provide them a place to stay, he added, that is the bare minimum of what people in their situation need.

The two biggest things, according to Rabbi Grover, are kindness and guidance. Kindness because of how difficult their situation has been, and guidance for navigating a new country with unfamiliar language, norms and customs.



Saykov is grateful that he and Balaba got to stay with the Grovers, and for all the kindness the community has shown him. Being able to go to shul here has been an especially meaningful experience for him.

"I feel more like I'm in Kharkiv, in my own city, because I do this in Ukraine, and when I saw these people doing the same thing in Canada, I felt more safety here, and quiet."

Although Canadians are broadly referring to all Ukrainians entering the country as refugees, most of them do not technically fall into that category. Elise Herzig, executive director of Jewish Immigrant Aid Services (JIAS) Toronto, explained that a refugee is a specific technical term that does not apply in all cases where people need to leave their country quickly.

When Canada opened its borders up to Ukrainians, it did so under the Canada-Ukraine Authorization for Emergency Travel (CUAET). This program allows many Ukrainians to enter the country expeditiously, which is a benefit over the typical refugee system, but it does not provide the same support once they land in Canada.

JIAS is currently working with 161 Ukrainian newcomer families (over 300 people), about one-third of whom are Jewish.

Simone Goldberg had a tenant moving out of her basement apartment in the spring, right around the time Ukrainians were starting to come to Canada. Goldberg, who used to work at JIAS Toronto, got in touch with the organization and attended an information webinar.

She decided to host long-term, for six months and JIAS told her about a couple coming from Ukraine, Yosef Maxim and Alona Makarova. Maxim is Jewish, a dual citizen of Israel and Ukraine, while Makarova is in the process of converting. Goldberg also learned that Makarova is pregnant, and her expected delivery date is in September, when the couple will still be staying with Goldberg.

In anticipation of her new housemates, Goldberg reached out to her network of family and friends asking for donations of household goods. The response was quick and plentiful, as people were happy to help the couple get settled.

For his part, Maxim is appreciative of the response he and Makarova have received since moving into the Goldbergs' home. He said that so far, everybody in Canada wants to help and have been very kind. That being said, there has still been a period of adjustment for them.

"It's a little bit difficult in the beginning because... everything is new but the vibe is very good, the vibe is very positive because a lot of people are not careless and they try to help. So it's very nice.

"It's a good place to be. I wanted to come to Canada many years before, but it was not like a plan. It was like a dream. Now the dream has a little bit come true."

Finding himself in a position of need is not a familiar one to Maxim, who is used to being more self-sufficient. But, given the circumstances his family finds itself in and the clear excitement and good-will from people who want to support him, he's adjusted his usual mindset.

"It's nice to have people in the Jewish community who really try to help. I try to make things by myself, to be a little bit more independent and not every time ask for people to help me," he said. "I know that people really want to help. Because of that, we're taking the help people offer us... We try to get as much help as we can get."



Support For Jewish Communities in Ukraine



AN APPEAL FROM THE RABBIS

Beth Tikvah is helping as much as we can to assist refugees from Ukraine coming to Canada, with leadership coming from our rabbis. The need is significant, and welcoming the stranger is a foundational mitzvah in Judaism.

If you are able to assist our efforts by opening up your home for a new arrival or two, even for a short time, please contact yardena@bethtikvahtoronto.org.

If you cannot, please consider donating to Rabbi Grover's Discretionary Fund to assist with food, furniture, and other needs.

YOM KIPPUR STUDY SESSION









Reflections of a Shofar Blower

by Michael Bernstein

Im yirtzah Hashem, this Rosh Hashanah will be the 30th year I will be one of the shofar blowers for Beth Tikvah Synagogue. It all started

31 years ago when I bought a small ram's horn and I went to Moshe Bitterman, *zikhrono livrakha*, and asked him for some pointers on how to get a sound out of it. Moshe gave me a quick lesson and then told me the rest was up to me. If I was willing to put in the time practising maybe I could blow the shofar for Beth Tikvah one day.

I used that small ram's horn from 1993 until 1996. My son, Steve, spent that summer in Israel volunteering with Magen David Adom and he went shopping in Mea She'arim to find me the most beautiful sounding shofar he could. He brought home a Yemenite shofar taken from a Kudu antelope that can produce a beautiful, mellow, almost mystical sound when blown properly. I am still using that shofar. (My original ram's horn was given to Steve's oldest son, Jonah, after he turned bar Mitzvah.)

Trying to blow a shofar is not an easy thing to do. Every shofar is unique as it was a part of a living animal. The sound it produces depends on many things such as the exact angle the opening makes when placed against your lips; rotate the shofar slightly and a totally different sound may result. It also depends on how hard you press the shofar against your lips; too hard, they will not vibrate, not hard enough, you may not create the necessary seal. Furthermore, if you blow too lightly into the shofar, the sound will not be heard, but if you blow too hard, no sound comes out, only air. In short, no matter how much practising one does, you never know exactly how it will sound until the moment you blow. Yet if you don't practise sufficiently, after 20 or so notes in succession, your lips can go numb, they do not vibrate and nothing at all comes out.

Sometimes I am asked why in the world would I want to stand in front of hundreds of people with an instrument that may or may not work when I try to blow it? According to Maimonides, there is no actual mitzvah in blowing a shofar; the mitzvah is to hear the sound of the shofar. Someone has to take on this responsibility to enable the entire congregation to fulfil this mitzvah; but why me?

I remember as a child my parents would take me to synagogue on Rosh Hashanah and the only thing I looked forward to was hearing that mystical blast. Many times the shofar blower was not prepared and little or no sound emanated from his shofar and I was deeply disappointed as nothing else in the service interested me. Now I have the opportunity to try to make sure that no one leaves Beth Tikvah disappointed as I

once was. Over the years, to help me with this sacred task, I have been blessed to share shofar blowing duties with two exceptional blowers, Michael Kulik and Lou Vandelman. The skill and *kavanah* exhibited by these incredible men have inspired me to do the best that I can.

What is it that makes the sound of the shofar so special to so many of us? According to the late Rabbi Jonathan Sacks,

"Words are the language of the brain, while music is the language of the soul! The sound of the shofar touches us at the most primal level of our being."

Hearing the blast of the shofar, when done properly, can do something that no prayer in words can possibly do. The blast can actually touch our souls in a way no prayer can. It can truly be a magical, mystical moment that one will willingly sit through a long service in order to experience. When I stand on the bimah and look out over the entire congregation, I deliver a silent prayer for Hashem to help me do the very best I can to make this moment special for each one of you. I then glance heavenward asking Hashem to help me release the sound from this shofar that it was meant to produce.

The sharp, steady blast of the Tekiah, announces to us that Hashem is the King of the universe, and the Creator of everything in it; the broken, crying sound of the Shevarim, reminds us of all the time we have wasted this past year, time that we sadly, can never, ever regain; and the staccato blast of the Teruah sounds the panic button, the alarm that if we are ever going to change our behaviour and improve ourselves, the time is NOW, it can no longer be put off. Finally, the Tekiah G'dollah, the concluding very long blast helps us to recall the revelation at Mt. Sinai; "The blare of the horn grew louder and louder. As Moses spoke, God answered him in thunder" (Exodus 19:19).

This was the supreme moment in all of Human history; the only time that God spoke to an entire nation, giving us the Torah, finalizing the covenant that exists between God and the Jewish people. This covenant commands us to help God repair this world by following God's laws as set down in the Torah. That final blast of the shofar takes us back 3200 years to that auspicious moment and at the same time reminds us that that covenant is still in effect, today, as we still have much work to do to make this world a better place.

May your soul be touched by the blasts of the shofar, may its sound lead you to realize your potential to be the best person you can be and may you and your loved ones be blessed with a healthy, happy and sweet New Year!

Shana Tova,

Michael Bernstein



by Bracha Feder

Active Listening

One day, a group of young people paid a visit to an elderly man. "We would like you to teach us what you learned all these years" they requested.

"I am an old man" he replied.

"Old and wise" responded one of the visitors. "Actually, he continued, we always saw you praying, all these years. What did you talk about with God? What kind of things should we be asking of God?"

The old man smiled: "In the beginning the fire of youth raging within me made me believe I could do anything. I would bow before God and beg for the ability to change humankind. I quickly realized that this was a task far beyond my reach. So I asked God to help me change things around me."

"If that is the case, "another visitor jumped in, "we can confirm that much of your wish was granted for we have seen the influence you have had on those surrounding you."

To that the old man responded: "I did help many as I was a role model for them. Nonetheless, I knew that my prayers were remiss. Only now as I see the end of my life approaching do I realize what I should have been asking for, from the beginning."

"And what is it that you should have been asking for?"

"The strength to allow **others** to impact on **me** thus strengthening my opportunity to both maintain my core being and also be open to productive change- productive for me and for humankind."

As I sit down to write these words, I recall with mixed feelings when Tisha B'Av, the day of mourning was fast approaching. Why recall Destruction and Exile while I hear through my 'Jerusalem' window the laughter of children and the hammering of builders? There is no denying that Yerushalayim is alive, ever-developing and thriving. However, we traditionally attribute the events of Tisha B'av to *sinat chinam*- baseless hatred between fellow Jews. There is also no denying that parallel to national, close-knit, familial feelings, internal strife still persists. So, I guess there is a place for this day - in our day.

The opening story suggests a strategy for stilling disturbing disagreements. Ours is a tradition that has always valued constructive controversy, so it is not an end to disagreement that is called for- just an end to the ugly tone of any debate.

As former President of Israel, Reuven Rivlin said: "We

need to learn NOT how to agree with each other but how to disagree with each other."

Philosopher, David Hartman z''l echoes the old man's ultimate belief:

"Hearing does not imply agreeing; hearing implies a recognition that I have what to learn from others, that if I am going to live with others, I must know them as they understand themselves and that if I know the other I can also deepen understanding of myself. Very often we believe that if I am willing to hear you that I have given you some type of victory and if I make space for your voice I am diminishing the significance of mine. That's why we shout so often in our personal and public exchanges, We don't shout so that our voice will be heard, we shout in order to protect ourselves from hearing."

Recently, we have completed reading Sefer BaMidbar/ Numbers. It clearly points out to us that while the goal of the journey in the desert is the creation of a nation, each tribe is to maintain its significance and unique character: "The Children of Israel shall encamp each with his flag, under the banners of their ancestral house; they shall camp around the Tent of Meeting at a distance." (2:2) Unity does not mean onemindedness or single-mindedness. Each tribe and each individual of that tribe has its own contribution to make to this project: Am Yisrael.

Is creating a listening society an easy endeavour? It is not. But Yechiel Michel Epstein, author of the halachic code *Aruch HaShulchan* encourages us to try. In Sefer Devarim/ Deuteronomy 32:42 we read: "Therefore, write down this **shira** and teach it to the people of Israel..."

Interestingly, when instructing Moshe and Yehoshua regarding the mitzvah of writing a Sefer Torah, God uses the word **shira** instead of Torah. Today shira means a poem but in Biblical times it meant either a poem or a song. Rabbi Epstein suggests: "All the disputations of the rabbis throughout the ages represent the words of the Living God.... Indeed, that's the magnificence of our Torah. The entire Torah is one song, and it is the harmonic combination of different and distinctive voices that makes listening to a choir a transcendent experience."

Let us all be blessed with the old man's strength. Shana Tova!

Bracha Feder has shared her passion for learning and teaching with teens, adults and teachers for years. She holds an M.A. in Jewish Thought and Education from the Hebrew University. She was Instructor of Ethics in Jewish Living for the Florence Melton Adult Mini School of the Hebrew University in Toronto for 12 years.

Currently, she offers Synagogue Adult Education courses and on topics such as Jewish Thought, Tanakh, Tefillah, Shabbat and Holy Days. Visit the Beth Tikvah website to see when Bracha will be doing her next class on Zoom.



LEARNING WITH BRACHA FEDER





TOWARDS OUR DAYS OF REFLECTION AND RENEWAL

SEPTEMBER 14

Images of Repentance:

Elazar b. Dordaya, Elisha ben Abuya and Rabbi Jonah

SEPTEMBER 21

High Holyday Thoughts PART I:

Ruth Calderone, Michah Goodman and Shraga Bar-on

SEPTEMBER 28

High Holyday Thoughts Part II:

Rav Yehuda Amital, Rabba Dalia Marx and Noam Zion

JOIN US ON ZOOM Wednesdays at IPM





The Upcoming Israeli Election and Other Topics Making the Headlines

Sunday, September 18 @ 11:00 AM on Zoom

Do You Know Who Does What at Beth Tikvah? Get Reacquainted with Your Beth Tikvah Staff

You may have not have visited the Beth Tikvah office recently so now it's time for a refresher on your Beth Tikvah staff. There are so many parts to running a synagogue, this small team goes the extra mile to ensure that services, programs, simhas and the daily operations of the shul are a success.

Renée Cammy



I'm so happy to be part of the Beth Tikvah family. I probably have spoken to all of you at some point during my 8+ years here. I manage all memberships, accept your donations, work on High holiday plans, manage programs like lunch and learn, work alongside the controller, act as a first point of contact on many aspects of shul life. It brings me joy to be a part of this family and get to know yours. Beth Tikvah has become my home away from home.

Outside of work, I spend my time with family and our dog, Redford. I have two daughters 19 & 17 and my husband Jeremy & I just celebrated 22 years! Walking, hiking and road trips consume my time and allow me the chance to unplug and unwind. Given the pandemic and hopefully a return to normal, I'm excited to book travel to far away destinations. When I am home, you can find working out on the Peloton, binge show watching or redecorating. And after a long day—I'll gladly unwind with an old world wine.

Rivka Campbell



I am responsible for the management and operations of the synagogue. I interface with/report to the board on all synagogue management and operational systems, day-to-day oversee the operations of the synagogue, including all programs, events, committees, nonclergy staff, fundraising, board communications, fiscal management, membership, public relations and food service coordination. Nothing

gets done without the team and I am proud of the great team we have.

When I'm not working at Beth Tikvah, I host a CJN podcast, read, watch movies and documentaries, listen to music, travel, hang out with family--which includes Tali, the d-o-g.

My beverage of choice while working is Elite vanilla coffee.

Julio Alfredo Cortez



I am the Custodian at Beth Tikvah and have been working here for 23 years. Every program run by the Synagogue, I set up/clean up and make sure everything is running smoothly (audio, enough chairs, snacks, movies, etc). I set up for Bat Mitzvahs, Weddings, etc. I also do all maintenance work including shovelling the snow,

cutting the grass, and wiping the windows. I also maintain the cleanliness of the Synagogue. This includes washing the carpet and buffing the floors. I also secure and ensure the safety regulations of the building.

On Shabbat, I ensure everything is running properly making sure the custodial staff are doing their part (from service set up to kiddish and clean up after).

When I am not working at Beth Tikvah, I relax at home and like to watch movies. I also enjoy spending time with my family in the backyard and BBQing.

My drink of choice is coffee, coffee and more coffee!

Yardena Davis



My name is Yardena Davis. I am the Rabbis' Assistant at Beth Tikvah and handle not only their very busy calendars, but I also work with our members on Lifecycle Events. Yahrzeit notices, Memorial Plaque orders, Bnei Mitzvot, Baby Naming and Aufruf ceremonial preparation and paperwork along with bookings for Weddings, Unveilings and Funerals.

I am privileged to be able to produce our yearly Passover Guide, Shavuot Baby presentation and even the weekly announcements

on behalf of our President. Being a frum mother of 3, I am aware and fluent in all religious aspects of Beth Tikvah life, as well as the pressures that go along with seasonal holiday preparation and weekly Shabbat excitement.

Working with our staff and membership at Beth Tikvah is a welcome escape from my busy home life. During moments where my time is not spent on either one, I enjoy rowing, embroidery, volunteering at my daughter's school and at Chai Lifeline Canada. I also am blessed to be able to bake challahs weekly.



Roy Gutierrez



You'll find me all around when I'm at work at Beth Tikvah Synagogue. A handy man, from changing light bulbs to security duties, I make sure the place is clean, tidy and in order, while assisting members that need any assistance.

When I'm not at work at Beth Tikvah Synagogue, I'm doing the

same kind of work at home, by taking care of 10 unit rentals (3 Houses side-by-side).

I like drinking ice-cold soft drinks while working.

Revi Laufer



As Interim Youth and Young Family Coordinator, I help our leaders of tomorrow strengthen their connection to Judaism and Israel. I aid in running Mitzvah and tikkun olam projects. I help keep people active and healthy!

I have a love for Judaism, music and working with children. I run my own

business called R&B Sports where I run programs for kids and adults. I DJ, enjoy sketching/drawing and photography but most importantly, I love spending quality time with family and friends!

While working, you'll catch me drinking water and more water. If I'm lucky and can find a mango bubble tea around, I'll be drinking that too!

Ainash Yessenbekova, CGA, CPA



I am in charge of monitoring Beth Tikvah Synagogues's accounting operations which includes maintaining, managing and analyzing financial statements, payroll, budgets, tax compliance, annual audit support and more. The work I do ensures that money is allocated for programs and services to run as well and gives

the executive the ability to make informed decisions on the running and maintenance of the synagogue.

In my spare time I do a lot of sport activities such as biking, skiing and paddle boarding. I love camping.

What is your beverage of choice while working? Water:)

Gayle Kertzman



I grew up at Beth Tikvah (my family have been members since 1974), and I relish being involved in all aspects of the evolution and sustainability of the Synagogue. I sit on many committees (Catering, Membership, Vision, Adult Ed & Israel Affairs) and enjoy collaborating with our members to execute our vision for programs

and community outreach. As a logistics specialist, I am responsible for finding and booking interesting speakers, planning for Kiddush, holidays, Shabbat dinners and special events and in charge of managing the full Shul calendar. With a background in event management and public relations, the most rewarding part of my job is helping our families plan and celebrate their most important lifecycle events.

When I'm not at Beth Tikvah, I am either swimming at the pool, writing in my journal, shopping at Yorkdale, cheering for the Blue Jays, binge watching Netflix (Outlander, The Crown, Virgin River and Bridgerton), gathering with friends and being a mother to my two university-age daughters, Elana, Eryn and dog Buddy. Of course, I can't forget being a wife to my husband of 24 years - Stephen!

My beverage of choice is a refreshing can of Perrier!

Daniel Nurgitz



There are many parts to my role but it can be summed up by saying I communicate information to members and facilitate program registration and participation. The fun part of my job is to be creative in making my messages interesting and engaging. I hope you have been enjoying the flyers, e-mails, Ma Nishma newsletters and other

publications that I have designed.

Something I didn't realize but really appreciate now is how engaged and active the membership of Beth Tikvah is. Information from the board, the staff, the various committees, the clergy and from the members channels its way to me and I turn that into visual communications for you. It's challenging and fun and keeps me very, very busy.

When I'm not in front of my computer working on Beth Tikvah projects, I'm busy being a father to my three children. They are 21, 18 and 12. In my spare time, I love going for hikes, doing nature photography and learning about healing plants and fungi. I'm also an avid board gamer.

As I write this, I'm drinking matcha and brown rice tea.

Ellie Reinblatt



As the Youth and Young Family Coordinator my job is to Judaism make accessible and fun for families with young children and those who are still incredibly

young at heart! The programs I plan range from giant outdoor Hanukkah celebrations and family-friendly High Holiday services to intimate mom groups and online cooking classes. As part of a young family myself I want to bring to our members what I envision wanting for my own family as members of a youthful and innovative synagogue!

When I am not working, my favorite pastime activity is cooking and baking up a storm. I especially love bringing my little sous chef, Joey, into the kitchen with me to share in my love of baking.

My favorite beverage to drink while working at Beth Tikvah is coffee. Did I mention I'm the mom of a young family?

Danny Tiano



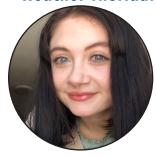
I do my best to maintain the building, along with my staff for all it's cleaning, heating, cooling, electrical, plumbing and general repair needs. I manage sound and lighting and livestream systems so people can participate from their homes. I take care of all High Holiday setups and teardowns.

I work with clergy and office staff on upcoming events to make sure that each space is right, including setting up enough seating, microphones for the presenters, audiovisual equipment if needed, tables for food and security for larger events. I ensure that everything is ready for Shabbat and holidays. I often meet with congregants to discuss their upcoming Simhas, and give input. I have worked here over 30 years.

When I'm not at Beth Tikvah, you'll find me just spending time with my wife and kids. Ingrid, Jamal (nephew I raised, 25) Cristiano 9, and Gabriel 7.

My choice of beverage while working is cold water.

Heather Theriault



At Beth Tikvah my role is the Marketing & Communications Assistant. In this position I help make various marketing materials such as flyers and help to keep the website updated.

You may also hear me on the other end of the phone if you ever call the Shul!

Outside of the synagogue I study at York University and am currently in my final year of the Theatre Production and Design program. Besides school, I keep busy by spending time with my family and friends, and my pet guinea pigs too!

My beverage of choice at work is a split between two drinks; the first is coffee, and the second is water (I know, generic)!

How to Contact the Beth Tikvah Staff:

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Executive Director - Rivka Campbell(307) rivka@bethtikvahtoronto.org
Programs/Events/Community Relations Gayle Kertzman(300) gayle@bethtikvahtoronto.org
Membership/Accounting - Renée Cammy(316) renee@bethtikvahtoronto.org
Communications & Marketing - Daniel Nurgitz(302) daniel@bethtikvahtoronto.org
Controller - Ainash Yessenbekova(304) ainash @bethtikvahtoronto.org
Youth & Young Families - (Interim) Revi Laufer(331) revi@bethtikvahtoronto.org
Rabbis' Assistant - Yardena Davis(312) yardena@bethtikvahtoronto.org
Clergy: Senior Rabbi - Jarrod Grover

Ritual Director - Irv Kirshenblat.....(308)





An Update from Gayle Kertzman, Director of Programs, Events & Community Relations

As we look forward to our Fall/Winter programming, it is important to acknowledge the successful programs of the year so far.

Gayle Kertzman

While we had hoped to return to in-person programs for the

first half of 2022, we had to pivot once more to deal with the ups and downs of the pandemic. Online engagement with our members and the community continued to remain high. We customized our programming to meet the needs of our membership by offering our small group classes that include: Mediative Yoga with Orli; the BT Walking Group and our weekly study sessions with educator Bracha Feder.

Just some of the other highlights of our 2022 programming included Rabbi Grover's engaging interview with Elisha Wiesel, conversations with Canadian authors Rosemary Sullivan, Samantha Bailey, Marsha Lederman and Gary Barwin and our renowned Spring Lunch & Learn series. We also partnered with Beth Sholom to host an in-person, special weekend with Israeli-Canadian journalist, Matti Friedman and we brought together key Jewish national organizations to discuss solutions to combating Anti-Semitism at the University of Toronto.

If you missed any of these programs, please head to the Beth Tikvah website or the Beth Tikvah YouTube page to watch all of our programming.

In the coming weeks we will continue to build community relationships with other Toronto Synagogues and with other Jewish organizations. Our fall lineup with include our Lunch & Learn series, along with upcoming genealogy seminars and a program with Bonnie Stern. Our Musica, Israel Affairs and Beth Tikvah Women committees are also working hard to plan engaging programs and events. Make sure to check our weekly emails and website for registration details and updates. As 2023 approaches we look towards connecting with Israel as we lead up to the 75th birthday celebrations in the spring.

Thank you to the volunteers who sit on our Adult Education and Israel Affairs Committee. We appreciate their support and guidance.

If you have programming ideas and would love to join our committees, please reach out to me. It is important that members lead the direction of our programs and <u>events</u> and we welcome involvement from all of you.



Beth Tikvah Adult Education Committee

Front Row: Stan Solomon and Mona Brown **Back row, left to right:** Rivka Campbell, Nancy Machtinger, Fran Caine, Marlene Axmith, Marcia Zalev, Rona Arato, Rona Armel & Gayle Kertzman

Not in photo: Howard Price and Rosalyn Steiner



Israel Affairs Committee

From left to right: Merle Goldman, Rabbi Alisa Zilbershtein, Arthur Zalev, Marcia Zalev, Gayle Kertzman, Shirley Anne Haber and Chair, Howard Price

Not in photo: Rivka Campbell

Update on Lifecycle Events at Beth Tikvah

The second quarter of 2022 was one of the busiest for lifecycle events at Beth Tikvah! We hosted everything from baby namings to Aufrufs, twice-weekly Bar and Bat Mitzvahs and even four Weddings! Members also celebrated milestone birthdays and anniversaries by sponsoring an enhanced Kiddush. Two years of celebrations were made up for in May and June alone! Our special June 5th Kiddush to honour Doris Alter and Rabbi Sachs was well-attended with over 200 members enjoying our Middle Eastern lunch and tributes by Rochelle Thompson and the Feldberg family. A special thank you to Hayley Braverman, Rivka Campbell and everyone who supported our meaningful send-off.

This fall is also going to be a very busy time as we host Bar and Bat Mitzvahs almost every weekend after the High Holidays and heading into the holiday break in December. With the easing of Covid restrictions and our ability to gather once again, it is warming to see the energy return to the building. We are glad to see that our four Kosher Caterers are thriving and are ready to help you plan a spectacular meal for your guests. For those looking to book their celebration at Beth Tikvah, we have a number of spaces to accommodate your simcha and we are able to customize the space to suit your needs. We have hosted events from 25 guests to 300 and can accommodate everything in between.

Feel free to contact me if you would like to book your simcha at Beth Tikvah. We have availability in 2023 and can book member Bar/Bat Mitzvahs three years in advance. Those having a lifecycle event at Beth Tikvah can also take advantage of our livestream system in the Sanctuary that helps you connect with family and friends who can now be part of celebration virtually.

Wishing you and your family a Shanah Tovah!

-Gayle Kertzman



Beth Tikvah is booking into 2024 for events big and small! Reserve your date today. Speak to Gayle to learn more: gayle@ bethtikvahtoronto.org



Weddings at Beth Tikvah to Suit Every Couple!

- intimate spaces for smaller weddings
- large social hall for bigger weddings
- choice of 4 quality, Kosher caterers
- amazing clergy & warm atmosphere

3080 Bayview Ave, Toronto 416-221-3433 www.bethtikvahtoronto.org







Our 2022 High Holiday Campaign

A Million Dollar Challenge!

The Beth Tikvah congregation has a beautiful history of fulfilling the mitzvah of Tzedakah on the High Holidays, an effort initiated and supported by Rabbi Grover.

Over the past two years, our Kol Nidrei Appeal has been transformed into a remarkably successful High Holiday campaign, unlike any other in the city. Inspired by the generosity of an anonymous donor, contributions by Beth Tikvah members to our annual effort have more than tripled, providing our synagogue with critical funding while under the fog and financial constraints of COVID.

Our anonymous donor is so proud of our Beth Tikvah community, a new and different challenge is being extended this year. Having already contributed \$800,000 over the past two years, the donor's goal is to bring that total to \$1,000,000 and is once again offering to match every dollar contributed by other members, up to \$200,000. We are truly blessed.

And here's the twist... not seeking any personal recognition, the donor would like the entire congregation to share in the joy of this accomplishment by marking the event with a special evening of music, community and celebration for the entire congregation, but only if we achieve this year's combined \$400,000 campaign goal!

I encourage all our members to take time between now and Yom Kippur to consider the importance of being part of our caring Beth Tikvah family.

Please support the High Holiday campaign at whatever level you are comfortable and may we celebrate this remarkable milestone together!

Shana Tova U'metukah

Doug Millstone







October 13, 2022 to April 27, 2023 in the Beth Tikvah Gym REGISTER: www.bethtikvahtoronto.org/floor-hockey











Shalom from Beth Tikvah Women

"Good friends are like stars. You don't always see them, but you know they are always there."

Join Beth Tikvah Women this year and develop new friendships and rekindle old friendships. For \$30, you too can belong to this amazing group.

Our year will begin with a presentation by our assistant Rabbi Zilbershtein. She will discuss her experiences at the Jewish Theological Seminary and how Torah Fund has enhanced her life.

Next, in November, join Beth Tikvah Women and the International Northeast Region of Women's League of Conservative Judaism as we welcome author Maggie Anton. Maggie's latest work is The Choice: A novel of Love, Faith and the Talmud.

This is just a small sample of some of our amazing upcoming programs. We have continued having programs throughout the pandemic. You too can enjoy socializing with a great group of women.

Wishing you and your family a happy and healthy Shana Tova U'Metukah.

Adele Weinstein
President of Beth Tikvah Women



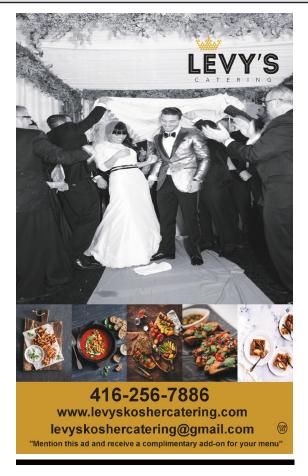
Photos from the BTW Member Appreciation Lunch



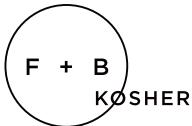


Beth Tikvah's Kosher Caterers: Ready for all your Holiday or Shabbat Meals









Influencers of Kosher Catering



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Musica Beth Tikvah

Shalom Friends!!

We are thrilled to tell you that Musica Beth Tikvah is back with a bang, to bring you another year of celebratory entertainment!

Why celebratory you ask? That's right, Israel at 75 is our theme for the year, and what a joy it will be to share it together.

Many exciting musical programs are in the offing, so just to whet your appetite, take a look at the following and save the dates, then watch your inbox for further details.

Musica Beth Tikvah is delighted to present:

Gabi Epstein starring in: Don't Rain On My Parade, an Evening of Jewish Broadway

November 27th at 7:30 pm



Join award-winning actress and cabaret performer Gabi Epstein she as shares her favourite songs and stories of Jewish Broadway. As a Jewish musical theatre performer, Gabi has had the unique opportunity of performing in many Jewish-themed musicals over the years. She'll sing the classics from

"Fiddler" to "Funny Girl" to "Little Shop of Horrors" but will also entertain with songs from lesser known shows like "Falsettos", "I Can Get It For You Wholesale" and "Stars of David".

Gabi's unique storytelling will have you connecting to these songs in a whole new way and will no doubt have you singing along.

Hailed "Canada's Queen of Cabaret" by CTV, Gabi is one of the country's top stage and cabaret performers best known for playing Audrey in "Little Shop of Horrors" at the Stratford Festival and Fanny Brice in "Funny Girl" at the Segal Centre and for the Harold Green Jewish Theatre. Her almost 20-year career has brought her from the stages of Mirvish to NYC but there is nowhere she'd rather be than right here at home.

So join us for this wonderful, musical evening on Sunday, November 27th at 7:30 p.m. at Beth Tikvah. This event is free and will also be livestreamed. We hope to see you there!

February 6, 2:30 pm - Shabbat Shira plus Tu BiShvat In Song

Staying relevant and fun, our celebration will have a ritual service/ceremony, with Rabbi Grover and Rabbi Zilbershtein, tying in Tu BiShvat with climate change and the environment. Hazzan Tibor Kovari, Kati Szabo Kovari and Orli Borovitch and the well-loved Beth Tikvah band will add the musical component of this joyous time. Come prepared to sing along!

May 8th 8:00 pm - Lag B'omer and Happy Birthday Israel!

To really celebrate Israel at 75, join us for the music of Israel and highlighting the rich diversity of the country, a musical melting potpourri of people and song. Beth Tikvah's strong commitment to diversity will form a part of this program.

All of the above programs will be in person at Beth Tikvah as well as online and free of charge.

May 30 8:00 pm - Jewish Music Week at Beth Tikvah in Honour of Israel.

Introducing the inaugural appearance of Beth Tikvah Cameratta Orchestra, a collection of talent you will not want to miss. This will be a musical highlight, to be sure.

*While these programs are free of charge, Musica Beth Tikvah is grateful for any contributions you may wish to make. This will help us continue to bring high-quality musical programs to you.



February 14-23.23

A journey to Israel designed by women – for women.

9 days of celebrating Israel's best, together.

Experience Israel's breathtaking natural wonders and diverse modern culture while indulging in the local food and wine scene. Together we will connect with dynamic Israeli women, each of whom are influencing their communities and making an impact in Israeli society.

We invite you to join Chef Shawna Goodman and Via Sabra for this moving, joyful and life-changing trip!

Visit www.viasabra.com/shefa for more information.

"Shefa Journey provides a fresh new way to connect with Israel-both the physical land and its rich and diverse people. You meet the most unique people who are advancing and shaping our country and bettering our society. And all that is accompanied by great food, wine and wonderful new friendships!

Can't wait for the next tour!"

Leelah, Shefa Journey February 2020

This trip is kosher | Limited to 18 Guests
For more info, contact us: chefshawna@gmail.com
shefa@viasabra.com | www.viasabra.com
+972-35188188



B'not / B'nai Mitzvah



Zoe Amar

Bat Mitzvah: June 9, 2022

Daughter of Philip and Michelle Amar. Sharing in celebration is sister Samantha and proud grandparents Barry and Davida Lipkus and Daniel and Sonia Amar.

Zoe currently attends Anne Frank Public School. Zoe loves to swim, play baseball, and dance. Zoe swims competitively, training 3 times per week for NYAC and qualified for the Ontario Central Region Long Course Team Championships. During the spring/summer months, Zoe plays softball for the Richmond Hill Rebels in the house league division and also plays on the U15 select team and has also been called up on occasion to play for the U17 select team and won MVP in a friendly game with Newmarket. Zoe also loves to dance, create Tik Toks and spend time her friends and family.

Zoe celebrates Jewish holidays with Ashkenazi and Sephardic traditions.

She chose to have her Bat-Mitzvah at Beth Tikvah to continue the simchas celebrated there. Her mother had her Bat-mitzvah there and her parents were married at Beth-Tikvah.



Marlee Cohen

Bat Mitzvah: June 2, 2022

Daughter of Lindsay and Jeff Cohen and big sister of Sophie and Winnie. Proud grandparents are Renee and Alan Birnbaum and Roz and David Cohen. Marlee recited Parshat Bamidbar, chanted the Hatzi Kaddish, and prepared a meaningful D'var Torah in commemoration of her Bat Mitzvah.

Marlee currently attends Herbert H. Carnegie PS, spends her summers at Camp Tamarack, and is a competitive dancer.

Marlee chose to celebrate her Bat Mitzvah at Beth Tikvah because it is a place that holds meaning for her as many previous family simchas have been celebrated here. She enjoyed participating in the B'not/B'nai Mitzvah Program and used the 3D Yad she designed during her Bat Mitzvah service.



Kylie Lackman-Caplin

Bat Mitzvah: May 14, 2022

Daughter of Felice Lackman and Sheldon Caplin. Sharing in the celebration were older siblings Nathan and Maddy, grandparents Sheila & Phillip Lackman and Marilyn Caplin, and great-grandmother Ellen Steinhart. Sadly missed for this special occasion was her late grandfather Stanley Caplin z''l.

Kylie currently attends Toronto Prep School and when not playing hockey she adores hanging out at the family cottage on the Lake of Bays where she swims, windsurfs and drives the motor boat. She enjoys participating in Beth Tikvah youth programs and attended the shul's B'Nai Mitzvah program. Kylie truly appreciated the guidance she received from Irv Kirshenblat in learning parsha Emor, the same parsha read by her mother on the occasion of her Bat Mitzvah.





Matthew Rosenblatt

Bar Mitzvah: June 16, 2022

Son of Tara & Craig Rosenblatt. Sharing in the celebration were big sisters Zoe and Ryann, and proud grandparents Natalie Cutler and Basil and Caroline Rosenblatt. Matthew's Zaidie Sheldon Cutler who was not able to attend was sadly missed.

Matthew is currently spending his summer at Camp B'Nai Brith of Ottawa and then in Israel to continue his bar mitzvah celebrations. He will be in his last year at Wilshire Elementary School this coming September. When not in school, Matthew enjoys karate training, snowboarding and is an avid gamer. We were very grateful to celebrate Matthew's Bar Mitzvah surrounded by our family and friends in Toronto. Mazel Tov and may you always be happy!



Solomon Shankman

Bar Mitzvah: April 9, 2022

Son of Jodie Wolkoff and Neil Shankman. Proud grandparents are Sally and Aaron Wolkoff and Irene and Jerry Shankman. Also celebrating is Solomon's proud sister Faith.

Solomon attends Northlea Public School. Solomon (aka Solly) loves to spend time with his friends, his family and his dog, Jazz. He's athletic and excels at most sports but his passions are hockey, tennis and ski racing. He spends every Friday night having Shabbat dinner with his grandparents, aunt, uncle and cousins. He also loves spending time at the cottage with family. Solomon's mother had her bat mitzvah at Beth Tikvah and it was a thrill for Solomon to celebate his bar mitzvah at Beth Tikvah as well.



Dylan Strashin

Bar Mitzvah: June 23, 2022

On June 23rd, Dylan Strashin was joined by friends and family on the joyous occasion of his Bar Mitzvah. Dylan is the son of Jamie Strashin and Shana Cohen and brother to Jill and Wesley. Grandparents Bryna and Murray Cohen of Ottawa and Pam and David Strashin of Toronto all shared in this important milestone. It was especially meaningful to share this simcha with family and friends in person after such a long time apart. Dylan made everyone proud by doing a great job reciting Parashat Shelach and delivering a heartfelt D'var Torah that tells the story of the Israelite spies in Canaan.

Dylan is a grade 8 student at Upper Canada College. His greatest passion is playing sports of all kinds. He's a proud member of North York Blues AAA baseball team and a goalie on the Leaside AA hockey team. Most importantly, he is a loving big brother and a great son. A special thank you to Rabbi Grover, Cantor Kovari and Irv Kirshenblat for making this special day possible and providing a meaningful and enriching experience.



Bella Tick

Bat Mitzvah: June 24, 2022

Daughter of Rob Tick and Michelle Fuss. Sharing in the celebration were older sisters Avery & Lily, and proud grandparents Stanley & Elizabeth Tick, and Irwin & Sandra Fuss. Bella is a grade 8 student at Toronto Prep School and spends her summers at Camp Walden, her home away from home. Outside of school, Bella is part of a competitive dance team and dedicates many hours to training and competing in a number of dance styles. She marked the milestone of becoming a Bat Mitzvah by leading the Kabbalat Shabbat service surrounded by family and her closest friends, followed by a beautiful Shabbat dinner. She also received the honour of opening the ark and being called to the Torah for an Aliyah on Shabbat morning. As new members, we are grateful to the Beth Tikvah community for making Bella's Bat Mitzvah celebration such a meaningful experience for our family.

CELEBRATING A BAT/BAR MITZVAH IN 2022/2023? BNOT/BNAI MITZVAH Program 2022/2023 Join with our YYF Team to learn about Judaism

Mitzvah projects

and tikkun olam

through fun and social activities!

- Meet new friends
- Fun & Interactive social programs







EVENT DATES

INFORMATION SESSION:

Wednesday, October 19th, 2022 7:30 PM on Zoom

SAVE THESE DATES:

- Sunday, October 30th, 2022
- Sunday, November 13th, 2022
- Wednesday, November 30th, 2022
- Thursday, December 15th, 2022
- Thursday, January 19th, 2023
- Thursday, February 16th, 2023

For Further Information Contact revi@bethtikvahtoronto.org



Youth and Young Families (YYF) and the Mitzvah of Giving Back

At Beth Tikvah, our Youth and Young Families are immersed in an array of programs that focus on Judaism, giving back and the importance of *Tikkun Olam*: fixing the world, one *mitzvah* at a time.

We want to teach our youth that even one small good deed can make a big difference. Doing a *mitzvah* doesn't only entail giving *tzedakah* (monetary donations), but rather giving of yourself and your time. From packing meals, to cutting and donating one's hair, to volunteering at a shelter or entertaining the elderly, giving back is a *mitzvah* with a meaningful return.

Today's youth are the future of tomorrow. Teaching them the importance and relevance of *mitzvot*, will impact generations to come. Our youth take part in Shabbat and holiday programs, in fun and active events, learning Jewish traditions, Torah, stories, and about our homeland, Israel. Our B'not/B'nai Mitzvah program, offers the opportunity to meet other Jewish youth from across the GTA, make connections with other Jewish organizations, and learn the importance of Tikkun Olam.

They learn the responsibilities of living a traditional Jewish life, including the customs and values of the ways of the Torah. In addition, Beth Tikvah offers High Holiday services for our YYF community whereby children of all ages participate in *tfillot* (prayers) and *zmirot* (psalms). Learning the importance of *Yiddishkeit* and a love of Judaism, Israel and *mitzvot*, is vital now more than ever. We must instill the values of leading a Jewish way of life in our children, so that they may continue to experience the traditions of our ancestors and keep the flame of Judaism and the stories of our people alive.

Wishing you all a Shana Tova and looking forward to having you join us for some amazing YYF activities!

Revi Laufer

Interim Youth & Young Families Coordinator



Holocaust Survivor Food Drive at Beth Tikvah



VOLUNTEERS WANTED

All events will require volunteers, and community service hours will be given to high school students. Volunteers can help package and put together boxes, as well as distribution to the survivors around the city.

If you're interested in getting involved please email revi@bethtikvahtoronto.org



- Sept 13-14th: Porch pick up
- Sept 18th from 10:30 am to 1:30 pm: Packing Day
- Sept 19th & 20th: Distribution Day

Food must be Kosher and non-perishable

Ideas include:

Rice Beans Juices
Canned Corn Candies/Chips Oil
Canned Tomatoes Tuna Soups
Canned Vegetables Gefilte fish Dry Pasta

MAZEL TOV TO THE FOLLOWING:

Bat/Bar Mitzvahs:

Heather & Brahm Goldenberg, in honour of the Bat Mitzvah of their daughter, Isabelle Goldenberg, this past Thursday. Grandparents are Nancy Goldenberg and Shirley & Lou Greenbaum. Great-grandmother is Helen Greenbaum.

Hayley Colt and David Zarek in honour of the B'not Mitzvah of their daughters Meera & Janna Zarek. Grandfather is Don Colt.

Mel & Randy Gordon on the Bat Mitzvah of Skyler. Grandparents are Alfred Gordon and Benjamin Silvio.

Ava Kwinter & Dean Irvine on the Bat Mitzvah of their daughter Mila Helene Kwinter Irvine. Grandparents are Gayle & Alf Kwinter.

Linda & Irv Kirshenblat and Gayle Spetter and Erwin Spetter on the Bar Mitzvah of their grandson, Ethan.

Alisa & Michael Feldbloom on the Bar Mitzvah of their son Cole. Grandparents are Phyllis & Ken Feldbloom, Claire Silver & Harry Boxer.

Salvatrice and Alden Birman on the Bar Mitzvah of their son Brandon. Grandparents are Marilyn & Norton Birman

Marnie & Marc Mednick on the Bar Mitzvah of their son Zachary. Grandparents are Trudy & Jack Gelber and Barbara Mednick.



Mazel Tov to Marcia & Arthur Zalev on the Bat Mitzvah of their granddaughter Amanda Rankin whose Bat Mitzvah was May 7th in Berkeley California. Parents are Suzanne Zalev and Craig Rankin.

Anniversaries & Birthdays:

Myer Sankiewicz, father and father-in-law of Linda and Irv Kirshenblat, on his 100th birthday.

Linda Garshon & Family in honour of Jerry Garshon's 87th birthday.

Debby Solomon & Family in honour of Stan Solomon's 85th birthday.

Linda & Leonard Sadinsky on their 50th wedding anniversary May 7, 2022.

Adele & Steve Weinstein on their 40th wedding anniversary.

Weddings:

Melanie Steinberg & Zachary Potashner in honour of their Aufruf. Parents are Melissa & Wayne Potashner and Isla & David Steinberg. Grandparents are Sheila Ocopnick and Shirley & Bert Potashner.

Ilana Naiman & David Ferreira in honour of their Aufruf and Wedding. Parents are Ruth Weintrop & Elli Naiman and Natalia & Ernesto Ferreira. Grandmother is Doris Hall

Taylor Dayton & Samuel Pelcowitz in honour of their Aufruf and Wedding. Parents are Staci Ulrich & Howie Dayton and Audrey & David Pelcowitz. Grandparents are Harry Ulrich and Anthony Dayton.

Meagan Binder & Joshua Greenbaum on their Aufruf and Wedding. Parents are Trish Binder, Joel Binder & Janet Bomza and Shirley & Garry Greenbaum. Grandparents are Fran & Herb Binder, Carol & Alvin Pettle, and Helen Greenbaum.

Chloe Pasternak & Adam Trapid on their Aufruf and Wedding. Parents are Mona & Mark Pasternak and Michelina Sardella & Mitchell Trapid. Grandparents are Ethel & Ray Pasternak.

Jennifer Armel & Noah Litvak on their Aufruf and Wedding. Parents are Trish & Ian Armel and Judy & Michael Litvak

Baden Russell-Petigrow & Zane Colt on their Aufruf and Wedding. Parents are Frances Russell & Gary Petigrow, Lisa Colt Kotler & Andrew Kotler and Howard Colt. Grandparents are Harry Colt and Gail Carr.

Ashley Livingston & Cory Litwin on their Aufruf and Wedding. Parents are Beatrice & Thomas Livingston and Cynthia Pinkus Litwin & Jules Litwin.

Caroline Alpert & Jeremy Fox on their Aufruf and Wedding. Parents are Kathy & Jeffrey Alpert, and Bella & Irving Fox. Grandmother is Marika Horak.

Rebecca Lipkus & David Nadler on their Aufruf and Wedding and the naming of their daughter Leah Hana Nadler. Parents are Yona & Sam Nadler, Terry & Lorne Lipkus. Grandmother is Libby Lipkus.

Rachel Mailach & Daniel Gottfried on their Aufruf and Wedding. Parents are Elaine Zuck & Bernard Mailach, Shaina & Jason Gottfried. Grandparents are Dr. Victor Zuck, and Naomi Erlick.

Samantha Cooper & Jordan Freedman on their Wedding. Parents are Lori Sone Cooper & Daniel Cooper and Alan Freedman. Grandparents are Elaine Sone, Bonnie Lawrence-Shear & Allan Cooper.



Births:

Abby & Howard Brass on the naming of their daughter Sawyer Willow Brass. Grandparents are Carol Tenenbaum, Michael Tenenbaum, Rachel & Jack Brass.

Sunisa Norateethan & Kevin Treger on the baby naming of their daughter Arya Brielle Treger. Grandparents are Deborah Treger and Leon Treger.

Myrna and Ed Levy announce the arrival in June of their third great grandchild, Savannah Heart, daughter of Jordana and Ziv Levy. Her paternal grandparents are Etti and Steven Levy.

Toby Maskowitz on the birth of her great-grandson Oded Moshe. Parents are Aviad & Aviva Maskowitz of Israel. Grandparents are Martin & Ziva Maskowitz of Bet Gamliel Israel. Oded Moshe is named after his great grandfather Marvin (Moishe) Maskowitz.

Rebecca Lipkus & David Nadler on the naming of their daughter Leah Hana Nadler. Grandparents are Yona & Sam Nadler, Terry & Lorne Lipkus. Great-grandmother is Libby Lipkus.

And Mazel Tov to our Youth and Young Family Coordinator, Ellie Reinblatt and her husband Evan on the birth of their daughter, Charlotte "Charlie" Wynnie. Her Hebrew name is לילה שרה . And mazel tov to big brother Joey!





Yasher Koah to Jacob Kerekes:

Here's a team photo with our member, Jacob Kerekes, participating in the recent Maccabiah Games in Israel. He played on the Canadian Masters Men's Football team.



2022 Maccabi Canada Masters Football 121





Top Row: Justin Opert, Sam Hazan, Edan Sher, Cliff Grevler (c), Yair Rabinowitz, Fari Amirian, Craig Podolsky, Rael Levy, Marc Askenasi, Ben Sassi

NORTH YORK HARVEST **FOOD BANK**

Starting September 15th, we are accepting any nonperishable goods for the North York Harvest Food Bank at Beth Tikvah.

Or, if you prefer, the truck from the North York Harvest Food Bank will be in our driveway on Kol Nidre Eve from 5:00 to 6:30 PM.

A cheque payable to North York Harvest Food Bank is always welcome by our Shul office or the driver on Kol Nidre will be happy to deliver. Last year, in spite of Covid, we donated close to 2,000 pounds of goods. Let's see if we can do better this year!



Friends of Simon Wiesenthal Centre: The Legacy Portrait Project



The Legacy Portrait Project continues with Holocaust survivor, our member, Jolan Schneider with her two grandchildren, Daniel and Jodi, as well as her great-grandson Ari.

Jolan was born in 1933 in Budapest, Hungary. She and her mother, as well as her uncle and his family, were the only survivors of her family. She and her mother were together the entirety of the war and were placed in an apartment that was meant for just the Jews, as well as a ghetto. As a young child, Jolan experienced famine, violence and even saw people die in front of her due to hundreds of people being stuffed into small spaces.

She was able to say goodbye to her father before he went with the troops to fight in west Hungary, and, unfortunately, she never saw him again. The atrocities Jolan endured are unimaginable, but she was able to move to Canada with her mother after the war and start a new life for herself.

She moved to Toronto and got married to her husband, Dr. Robert Schneider z"l. She continued her studies and got a medical degree. She has two children, two grandchildren, one great-grandchild and another great-grandchild on the way.

Six million Jewish lives were lost in the Holocaust, a tragedy unparalleled in history. We will continue to tell the stories of the Holocaust and survivors to educate others and make sure this never happens again.

Maayan Ziv: The Top 40 Under 40



We are excited to announce that our very own, Maayan Ziv, Founder CEO of AccessNow, has been named one of Canada's Top 40 under 40 for 2021.

The award recognizes the "exceptional achievements of 40 outstanding Canadians under the age of 40 chosen on four key criteria: Vision & Innovation; Leadership; Impact & Influence; and Social Responsibility." Ziv and other award recipients have been selected from over 1200 nominees across the country.

"It is an honour to be acknowledged as a leader among such influential and innovative people who are making an impact in Canada" said Ziv. "Growing up I never saw people who looked like me represented in the business or tech community. Today, this announcement is so much bigger than me because of what it represents for the disabled community. Leadership looks like many people, and manifests in many forms, and disability is part of that; not despite, not regardless, not hindered by, but rather as an aspect of identity that should be celebrated. I celebrate this prestigious recognition for the opportunity it provides me, and all of us within the AccessNow community, to share the important message of accessibility, inclusion and representation in Canada."

The 2021 Canada's Top 40 Under 40 recipients were announced today on BNN Bloomberg and in National Post, and recipients will be honoured at a series of events in 2022.

Michael Zalev: Lawyer of the Year for 2023



Mazel Tov to Michael
Zalev, son of Marcia
and Arthur Zalev,
and to his wife
Jennifer Durning
and sons William
and Nathan Zalev
on being named Best
Family Lawyer of the Year!







We extend Condolences to the following:

Lawrence and Lynn Spiegel on the passing of their mother and mother-in-law, Gertrude Feld, *z"l*

Sheldon Caplin and Felice Lackman on the passing of their father and father-in-law, Stanley Caplin, z"l

Adrienne and Adrienne Katz on the passing of their mother and mother-in-law, Mary Brown, z"l

Ted and Cheryl Cash on the passing of their father and father-in-law, Norman Cash, z"l

Betty Dale on the passing of her husband, Harvey Dale, z''l

Sharon Walder and Lorne Pollock on the passing of their father and father-in-law, Allan Walder, z''l

Patricia and Bernard Resnick on the passing of their mother and mother-in-law, Coreen Robinson, z"l

Stephen Freeman on the passing of his brother, Dr. Richard Freeman, *z* "*l*"

Stephen and Linda Bernofsky on the passing of their mother and mother-in-law, Nettie Bernofsky, *z* "*l*

Michelle and Darryl Fisch on the passing of their Father and father-in-law, Michael Pupko, z"l

(Listings are by date occurence)



הַפָּקוֹם יְנַחֵם אֶתְכֶם בְּתוֹדְ שְׁאָר אֲבֵלֵי צִיוֹן וִירוּשַׁלַיִם.

Hamakôm ye'na<u>ch</u>em et'<u>ch</u>em be'to<u>ch</u> she'ar evlei Tsiyon ve'Yerushalâyim.

May G-d comfort you among all the mourners of Zion and Jerusalem.



We would thank those who made Yahrzeit Donations:

Frances Caine
Barry & Brenda Edelstein
Marsha Feldberg
Mindy Finkelstein
Pauline Goldberg
Angela Hancu
Peter & Ana Holland
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Beth Tikvah gratefully acknowledges the following contributions:

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SHABBAT, SEPTEMBER 10 AT 6PM

THE MAHZOR:
A BIRD'S-EYE VIEW
with Rabbi Jarrod Grover



WEDNESDAY, SEPTEMBER 14 AT 8PM

THE BOOK OF CONTRADICTIONS: WHY DO WE STUDY JONAH ON YOM KIPPUR? with Rabbi Alisa Zilbershtein





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