

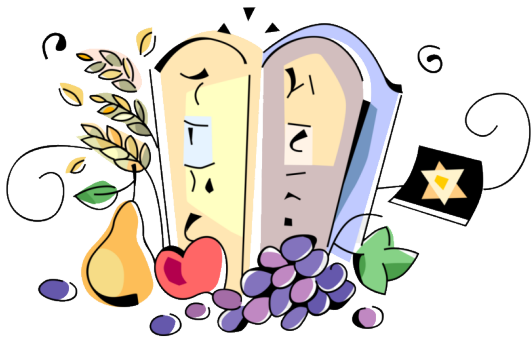
# הקול/Hakol



HAPPY  
*Shavuot*

5781 - 2021 SPRING EDITION

# Hag Sameah Shavuot



*This day the Lord your God  
has commanded you to do these  
statutes and judgments; you shall  
therefore keep and do them with all  
your heart, and with all your soul.  
[Dvarim 26:16]*

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**BETH  
TIKVAH  
SYNAGOGUE**



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## A message from our Senior Rabbi



Rabbi Jarrod Grover

### Confronting the Randomness of Life

The Lag Ba' omer tragedy at the tomb of Rabbi Shimon Bar Yochai seems to demand a theological response.

The Talmud relays that during the weeks between Passover and Shavuot, a plague killed thousands of Rabbi Akiva's students. And according to a medieval tradition, the plague ceased on Lag Ba' omer. Thus, the day became associated with great joy and celebration. When such a day becomes a day of death and tragedy, a believer cannot help but confront the deep question of "why."

Truthfully, whenever good people suffer, we are brought to ask the same question. It arrives at my desk in various guises, perhaps more than any other question. If God is loving and all-powerful, how could He permit this to happen?

When my mother was diagnosed with terminal cancer at a young age, I also had to confront this question. But my answer came to me easily, having spent several months learning about chaplaincy at the Palliative Care floor of Baycrest. Instead of asking "why?" which gave me no comfort, I asked "why not?"

It is true that much of Jewish tradition connects good behavior with rewards and bad behavior with punishment. In the second paragraph of the Shema, we are told that if Israel is good, the rain will fall and the crops will grow. Megillat Esther can be seen as one giant polemic against randomness. Yet, our experience is different. Much of what we observe in the world is random. And there are voices in the tradition that express just such a realization.

In the Talmud, Rav Ami declares that people only die for sins they have committed. After some deliberation, the Talmud concludes: "there is death without sin and there is suffering without iniquity, and this is a conclusive refutation of the opinion of Rav Ami."

Psychologically, we understand why people need explanations for the challenges that confront them. If acting a certain way, or believing certain things, helps to avert misfortune, it can give us a sense of control for our own destiny. But sadly, this control is an illusion. The only guarantee in life is that good and bad things will happen to people at random, whether they deserve it or not.

We mourn together for the forty-five precious souls that were lost. We can spend our time speculating about the message being sent from the Heavens. And if that speculation leads us to become better Jews, then there's nothing wrong with it. But instead of speculating, consider the "why not" proposition. In accepting life's randomness, we can focus on the stronger inclination in Torah, which is to respond to tragedy with compassion, prayer, wisdom, and love.

- Rabbi Jarrod Grover

## A message from our Associate Rabbi



Rabbi Louis J. Sachs  
& his wife, Lauren

### Joy & Trembling: Blessings Bring Responsibilities

The Talmud teaches that “in place of joy, there is also trembling.” This teaching stands out because we do not usually connect these two emotions. We separate occasions of joy/happiness into one domain and trembling/fear to another. Yet lately, I am understanding more and more what it means to experience both at once.

I am thrilled that my wife and I expect our first child to arrive later this summer. It fills me with joy to take this next step with Lauren as we build our home together and start to grow our family. It feels like everything I have worked for in my life has been leading to this moment.

At the same time, there are moments that I am nearly shaking from the uncertainty and responsibility that comes with caring for another human being. It is terrifying.

I can only really imagine what it means to be a parent at this point, but it’s a unique experience. It is your child; they belong to you! Yet, the truth is that they do not. As they grow up, they develop their own hopes and dreams, their own identity. At the same time, they are a part of you and a separate and unique individual.

I imagine this experience of simultaneous joy and trembling will come up regularly as a parent. For me, this is a relatively new experience to feel both these emotions at once. The only other time I can recall feeling this way was when I received my rabbinic ordination. I was incredibly happy and excited. It was the culmination of years of work and study. I was also quite afraid of the responsibility that came with my new role and title.

I love Torah and Judaism; I’m lucky that my job is to do things that bring me joy. But as a Rabbi I was given a new responsibility, not simply to study Torah and be Jewish, but to also pass it on to others. To help others to feel the same sense of connection that I felt. To help others to not simply understand the lessons and messages that I find in our tradition, but to engage with themselves and find their own meaning in our traditions.

My Torah does not belong to me alone but to my students. If I do my job well, the Torah I pass on to others is simultaneously mine, and yet it will develop its own identity unique to how each person understands and incorporates it into their own life.

The truth is, I think we should all experience a sense of joy and trembling as we approach Shavuot. The holiday celebrates our ancestors receiving the Torah at Mt. Sinai, and the rabbis teach that we should feel as if we too were standing at the foot of the mountain.

If we really felt as if we were there, we should be joyful and excited about the gift we are about to receive. At the same time, we should be nervous because it brings responsibilities we might not realize. We should each feel as if the Torah belongs to us; it is our Torah. Yet, at the same time, it doesn’t simply belong to us; it is separate and unique. It belongs to the generations that came before us, to all who passed it down into our hands. It belongs to our fellow Jews around the world. It also belongs to those who will come after us, to those we will pass it to one day.

We each have to make decisions on how best to incorporate Torah into our own lives. For some, that might be keeping a kosher home or traditional Shabbat observance. For others, that means caring for those in need or fighting for justice. For some, it simply means good food and family. As a Jew, the Torah belongs to you, and it is your choice to decide how you want to incorporate it into your life.

Yet, you have a responsibility to ensure that you are not the final link in the chain, the one that breaks a connection going back millennia.

As we prepare to stand at Sinai and receive the Torah, we should each be filled with joy for the gift we are about to be given, and if we truly understand the responsibility that comes with it, we should feel a bit of trembling as well.

Lauren and I wish each of you a Hag Sameah!

-RLS

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## A message from our President



Douglas Millstone

It is challenging for me to compose my Hakol message as I am feeling much uncertainty about life at our shul.

I am of course uncertain about whether or not Rabbi Grover will remain with us.

While we are able to lease the school I am uncertain as to when this will occur. Not so much about if, but rather when.

When will we finally be able to sever off the Lawnview property?

What will our future as a congregation look like. While a path forward is taking shape, there is uncertainty about what the end of that path will look like.

When will the light at the end of the tunnel of this pandemic shine brightly? Will our members then return en masse to in person services?

Much is uncertain.

What I am certain about, though, is the support of the members for our shul. What I am certain about is the high caliber of the Executive and its determination to move forward. I am certain of the commitment of the younger cohort members of the Board; in fact, all of the Board members.

No matter the uncertainties I truly believe that Beth Tikvah, whatever shape it will take, will be a shape of which we can be proud members.

Hag Sameah

- Doug Millstone



# Celebrate Shavuot with Beth Tikvah!



## TIKKUN LEIL SHAVUOT AT BETH TIKVAH Sunday, May 16, 2021

**Virtual Minḥa beginning at 5:30 PM**

### **1st Online Zoom Session (6 PM - 7 PM) - Choose either class!**

- **Rabbi Grover - Shavuot - the Second Holiday of Freedom**

What crucial lessons does Shavuot offer us in the 21st century?

- **Rabbi Sachs - Who Wrote The Torah & Why Do I Care?**

Who wrote the Torah? The answer might seem simple, but after looking at both traditional and academic sources, we will see why the answer is much more complicated than it appears. Even then, the bigger question is, how does the answer impact our Jewish practice?

### **2nd Online Zoom Session (7:15 PM - 8:15 PM)**

- **Rabbi Grover & Rabbi Sachs: Triage and Jewish Values: Do Some Lives Matter More Than Others?**

The Torah reminds us that everyone is created in God's image, yet the rabbis long ago recognized that at times we have to make difficult decisions about limited resources. Rabbi Grover and Rabbi Sachs will each bring traditional Jewish sources as they argue both sides of this important topic.

**REGISTER ONLINE AT [WWW.BETHTIKVAHTORONTO.ORG](http://WWW.BETHTIKVAHTORONTO.ORG)**

## Candlelighting for Shavuot begins at 8:19 PM



## Shirley Anne Haber

Founding member, Shirley Anne Haber was honoured by the City of Toronto after receiving the "Volunteer of the Year Award". She was one of six Torontonians to win the award this year and was recognized for her selfless dedication to challenging hatred and antisemitism over the past twenty years. Shirley Anne is the founder & president of the Canadian Antisemitism Education Foundation (CAEF) and has educated at least two generations within the Jewish community on the need to stand proud of their heritage.

## Rona Arato

Rona Arato has been a member of Beth Tikvah for close to 50 years. She is a former teacher and an award-winning young adult author who writes about human rights and the Holocaust. This winter she released her latest book, 'Righting Canada's Wrongs - Anti-Semitism and the MS St. Louis'. This book explores the history of anti-Semitism in Canada and it presents a highly visual and engaging look at important cases of racism and discrimination in Canada's history.



## Marc Feldberg

A downtown Toronto paramedic, Marc is on the frontlines everyday fighting this pandemic. Grateful for the unprecedented generosity and kindness shown to healthcare workers by many local businesses that have donated meals, coffee and snacks, Marc wanted to pay it forward to those less fortunate in the community. He decided to begin a fundraiser benefiting the Daily Bread Food Bank and raised \$8,000 in support of the charity. This winter he was recognized by MLSE for his dedication and commitment to the community and was given the honour of dropping the puck at a recent Maple Leafs game honouring first responders. Kol hakavod Marc!

# LEARNING WITH BRACHA FEDER

Learning with Bracha Feder continues throughout the year! This is a free to participate program on Zoom beginning Wednesdays @ 1 PM!

## Upcoming Series:

**Change and Renewal by Rav Adin Steinsaltz  
& The Jewish Experience of Time by Professor  
Eliezer Scweid**

*May 12 / May 19 / May 26 / June 9*

Generously sponsored by Harriet Sternberg

**Pirkei Avot/ Teachings of Our Sages**

**Part 1:** *June 16 / June 23 / June 30*

Generously sponsored by Harriet Sternberg

**Pirkei Avot/ Teachings of Our Sages**

**Part 2:** *July 21 / July 28*

Generously sponsored by Shelley Birenbaum,  
Jill Kamin and Murray Hart

**Return by Dr. Erica Brown**

*August 18 / August 25 / September 1*

Generously sponsored by Harriet Sternberg

*Please check our daily email for Zoom coordinates for this class.*



*Bracha Feder*





## UPCOMING EVENTS



**Thursday, May 27 @ 12 PM on Zoom**

Canadian-Israeli journalist, Lauren Izso returns with special guest, Arab-Israeli, Khaled Abu Toameh! Khaled is an award-winning Arab Israel journalist and TV producer. He is the Palestinian affairs correspondent for The Jerusalem Post and Senior Distinguished Fellow at Gatestone Institute. He previously served as a senior producer for NBC NEWS and has written for many newspapers around the world. Lauren and Khaled will be discussing the Abraham Accords, and the current climate in Israel. To register for this program, visit the BT website!



**Beginning Monday, May 31 @ 9:45 AM on Zoom**

Does the principle of Pikuah Nefesh trump everything else in Jewish law?

Program Dates: May 31, June 7, June 14, June 21

*Zoom coordinates can be found in the daily email*



## UPCOMING EVENTS

*Beth Tikvah Women Present*

# AN EVENING WITH MYSTERY- THRILLER WRITER ROBERT ROTENBERG

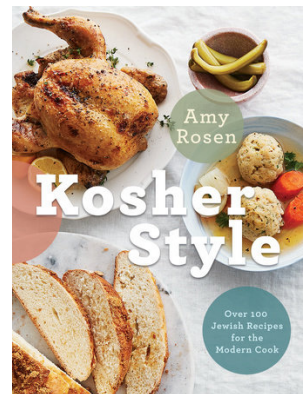
**Monday, May 31 @ 8 PM on Zoom**

Robert Rotenberg is a criminal lawyer and novelist who's made his fictional Toronto detective, Ari Greene, one of the top homicide sleuths in the world of contemporary mysteries. "Downfall" is his latest crime thriller. In this page-turner novel, he references places in the city that you know well! He also explores the disparity between rich and poor, and the homelessness crisis. To register for this program, please visit the BT website!



**Wednesday June 9 @ 11 AM on Zoom**

Join us on Zoom as we prepare lunch using seasonal Ontario produce from recipes featured in Amy's cookbook 'Kosher Style'. Amy grew up at Beth Tikvah and is a James Beard Award-nominated, and award-winning freelance journalist. To register for this program, visit the BT website!





**Wednesday June 16 @ 8 PM on Zoom**

Join us for a Post-Pandemic Post-Election Round 2 with Tal Keinan on the Challenges Facing the Jewish People in Israel and the Diaspora.  
To register for this program, please visit the BT website!



## **Virtual Photography Show**

**Showcasing the work of The  
Beth Tikvah Photography Group**

*A Photographer's Journey*

**Thursday, June 17 @ 8 PM on Zoom**

The Beth Tikvah photography group, led by Rick Bornstein, has produced a stunning photographic book of their work and will be sharing the stories behind their images.



**To order a copy of the book, please contact [gayle@bethtikvahtoronto.org](mailto:gayle@bethtikvahtoronto.org). The cost is \$45 and a portion of the proceeds will be donated to Beth Tikvah.**

*Featuring works from Rick Bornstein, Desiree Farkas, Sharon Feldman, Marc Goldstein, Harvey Hacker, Reene Katz, Mel Margolese, Gloria May, Cheryl Morris, Debbie Moskovitch, Harvey Orfus, Stephen Polevoy, Marlene Rochweg, Jenny Roger, Susan Schouela, Harold Shapiro, Scott Shub, Jack Steiner, Howard Stevens, Leslie Weisz, Moishe Wertheim, Arthur Zalev, Emy Zarek.*

# Beth Tikvah Women



## Beth Tikvah Women Past and Upcoming Programs

Over the past several months, Beth Tikvah Women (BTW) have had some amazing programs.

On March 7, BTW were fortunate to have Rabbi Ariella Rosen, Senior Rabbi of Hillel virtually over zoom for an interesting and informative Torah study program on the theme of 'B'Yahad / Together We're Better'! If you missed this program and would like to watch it, please visit the Beth Tikvah website!



*Rabbi Ariella Rosen*

Our most recent program was our speaker, Rahel Musleah, on growing up Jewish in Calcutta. She provided pictures of synagogues, pictures of people celebrating life events, and as she has a beautiful singing voice, we were fortunate to hear her sing. She now lives in the USA and has visited India on several occasions; there are still Jews living there.

Our latest fundraising event was a sale of plants for Mother's Day. The response has been great and we are completely sold out. Thanks to all who participated.

So don't miss our next program on May 31<sup>st</sup> on Zoom, which will be a book review by Robert Rotenberg on his latest mystery novel "Downfall". To register for this program, just visit the Beth Tikvah website. We look forward to seeing you on Zoom.

Please read Beth Tikvah's daily email for more upcoming programs. We welcome new members. So please join us and have some fun. - *Written by Raizie Jacobson, an active member of the Beth Tikvah Women Executive.*

## Mother's Day at Beth Tikvah

Beth Tikvah Women recently had a very successful fundraiser. In honour of Mother's Day, we sold beautiful potted plants. In two weeks, BTW sold 80 plants. Beth Tikvah Women greatly appreciate all of the Beth Tikvah staff who helped with this fundraiser. Thank you also to the Beth Tikvah members who supported us. May we go from strength to strength.

- Adele Weinstein

*President of Beth Tikvah Women*



*Adele Weinstein*



*Fran Caine*

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## Mazel Tov to Beth Tikvah Women!

On Sunday, April 25, Marilyn Cohen was installed by Rabbi Grover as President of the International Northeast Region (INR) of Women's League for Conservative Judaism. The installation took place during the annual regional conference.

*Mazel  
Tov!*

In addition our members, Adele Weinstein, President of Beth Tikvah Women, was also installed as the Program/Education Vice President. Corinne Hammerschlag was installed as the Membership Vice President.



*Marilyn Cohen*



## Join us every Friday night on Zoom & YouTube Live!

Celebrate Shabbat virtually with Beth Tikvah every Friday night, featuring singing from Hazzan Tibor Kovari, and accompaniment from the BT Instrumental Trio! (Featuring Daniel Kovari on drums, Reuven Grajner on the piano, and Yitzhak Argaman on guitar). *Check the Ma Nishma for correct weekly start time.*



End Shabbat on a spiritual highnote, by joining Rabbi Sachs weekly on Saturday night for an uplifting virtual Havdallah service on Zoom! *Check the Ma Nishma for correct weekly start time.*

# Musica Beth Tikvah



*Forget VM (voicemail), we  
now have VM: Virtual Musica!*

Musica Beth Tikvah is pleased to announce its Spring musical programs for these 'days'. Details are now being finalized so watch your inbox for dates and times. Prices are 'free', HOWEVER, donations help us produce more enriching programs. To donate, please contact email Renee at [renee@bethtikvahtoronto.org](mailto:renee@bethtikvahtoronto.org). Thank you!

## **BT Musica 2021 Lineup:**

**Out to Lunch with the Cantors:** Cantors David Rosen of Holy Blossom Temple and Tibor Kovari welcome you in conversation, song, and banter with their friends from the world of Hazzanut. Join us during lunch time, for a casual, humorous, and musical Zoom talk show and get a glimpse of the life and stories of Cantors. Lunch is self-serve, and it can be milhig, fleishig or parve.

- **May 20, 12 PM:** Episode #1 –Special Guest Cantor Mo Glazman from Congregation Emanuel, New York City.
- **June 10, 12 PM:** Episode #2 – Jackie Mendelsohn – Cantor Emeritus of Temple Israel of White Plains, New York.

## **Rewind Time: Gala Concerts in Review**

**From June 2, 2016 – The Reel Jewish Experience - Songs from the Jewish cinema.** Featuring – Gabi Epstein, Michele Tredger, Mitch Smolkin, Hazzan Tibor Kovari, the combined Beth Tikvah, Kol Rina, The Toronto Jewish Male Choirs and the BT Orchestra.

**From May 27, 2011 – An Evening of Hazzanut** featuring Cantors Yaakov Motzen, and Tibor Kovari, The Toronto Jewish Male Choir, accompanied by Klara Bagley on Piano – an evening of pure joy.

**Be sure to check Beth Tikvah's YouTube channel for many of the musical delights Beth Tikvah has been able to offer during these challenging times.**



With the help of an anonymous donor, we were able to provide 40 households in need with food for their Passover seders, along with Passover treats for our residents in long-term care homes.

Thank you to the following members and staff who volunteered their time to drive throughout the city to make these deliveries right before the holiday:

Freda Gottesman-Brender  
 Gloria & Joel Clamen  
 Brian Demone  
 The Baker Family  
 The Braverman Family  
 The Ginsburg Family  
 The Goldsweig Family  
 The Kovari Family  
 Renee Cammy  
 Doris Alter  
 Jodi & Ken Rauch  
 Carol Hacker  
 Sharon Walder & Lorne Pollock  
 Renee Birnbaum  
 Marsha Klerer  
 Louise Maerov  
 Carol Foster  
 Sandy & Selwyn Kahn  
 Sue Roadburg  
 Annette Sherman  
 Rosalyn Steiner

***Due to the continuing pandemic, the Ruth Goldberg Kosher Food Drive remains on hiatus.***

***We are looking at alternatives to helping the Pride of Israel Kosher Food Bank once it is back in action.***

***Mother Hubbard's Cupboard remains bare and when we are back to normal we will be ready for donations of eye glasses, unused cosmetics and kosher non-perishable goods.***



**If you and your family are interested in volunteering during the days leading up to Rosh Hashanah, please contact Gayle at [gayle@behtikvahtoronto.org](mailto:gayle@behtikvahtoronto.org). Thank you!**



Hayley Braverman

I wanted to echo Rabbi Grover's feelings about Beth Tikvah as a community and the impact it has on its members especially when it comes to Hesed. One of my highlights of Passover this year was coming to Beth Tikvah on Friday morning (Erev Passover) to pick up and deliver Seder packages to members.

Even though it was pouring rain and I had a million other things to do that day, my daughter and I delivered Passover boxes to a few Beth Tikvah members. When I arrived

at Beth Tikvah I was pleasantly surprised and happy to see (through masks) so many community members as we were waiting for our boxes to be distributed. The highlight for me was seeing other members and talking to them for a few moments as I helped load boxes into cars. I didn't realize how much I missed those connections. I realized just how fortunate

I was to have made so many relationships at Beth Tikvah. In the few minutes I was at Beth Tikvah I saw at least five people I haven't seen in person in over a year. For me, I was reminded why Beth Tikvah is so special and why it was my second home for so many years. - Hayley Braverman



With the mass vaccination campaign underway, Beth Tikvah Synagogue has been actively educating members and helping them access vaccination appointments. Many members are in the "high-risk" and vulnerable categories and face serious outcomes if they contract Covid-19. A special thank you to our members who are healthcare workers and for all that they do for our membership and community at large during this pandemic. Please remember to get vaccinated when it is your turn. Each person vaccinated saves a life and brings us one step closer to getting our life back to normal. Our daily emails contain updated information about vaccine eligibility and remember to check your inbox for time-sensitive updates and appointment availability at clinics in Toronto and York Region.

#### **Here are some of the emails we have received from members:**

*I want to express my heartfelt thank you to all those who worked so hard to make the vaccination process for me and my age group happen so quickly in York Region. I am so grateful and feel a sense of relief that I finally have some protection. Beth Tikvah is always there for us. Todah and be well.*

*Thank you so much for your work and dedication in keeping us informed and making this happen. This was a real Mitzvah. Beth Tikvah have really shown their support of their members during this time.*

*Thank you Beth Tikvah for putting together your "Ask the Expert" program in March. It was such a fabulous and informative session on zoom. I am sure it has reassured so many of our members and their families. With all the different questions and concerns, it just shows how much we are all affected and hoping that we can beat this terrible virus that has come into our lives and affected everyone around us.*

*I came away from your zoom program with Dr. Grill totally stress free. This was the first time in over a year that I could say that. Thanks to all involved. No negatives to the rest of the staff, but it was the best "program" the shul has put on all year, and there have been many excellent ones.*

## Life, a Short Adventure Through Time: with Anna VanDelman

I was born in 1934, which calculates that I am 86 years old today. I was born in Montreal. I lived there for forty two years, went to school there, Bancroft, Guy Drummond, Strathcona Academy, Commercial High/ Sir George Williams University and McGill University with an afternoon stint at The Workmen's Circle to learn Yiddish. I worked at various jobs, mostly in the Jewish Community (because I spoke Yiddish).

Lou attended Fairmount School, Baron Byng and Concordia University. He worked in publishing then at Yad Vashem and finally at Jewish War Veterans of Canada.



In 1976, due to the unrest sparked off by the late Rene Levesque and his *Partie Quebecois*, our family moved to Toronto where I landed the job of a lifetime, Senior Social Worker in the Day Care Programme for seniors at the famous Baycrest Centre, world renowned for its exceptional geriatric care programs. I worked there for twenty-two years. At Baycrest I had the opportunity to meet the amazing late Srul Irving Glick <sup>zl</sup>, as his parents were clients. I also had the good luck to work with the also amazing late Cantor Ephraim Sapir <sup>zl</sup>. He came to perform for all my major programmes. As a bonus, we treasured the spiritually enhancing Rabbi emeritus, Rabbi Avraham Feder <sup>zl</sup>; three dear friends who enhanced our lives. After returning to our Synagogue in Montreal for High Holiday services, we decided it was time to find a Synagogue here in Toronto. We attended every synagogue in the city. However it was at Beth Tikvah where we received the warmest welcome. After all, I already knew Srul and Ephraim. I ran several women's tallit workshops with Raizie Jacobson. We started the first Sunday Blood donor clinic. This Synagogue felt like we could call this our home away from home. We both got involved in many committees. Lou served as Gabbai Rishon, sat on Ritual and social action committees. And who could ever forget his amazing Shofar blowing? On Social Action, Lou and I had 14 projects running at the same time. With Rabbi Allen we started the Yom Kippur food Drive which still sees the North York Harvest Food Drive truck parked at Beth Tikvah every Kol Nidrei night. When Rabbi Shlomo Carlebach came to Beth Tikvah, I had the privilege to walk him from the Novotel Hotel to the Shul. He sang all the way. (He was Srul's brother-in-law). Beth Tikvah truly became our home away from home. In fact, before we had grandchildren, we quasi adopted six of our friend's children as our grandchildren. They had no grandparents.

And now in our time of need, due to unexpected illness, both Lou and myself, our Beth Tikvah family is there for us. For financial help, for home cooked meals; for Passover Seder food and food for the entire Passover. Members became our lifeline, as in addition to food for sustenance, members offered prayers and believe it or not, an electric wheelchair for Lou. Clergy provided, in addition to prayers, financial help, as did several Shul members. Last week, a Shul member who sat on our social action committee, delivered us food to last over the entire Passover week. What a treat! Morally the entire staff is there for us. Thank you Rabbi Jarrod Grover, Rabbi Louis Sachs, Cantor Tibbi Kovari. Irv Kirshenblat, Doris, Gayle, Yardena, Rick, Renee, Danny etc., etc. With our restrictive disabilities, knowing that so many Beth Tikvah staff and members care about us gives us incentive to continue through our time in the closing years of our journey through our time here on earth. We are grateful to everyone at Beth Tikvah who contributes to our well-being. MERCI, A SHEINEM DANK, TODAH RABBAH. Our gratitude has no bounds; we have truly been blessed. Your generosity is overwhelming. May the Almighty grant you all the blessings of good health so that you may continue working each in your own way. This is why we know God was walking with us when we chose Beth Tikvah as our home away from home. B.H.

- Anna VanDelman, April 8th, 2021



# BETH TIKVAH YOUTH AND YOUNG FAMILIES

## TEEN HESED NIGHT



**LET'S HELP FEED THE HOMELESS**

**Join us on Zoom Wednesday,  
May 19 @ 8 PM.**

Join us as we bake together for Ve'ahavta's Meal Train Program to assist in providing meals to community members experiencing homelessness. The evening will include guest speakers to teach us about fighting the stigma of homelessness, as well as the importance of hesed during these incredibly difficult times.

More information on how to participate in this program can be found on the Beth Tikvah Synagogue website!

New(ish) parents, are you in **DESPERATE** need of a night "out"? We can offer you the next best thing - a night **IN** with a relaxing Yoga Session followed by treats and wine while you let yourself unwind in preparation for the week ahead.

**Price: \$20.00**

RSVP ON BT WEBSITE

*(includes 375 ml Chardonnay  
and goodies, non-alcoholic option  
available upon request)*



## PARENT'S NIGHT OUT!

*Unwind, Wine, & Whine*

**register now**



**Join us on Zoom Sunday,  
May 30 @ 8 PM.**

# Ellie's Shavuot Blintz Recipe!

## Blintz Recipe & Ingredient List

### Wrappers

4 tablespoons unsalted butter, melted and cooled slightly  
1 cup milk (fat level shouldn't matter, but I use whole)  
4 large eggs  
1 cup all-purpose flour (I swap 1/3 to 1/2 regularly with whole wheat, and did so here)  
Few pinches of salt

*For our Blintzes with a Twist: have a package of phyllo sheets and 1/4 cup melted butter handy as well*



### Filling

2 cups farmer's cheese, quark, a thicker cottage cheese or ricotta  
6 tablespoons sour cream, mascarpone, creme fraiche or softened cream cheese  
2 tablespoons granulated sugar (or more to taste, see Note up top)  
1/4 teaspoon vanilla extract (if desired)  
Few gratings fresh lemon zest (if desired)  
2 large egg yolks or 1 large egg (optional, see Note up top)

*For our Blintzes with a Twist: have your favourite berries set aside and ready to go*

## How To Make the Blintz

*Make wrapper/crêpe batter:* Combine wrapper ingredients in a blender, or in a bowl with an immersion blender, or whisk by hand until smooth. Cover with plastic wrap and refrigerate for an hour or up to two days.

*Cook wrappers/crêpes:* Heat a medium skillet or crêpe pan over medium-high heat. Once heated, brush pan lightly with melted butter or oil. If batter has gotten too thick to pour thinly in the fridge, you can add an additional tablespoon or two of milk or water to thin it. Pour 3 to 4 tablespoons batter into skillet, just enough that it coats the bottom in an even layer when you swirl it around. Let cook, undisturbed, until the crêpe becomes a little golden underneath or at the edges.

Cook the crêpe on the reverse side for another 20 seconds, then slide onto a plate to cool. Repeat with remaining batter, brushing the skillet with additional oil or butter as needed. You can stack the crêpe on top of each other even when they're hot; they will not stick.

Either use the crêpe right away, or cover the plate with plastic wrap and use them in the next 2 days.

*Make filling and fill wrappers:* Mix all filling ingredients together until smooth. Place 3 tablespoons or so filling across the center of the top wrapper/crêpe in your stack. Fold the bottom part of the wrapper up and over it; fold the sides in over the bottom and filling, then fold the pancake up to form an egg roll-like.

Finally, place the blintz in a hot pan with the folded side down to seal everything in!



# Mazal Tov to

## BIRTHS

Jessica Braude and Bobby Pasternak on the birth of their son, Cole Brody Pasternak. Grandparents are Rose Rahmani & Andrew Braude.

Ely Schwartz and Carly Schelberg on the birth of their daughter, Macy Rose Schwartz. Grandparents are Linda and Cecil Schwartz & Susan and Ken Schelberg.

Jessica Balter and Jon Crowley on the birth of their son, Jackson David Crowley. Grandparents are Anita and Meyer Balter & Elsa and David Crowley. Great-grandmother is Mildred Balter.

Haley & Adam Lipowitz on the birth of their daughter, Millie Lipowitz. Grandparents are Lisa Lipowitz and Norma & Alan Friedlander.

Michael Wolkowicz and Marni Blustein on the birth of their son, Teddy Max Wolkowicz. Grandparents are Myra and Steven Blustein & Reina and Irving Wolkowicz. Great-grandparents are Lony and Ruth Gropper.

(Listings are by date occurrence)

## BAR & BAT MITZVAHS

Christine and Russell Blumer on the Bat Mitzvah of their daughter, Ansley Blumer. Grandmother is Julia A. Smethurst and great-grandmother is Julia M. Smethurst.

Jennifer Saunders and Josh Kerbel on the Bar Mitzvah of their son, Dylan Kerbel. Grandparents are Ruth Kerbel, Murray Kroach and Toby & Larry Saunders.

Barbara and Stuart Mlotek on the Bar Mitzvah of their son, Max Mlotek. Grandparents are Bernice Mlotek and Pam Webber and Great-Grandfather is Karl Brown.

Marisa Wardinger and Alan Kahn on the Bat Mitzvah of their daughter, Eleni Kahn. Grandparents are Susan & Alan Roadburg, Mory Wardinger and Marilyn & David Kahn.

Devra Baryshnik & David Ossip on the Bar Mitzvah of their son, Jacob Ossip. Grandparents are Janice & Sheldon Baryshnik and Myrna & Martin Ossip.



A special Mazal Tov to Eddie Rice on receiving high honours at B'nai B'rith's International 2020 Leadership Forum.



Do you have a special celebration that happened/is upcoming that you want to wish Mazal Tov?! Let us know by emailing Ricky at [ricky@bethtikvahtoronto.org](mailto:ricky@bethtikvahtoronto.org)

# Mitzvah Knitters

Although we have missed meeting in person, Mitzvah Knitters has been very busy during the Pandemic. We have provided more than 8000 earsavers to hospitals and frontline workers. We have continued to provide Brands for Canada with countless blankets, hats, mittens for both adults and children. We have supported the Baby Give Back project by knitting 300 hats and 175 blankets. We also provide hats and blankets to After Breast Cancer. The spiritual Care Department of Unity Health has received many blankets from us. We are busy but always looking for new knitters. You don't have to wait till we can be together. Just watch for our next Zoom Meeting. Also, we would love a donation of your extra yarn or financial support to Mitzvah Knitters through Beth Tikvah. Thank you! - Elaine and Renee



# We extend condolences to the following:

The family of our member,  
Eva Gora <sup>z"l</sup>.

Jerry Lev on the passing of his wife,  
Millie (Mildred) Lev <sup>z"l</sup>.

Stephanie and Howard Smith on the  
passing of their father and  
father-in-law, Charles (Chuck)  
Brandman <sup>z"l</sup>.

Barry and Gayle Sokoloff on the pas-  
sing of their father and father-in-law,  
Shelly Sokoloff <sup>z"l</sup>.

Ellen and Harvey Cantor on the  
passing of their mother and  
mother-in-law, Trudie Lappin <sup>z"l</sup>.

Norman Rosenberg on the passing of  
his sister, Estelle Foreman <sup>z"l</sup>.

Sheryl Simon on the passing of her  
mother, Ann Gorber <sup>z"l</sup>.

Jerry and Carol Nesker on the  
passing of their sister and  
sister-in-law,  
Pearl Adrienne Weinberg <sup>z"l</sup>.

Sonya and Mervyn Mingail on  
the passing of their sister and  
sister-in-law, Lorraine Shankman <sup>z"l</sup>.

David Herlick on the passing of his  
wife, Lorraine Herlick <sup>z"l</sup>.

Laura Budd and Jacob Kerekes on  
the passing of their mother and  
mother-in-law, Nancy Iris Budd <sup>z"l</sup>.

Gayle and Alfred Kwinter on  
the passing of their mother and  
mother-in-law, Mildred Rosen <sup>z"l</sup>.

Fiona Kroll on the passing of her  
husband, Robert (Bob) Kroll <sup>z"l</sup>.

Kathy (Katalin) Lazarovitzs on the  
passing of her mother,  
Elizabeth Lazarovits <sup>z"l</sup>.

Ben and Monica Nemani on the  
passing of their brother and  
brother-in-law, Rami Nimni <sup>z"l</sup>.

Kim and Lester Posen on the  
passing of their father and  
father-in-law, Rami Nimni <sup>z"l</sup>.

Ben and Monica Nemani on the  
passing of their brother and  
brother-in-law, John (Jack)  
Patrick Kruger <sup>z"l</sup>.

Daria Resnick on the passing of her  
husband,  
Dr. Robert Lawrence Resnick <sup>z"l</sup>.

The family of our member,  
Betty Dinetz <sup>z"l</sup>.

The family of our member,  
Eddy Plant <sup>z"l</sup>.

Ketty and Norman Amato on the  
passing of their brother and  
brother-in-law, Ziboulon Codron <sup>z"l</sup>.

Ruth Edelstein, Barry and Brenda  
Edelstein and Gayle and Jeffrey  
Jackson, on the passing of their  
husband, father and father-in-law,  
Albert Edelstein <sup>z"l</sup>.

Dr. Jolan Schneider and Dr. Kathleen  
Schneider on the passing of their hus-  
band and father,  
Dr. Robert Schneider <sup>z"l</sup>.



הַמָּקוֹם יְנַחֵם אֶתְכֶם  
בְּתוֹךְ שְׂאֵר אֲבֵלֵי צִיּוֹן וִירוּשָׁלַיִם.

Hamakôm ye'nachem et'chem  
be'toch she'ar evlei Tsiyon ve'Yerushalâyim.

May G-d comfort you among all  
the mourners of Zion and Jerusalem.

(Listings are by date occurrence)

# Beth Tikvah gratefully acknowledges the following contributions:



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Join UJA as they celebrate the 52<sup>nd</sup> Walk with Israel throughout the entire month of May! With COVID-19 safety in mind, walk in your neighbourhood with members of your household to show your support for Israel. Register for your Walk Kit, which includes an exciting activity book, a Walk with Israel mask and t-shirt, and more! Then join our Virtual Walk Party on May 30<sup>th</sup> for an incredible celebration of the unity between Toronto's Jewish community and Israel.

**REGISTER NOW AT [WALKWITHISRAEL.COM](http://WALKWITHISRAEL.COM)**

## 5782 Beth Tikvah Calendar & Yizkor Book

This year, producing our Beth Tikvah calendar is even more important than ever before! **New this year, we are pleased to offer business-card-size personalized Holiday Greetings with your family picture (template below).** Our calendar is also an opportunity for your business to communicate with our members regarding the products and services you continue to offer during these unprecedented times. To place your ad or for more information, please email Gayle at [gayle@bethtivkahtoronto.org](mailto:gayle@bethtivkahtoronto.org).

We will also be publishing our annual Yizkor Book. If you would like your loved ones' names to appear, please visit our website to download the Yizkor form or email Renee at [renee@bethtivkahtoronto.org](mailto:renee@bethtivkahtoronto.org).



*Sample template of NEW personalized family greeting*