# THE HAKOL

### HANUKKAH AT BETH TIKVAH!

Find out what we have planned this year for <u>H</u>anukkah and join us in-person at Beth Tikvah Synagogue!

>>> page 11

### CLERGY GREETINGS

Read messages from Rabbi Jarrod Grover and Rabbi Louis J. Sachs as they share their Holiday greetings!

>>> page 3

# UPCOMING PROGRAMS

Read about our upcoming exciting programs happening this winter, both in-person and virtually at Beth Tikvah!

>>> page 15





Our members say a special goodbye to Doris Alter!

page 7



3080 BAYVIEW AVENUE WWW.BETHTIKVAHTORONTO.ORG

#### TABLE OF CONTENTS







#### 6 EXECUTIVE HOLIDAY MESSAGE

Read the Holiday greeting from our Executive Director, Doris Alter.

#### 7 SAYING GOODBYE

Our members say a special goodbye to Doris!

#### 19 LEARN WITH BRACHA FEDER

Find out information on Bracha's remaining classes for the rest of this year!

#### 19 BT CONNECTS

Catch up and find our what's happening with the Pride of Israel Kosher Food Bank, the North York Harvest Food Bank, and much more!

#### 20 BETH TIKVAH WOMEN

Hear from the Beth Tikvah Women's Executive team as they update you on past and upcoming programs!

#### 21 MUSICA BETH TIKVAH

Musica Beth Tikvah has exciting programs, beginning soon! For more information, make sure to check out page 17.

#### 23 BEREAVEMENT

May God console our members among the other mourners of Zion and Jerusalem.

#### 24 THANK YOU!

We want to recognize all of our donours who have helped to sustain Beth Tikvah Synagogue this past year!



#### CLERGY HOLIDAY GREETINGS FOR 5782



#### RABBI JARROD GROVER

#### Judaism and Procreation, Rabbi Jarrod Grover

A rather unsettling story was published by New York Post reporter Suzy Weiss on the growing number of young men and women who have decided not to have children – including the recent trend of permanent sterilization by choice. Canadian fertility data has also revealed a strong demographic deficit, with the number of babies born last year falling to a 15-year low. The annual decline from 2019 — 3.6 per cent — was the greatest-year-over-year decline in 14 years. The decline was noted in every province and territory in Canada. While some blame can be placed on the pandemic, the number of births in Canada has been falling steadily for a long time now. Young Canadians struggle with the high cost of college and university, which requires students to take out hefty loans, and work for a substantial number of years in order to pay them back. There are the huge financial pressures associated with having children - everything from putting food on the table and finding an affordable home in which

to live. There are challenges and pressures in the workplace, and a hurricane of spiritual, cultural, and environmental forces that have made the world seem like it is broken and burning; with rising rates of inequality and a planet marching towards climate catastrophe.

With all of these contributing factors, it's not that hard to understand why rational people might just say no to having children. For those who care about Judaism and Jewish peoplehood, this is a very worrisome trend.

It is well-known that procreation is the first commandment in the Torah. While it takes time for the halakha to delineate the specifics of that commandment, the early stories of the patriarchs and matriarchs include extensive accounts of the great pain caused by infertility and the great joy that children bring to their parents. From the Torah's perspective, children are a blessing. When God blesses Abraham, He says: "Look toward heaven and count the stars if you are able to count them. So shall your offspring be."

This is what Maimonides says in the Mishneh Torah about the mitzvah of procreation: "Even after a person has fulfilled the (biblical) command to "be fruitful and multiply," he is still commanded by the Sages 'to be fruitful and multiply all the time that he has the strength, for one who adds a soul to Israel is as though he built a whole world." (M.T. Hilkhot Ishut 15:16.)

For the late Rabbi Jonathan Sacks <sup>zt\*</sup>, the mitzvah of procreation is not about Jewish demography but about ethics. In his book, Tradition in an Untraditional age, he explains this idea. "In Judaism, the family is the place where the ethical enterprise begins. It is where three great ethical concerns arise: welfare, or the care of dependents; education, or the handing on of accumulated wisdom to a new generation; and ecology, or concern with the fate of the world after our lifetime." For Sacks, family life is not just part of the Jewish ethical landscape, it is its foundation – the place from where it all begins. Moreover, he articulates a strong connection between the way we relate to God and the way we relate to our spouses and our children. "It is a fundamental truth about Judaism that holiness is expressed in our most intimate relationships within the family. In the love that is loyal and generous, self-sacrificing and kind. In the sensitivity of marriage partners to one another and their needs. And in our ability to recognize the integrity of otherness that lies at the heart of love."

Sacks' position transcends national, religious, and ethnic boundaries. What he offers is a stern warning for all humanity: when family life is no longer at the center of the human experience, we are more easily led to decadence, indulgence, and selfishness. The societal consequences can be profound, and many of us are seeing these unfortunate trends proliferate in the world around us.

There is, however, a place that is bucking the trend. The country with the highest fertility rate in the developed world is Israel. Even if you take Palestinians and Haredim out of the equation, Israel's fertility rate is the highest in the OECD. And its fertility rate is not just exceptional because it is high, but also because its strong pro-natalist norms cut across all educational classes and levels of religiosity. Furthermore, its fertility has been increasing alongside a rise in the age at which women first give birth, and increasing education levels. If these trends continue, by 2065, Israel will be the most crowded nation on earth. Israel's national birthrate is an expression of positive values, hope in the future, and a willingness to take on responsibility with confidence. Israelis pay more taxes than we do, but part of those taxes go to support pro-birth, pro-family policies. For example, proportionally speaking, more in-vitro fertilization procedures are performed in Israel than anywhere else in the world. And they are free for all citizens - whether Jewish or Christian or Arab – until you have had two children.

Having a family and raising children remain crucially important in Judaism and foundational to the well-being of society. Everyone's personal situation is different, but generally speaking, "peru urevu" (procreation) remains a mitzvah for every Jew – whether it's through natural childbirth, or surrogacy, or adoption. And if you don't have children or they're already grown up, we aid in performing that mitzvah by regarding children as the blessings that they are - supporting them, their education, and their parents to the best of our abilities.

It's our responsibility as a community to make sure that nobody blames the high costs of Jewish life for choosing not to have children. We must encourage happiness in the home, so people don't go looking for it outside of the home. And it is our responsibility as a country to make sure Canada is a hopeful and optimistic place where people want to raise a family. I hope for a country where we feel good about our children's prospects for success and achievement, where we are turning the tides of climate change in the right direction, and where parents and other caregivers who work are not penalized for taking care of their families when they have to. It takes a village, as the old proverb goes, and we all have to be partners in building and sustaining that village.

Ure'ei banim levaneha, shalom al yisrael. May we see the children of our children, and peace upon Israel. Sending everyone best wishes for a Happy Hanukkah!



Nath Jamed Crows

#### CLERGY HOLIDAY GREETINGS FOR 5782



RABBI LOUIS J. SACHS

#### Happy Hanukkah!

When it comes to <u>H</u>anukkah, just like with everything else in Judaism, there are different opinions of how to light the <u>h</u>anukkiah. In the Talmud, Beit Shamai argues that we should begin the first night with eight candles, and light one less on each following night counting down the days left of the holiday. Beit Hillel argues that we should count upward, lighting an additional candle each night of the festival. This becomes the accepted practice we follow.

What is interesting about this disagreement is to try to imagine the reasons behind these different opinions. Many Jewish commentators have devoted time to analyzing this famous debate. One answer is that Beit Shamai focused on the days that were left to celebrate, or the maximum potential holiness left in the holiday. Beit Hillel then focuses instead on the current level of holiness reached, rather than the potential. This follows a Talmudic principle that we should always, "ma'alin ba'kodesh," (increase in holiness)

There is an important lesson for our community as we begin to return together in-person for prayer, programs, and classes. We don't count simply the potential number of people who can join us, only those who come in the door. Each person that joins adds to our "light" and our "holiness." Our community can shine brighter as more people join in communal activities, just as the <u>h</u>anukkiah shines brighter with each new candles added to it.

In the coming months we will have more and more opportunities to gather together in-person. We will be brining back young family shabbat experiences and youth programs. Our Teen Leadership Fellowship and B'nai mitzvah programs too. There will also be adult education and other programs for people of all ages to participate in communal life.

We will continue to take precautions to keep our congregation safe, but the time has come for us to return together. We need each and every person to bring their light so that our community can shine, so that our potential holiness can be fully realized.

In the words of the Talmud, "we go up in holiness." Or put more simply, we are at our holiest when we are whole. <u>Hag Urim Sameah!</u> - RLS

Ente

#### GREETINGS FROM OUR EXECUTIVE DIRECTOR, DORIS ALTER



EXECUTIVE DIRECTOR, DORIS ALTER

Dear Beth Tikvah Community,

As you may know, I will be retiring from Beth Tikvah Synagogue at the end of the year. The past ten years have been an invaluable experience for my career and the person I am today.

I am proud of all that we have accomplished at Beth Tikvah over the last numbers of years and that is due to all of you.

I have spent more time with all of you during the past ten years than my family and friends. I have been part of your lifecycle events. Many brought me joy and others that were truly heart breaking. I will not forget you as I plan on being a member of Beth Tikvah Synagogue.

I would like to thank my colleagues at Beth Tikvah. Each and everyone of you has had influence in my life and taught me so much. Your commitment, dedication, and passion are what makes Beth Tikvah a place to be part of.

To Doug Millstone, thank you for all that you do for BTS and for being a great and effective leader.

To all the lay leaders, volunteers, and members I have worked with, thank you for you dedication to Beth Tikvah.

As I move into the next stage in my life, I will look back on my time here with gratitude, and appreciation.

Please continue to support Beth Tikvah in any way that you can and let us make sure we continue to build upon the foundation of our founders.

Wishing all of you good health, and long life.

Doris Alter, Executive Director



# Saying Goodbye to Doris Alter

Our Executive Director



Ten years ago when Doris first came to Beth Tikvah she faced a new challenge as we were a larger congregation than the one she had left. Doris rolled up her sleeves and approached the challenge with enthusiasm and willingness to rise to the obstacles no matter how big they were. She set out to know the members and with sincere concern found ways to resolve the needs of the congregants with sensitivity, wisdom and heart. During Covid-19 she was faced with a situation no one had foreseen and with her wonderful staff and clergy surmounted all the problems it presented. She had to sheppard us all through online services, learning sessions and much more. Throughout all this she always kept her cool and created an atmosphere in the office that felt harmonious and cooperative, no small feat in such a stressful time.

Whenever I called Doris she was always available, willing and able to help with a smile on her lovely face. Doris, Beth Tikvah will miss you terribly and I hope you will stay in contact regularly. I wish you a meaningful, peaceful and happy, healthy retirement, and know that your presence in Beth Tikvah made us better.

On a personal note I feel privileged to have shared many moments together as we tried to meet Beth Tikvah members' needs. - Helen Daniels

Doris was always available to consult and brainstorm, and open to think about and implement new ideas on behalf of Beth Tikvah. We wish her the very best in her retirement, but also to know that she will be missed.

- Marcia & Arthur Zalev

Doris, there are simply no words to express how indebted we are to you as a shul. The fact that not everyone may know how tirelessly you work for Beth Tikvah is tribute to your exceptional sense of professionalism and the smile that you keep on your face, especially as you help everyone during stressful times.

On a personal level, I cannot begin to thank you for everything that you have taught me. It is simply astounding how you manage to know everything, from local by-laws to plumbing issues. And you always make it look so easy! Of anyone, you deserve (and probably need) this rest and time to enjoy the fruits of your many labours, but I would be remiss if I didn't acknowledge what an enormous void you will leave behind. You were a gift to this community and I wish you joy and fulfillment in your next chapter. With admiration, Amy Goldsweig

It has been a pleasure working with Doris. She can be professional yet 'haimish'. She is very helpful and resourceful when looking for ideas for a project. Doris has a wonderful way of telling you that you're spending too much money without hurting your feelings - a definite skill. She has always been very supportive of the activities pertaining to Musica. Doris - Musica Beth Tikvah wishes you well in your future endeavours. We know whatever it may be, it will be done with a smile and always with class. Thank you for all you have done for us. We wish you and your loved ones good health and much happiness. Todah Rabbah! - Marsha Rosen, chair and the entire Musica Beth Tikvah Committee

I have been fortunate to have worked with you at two different points in my career. Your guidance, work ethic, wisdom has shown this community that you not only have cared but have inspired others around you to be a better version of themselves. Thank you for being my mentor for all these years- you will be missed. This isn't a goodbye, it is until next time! Enjoy retirement! Love, Renee





Over the past few years I worked frequently with Doris on a variety of shul projects. Doris has made me feel truly appreciated, and I have always found Doris to be constructive and respectful, with a positive and optimistic outook. I will truly miss interacting with her, and wish her a long and happy retirement! - Daniel Edwards

I have known Doris for 21 years in an evolving respect and friendship. We met at the Miles Nadal JCC in the locker room and then she appeared again at Beth Tikvah where I appreciated her organisation and consideration as a member but I really got to know her as a board member and committee or task force volunteer. Nothing was too small to ask nor too bothersome to do. Every member and every call mattered and got her attention. She functioned on a 30 hour day at least. Maybe because she approached all tasks with excellence, humility and energy or maybe because she is incredibly kind and funny, she made working with her an absolute dream. I can't imagine how we will cope and I know she has faith in us that we will so it must be so in her

Doris has been an absolute delight to work with on various BT initiatives that I've had the pleasure to work on. She is extremely knowledgeable, and genuinely cares about BT. She has her handle on the total pulse and state of affairs of the Synagogue; and has seen us through some pretty difficult times. I will miss her, and especially the times we would kibbitz in Yiddish; and wish her well in her "retirement". But hope she will continue to stay involved with BT in some meaningfull way. - Lou Greenbaum

Doris has been an incredible asset to BT. Thank you for your wealth of knowledge and insights, your good judgement, and for always being a pleasure to work with. Wishing you lots of happiness and meaning in your next chapter. - Stuart Foxman

Since the moment I joined this wonderful congregation almost five years ago, it was clear to me that Doris was an integral part of what made Beth Tikvah so special. She has been a continuous source of support not only in her role as Executive Director, but also as a colleague, mentor, and friend. Doris took her position beyond overseeing the logistics and management of a synagogue, and worked daily to build a sacred community. While I will miss her warmth in the office, I wish her nothing but the best as she begins writing the next chapter of her life. - Rabbi Sachs

Doris has been an integral part of Beth Tikvah behind the scenes for the past 10 years, but during the pandemic, we've been able to see her on the 'front lines' just a bit more. From checking in on members' health, to arranging meals and getting people to book vaccines; from ensuring the safety of the building and arranging everything from assistance for the mother of a new baby to arranging seats in the shul so that we can feel comfortable returning to our shul home, Doris has been a beacon of light. Doris' style of professionalism mixed with great humour and a caring soul is a rare combination. It is impossible to know all of the good Doris has done for us over the years, but it is possible to extend our utmost appreciation for a job done not only well, but with love. Doris, Beth Tikvah is certainly better because you have been with us. Alan and I wish you all the best in your retirement. May you go from strength to strength. - Barbara Albert and Alan Vinegar



honour. - Rochelle Thompson

Doris has become a loved and respected member of the Beth Tikvah family. We have so enjoyed the many opportunities to interact and work with her. Her friendly manner, her sensitivity to congregational needs, her honest perspective and her excellent organizational skills will be missed. We wish her much happiness and fulfillment in the years to come! - Merle and Steve Goldman



Some people talk about wearing many hats, others actually wear all the hats. Doris is one of those people. She's everything - a chief executive, marketer, sales person, accountant, customer service, electrician and plumber. I have learned so much from Doris and the Shul is better place because of her; she's an all-star and a hall-of-famer. she's also a TV production specialist. I'm sure if you'd ask her, she'd take out a plunger - Alex & Rayna Baker

It is with regret that I say"l'hitraot" to Doris. Over the years that she was at Beth Tikvah, I always found my time spent with her to be meaningful and productive. She had a good handle on the pulse of the Synagogue and what was important to its members. She was always a source of wise counsel. I wish Doris all good things as she enters this new phase in her life and that she moves forward knowing that "the best is yet to come". B'hatzlacha. Enjoy!! - Marlene Axmith

I met Doris in the first few weeks of her starting as ED at Beth Tikvah. During many conversations, while talking about what novels we had read recently, she invited me to join her book club - a group of wonderful, intellectual and engaging women. In the last few years we went on a yoga retreat together - an amazing experience both physically and spiritually.

Doris has a knack of looking at issues from different angles, which has been helpful to me if I had a problem to solve when planning programs over the years. What will often be repeated by all, is how she always had time to say hi, no matter how busy she was.

Doris's contribution to the synagogue and members on both a professional and personal level is deep. She has left an indelible mark at Beth Tikvah. - Nancy Machtinger

As a volunteer on a BT committee, it has been a privilege to work with Doris. She is always very wise and so very professional and organized in her activities. I will miss that. Thank you Doris! - Tom Yarmon

Finding words to describe Doris' contributions to Beth Tikvah is not an easy task because her contributions have been so significant and so diverse. Indeed, Doris has been part of and contributed to virtually everything that has taken place in the Synagogue almost from the day she joined us. She is totally immersed in every aspect of Beth Tikvah's life, from dealing with members' issues and lifecycle events, supporting and assisting pretty much every committee as well as the Executive and the Board of Governors, as well as managing the office and the building staff. Doris does not live by the clock and you would often find her at this or that committee meeting well into the evening hours after having already put in a full day. Any time you reached out to Doris, you would get a quick response. As one could imagine, not all situations that arose were pleasant, but even these Doris handled with poise and consideration for those she was dealing with. She is considerate and thoughtful, but tough when she has to be. After working with Doris for some 10 years in my various capacities at the Synagogue, from committees to the Executive and the Board, Doris has always been there to provide support, ideas and execution. As well, she was always willing to listen and respond when you wanted to bounce ideas and challenges with her. While I am writing for myself, I know that I echo the sentiments of numerous others when I say Doris will be very sorely missed and I wish her all the happiness and success for the coming years. (Doris, upon leaving, please leave us your telephone, fax and any other contact information and don't forget to take the pager we are providing.) - Josh Mendelsohn

Doris has been an asset to Beth Tikvah synagogue and congregation for the past ten years. She is a lovely person, approachable, kind, helpful and ready to offer a helping hand whenever possible. As Executive Director, she is

Doris you are as much my friend as your are the Executive Director of Beth Tikvah. Have real comfort that you retire at the top of your game. Walk out that door with your head held high. But you are not leaving as you are now a member for life. The next chapter begins. You and Mike will have so much more time together. Oy veh!

Keep Beth Tikvah in your thoughts as I know you will now be called upon as a volunteer. Board, Executive, President!! The world is your oyster.

With much appreciation and affection, Doug

Doris has been our leader, our friend, our counselor, and our mommy for the past ten years. We could not have asked for a better team leader, and she has proven to be an invaluable part of our success as a congregation. We wish her blessings and success in her future, and will always be grateful for her devoted service. Hatzlaha Rabba! - Rabbi Grover

retirement

Doris, I want to thank you for not only giving me the opportunity to work at Beth Tikvah, but helping me grow and develop professionally and personally over the last three and a half years. During this time I have gotten married, finished my Masters, and now have had a child, and you've been completely supportive as a boss and a friend throughout everything. You know how much Julia and I have appreciated everything you have done for us, especially over the past few months, and I can't wait for you to meet our son in the future! I will miss working with you, but this isn't goodbye. Congratulations on an amazing career and I hope you enjoy retirement and the extra time you get to spend with your family! - Ricky

committed to, and does an excellent job of overseeing every facet of the running of the synagogue. Because I volunteer at the synagogue, I have interacted with Doris quite a bit, and have seen first-hand how staff, clery, and volunteers benefit from her breadth of knowledge and organizational skills. As the outgoing chair of the Cemetery Committee, I can personally attest to how Doris helped me in an area of which I knew nothing by providing me and the committee with all the cemetery information needed in order for meetings to run smoothly. Doris, congratulations on your well-deserved, upcoming retirement. I wish you all the best. You will be sorely missed and a hard act to follow! - Gladys Isenberg

Doris you gave your heart, soul, compassion and commitment, not to mention excellent skill set and expertise to Beth Tikvah. May you continue to do the same with the wonderful opportunities the next chapter in your life has to offer. Good health and happiness always.

- Nurith Safir

Doris has been a obliging colleague and a humble leader who became a dear friend. Her professionalism and warmth, to our shul and our community will be hard to duplicate.

Dear Doris, here's wishing that you continue to grow from strength to strength in good health and loving nachus and happiness.

- Marsha & Jack Urowitz

Thank You

I have had the pleasure of working closely with Doris from December 2014 through November 2018. This was during my tenure as First Vice-President and then President of BTS. And considering my various roles as Immediate Past-President and on the school rental and By-Law change file, we have continued to work well together. For me to say that I could not have survived all of this would be to grossly under-state the fact. But it is not Doris' role in helping me get through this I want to highlight.

Rather it is what I observed about Doris during her tenure at BTS that I wanted to take note of. Yes, she is an encyclopedia of knowledge about most of the members. Any time I was looking for help on a file, or some expertise to carry out a particular task, or when seeking leadership within the shul, my first call was to Doris. Usually, I did not need to go further, for I would walk away with 4 or 5 names after a 5-minute chat. But this knowledge did not have a utilitarian base. Rather Doris gathered all this information about our members, like character, background, and life's experiences, because she loves people, especially our members. I don't think I have ever met anyone so personable and genuinely empathetic than Doris. No matter how difficult any of us got, or how strenuous the job got, Doris always found a way to get through it, and always, to do what was best for the members. Customer care was not her mantra, but her way of doing things. No matter how she felt at any moment, her number one was the membership, which resulted in a thriving community at BTS.

My late Bubby would have said that Doris has a gutte neshama, but for me it goes far beyond that. Where do you find someone who is good at their job, patient to a fault in accepting the faults of others, and someone who lives to provide a caring community? Over the years, Doris and I have cried together and laughed together. And through the tears and the joyful moments in each of our lives, I know she has touched most of you in the same way. Doris has earned her retirement and I am happy to see her start the next adventure in her life. But that does not diminish the pain that I already feel at her departure. With love for the kleine shvester I never had.

- Hershel Guttman

Doris has been a life saver for the Beth Tikvah family. Her warm smile and eagerness to help has always had a calming effect on me and my family. She has always acted with a combination of professionalism and a kind heart.

She has proven herself throughout her tenure at Beth Tikvah and has always acted as friend and advisor to her many congregants. We wish Doris and her partner, Mike, a well deserved healthy and enjoyable retirement! We hope that she will not be a stranger to Beth Tikvah! Warmest regards, Jack & Reah

When Carolyn and I were searching for a new spiritual home following Shaar Shalom's closure, Doris was the welcoming face of Beth Tikvah who made our transition so comfortable. As I have become more involved at the Board and Executive, I have gained an even greater appreciation of Doris' calm professionalism and knowledge in dealing with the various complex issues facing the Shul. An executive of Doris' calibre cannot be easily replaced, and we will surely miss her wise advice. Thank you Doris for your many contributions to Beth Tikvah! We wish you all the best for the long, happy and healthy retirement that you deserve!

- Michael & Carolyn Bowman

On behalf of the Mitzvah Knitters we want to thank Doris for her help and support in welcoming us to Beth Tikvah. She was instrumental in arranging our new home and space within the synagogue offering a place to hold our get togethers, having storage for all our supplies and making us feel very welcomed and comfortable to be a part of Beth Tikvah. We truly appreciated her knowledge of knitting with recommending patterns and yarns and we especially appreciated her contributions of beautifully knitted items to our projects, We wish her all the best in her retirement and we hope now she will be able to attend our get togethers when we finally get back into the synagogue. - Renee Birnbaum, Elaine Barkin and all The Mitzvah Knitters

#### HANUKKAH AT BETH TIKVAH



# SOLD OUT

Email Ellie to get on the waitlist! ellie@bethtikvahtoronto.org

via the bsite!

- A Trackless Hanukkah Train!
- Incredible Ice Skating Performance by Glisse on Ice (Kids, don't forget to bring your skates to join in!)
- Live Music from Tibi and BT Band!
- · Games and Prizes!
- · Crafts and Yummy Treats!
- A Hanukkah Shuk (see separate flyer)
- The Lighting of the Bayview Avenue Menorah!

Price: \$10 per adult, FREE for children 13 and under!

Event will run rain/snow or shine so dress warmly, and don't forget your mask!







#### YOUTH & YOUNG FAMILIES





#### Thursday, November 25 at 5:30 PM

Join Beth Tikvah Synagogue virtually in celebrating Jewish authors from our community, as we hear stories from the authors, and learn about the creative process. *To RSVP, visit the BT website!* 



#### Thursday, Nov. 25, Jan. 27, Feb. 24 at 7:30 PM

Join Beth Tikvah Synagogue virtually over the next few months as Ellie hosts a baking series focusing on different cuisines from around the world, including special Hanukkah treats, southern soul food, and Italian classics! *To RSVP*, *visit the BT website!* 





#### Friday, November 26 & December 3 at 10 AM

Join Ellie for a weekly virtual check-in with fellow parents and tots. This program offers the fun and camaraderie of a play group from the comfort of your own home. *To RSVP, visit the BT website!* 

#### **Join YYF in 2022!!!**





#### B'nai Mitzvah Program 2022

Calling all upcoming B'nai Mitzvahs! An incredible lineup of hands-on programming and opportunities is coming your way beginning Sunday, January 16! Stay tuned for more details!

The Teen Fellowship Series is coming back with a brand new line up of incredible speakers, topics, and real world projects!

Registration opening soon!

#### UPCOMING PROGRAMS AT BETH TIKVAH





Processing the Pandemic
With author and storyteller, Ari Satok

#### Join us on Shabbat morning in-person or on livestream!

#### Shabbat, November 27 at 9 AM!

Join us on Shabbat morning, November 27, for a special program with Ari Satok, author of 'Love Too Can Spread', a book of poetry capturing the strange and surreal times of the Covid Pandemic. Ari will address themes including gratitude, vulnerability, hope, loss, and resilience. Following kiddush, we will gather together with Ari to share and process our own stories. *To RSVP*, *visit the BT website!* 



#### Tuesday, November 30 & December 7 @ 11:00 AM

Join different tour guides as we visit some of the most beautiful synagogues from the comfort of your own home including Synagogues from Istanbul, Budapest and Mexico City! *To RSVP*, *visit the BT website!* 



#### Thursday, December 9, January 13, and February 27 at 11 AM

Join Beth Tikvah for the remaining 3 classes of Israel Through the Looking Glass, featuring Noa Glass. This series focuses on Tsiltsulei Paamonim, innovative Israeli start-ups, and a special Israeli art project. *To RSVP, visit the BT website!* 

# Professor Gil Troy Why I Am a Zionist

**Progressive Zionism in a Post-Zionist World** 

#### Sunday, December 19 at 4:00 PM

Join Beth Tikvah for a discussion with Professor Gil Troy on progressive Zionism in a post-Zionist world. *To RSVP, visit the BT website!* 

# MENTAL WELLNESS SERIES Judaism as a Mindfulness Practice with Rabbi Jordan Bendat-Appell

#### Wednesday, January 26 at 7:30 PM

Join Beth Tikvah as we explore how Jewish living can be experienced as a mindfulness practice; learn accessible Jewish mindfulness practices with Rabbi Jordan Bendat-Appell! *To RSVP*, *visit the BT website!* 

### Beth Tikvah Welcomes Award-Winning, Canadian Artists, Jennifer Podemski, Tamara Podemski and Sarah Podemski!

Monday, December 13 at 7:30 pm (In-person and Virtual)





From left to right (Sarah, Jennifer and Tamara)

Tamara, Jennifer and Sarah Podemski are film and television actresses, producers, and content-creators who are of Anishinaabe/Ashkenazi descent. Having grandparents who are both Holocaust survivors and Residential School survivors, the sisters will speak openly about issues of intergenerational trauma, reconciliation, inherited legacies and the importance of creating safe spaces for dialogue, education and collaboration.

# Rabbi Louis Sachs will lead a moderated discussion, followed by an audience led Q&A session.

This program has been generously co-sponsored by Marcia & Arthur Zalev & Family











## Additional Beth Tikvah Programs to look forward to in 2022!



#### • Shabbat Shirah & Camerata's Inaugural Concert

Coming the weekend of January 15 - Registration details coming soon.

#### • Rabbi Sachs in Conversation with Noah Zatzman

Rabbi Sachs and former Green Party aid, Noah Zatzman will discuss the relationship between Anti-Zionism and Anti-Semitism, and the recent rise of both in liberal political circles.

- In-person and virtually on Wednesday, January 19, 2022 at 7:45 pm.
- Registration details coming soon.

#### Rabbi Grover in conversation with Elisha Wiesel

The only child of Holocaust survivor, Elie Wiesel joins us for a special conversation with Rabbi Grover. - February 1, 2022 at 7:45 pm on Zoom. - Registration details coming soon.

#### • Unorthodox: The Shaping of Conservative Judaism with Rabbi Sachs

Learn about influential rabbis who shaped Conservative Judaism

- Monday, February 2 at 7:45 pm - Registration details coming soon.

#### • We made it through the pandemic but did our relationship?

Join us for an in-person workshop with therapist Larry Borins and Rabbi Grover. - *Monday, February 7 at 7:30 pm - Registration details coming soon.* 





# LEARNING WITH BRACHA FEDER

#### Join Bracha for a Year-long Course Exploring:

#### Voices Toward Healing Society: Past and Present

Each Thinker and Source, we will study, perceives a breakdown of particular values essential to a healthy society. After reviewing the ills and challenges each criticizes, we will ponder and discuss their suggestions for change.

#### WINTER SCHEDULE:

#### ALL CLASSES ARE WEDNESDAYS AT 1PM, FREE ON ZOOM!

(Zoom coordinates will be in the daily email)



#### Healing Society Through our Children

- Wednesday, December 1 Part 1
- Wednesday, December 8 Part 2

#### BT CONNECTS - DOING HESED

The Pride of Israel Kosher Food Bank is still closed. Beth Tikvah will be advised when it re-opens.

Mother Hubbard's cupboard remains bare for the time being. Once we can safely deliver to the organizations who appreciate our help, there will be an announcement asking for unused cosmetics and glasses. However, the Yom Kippur North York



Harvest Food Bank Drive continued and we received this message from them:

"Thanks for your ongoing support of our community! We picked up 500 lbs of food from your congregation. Thanks so much again, this donation will make a huge difference." Next year we will have our Food Drive again, hopefully on Kol Nidre Evening as in the past.





Do you remember Dionne Warwick's song "That's what friends are for."

"Keep smiling and keep shining
Knowing you can always count on me, for sure
That's what friends are for
In good times and bad times. I'll be on your side forever more
That's what friends are for"



This has been a difficult time for everyone. However, the friendships developed through Beth Tikvah Women have endured. Make new friends, meet new people and make a difference. All of this for the modest sum of \$30. Your membership dues supports Beth Tikvah Women Programming.

All it takes is a check mark beside Beth Tikvah Women, BTW, on the BT Synagogue Membership renewal form or call 416-221-3433 for assistance.

By joining Beth Tikvah Women, you are adding your voice to over 70,000 women belonging to Women's League for Conservative Judaism, WLCJ. Your membership entitles you to watch, through Zoom and participate in many programs offered by Womens' League. You will receive weekly emails listing all of the exciting WL programs. Did you know that WLCJ offers free Hebrew reading classes, only available to Sisterhood members. Did you know that you can connect, through Zoom, to Sisterhoods in Israel. One such program called Sichot beyn Achayot, is an open dialogue between Diaspora and Israeli Sisters, offered to WLCJ members.

Want to learn and discuss the parsha of the week? Three days/week about 60 women from Canada, U.S and Israel participate in a virtual class called Makom B'yachad, offered to WLCJ members.

Speakers from around the world, a <u>H</u>anukkah play, a presentation on the role Jewish women played in the world of activism are just a few of BTW's upcoming programs.

Participate and make a difference. B'yahad- together. Wishing you and your family a happy and healthy Hanukkah. - Adele Weinstein - President of Beth Tikvah Women

#### MUSICA BETH TIKVAH



#### MUSICA PROGRAMS

Stay tuned as <u>Hazzan Tibor Kovari and Musica Beth Tikvah bring you</u> programs that will lift your spirit and fill your heart with joy! **Below is the next major program planned:** 



#### MAZAL TOV TO THE FOLLOWING:



#### **BIRTHS**

Julia & Richard Firth on the birth of their son, Richard Firth. Grandparents are Victoria & Val Milavsky and Shirlee & Richard Firth.

Kim Edwards & Robert Agar on the birth of their son, Jacob Nathan Agar. Grandparents are Hilary & Daniel Edwards and Sue & Ed Agar.

Cheryl & Ryan Borenstein on the birth of their son, Teddy Grey Borenstein. Grandparents are Gayle & Brian de Bloeme and Gilda & Harold Niman. Great-grandmothers are Bella Borenstein and Ettie Wosnick.

birth of their son, Max Bradley. Grandparents are Caren & Ryan Ludwig Shoychet and Regine Zarmati Assaraf. Great grandmother is Margaret (Listings are by date occurence) Ludwig.

#### BAR & BAT MITZVAHS

Rayna Laiken Baker & Alex Baker on the Bat Mitzvah of their daughter, Abigail Baker. Grandparents are Ricki Baker and Elaine & Stan Laiken.

Michelle & Lawson Hamer on the Bar Mitzvah of their son, Brady Hamer. Grandparents are Dodi Weill and Wendy Hamer & Bryan Boser.

Tanya Wyman & Gabriel Tick on the B'nei Mitzvah of their children, Avi and Lyla Tick. Grandparents are Cynthia & Michael Wyman and Susan & Stephen Tick.

Stacey & Phil Taube on the Bar Mitzvah Danielle & Joe Shoychet Zarmati on the of their son, Brady Taube. Grandparents are Gail & Aki Chencinski and Rose & Allan Taube.

#### **ENGAGEMENTS/WEDDINGS**

Cary Urowitz & Aviva Webb on their marriage. Parents are Marsha & Jack Urowitz and Arlene Rimer & Chris Webb.

Shana Sandler & Howard Pressburger on their marriage. Parents are Gail and Allan Sandler and Paula Freeman and Andrew Pressburger.

Yuval Elbaum & Aaron Kaufman on their engagement and upcoming marriage. Parents are Yvonne Kaufman and Anat & Yaron Elbaum. Grandparents are Paula & Paul Goldenberg and Malka Elbaum.

Erin Klar & Jonathan Lev on their marraige. Parents are Karen & Brian Klar and Loren & Basil Levy.

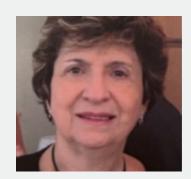
Rachel Carr & David Czosniak on their Aufruf and marriage. Parents are Isadore Czosniak & Sharona Liberman and Adrienne Turk & Terry Carr. Grandparents are Paul & Rebecca Czosniak, Harry & Roslyn Turk, and Sol & Harriet Carr.

Lisa Cohen & Steven Klein on their Aufruf and marriage. Parents are Michelle & Eric Cohen, and SylviaNagy & Sheldon Klein. Grandparents are Shirley & Max Shapiro.

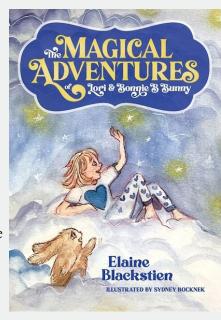
Emalee Fromstein & Mike Bernofsky on their Aufruf and marriage. Parents are Linda & Stephen Bernofsky and Sylvia & David Fromstein.

Beth Tikvah wishes a special Mazal Tov to Marilyn Braverman on her 80th Birthday!





Mazal Tov to our member, Elaine Blackstien, who has written a new children's book called "The Magical Adventures of Lori & Bonnie B. Bunny". Elaine will be selling this book at our <u>H</u>anukkah Extravaganza party on Sunday, November 28, and the book is also available to purchase on Amazon.



This fall we have seen a return to normal at Beth Tikvah as we welcome back in-person social gatherings at the Synagogue. Provincial regulation has allowed us to open up the Social Hall to full capacity to host a meal associated with a wedding, Bar/Bat Mitzvah, baby naming or aufruf. It is important to remember that our hall falls under the category of Meeting and Event spaces and as such, all guests 12+ need to be fully vaccinated and provide their certificate and ID. Children 11 and under are exempt from the vaccine certificate program. Just a reminder that masks still need to be worn when not eating and drinking and during the service.

If you would like to book a lifecycle event, please contact Gayle Kertzman at gayle@bethtikvahtoronto.org.



### We extend condolences to the following:

Susan and Mervyn Rosenstein on the passing of their brother and brother-in--law, Mitchell Klein z"l.

Philip Goodfield on the passing of his wife, Miriam (Shulie) Goodfield z"l.

To the family of our member, Alfred Wells z"l.

Fern Silver on the passing of her husband, Murray Silver z"l.

Jordan Safer and Alexandra Schaeffer on the passing of their father and father-in--law, Jay Safer z"l.

Renee Abbott on the passing of her son, Neil Abbott z"l.

Rodeen and Steven Stein on the passing of their father and father-in-law, George Goldlist z"l.

Harriet Sternberg on the passing of her sister, Marjorie Rothman z"l.

Amy and Seth Goldsweig on the passing of their mother and mother-in-law, Ruth Warsh z"l.

Madi Piller and Tom Yarmon on the passing of their mother and mother-in--law, Paulina Piller z"l.

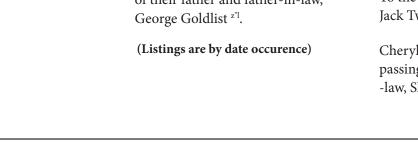
To the family of our member, Annette Needleman z"l.

Richard Rodney on the passing of his wife, Sheila Rodney z"l.

Sharon Walder and Lorne Pollock on the passing of their sister and sister-in-law, Marilyn Billinkoff z"l.

To the family of our member, Jack Tweyman z"l.

Cheryl and Michael Levick on the passing of their mother and mother-in--law, Shulamith Katzman z"l.



# הַפַּקום יְנַחֵם אֶתְכֶם בתוך שאַר אַבֶּלִי צִיוֹן וִירוּשַלַיִם.

Hamakôm ye'nachem et'chem be'toch she'ar evlei Tsiyon ve'Yerushalâyim.

> May G-d comfort you among all the mourners of Zion and Jerusalem.

#### Beth Tikvah gratefully acknowledges the following contributions:

#### **Adult Education Programs**

Hayley & Ian Braverman Mona Brown Fran Caplan Anne David Janet Horowitz Sandra & Harold Katz Anne & Michael McCleave Fagel Mitgang

#### BT General Fund

Rayna Baker Laiken & Alexander Baker Shéila & Abraham Birenbaum Bambi & Alexander Chekina Michelle & Eric Cohen Marcia Cosman Kim Coulter Beverly & Gerald Devins Galit & Samuel Fajertag Carol Foster Linda & Gerald Garshon Mindy & Eddy Gatt Michelle & Lawson Hamer Monson Joyce Goldie & Harvey Kestenberg Andrea & Larry Koven Rhonda Lesonsky
Rhonda Safer & Mitchell Lipton
Paula Mintzberg
Cecile & Paul Nightingale
Jose Perdigon Marlee Petroff Rhonda Ross Joanna & Aaron Schechter David Skopitz
Allison Blatt & Neal Solomon
Tanya Wyman & Gabriel Tick
Pamela Webber Janice & Steven Zacks

#### **Beth Tikvah Women**

Frances Caine Fiona & Clive Cohen Corinne Hammerschlag Brenda & Melvin Perlmutter Adele & Steve Weinstein Cynthia & Michael Wyman

Cantor's Fund Veronica & Bernardo Omas-as Allan Cooper Anna & Leslie Dan Gayle & Alfred Kwinter Shelah & Albert Saltzman Blossom & Joel Snitman Lillian Sokoloff Cynthia & Michael Wyman

#### Cohen Family Hiddur Mitzvah Fund Marilyn & Robert Cohen

Deanna Cohen

#### Feldgaier Shapiro Endowment Fund Harold Shapiro

Marla Allentoff Veronica & Bernardo Omas-as Freda Brender-Gottesman & Allan Brender

#### **Israel Affairs**

Hayley & Ian Braverman

#### **Live Stream Services**

Elysse & Marc Altman Arlene & John Anthony Donna & Michael Black Eli Boles Rose & Andrew Braude Fiona & Clive Cohen Sarah Navy & Hayden Faus Robert Feldgaier
Betty & Joe Fridell
Nathan Goldberg
Karen & Brian Klar
Maggie Klingbine
Ernie Kositsky Michael Green Insurance Services Jack Pilz
Elliot Sargon
Jennifer & Evan Silver
Yvette & Dean Silver
Nell Slochowski Alan Stern Lisa Strub Selwyn Wener Cynthia & Michael Wyman

#### **Leona Feder Memorial Fund** Shelley & Michael Ellenzweig

#### Lunch & Learn Helen Stollar

#### **Minuk Family Endowment Fund** Faye Minuk

#### Musica Beth Tikvah

Marsha & Fred Rosen Caren Shoychet-Ludwig & Ryan Shoychet Shirley & Abraham Weinstein Cynthia & Michael Wyman

#### Nathan & Cookie Kaiman Endowment Fund

Jodi & Michael Gottesman . Janice Feldman-Kaiman & Paul Feldman

#### Paul Borenstein Memorial Fund Mona & Boris Strasberg

#### **Prayer Book**

Susan Argintaru Donna & Michael Black Fiona & Clive Cohen Gayle & Brian De Bloeme Barbara Hendelman Yvonne Kaufman Gayle& Alfred Kwinter Doreen Manly Simone & Norman Stern

#### Rabbi Grover's Discretionary Fund

Veronica & Bernardo Omas-as Miriam Beckerman Ronna & Roy Birnboim Elaine Blackstien Mona Brown Lillian & Joel Cornfield Anna & Leslie Dan Helen Daniels Doreen Diner Hilary & Daniel Edwards Jennifer Pollock & Jordan Fish Nancy Friedland Giftpact Foundation Inc. Bertha Gold Reene & Marvin Katz

Loren & Basil Levy Doreen Manly
Fagel Mitgang
Greg Newman
Anne & Roy Perlman
Gloria Pinkus Shelah & Albert Saltzman Ellie & Arnold Shulman Marvin Shumacher Fern Silver Lillian Sokoloff Simone & Norman Stern Michael Tenenbaum Goldie & Stanley Ungar Marsha & Jack Urowitz Aviva Webb & Cary Urowitz Victoria Webster Dodi Weill Cynthia & Michael Wyman

#### **Rabbi Sachs Discretionary Fund**

Veronica & Bernardo Omas-as Ronna & Roy Birnboim Freda Brender-Gottesman & Allan Brender Fran Caplan Fiona & Clive Cohen Hilary & Daniel Edwards Mindy Finkelstein Susan & Ron Flam
Patricia & Allan Friedland
Gayle & Jeffrey Jackson
Dorean & Jerry Levine Fagel Mitgang
Anne & Roy Perlman
Gloria Pinkus
Shelah & Salbert Saltzman Miriam Sapiro Ellie & Arnold Shulman Blossom & Joel Snitman Lillian Sokoloff Debby & Stan Solomon Elaine Sone Harriet Sternberg Joan & Howard Stevens Susan Walsh Marsha & Jack Urowitz Shirley & Abraham Weinstein Sheila Wolf

#### Ritual Director's Fund

Veronica Bernardo Omas-as Miriam & Warren Cohen Doreen & Jerry Levine Richard Linder
Sharon Walder & Lorne Pollock
Caren Shoychet-Ludwig & Ryan Shoychet Lillian Sokoloff

Yahrzeit Fund Sol Armel Brenda & Barry Edelstein Angela Hancu Beryl & Harvey Kofman Doreen & Jerry Levine Myrna & Edward Levy Hárriet & Edward Rice Suzanne & Nathan Tepper Toby & Gerald Zarnett

#### **Youth & Young Families**

Frances Caine Leora Chiprut Leah Direnfeld Katalin & Ioan Szabo Kovari Daniella & Adam Lebow Alexandra Schaeffer & Jordan Safer Myriam Theodule & Michael Serper

#### Goodbye & Thank you!

As many of you already know, I am moving on at the end of November, and this will be the last time I produce the Hakol. Over the course of the last three and a half years, I look back and am proud of the work we have accomplished in moving all of our publications & digital platforms forward, and my hope is the Beth Tikvah community continues to engage and encourage the adoption of new technologies and ideas.

I wanted to take this opportunity to thank the Beth Tikvah community for their support and kindness, especially over the past few months. It has meant a lot to both me, as well as, my wife, Julia.

Beth Tikvah will always be my home. I had my first Aliyah here, many years ago, I worked here, I was married here, and I have made many friends here along the way. It's the people that make a place a home, and there is no better home than Beth Tikvah!

Thank you! - Rick Firth



# Thankyou

Thank you to our volunteers for coming out to help distribute our High Holiday packages to members this summer. A special thank you Annette Sherman Segal for leading the team of volunteers!



A new initiative and a great opportunity to walk with fellow congregants in a safe and social setting. And no problem bringing a friend. Get some exercise, catch up, meet new people within the framework of the Beth Tikvah community! Will try to continue during the winter months as long as it is safe to do so.





# Are you struggling with the recent loss of a family member or dear friend? Join our 8 week Bereavement Support Group

The grief journey uniquely affects our physical, emotional, cognitive and spiritual well-being. It becomes more manageable and meaningful when shared with others who understand its challenges.

This program provides group support in a safe and nurturing environment. Group members may share feelings of loss, learn about the grieving process, develop strategies for coping, and begin to integrate this change into their lives in order to move forward.



8 Wednesdays: January 19, 26, February 2, 9,16, 23 March 2, 9, **2022** 



1:30-3:00 P.M.



Via ZOOM



To register call Charlotte: 416-635-2860 ext 271



