

CONGREGATION B'NAI ZION

HIGH HOLY DAYS

5784 EDITION



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MESSAGE FROM THE CBZ CO-PRESIDENTS


Dear B'nai Zion Community,


As we approach the sacred season of the High Holidays, we are filled with a sense of anticipation and reflection. It is a time for introspection, renewal, and connection with our community. This year, we are excited to offer you a plethora of opportunities to become actively engaged in ways that hold personal significance.




 **Meaningful Prayer and Reflection:** Join us for soul-stirring services that resonate with the depth of these holy days. Through the generosity of Felicia Rubin, we will be joined by Cantor Adam Goldstein whose captivating presence alongside Rabbi Rosenberg will help elevate our High Holiday services this year.

 **Tikkun Olam - Repairing the World:** Engage in acts of kindness and social action that align with your passions. For the Holidays, we will conduct a food drive for the benefit of El Pasoans Fighting Hunger. Your involvement can make a tangible difference in the lives of those less fortunate in our community.

 **Learning and Growth:** The High Holidays are an excellent time to start learning more about our religion. Join us for 2 classes this fall where we will learn Hebrew Reading and gain a better understanding of the Shabbat morning prayers.

 **Community Connections:** Strengthen the bonds that unite us by participating in our community events. Join us for our Tashlich service on the banks of the Rio Grande where we symbolically cast off our sins.

 **Celebrate Together:** As we come together to celebrate the holidays, your presence is the greatest gift. Join us for festive meals, music, and cultural events like our Sangria in the Sukkah dinner on September 29th that infuse joy into our sacred traditions.

May this season be one of growth, connection, and inspiration. We eagerly anticipate your presence and active participation in the upcoming High Holiday events.

L'Shana Tova Tikatevu – May you be inscribed for a good year!

With warm regards,

Bill Carvajal

Co-President

Dick Krasne

Co-President

MESSAGE FROM THE RABBI

Shana Tovah! Happy 5784!

In traditional synagogues throughout the world, penitential prayers, selichot, are said everyday throughout the month of Elul, the month preceding Rosh Hashanah. The prayers are meant to help us prepare for the drama of the Days of Awe. They are designed to get us ready to truly investigate our behaviors, our dreams, our relationships and our commitments.

Like everything else in life, preparation is the key to success. No professional athlete or musician simply begins to perform. Years and years of discipline, guidance and instruction are required to reach a level of competence, let alone excellence.

Why is it, then, that so many Jews enter the High Holy Day Season without realizing that our Jewish life stage—the place where we execute the moving parts of our souls, and hearts, our yearning and our commitments—also benefits from preparation?

All of us know that Rosh Hashanah and Yom Kippur are the most hallowed of days of the Jewish year. Most of us also feel at least somewhat unprepared for the importance of this season.

We expect the prayers and the words, the tunes and the reading of the Torah to move us—and sometimes they do. But the reality is, to have services move us, we first need to move ourselves. Spiritual examination and introspection are helpful tools on the path to High Holiday meaning. We benefit from struggling and wrestling with our spiritual practice before Rosh Hashanah begins, before we hear the Shofar, before we fast on Yom Kippur. Our preparation does not have to be complicated. S'lihot, penitential prayers, are the mechanisms we use to prepare us to do that. The daily recitation of Psalm 27 helps our focus and is within all of our reach.

Traditionally, we should have begun a month ago—maybe longer. We are rusty, sluggish and unpracticed. But it is not too late to begin and prepare as best we are able. A little transformation is better than none.

This High Holiday guide focuses primarily on pragmatics, but a little spiritual focus is important too. On the side is Psalm 27: try reading it and thinking about its message morning and evening between now and Yom Kippur. Hopefully its words will speak to you and through these words the experience of the Days of Awe will hold more meaning.

Rabbi Scott Rosenberg



Psalm 27
(1) Of David.

The LORD is my light and my help;
whom should I fear?
The LORD is the stronghold of my
life,
whom should I dread? (2) When evil
men assail me
it is they, my foes and my enemies,
who stumble and fall. (3) Should an
army besiege me,
my heart would have no fear;
should war beset me,
still would I be confident.
(4) One thing I ask of the LORD,
only that do I seek:
to live in the house of the LORD
all the days of my life,
to gaze upon the beauty of the
LORD,
(5) He will shelter me in His pavilion
on an evil day,
grant me the protection of His tent,
raise me high upon a rock. (6) Now
is my head high
over my enemies round about;
I sacrifice in His tent with shouts of
joy,
singing and chanting a hymn to the
LORD.
(7) Hear, O LORD, when I cry aloud;
have mercy on me, answer me. (8)
In Your behalf—b my heart says:
“Seek My face!”
O LORD, I seek Your face. (9) Do not
hide Your face from me;
do not thrust aside Your servant in
anger;
You have ever been my help.
Do not forsake me, do not abandon
me,
O God, my deliverer. (10) Though
my father and mother abandon me,
the LORD will take me in. (11) Show
me Your way, O LORD,
and lead me on a level path
because of my watchful foes. (12)
Do not subject me to the will of my
foes,
for false witnesses and unjust
accusers
have appeared against me. (13) Had
I not the assurance
that I would enjoy the goodness of
the LORD
in the land of the living...
(14) Look to the LORD;
be strong and of good courage!
O look to the LORD!

HIGH HOLIDAY OBSERVANCES



SELICHOT NIGHT SERVICE

Saturday, September 9, 2023
Selichot Night Live - Program starting at 10:00 PM online study as part of the Rabbinical Assembly's International Program. Followed by Selichot in our Sanctuary at midnight.



KEVER AVOT ANNUAL CEMETERY SERVICE

Visiting the graves of our loved ones
Sunday, September 10, 2023 11:00 AM
B'nai Zion Cemetery.



TASHLICH SERVICE

Symbolic casting off of sins Sunday, September 24, 2023 1:00 PM. Meet us at the Rio Grande (2700 W. Paisano Drive at Ewald Kipp Way) near the Historical Marker for Smeltertown.

Rosh Hashanah

September 15 - 17



SHANA TOVA

Erev Rosh Hashanah**Friday, September 15, 2023**

6:45 PM Erev Rosh Hashana Services

6:54 PM Candle Lighting

1st Day Rosh Hashanah**Saturday, September 16, 2023**

9:00 AM Rosh Hashanah Morning Services

10:30 AM Children's Services

7:00 PM Mincha/Maariv

7:53 PM Candle Lighting

2nd Day Rosh Hashanah**Sunday, September 17, 2023**

9:00 AM Rosh Hashanah Morning Services

10:30 AM Children's Services

7:00 PM Mincha/Maariv

7:46 PM Havdallah – Holiday ends

Yom Kippur

September 24 - 25

**Erev Yom Kippur****Sunday, September 24, 2023**

6:30 PM Musical Interlude

6:42 PM Candle Lighting

6:45 PM Kol Nidre

Yom Kippur**Monday, September 25, 2023**

9:30 AM Yom Kippur Services

11:00 AM (Approximate) Yizkor

11:00 AM Children's Services

5:15 PM Mincha

6:15 PM Neilah

7:35 PM Shofar Blowing

Sukkot

September 29 - Oct. 1

● **Sukkot Erev Sukkot****Friday, September 29, 2023**

6:30 PM Sukkot Evening Services

6:36 PM Candle Lighting

● **Day 1, Saturday, September 30, 2023**

9:00 AM Torah Study

9:30 AM Sukkot Morning Services

7:34 PM Candle Lighting

● **Day 2, Sunday, October 1, 2023**

9:30 AM Sukkot Morning Services

7:27 PM Holiday ends

● **Friday, October 6, 2023**

8:00 AM Hoshana Rabah Services

**Shmini Atzeret/
Simchat Torah**

October 6 - 8

● **Erev Shmini Atzeret****Friday, October 6, 2023**

6:27 PM Candle Lighting

6:30 PM Sukkot Evening Services

● **Saturday, October 7, 2023**

9:00 AM Torah Study

9:30 AM Shmini Atzeret Morning Services

(Including Yizkor approx. 11:00 AM)

6:45 PM Mincha followed by Simchat Torah

Hakafot

7:26 PM Candle Lighting

● **Sunday, October 8, 2023**

9:30 AM Simchat Torah Morning Services

7:18 PM Holiday ends

YOM KIPPUR

PERSONAL PRAYER & MEDITATION

Many of us have missed our communal tradition of holding a Torah and offering a personal prayer/meditation before and during Neilah on Yom Kippur. This custom holds great meaning for us. We suspended this practice due to health and safety concerns during the pandemic and are pleased to announce this tradition will resume this Yom Kippur.

This year we will be offering two different meditative options. The Ark will be open for private meditation starting at 4:30 PM on Yom Kippur afternoon. The ark will close at the beginning of Mincha (5:15 PM). During this meditative period members of our community can stand before the Ark and offer personal prayers.

Additionally, during Neilah a Torah Scroll or Scrolls (depending on demand) will be available to hold during your personal prayer time.

During either of these personal meditative options we ask everyone to respect the personal space of others. There will be enough time for everyone who would like to hold a Torah and offer a prayer to do so.



TORAH HONORS

1st Day Rosh Hashanah

| | |
|-----------------|-------------------------------------|
| Cohen | Fred Hirsh and Family |
| Levi | Harold Peitzer |
| Aliyah 3 | Martha & Cliff Eisenberg and Family |
| Aliyah 4 | Judy and Gary Weiser |
| Aliyah 5 | Wendy and Jeff Siegel |
| Aliyah 6 | Sandy and Lee Nadler |
| Aliyah 7 | Robin and Dick Krasne |

2nd Day Rosh Hashanah

| | |
|-----------------|-------------------------|
| Cohen | Alan Cohen and Family |
| Levi | Elaine & Dan Rubinstein |
| Aliyah 3 | Dana and Adam Frank |
| Aliyah 4 | Amy and Roy Amick |
| Aliyah 5 | Sam Lutes |

Yom Kippur

| | |
|-----------------|-----------------------------|
| Cohen | Michael Hirsh and Family |
| Levi | Tibor Schaechner and Family |
| Aliyah 3 | Gerald Rubin and Family |
| Aliyah 4 | Myer Lipson and Family |
| Aliyah 5 | Amy and Allan Goldfarb |
| Aliyah 6 | Gayle and Sam Belford |



Simchat Torah

The Rubin Family invites you to attend the Simchat Torah Morning Service, followed by a YomTov Lunch sponsored in loving memory of Idelle & Louis Rubin Basye & Yakov Rubin Jerry Rubin and Irving Rubin's, Z"L (Felicia) Parents & Grandparents.

FALL SUNDAY ADULT LEARNING

Sunday Adult Learning

Ongoing Starting in October – updated schedule will be published monthly.

Learn to Read Hebrew with Tanny Berg:

10:00 AM - 11:00 AM

This class will teach Hebrew reading along with some basic vocabulary. Common words found in our prayers will be explored.

Understanding the Siddur with Rabbi Rosenberg:

11:00AM – 12:00 PM

This class will look at our overall approach to prayer, the structure of the siddur and the meaning of the prayers we recite.





Funded by a grant from



Shabbat Ritual Together

HIDDUR MITZVAH
BEAUTIFYING THE MITZVAH

Create Shabbat Mosaic Candlesticks

Sunday, October 15, 2023 from 2:00 PM - 4:00 PM

Congregation B'nai Zion

Family fun/No experience necessary

Open to the entire Jewish Community

\$5.00 per person

RSVP: by 4:30 PM on Friday, October 6th

www.congregationbnaizion.org

(under Special Events tab)

(915) 833-2222

SUNDAY, OCTOBER 15, 2023 @ 7:00 PM

ZELDA POPKIN: THE LIFE AND TIMES OF AN AMERICAN JEWISH WOMAN WRITER
JEREMY D. POPKIN

THURSDAY, NOVEMBER 16, 2023 @ 7:00 PM

SINKABLE: OBSESSION, THE DEEP SEA, AND THE SHIPWRECK OF THE TITANIC
DANIEL STONE

MONDAY, JANUARY 8, 2024 7:00 PM

UNDER JERUSALEM: THE BURIED HISTORY OF THE WORLD'S MOST CONTESTED CITY
ANDREW LAWLER

THURSDAY, FEBRUARY 8, 2024 7:00 PM

INSEPARABLE: A HOLOCAUST SURVIVAL STORY
FARIS CASSELL

SUNDAY, APRIL 14, 2024 2:00 PM

THE ESCAPE ARTIST: THE MAN WHO BROKE OUT OF AUSCHWITZ TO WARN THE WORLD
JONATHAN FREEDLAND

WEDNESDAY, MAY 22, 2024 7:00 PM

METROPOLIS
B.A. SHAPIRO

CONGREGATION B'NAI ZION
BOOK
ZONE



2023-2024

Upcoming Events

\$6.00 EACH

FRESH BAKED ROUND CHALLAH

PLACE YOUR ORDER NOW!

DEADLINE TO ORDER TUESDAY, SEPTEMBER 5, 2023 BY 4:30 PM

CURBSIDE PICK UP FRIDAY, SEPTEMBER 15, 2023 FROM 11:30 AM - 1:00 PM

CALL (915) 833-2222 OR

VISIT WWW.CONGREGATIONBNAIZION.ORG (UNDER SPECIAL EVENTS TAB)

Chicken Soup with Meat Kreplach

\$12.00 PER QUART

Place your order today!

DEADLINE TO ORDER TUESDAY, SEPTEMBER 5, 2023 BY 4:30 PM

CURBSIDE PICK UP FRIDAY, SEPTEMBER 15, 2023 FROM 11:30 AM - 1:00 PM

CALL (915) 833-2222 OR

VISIT WWW.CONGREGATIONBNAIZION.ORG

(UNDER SPECIAL EVENTS TAB)

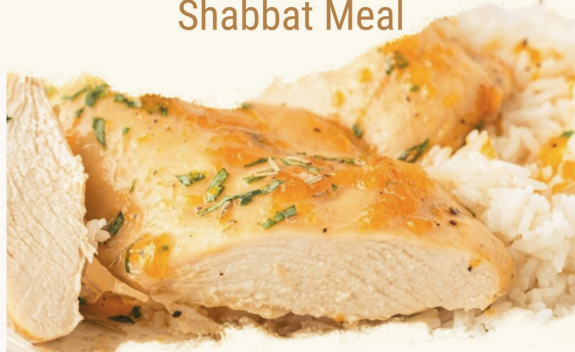
High Holiday Meals to Go

ROSH HASHANAH

Shabbat Meal

\$20

PER PERSON



Apricot Chicken

Steamed Rice

Roasted Vegetables

Challah Roll

Individual Honey Cake

RSVP

Pick Up:

Friday, September 15

11:30 AM - 1:00 PM

(915) 833-2222

www.congregationbnaizion.org

Deadline to Order: Tuesday, September 5 by 4:30 PM



1/\$15

4/\$58

EGGPLANT PARMESAN

Green Salad Challah Roll Mandel Bread

Curbside pick up: Friday, September 22

11:30 AM- 1:00 PM

RSVP

915-833-2222

www.congregationbnaizion.org



Deadline to order: Tuesday, September 19 by 4:30 PM

SANGRIA IN THE SUKKAH!

Featuring Tapas Dinner Selections
and Sangria Bar
(including non-alcoholic option)

YOUR PARAGRAPH TEXT

Dinner under the Stars

Friday September 29, 2023
immediately following Shabbat
services

\$18/person adults

\$5/person children under 10

RSVP

(915) 833-2222

www.congregationbnaizion.org
Under Special Events Tab

Reservations required by
Friday, September 22 by 4:30 PM



Congregation
B'nai Zion

Presents:

FOOD FOR FRIENDS

Providing delicious,
nutritious, weekly
kosher meals.
Available for pick
up or delivery.



Funded by a grant
from The Jewish
Community
Foundation of
Greater El Paso.

OPEN TO ALL MEMBERS OF THE COMMUNITY.
FUNDING IS AVAILABLE FOR THOSE WHO HAVE A
FINANCIAL NEED. REQUESTS WILL REMAIN PRIVATE.

HOW TO ORDER

- Order by 4:30 PM Thursday for the following week's menu
- Delivery/Curbside pickup weekly from 11:30AM - 1:00PM Wednesday
- Delivery available for those without transportation for a fee of \$5.00 in zip codes 79902, 79912, 79922, and 79932
- Funding is available on an "as-needed" basis
- Requests will remain confidential.

PRICES

- \$11.00 each meal (includes all listed items)
- \$12.00 quarts of soup
- \$5.00 delivery fee per address

PLACE YOUR ORDER

Call: (915) 833-2222

Order online: www.congregationbnaizion.org
(under the special events)

MENU

LUNCH SIZE PORTIONS

09/13
Apples & Honey (P)
BBQ Chicken (M)
Roll (P)



10/04
Chicken Soup w/ Beef Kreplach (M)
Potato Kugel (P)
Roasted Vegetables (P)



10/11
Vegetable Eggroll (P)
Ramen Noodle Soup with
Chicken (M)
White Rice (P)

09/20
Butternut Squash Soup (P)
Beef Sloppy Joes with Roll (M)
Roasted Vegetables (P)



10/18
Tortilla Soup (M)
Beef Salpicon with Tortilla (M)
Pumpkin Muffin (P)



09/27
Tortilla Soup (M)
Chicken Salpicon with Tortilla (M)
Mexican Rice (P)



(V) Vegetable
(P) Parve
(M) Meat
(D) Dairy



10/25
Vegetable Soup (P)
Chicken Burrito (M)
Mexican Rice (P)

CONGREGATION B'NAI ZION

BENEFITS TO A VIRTUAL FOOD DRIVE:

- EL PASOANS FIGHTING HUNGER CAN STRETCH A DOLLAR A LOT FURTHER THAN SOMEONE CAN AT A GROCERY STORE BUYING FOOD BECAUSE OF OUR NATIONAL AND STATE-WIDE FOOD SOURCING PARTNERSHIPS AND BULK ORDERS.
- EL PASOANS FIGHTING HUNGER CAN BUY AND DISTRIBUTE FRESH PRODUCE AND PERISHABLE FROZEN AND REFRIGERATED FOODS IN THE EXACT QUANTITY WE NEED, WHEN WE NEED IT. FRESH OPTIONS ARE IMPORTANT IN ORDER TO PROVIDE HEALTHIER OPTIONS FOR OUR CLIENTS.
- 98% OF ALL DONATED RESOURCES EL PASOANS FIGHTING HUNGER RECEIVE GO DIRECTLY TO THE COMMUNITY THROUGH PROGRAMS AND FOOD DISTRIBUTIONS.



VIRTUAL FOOD DRIVE



LET US MAKE AN IMPACT
DURING OUR HIGH HOLY DAYS
BY DONATING TO EL PASOANS
FIGHTING HUNGER FOOD BANK!

(LOOK FOR LINK IN OUR WEEKLY E-BLAST.)

SPONSORSHIP OPPORTUNITIES

HONOR SOMEONE YOU LOVE OR CELEBRATE AN UPCOMING SIMCHA.

We invite you to sponsor a Shabbat or Holiday Oneg, Kiddush Luncheon, or Sunday Bagel Breakfast as a way to mark a personal lifecycle or a shehecheyanu experience. Sponsor a meal in remembrance of a loved one on their yahrzeit, in celebration of a new baby, a loved one's accomplishment, graduation, anniversary or birthday, or for any other reason that holds meaning for you. It is a wonderful way to honor someone special in your life.

As a sponsor, your name and dedication are read from the bima, and you help us celebrate with the warmth and community that are characteristic of our congregation.

Please contact Cynthia or Diane in the office at (915) 833-2222 to discuss your options.





Congregation B'nai Zion

805 Cherry Hill Lane • El Paso, TX 79912

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Acknowledgments

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our CBZ Board and our CBZ Committees.

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support provided by Diane Oberman & Cynthia Arras
on producing this brochure.**

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Sharon Mantz, Arturo Guzman and Rabbi Scott
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