



GUIDE TO THE LAWS AND CUSTOMS OF YAMIM NORAIM DURING COVID-19 **WITH SPECIAL INSTRUCTIONS FOR THOSE DAVENING AT HOME (IN GREY)**

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GENERAL NOTE:

If you are davening without a minyan please try to daven at the same time as one of the minyanim taking place at YIWH (times can be found in this document or in the HH Schedule)

SELICHOT

- We begin the recitation of Selichot Motzaei Shabbat September 12th.

Selichot at YIWH will take place at:

- 8 AM on Sunday, 9/13, before Shacharit
- 6:35 PM on Monday-Thursday (9/14-17) before Mincha
- 6:15 AM on Friday, 9/18, before Shacharit
- During Aseret Yemei Teshuva at 9 PM
- All by advanced sign up only and on Zoom

- For those who are davening without a minyan, you may recite Selichot. You should omit the sections of the 13 Midot (from Vayaavor Hashem Al Panav until Ulechatotenu) OR recite the 13 Midot with the Torah Trope. You should also omit the Aramaic passages at the end. If you are watching a live minyan on Zoom (or just listening on the phone) you may recite the 13 Midot along with them.

EREV ROSH HASHANNA

Friday Daytime, September 18th

- **Selichot & Shacharit** at 6:15 am

- **Hatarat Nedarim** will take place after Minyan at YIWH in the tent.

For those davening without a minyan, we will have a Zoom Hatarat Nedarim at 7:25 am (a beit din will of three people properly masked and distanced will be set up at to absolve all those on zoom of their nedarim).

- **Men's Mikva:** Due to COVID concerns, men will not be able to use the Bess Israel Mikveh this year on Erev RH and Erev YK. In order to uphold the minhag of going to this Mikva, this year one may rely on the pouring of 9 Kavim of water upon themselves. The easiest way to do this is to stand directly under a shower at a constant flow (ie not changing the temperature or pressure) for about five minutes with your arms loosely hanging by your side. *(Please note that this leniency would not apply to women who need to use the mikvah)*

FIRST DAY OF ROSH HASHANAH

Friday Night, September 18th

- **Candle lighting** should take place at 6:36 pm. The berachot recited are:

שהחיינו and להדליק נר של שבת ושל יום טוב

LeHadlek Ner Shel Shabbat V'Shel Yom Tov and **Sheheyanu**

- **Mincha** at YIWH by registration will be at 6:40 followed by **Maariv**

Those davening without a minyan should recite the weekday Mincha and should do so before sundown 6:54 pm.

- Notes About Maariv:

- An abridged Kabbalat Shabbat is recited that begins with *Mizmor Shir*. במה מדליקין should be omitted.
- Both ושמרו and תקעו בחדש שופר are recited before the Amidah.
- Ma'ariv Amidah for Rosh Hashanah with proper insertions for Shabbat. There are a number of insertions into the Amidah that are recited throughout Aseret Yemei Teshuva.

○ Those davening without a minyan may recite Vayechulu after the Amidah but should omit the beracha “Magen Avot”)

- Recite Psalm 91, לדוד ממור, and then Aleinu.
- At the meal, **kiddush** for Rosh Hashanah is recited with special insertions for Shabbat. Kiddush begins with *Yom HaShishi. Shehechyanu* is recited (by those who did not already recite it at candlelighting).
- The traditional **symbolic foods** (*simanim*) are eaten (or at least placed on the table) on the first night together with their respective יהי רצון. **These are eaten after Kiddush and Hamotzi.** Brachot should be recited upon these fruits.
- Traditionally we do not eat sour foods or nuts and we dip the challah in honey
- Birkat HaMazon should include the insertions for Shabbat and Rosh Hashanah.
- Keriat Shema should be repeated after 7:20 pm.

Shabbat/First Day RH Morning, September 19th

For those davening at a YIWH Minyan: Shacharit will take place at 6:30 am, 9:15 am and 10:30 am by registration. Davening will begin at Nishmat so you should say *Pesukai D’Zimra* at home prior to coming to Shul beginning with *Brachot, Adon Olam/Yigdal, Shir Shel Yom* and *LeDavid, Mizmor Shir* etc....(omit Shir Hayichud & Aanim Zemirot). You should refrain from all conversations from that point until you arrive at YIWH and begin Nishmat. Men who wear a Talit should put it

on at home with a bracha before davening Pesukei Dezimra, then take it off for the walk to shul, then put it back on when arriving at YIWH (no new bracha needs to be recited upon putting it back on).

For those davening at 10:30 am please recite Kriat Shma at home before you begin your tefilot since it is possible we will not make it to Shma before Sof Zman (which is 9:40 am).

Minyanim will be faster than usual in order to minimize the time that we are together and to enable multiple minyanim to occur back to back. Please see the **RH DAVENING MAP** to familiarize yourself with what will be said and what will be skipped.

For those davening without a minyan: Broadly speaking, you may follow the **RH DAVENING MAP**, skip everything that says “skip” PLUS omit Barchu, Kaddish, Kedusha, Hineni, Repetition of the Amidah and sections for taking out and returning the Torahs. Some specifics:

- The שיר של יום and אורי ה' are recited at the beginning of davening.
- Shir HaYichud and Shir HaKavod (Aanim Zemirot) are omitted when davening without a minyan.
- Shir HaMa'alot is recited after Yishtabach.
- Birchot Keriat Sh'ma for Shabbat (**הכל יודוך**). We generally omit the piyyutim of Birchot Kriat Shma even in shul but one can say Or Olam right after the first bracha and Vehachayot Yeshoreru (see chart for pages)
- Shacharit Amidah with proper insertions for Shabbat. Repetition of the Amidah is omitted. Those who are davening without a minyan are encouraged to study and recite the piyyutim that are added to Chazarat HaShatz especially Ata Hu Elokenu, Hashem Melech, L'Kel Orech Din (see chart for pages).
- Avinu Malkenu is omitted due to Shabbat
- You may read the Torah reading to yourself. The Torah reading for the first day is Bereishit 21:1-34, the maftir

is Bamidbar 29:1-6 and the Haftarah is from Shmuel I 1:1-2:10. No Brachot should be recited.

- The shofar is not blown on Shabbat.
- Mussaf Amidah for Rosh Hashanah with proper insertions for Shabbat. Hineni is omitted. Repetition of the Amidah is omitted. Those who are davening without a minyan are encouraged to study and recite the piyutim that are added to Chazaras HaShatz, particularly Melech Elyon, Unetane Tokef, and Vechol Maaminim (see **RH DAVENING MAP** for pages).

Shabbat Afternoon/Evening , September 19th

- **Tashlich** is pushed off until the second day of Rosh Hashanna due to Shabbat
- **Seudah Shlishit** should ideally be eaten before the tenth hour approx 4:45 pm. If one did not do so, one may eat Seudah Shlishit until sunset (6:52 pm).
- **Mincha** at the YIWH by registration will be at 6:25 pm followed by Maariv. Mincha Amidah for Rosh Hashanah with the proper insertions for Shabbat. Avinu Malkenu is omitted due to Shabbat. Ma'ariv for Rosh Hashanah includes ותודיענו and concludes with Psalm 91, לדוד מזמור and then Aleinu just as previous night.

For those davening without a minyan Mincha should be recited before shekiyah (sunset) which is at 6:52 pm and Maariv should be recited after nightfall 7:34 pm

- **Preparations** for the second day may not begin until nightfall (7:34 pm)
- **Candle lighting** must be performed **AFTER** 7:34 pm
- **Kiddush** for Rosh Hashanah includes Boreh Meorei Ha'Eish, Havdalah and Shehechyanu (יקנה"ר). You can hold your hands up to the Yom Tov candles during the bracha of Meorei Ha'Eish. There is no need to hold the candles together to make a multi-wick flame.

- A new fruit should be placed on the table before Kiddush and is eaten after Kiddush and before Hamotzi (a bracha should be recited on this fruit). If one does not have a new fruit or new clothing, one may still recite Shehechyanu.

SECOND DAY ROSH HASHANNA

Sunday/Second Day RH Morning, September 20th

For those davening at a YIWH Minyan: Shacharit will take place at 6:30 am, 9:15 am and 10:20 am by registration. Davening will begin at *Nishmat* so you should say *Pesukai D'Zimra* at home prior to coming to Shul beginning with *Brachot, Adon Olam/Yigdal, Shir Shel Yom and LeDavid, Mizmor Shir* etc....(omit *Shir Hayichud & Aanim Zemirot*).

You should refrain from all conversations from that point until you arrive at YIWH and begin *Nishmat*. Men who wear a Talit should put it on at home with a bracha before davening *Pesukei Dezimra*, then take it off for the walk to shul, then put it back on when arriving at YIWH (no new bracha needs to be recited upon putting it back on).

For those davening at 10:20 am please recite Kriat Shma at home before you begin your tefilot since it is possible we will not make it to Shma before Sof Zman (9:40 am). Minyanim will be faster than usual in order to minimize the time that we are together and to enable multiple minyanim to occur back to back. Please see the **YK Davening Guide** to familiarize yourself with what will be said and what will be skipped.

For those davening without a minyan: Broadly speaking, you may follow the RH DAVENING MAP, skip everything that says "skip" PLUS omit Barchu, Kaddish, Kedusha, Hineni, Repetition of the Amidah and sections for taking out and returning the Torahs.

Some Specifics:

- On Rosh Hashanah, the שיר של יום and אורי ה' אורי are recited at the beginning of davening. Shir HaYichud and Shir HaKavod (Aanim Zemirot) are omitted when davening without a minyan.
- Shir HaMa'alot is recited after Yishtabach.

- Birchot Keriat Sh'ma for weekday (המאיר לארץ). We generally omit the piyyutim of Birchot Kriat Shma even in shul but one can say Or Olam right after the first bracha and Vehachayot Yeshoreru (see chart for pages).
- Shacharit Amidah for Rosh Hashanah. Repetition of the Amidah is omitted. Those who are davening without a minyan are encouraged to study and recite the piyyutim that are added to Chazarat HaShatz especially Ata Hu Elokienu, Melech Elyon, Hashem Melech (see chart for pages).
- Avinu Malkenu
- You may read the Torah reading to yourself. The Torah reading for the second day is Bereishit 22:1-22:24, the maftir is Bamidbar 29:1-6 and the Haftarah is from Yirmiyahu 31:1- 31:19. No brachot should be recited.
- Shofar (see below)
 - Mussaf Amidah for Rosh Hashanah
 - Even though normally Mussaf may not be recited by an individual (not in a minyan) before the third hour of the day, since there are minyanim in town taking place at that time it is permissible to do so this year.
 - Hineni is omitted.
 - Repetition of the Amidah is omitted. People are encouraged to study and recite the piyyutim that are usually said during Chazarat HaShatz, particularly L'Kel Orech Din, Unetane Tokef and Vechol Maaminim (see chart for pages)
 - Eyn K'elokein and Aleinu

SHOFAR AT HOME:

If someone davening at home can blow shofar on their own or someone in their home will be doing so, they may say Lamnatzeach 7x and all the pesukim beforehand and then recite the two brachot and blow.

They should blow the first thirty sounds before Mussaf. The second thirty sounds should not be blown during the silent Amidah.

One may blow 70 additional sounds after the Amidah, but there is no requirement to do so. If you will be hearing shofar later in the day then when you are davening you can go straight to Mussaf after you read the Haftarah to yourself.

If someone else is blowing on behalf of others:

- If the ba'al toke'a (shofar blower) already fulfilled his mitzvah, the berachot (שהחיינו and לשמוע קול שופר) should ideally be recited by one of the listeners.
- If the listeners are spread out across a large area, each person can recite his/her own beracha.
- Only 30 sounds are blown.

Sunday Afternoon/Evening, September 20th

- **Mincha** at YIWH Minyan Locations at 5:30pm

For those davening without a minyan the Mincha Amidah for Rosh Hashanah should be recited before shekiyah (sunset) which is at 7:08pm
- **Tashlich** may be recited on Rosh Hashanah afternoon next to a body of water. **ONE MUST BE EXTREMELY CAREFUL NOT TO GATHER WITH OTHERS THIS YEAR DURING TASHLICH.** If Tashlich cannot be performed with absolute

proper physical distancing measures, one should not go on Rosh Hashana at all, but simply recite it any time until Yom Kippur. If it was not done before Yom Kippur, there is still some benefit in reciting it until Hoshana Rabba. **Better not say Tashlich then violate physical distancing guidelines.**

- **Havdallah** and Yom Tov Ends at 7:32 pm
- **Selichot** at YIWH at 9:00 pm (sign up on everyday sign up schedule).

For those davening without a minyan Maariv may be recited at 7:32 pm

Remember to add in all of the proper insertions for Aseret Yemei Teshuva. If you forget one of the four inserted phrases do not repeat the Amidah. If you forget *Hamelech Hamishpat* do not repeat the Amidah. **If you forget Hamelech Hakadosh you must return to the beginning of the Amidah.** Remember to add Ata Chonantanu in the Amidah and continue to say Ledavid Ori after Aleinu.

- **Havdalah** consists of two berachot: HaGafen and HaMavdil (no besamim or eish).

YOM KIPPUR

Erev Yom Kippur, September 27th

- **Selichot followed by Full Shacharit** at YIWH at 7:50 am. Remember that we omit Mizmor LeTodah, Avinu Malkenu, Tachanun and Lamnatzeach
- **Men's Mikva:** Due to COVID concerns, men will not be able to use the Bess Israel Mikva this year on Erev RH and Erev YK. In order to uphold the minhag of going to this Mikva, this year one may rely on the pouring of 9 Kavim of water upon themselves. The easiest way to do this is to stand directly under a shower at a constant flow (ie not changing the temperature or pressure) for about five minutes with your arms loosely hanging by your side. *(Please note that this leniency would not apply to women who need to use the mikvah)*

- **Mincha** at YIWH at 1:15 pm
- We include Vidui (which can be found in the Yom Kippur Machzor) at the end of the Amidah. We omit Avinu Malkenu and Tachanun
- **Kol Nidre:** Rabbi Brander's Drasha and Kol Nidre led by Chazan Etan Bluman on ZOOM at 2:00 pm
- The seudah hamfseket (pre-fast meal) should be eaten after Mincha and must be completed by the start of the fast which is 6:30 pm
- It is customary to bless one's children prior to Yom Kippur. The text can be found in the Machzor.

Those who normally wear a tallit and/or kittel should do so when davening at home. The beracha on the tallis should be recited before accepting Yom Kippur.

- Those who recite Yizkor light a candle before Yom Kippur. Even those who don't recite Yizkor should have a 25-hour candle lit in their home so it can be used for Havdalah.

Yom Kippur Night, September 27th

- **Candle lighting** should take place before 6:20 pm. The beracha is

שהחיינו and להדליק נר של יום הכפורים

LeHadlek Ner Shel Yom HaKippurim and **Shehehayanu**

- There is a mitzvah of Tosefet Yom Kippur which means that one should accept Yom Kippur and observe all of the prohibitions of Yom Kippur prior to sundown. As such, even those who don't light candles should accept Yom Kippur by 6:30 pm
- It is customary to recite Tefillah Zakah (found in the Machzor) as a means of accepting Yom Kippur.
- **Maariv** will take place at YIWH at 6:40 pm

For those davening without a minyan see instructions below

YK Morning, September 28th

For those davening at a YIWH Minyan: Shacharit will take place at 6:45 am, 9:30 am and 11:10 am by registration. Davening will begin at *Nishmat* so you should say *Pesukai D'Zimra* at home prior to coming to Shul beginning with *Brachot, Adon Olam/Yigdal, Shir Shel Yom* and *LeDavid, Mizmor Shir etc...* (omit *Shir Hayichud & Aanim Zemiroth*). You should refrain from all conversations from that point until you arrive at YIWH and begin *Nishmat*. Men who wear a Talit should put it on at home with a bracha before davening *Pesukei Dezimra*, then take it off for the walk to shul, then put it back on when arriving at YIWH (no new bracha needs to be recited upon putting it back on).

For those davening at 11:10 am please recite Kriat Shma at home before you begin your tefilot since we will NOT make it to Shma before Sof Zman (before 9:43 am). Minyanim will be faster than usual in order to minimize the time that we are together and to enable multiple minyanim to occur back to back. Please see the **YK Davening Guide** to familiarize yourself with what will be said and what will be skipped.

For those davening without a minyan: Broadly speaking you should follow the YK Davening Guide, skip everything that says "skip" PLUS omit Barchu, Kaddish, Kedusha, 13 Midot in Selichot, Hineni, Repetition of the Amidah and sections for taking out and returning the Torahs.

Some Specifics:

General

In each of the five tefillot (Ma'ariv, Shacharit, Musaf, Mincha and Neilah), **Selichot** are recited after the Silent Amidah. At Ma'ariv, it is a standalone Selichot and in the daytime, they are part of the Repetition of the Amidah.

- The Selichot may be recited, omitting the paragraphs at Maariv and at Neila containing the Thirteen Attributes (ה' ה' א-ל רחום וחנון) (or saying them with the Torah Trope as explained above). See the chart below with pages for these selichot.

- It is particularly important to recite the Vidui sections of these Selichot at all five of the tefillot to complete the traditional 10 recitations over the course of Yom Kippur (5 in the silent amidah and 5 in the selichot that follow)
- In each of the tefillot the Repetition of the Amidah is omitted. People are encouraged to study and recite the piyutim that are usually said (see chart for pages). These piyutim, together with their accompanying tunes may be recited when davening without a minyan. Singing them or reciting them can greatly enhance one's Yom Kippur davening.

Yom Kippur Night

- Kol Nidrei should not be recited.
- Shehechyanu (traditionally recited at the end of Kol Nidre) should be recited before Ma'ariv (unless you already said it at candlelighting)
- Ma'ariv for Yom Kippur with Vidui.
- Selichot may be recited (see general instructions above).
- Ma'ariv concludes with Avinu Malkeinu, L'David Mizmor, Aleinu, L'David HaShem Ori and Adon Olam.
- If Kriat Shma was recited before nightfall 7:19 pm, it should be repeated after nightfall.

Yom Kippur Day: Shacharit

- On Yom Kippur, the *לדוד ה' אורי* and *שיר של יום* are recited at the beginning of davening. *Shir HaYichud* and *Shir HaKavod* are omitted when davening without a minyan.
- *Shir HaMa'alot* is recited after *Yishtabach*.
- *Birchot Keriat Sh'ma* for weekday (המאיר לארץ).
- Shacharit Amidah for Yom Kippur with Vidui.

- Selichot, Vidui and piyutim from Chazarat HaShatz may be recited after the silent Amidah (see general instructions above).
- Avinu Malkeinu is recited at the conclusion of Shacharit.
- The Torah reading is Vayikra 16:1-34, the maftir is Bamidbar 29:7-11 and the haftarah is Yeshaya 57:14-58:14.
- Yizkor can be recited without a minyan. One should make sure to pledge money to tzedakah before reciting Yizkor. Av HaRachamim should be recited (even if one does not recite Yizkor) followed by Ashrei.

Yom Kippur Day: Mussaf

- Mussaf Amidah for Yom Kippur with vidui.
- Selichot, vidui and piyutim from Chazarat HaShatz may be recited after the silent Amidah (see general instructions above). One should make an effort to recite *Unetaneh Tokef* and read the *Avodah* piyyut.

Yom Kippur Day: Mincha

- Mincha should be recited sometime after Mincha Gedolah (1:11 pm) and leaving enough time to start Neilah before shekiyah (sunset) which is at 6:36 pm.
- The Torah reading for Mincha is Vayikra 18:1-28 and the haftarah is Sefer Yonah. No brachot are recited.
- Mincha Amidah for Yom Kippur with vidui. Mincha concludes with Avinu Malkeinu.

Yom Kippur Day

Neilah

- Neilah must begin after plag hamincha 5:22 pm and before shekiyah 6:36 pm.
- Neilah begins with Ashrei, U'Va L'Tzion followed by the Amidah. Please note the change in text of some of the insertions for Neilah and the special text of vidui for Neilah.

- Selichot, vidui and piyutim from Chazarat HaShatz may be recited after the silent Amidah (see general instructions above).
- Neilah concludes with a special Avinu Malkeinu followed by Sh'ma, Baruch Shem Kevod and HaShem Hu HaElokim all of which may be said even without a minyan.
- If one can blow shofar, the shofar should be blown after 7:19 pm. If one cannot blow shofar, it is not required.

Motzaei Yom Kippur

- The fast ends at 7:19 pm
- Weekday Amidah should be recited including Atah Chonantanu.
- Havdalah consists of three berachot: HaGafen, HaEsh and HaMavdil (no besamim). The beracha on fire can only be recited on a candle that was burning the entire Yom Kippur (נר ששבת). (A special 25hr candle should be lit before YK for this purpose. See instructions above. You may either just use the single yahrzeit candle for havdallah or you may light a regular havdallah candle from the yahrzeit candle and then hold up BOTH when saying havdallah). If one does not have such a candle, this beracha is omitted
- Kiddush Levana is recited on Motzaei Yom Kippur.