

MASK DOS & DON'TS

DO NOT



DO NOT remove your mask when you cough or sneeze.



DO NOT leave the bottom of your mask untied.



DO NOT wear a mask with an exhalation valve or other unrecommended face covering.

DO



DO wear a mask that covers both your mouth and nose.

Your mask should sit snugly against the sides of your face and should be secured over your nose and under your chin.



DO keep your mask on at ALL times, including when you cough or sneeze.

YOUR MASK SHOULD:

- Have two or more layers of washable, breathable fabric (for reusable cloth masks)
- Completely cover your nose and mouth
- Be secured under your chin
- Fit snugly against the sides of your face without gaps

THE FOLLOWING MASKS ARE NOT ACCEPTABLE:

- Masks with exhalation valves or vents, which allow virus particles to escape
- Face shields alone without a mask
- Masks that are left untied under your chin, or masks that do not fit securely underneath your chin
- Scarves, bandanas, gaiters, or other face coverings that have gaps that let air in or out