

FOUNDATIONS OF JUDASM SHEMA — PART I

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1.

שְׁמַע יִשְׂרָאֵל יהוה אֱלֹהֵינוּ יהוה אֵחָד.

She'ma, Yis'ra'el, Adonai, Eloheinu, Adonai echad. Internalize, Israel, YHVH is our God, YHVH is One.

2.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Barukh sheim k'vod malkhuto l'olam va'ed.

Blessed be the Name of His glorious kingdom for ever and ever.

3.

וְאָהַבְתָּ אֵת יהוה אֱלֹהֶיךּ בְּכָל לְבָבְךָ, וּבְכָל נַפְשָׁךּ, וּבְכַל מָאדֶךָ.

V'ahav'ta eit Adonai Elohekha b'khol l'vav'kha uv'khol naf'sh'kha uv'khol m'odekha. And you shall love YHVH your God with all your heart and with all your soul and with all your might.

4.

ְוָהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּךּ הַיּוֹם, עַל לְבָבֶךְּ.

V'hayu had'varim ha'eileh asher anokhi m'tzav'kha hai-yom al l'vavekha. And these words that I command you today shall be upon your heart.

5.

וְשׁנַּנְתָּם לְבָנֵיְדּ, וְדִבַּרְתָּ בָּם בְּשִׁבְתָּדְּ בְּבִיתֶּדְ, וּבְלֶכְתָּדְּ בַגְּנֶרְ וּבְשַּׁכְבָּדְ, וּבְקוּמֶדְ.

V'shinan'tam l'vanekha v'dibar'ta bam b'shiv't'kha b'veitekha uv'lekh't'kha vaderekh uv'shokh'b'kha uv'kumekha. And you shall teach them to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up.

6.

וּקְשַּרְתָּם לְאוֹת עַל יָדֶךְ וְהָיוּ לְטֹטָפֹת בֵּין עֵינֶיְךְ וּכְתַבְתָם עַל מְזָזֹת בֵּיתֶךְ וּבִשְּעָרֶיךְ.

Uk'shar'tam l'ot al yadekha v'hayu l'totafot bein einekha. Ukh'tav'tam al m'zuzot beitekha uvish'arekha. And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes.

And you shall write them on the doorposts of your house and on your gates.